

30. Rhein-Ruhr-Marathon

Ergebnisse Männer

Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
1	2	Kreth, Magnus	76	GER	ASV Duisburg	M35	1	1	1:16:33	2:36:42	2:36:44	3:42
2	4	Jäkel, Robert	64	GER	TuS 08 Lintorf	M45	1	2	1:16:50	2:40:59	2:41:01	3:48
3	778	Kamp, Mathias	68	GER	Lauftreff Bittermark Dortmund	M45	2	3	1:20:11	2:41:37	2:41:38	3:49
4	767	Dietrich, Enrico	84	GER	TuS 08 Lintorf	MM	1	4	1:19:08	2:44:45	2:44:47	3:54
5	752	Celik, Selanet	67	GER	Ayyo Team Essen e.V.	M45	3	5	1:20:49	2:44:49	2:44:51	3:54
6	765	Freitag, Michael	62	GER	TuS 08 Lintorf	M50	1	6	1:20:13	2:45:12	2:45:15	3:54
7	754	Woiwode, Robin	79	GER	Ayyo Team Essen e.V.	M30	1	7	1:24:16	2:49:20	2:49:23	4:00
8	753	Altinova, Egemen	70	GER	Ayyo Team Essen e.V.	M40	1	8	1:25:09	2:50:49	2:50:52	4:02
9	734	Herberg, Rainer	84	GER	ASV Duisburg	MM	2	9	1:25:09	2:53:05	2:53:07	4:06
10	800	Schraub, Dr. Markus	72	GER	SF Blau-Gelb Marburg	M40	2	10	1:20:15	2:53:32	2:53:34	4:06
11	755	Ineci, Cemal	75	GER	Ayyo Team Essen e.V.	M35	2	11	1:21:20	2:53:51	2:53:53	4:07
12	499	Diekmann, Bernd	72	GER	Lauffreunde Hadi Wesel	M40	3	12	1:27:05	2:53:59	2:54:02	4:07
13	20	Baastrup, Thure Tombo	80	DNK	Bov IF	M30	2	13	1:25:12	2:54:05	2:54:09	4:07
14	26	Kremer, Mathias	79	GER	BSG Springorum Bochum	M30	3	14	1:26:59	2:54:07	2:54:15	4:07
15	498	Helmich, Klaus	68	GER	Rumelner TV	M45	4	15	1:25:49	2:54:16	2:54:21	4:07
16	17	Links, Martin	75	GER	*Maintal	M35	3	16	1:23:47	2:54:33	2:54:38	4:08
17	19	Wachowiak, Jörg	67	GER	TSG Siegen	M45	5	17	1:27:04	2:54:55	2:54:59	4:08
18	786	Hußmann, Bert	69	GER	LG Ems Warendorf	M40	4	18	1:25:52	2:55:01	2:55:05	4:08
19	919	Markiewicz, Darius	70	GER	*Mülheim	M40	5	19	1:27:05	2:57:20	2:57:23	4:12
20	935	Grevle Lollano, Ulrik	92	NOR	Moss Marathon Club	MU23	1	20	1:29:37	2:57:31	2:57:47	4:12
21	777	Natzke, Holger	58	GER	TuS Deuz	M55	1	21	1:27:47	2:57:49	2:57:52	4:12
22	34	Timmermann, Thomas	70	GER	*Schermbek	M40	6	22	1:29:46	2:58:11	2:58:19	4:13
23	801	Lohr, Wolfgang	67	GER	*Nürtingen	M45	6	23	1:27:01	2:59:04	2:59:07	4:14
24	40	Schmieder, Hubert	53	GER	2815	M60	1	24	1:29:44	2:59:08	2:59:18	4:14
25	300	Strätling, Benedikt	68	GER	Adler-Langlauf Bottrop	M45	7	25	1:29:44	2:59:14	2:59:22	4:14
26	16	Surhoff, Stefan	82	GER	*Bochum	M30	4	26	1:29:50	2:59:23	2:59:25	4:15
27	802	Tsilimigras, John	74	GRC	*New Falero	M35	4	27	1:29:11	2:59:27	2:59:30	4:15
28	938	Jungblut, Martin	75	GER	*Dorsten	M35	5	28	1:27:04	2:59:33	2:59:36	4:15
29	762	Schneider, Christoph	57	GER	Turnerbund Hassels e.V.	M55	2	29	1:29:48	3:00:16	3:00:20	4:16
30	51	Treichel, Martin	68	GER	TGH Wetter	M45	8	30	1:28:41	3:00:27	3:00:33	4:16
31	746	Siebert, Steve	88	GER	*Köln	MM	3	31	1:30:10	3:00:50	3:01:00	4:17
32	513	König, Rainer	72	GER	*Wetter	M40	7	32	1:30:45	3:01:06	3:01:18	4:17
33	782	Leonard, Dr. Peter	64	GER	LSV Münster	M45	9	33	1:29:36	3:01:14	3:01:22	4:17
34	577	Schubbert, Michael	69	GER	Team Catmic	M40	8	34	1:29:56	3:01:58	3:02:09	4:18
35	667	Risiko, Sebastian	91	GER	Team ERDINGER Alkoholfrei	MM	4	35	1:28:57	3:02:07	3:02:15	4:18
36	803	Schmidt-Fehrenbacher, Volk	58	GER	Vodafone Runners	M55	3	37	1:29:55	3:02:17	3:02:21	4:19
37	503	Keller, Jürgen	59	GER	LG Filstal	M50	2	38	1:28:32	3:03:28	3:03:36	4:20
38	29	Lorenz, Frank	68	GER	LT Gruiten-Neandertal	M45	10	39	1:30:13	3:03:41	3:03:51	4:21
39	913	Mehtieff, Alexander	66	GER	Krefelder Kanu Klub	M45	11	40	1:29:51	3:04:27	3:04:35	4:22
40	30	Schlichting, Soeren	85	GER	*Meerbusch	MM	5	41	1:30:00	3:04:30	3:04:32	4:22
41	300	Peter, Detlev	65	GER	Krefelder Kanu Klub	M45	12	42	1:29:50	3:04:47	3:04:55	4:22
42	83	Ilgemann, Carsten	70	GER	LSF Münster	M40	9	43	1:30:17	3:05:18	3:05:28	4:23
43	901	Lieder, Viktor	57	GER	LG Vulkaneifel	M55	4	44	1:25:28	3:05:32	3:05:35	4:23
44	56	Bredohl, Stefan	68	GER	*Ingolstadt	M45	13	45	1:30:03	3:06:26	3:06:38	4:25
45	760	Fenske, Marco	83	GER	Lauf-Club Euskirchen	M30	5	46	1:27:28	3:06:35	3:06:41	4:25
46	28	Dorobeck, Burkhard	61	GER	Angerland LT Lintorf	M50	3	47	1:29:54	3:06:40	3:06:43	4:25
47	42	Rüschenschmidt, Frank	66	GER	BSG Commerzbank Dortmund	M45	14	48	1:31:20	3:07:27	3:07:37	4:26
48	33	Severin, Tobias	75	GER	LGO Bochum	M35	6	50	1:29:56	3:07:48	3:07:53	4:27
49	325	Pawellek, Karsten	81	GER	LGO Bochum	M30	6	51	1:33:12	3:08:40	3:08:44	4:28
50	948	Klein, Thomas	61	GER	*Essen	M50	4	52	1:30:58	3:08:52	3:09:04	4:28
51	62	Franke, Carsten	77	GER	Lustlauf Mein Verein	M35	7	53	1:32:53	3:09:12	3:09:27	4:29
52	804	Dickmann, Henri	79	GER	Spvgg Sterkrade-Nord	M30	7	54	1:29:49	3:09:20	3:09:33	4:29
53	756	Scheele, Michael	76	GER	Tusem Essen- Margarethenhöhe	M35	8	55	1:32:13	3:09:47	3:09:57	4:29
54	15	Krause, Frank	64	GER	Wir bei HKM	M45	15	56	1:33:54	3:09:58	3:10:10	4:30
55	58	Büker, Karsten	77	GER	TG Herford	M35	9	57	1:35:47	3:10:27	3:10:45	4:30
56	798	Bannies, Holger	64	GER	LG Bremen-Nord	M45	16	58	1:30:37	3:10:36	3:10:46	4:31

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Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
57	22	Brief, Sebastian	83	GER	Lustlauf Mein Verein	M30	8	59	1:29:41	3:10:55	3:11:05	4:31
58	757	Sina, Christoph	67	GER	Lauf-Club Euskirchen	M45	17	60	1:34:21	3:11:14	3:11:20	4:31
59	635	Kölvén, Ludger	76	GER	Rumelner TV	M35	10	61	1:29:48	3:11:23	3:11:31	4:32
60	25	Gaudschun, Alfred	56	GER	Tus09 Erkenschwick	M55	5	62	1:31:13	3:11:24	3:11:33	4:32
61	54	Wazna, Holger	73	GER	Rumelner TV	M40	10	63	1:33:42	3:11:32	3:11:44	4:32
62	736	Karabas, Isa	74	GER	*Gladbeck	M35	11	64	1:31:00	3:11:47	3:11:58	4:32
63	74	Sibbing, Markus	64	GER	Roadrunner Gescher	M45	18	65	1:30:57	3:11:57	3:12:08	4:32
64	772	Haesters, Danny	81	GER	VFL Bergeide Sterkrade	M30	9	66	1:34:11	3:12:02	3:12:18	4:33
65	697	Bückert, Paul	57	GER	Loreal Deutschland	M55	6	67	1:33:02	3:12:10	3:12:24	4:33
66	6	Wörmann, Thomas	60	GER	*Witten	M50	5	68	1:30:47	3:12:40	3:12:48	4:33
67	96	Töller, Mike Stefan	69	GER	LG Alpen	M40	11	69	1:35:52	3:12:43	3:13:01	4:34
68	624	Gers, Norbert	60	GER	Tusem Essen- Margarethenhöhe	M50	6	70	1:35:54	3:13:17	3:13:32	4:34
69	47	Cinbir, Doğan	82	GER	*Würzburg	M30	10	71	1:33:01	3:13:21	3:13:38	4:34
70	711	Grote, Hendrik	88	GER	*Mülheim	MM	6	72	1:35:28	3:13:25	3:13:50	4:35
71	985	Landtreter, Berthold	59	GER	Team Erdinger Alkoholfrei	M50	7	73	1:36:32	3:13:38	3:13:53	4:35
72	534	Welz, Mathias	80	GER	*Bocholt	M30	11	74	1:37:03	3:13:44	3:14:00	4:35
73	70	Lohkamp, Andreas	75	GER	TGH Wetter	M35	12	75	1:29:51	3:13:53	3:14:01	4:35
74	511	Stendal, Dirk	68	GER	Dirk Stendal	M45	19	76	1:32:12	3:13:55	3:14:05	4:35
75	315	Hymmen, Werner	53	GER	TG Neuss	M60	2	77	1:37:23	3:13:56	3:14:11	4:35
76	739	Quardt, Oliver	75	GER	*Düsseldorf	M35	13	78	1:38:15	3:13:59	3:14:30	4:35
77	512	Maier, Vladimir	60	GER	PSV Grün-Weiss Kassel	M50	8	79	1:30:10	3:14:10	3:14:19	4:36
78	35	Schax, Manfred	66	GER	SV Viktoria Winnekendonk	M45	20	80	1:33:08	3:14:24	3:14:36	4:36
79	79	Savilif, Rüdiger	50	GER	LG Alpen	M60	3	81	1:35:52	3:14:24	3:14:42	4:36
80	82	Bolz, Jan	85	GER	*Bochum	MM	7	82	1:35:51	3:14:25	3:14:38	4:36
81	315	Riedel, Roland	63	GER	Adler-Langlauf Bottrop	M50	9	83	1:37:04	3:14:26	3:14:42	4:36
82	776	Mäder, Peter	56	GER	USC Bochum	M55	7	84	1:31:55	3:14:56	3:14:59	4:37
83	807	Frings, Sven	67	GER	*Solingen	M45	21	85	1:29:09	3:15:05	3:15:12	4:37
84	892	Fiekers, Stefan	80	GER	DJK Kleinenbroich	M30	12	86	1:35:54	3:15:10	3:15:28	4:37
85	24	Fritsch, Franz	53	GER	LG Alpen	M60	4	87	1:35:52	3:15:45	3:16:02	4:38
86	38	Lunke, Christian	65	GER	*Dortmund	M45	22	88	1:29:22	3:16:07	3:16:11	4:38
87	89	Schülke, Frank	63	GER	LT Bittermark Dortmund	M50	10	89	1:37:02	3:16:09	3:16:28	4:38
88	69	Köhler, Dieter	68	GER	TSV Viktoria Mülheim	M45	23	90	1:35:45	3:16:42	3:16:53	4:39
89	750	Thess, Rainer	53	GER	Aachener TG	M60	5	91	1:35:59	3:17:03	3:17:14	4:40
90	23	de Haas, Fred	69	NLD	Lauffreunde Hadi Wesel	M40	12	92	1:29:46	3:17:05	3:17:13	4:40
91	49	Schmitt, Christian	63	GER	*Dortmund	M50	11	93	1:34:16	3:17:06	3:17:18	4:40
92	622	Gargerakis, Konstantinos	73	GRC	*Duisburg	M40	13	94	1:33:47	3:17:06	3:17:19	4:40
93	818	Homs Topazi, Frederico Jose	84	MEX	*Copenhagen	MM	8	95	1:39:12	3:17:20	3:17:48	4:40
94	76	Stammen, Alexander	83	GER	SV Lüllingen	M30	13	96	1:39:24	3:17:29	3:17:52	4:40
95	521	Brandenburg, Martin	63	GER	Angerland LT Lintorf	M50	12	97	1:38:28	3:17:33	3:17:42	4:40
96	52	Johann, Thomas	71	GER	AS Neukirchen-Vluyn	M40	14	98	1:39:27	3:17:36	3:17:56	4:40
97	393	Schmitz, Henning	62	GER	LC Duisburg	M50	13	100	1:36:27	3:17:46	3:18:07	4:41
98	805	Bieler, Günter	54	GER	Tv Salchendorf	M55	8	101	1:36:44	3:18:11	3:18:27	4:41
99	815	Cabouche, Alexandre	84	FRA	Usma 93 Triathlon	MM	9	102	1:36:58	3:18:24	3:18:45	4:42
100	55	Werba, Dr. Ulf	71	GER	Risk Runners	M40	15	103	1:37:04	3:18:27	3:18:44	4:42
101	915	Van der Pluijm, Cornelis	63	GER	LC Duisburg	M50	14	104	1:37:51	3:19:21	3:19:41	4:43
102	11	Bach, Markus	66	GER	DJK Buchholz	M45	24	105	1:37:10	3:19:45	3:19:54	4:44
103	809	Schmitz, Peter	59	GER	Erler-Sportgemeinschaft	M50	15	106	1:36:50	3:20:00	3:20:16	4:44
104	515	Simon, Dr. Dieter	58	GER	LG Mülheim	M55	9	107	1:37:46	3:20:05	3:20:23	4:44
105	144	Schumacher, Andreas	68	GER	*Essen	M45	25	109	1:41:02	3:20:06	3:20:29	4:44
106	523	Kallinger, Matthias	73	GER	*Landshut	M40	16	110	1:41:32	3:20:09	3:20:37	4:44
107	101	Kalkuhl, Thomas	67	GER	The Running Cook	M45	26	111	1:37:58	3:20:19	3:20:26	4:44
108	72	Peters, Andreas	73	GER	Tus Xanten - Leichtathletik	M40	17	112	1:37:05	3:20:21	3:20:36	4:44
109	80	Große, Dieter	69	GER	LC Duisburg	M40	18	113	1:37:01	3:20:51	3:21:06	4:45
110	969	Sedlaczek, Peter	71	GER	*Hagen	M40	19	114	1:37:42	3:21:22	3:21:42	4:46
111	806	Bergsmann, David	66	AUT	*Linz	M45	27	115	1:35:56	3:21:40	3:21:56	4:46
112	524	Limberg, Ingo	68	GER	*Wuppertal	M45	28	116	1:37:04	3:21:43	3:22:00	4:46

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Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
113	41	Schulz, Markus	75	GER	BSG Springorum Bochum	M35	14	117	1:41:18	3:21:56	3:22:16	4:47
114	783	Altmüller, Markus Elias	91	GER	FC Schalke 04	MU23	2	118	1:29:06	3:22:19	3:22:24	4:47
115	343	Schröer, Mario	76	GER	*Erwitte	M35	15	119	1:36:46	3:22:24	3:22:40	4:47
116	696	Dawson, Nigel	78	GBR	*London	M35	16	120	1:30:23	3:22:43	3:22:51	4:48
117	906	Schumacher, Ulrich	61	GER	SV Brackwede	M50	16	122	1:32:39	3:22:44	3:22:53	4:48
118	810	Schulte, Andreas	60	GER	*Bielefeld	M50	17	123	1:36:57	3:22:49	3:23:01	4:48
119	138	Peters, Michael	79	GER	Laufjunkies	M30	14	124	1:40:28	3:22:50	3:23:13	4:48
120	84	Dost, Karsten	66	GER	Active Sportshop Herford	M45	29	125	1:38:10	3:23:04	3:23:22	4:48
121	57	Büchner, Jörn	71	GER	Mc Solo United	M40	20	126	1:40:14	3:23:11	3:23:23	4:48
122	212	Peters, Christian	82	GER	*Hückelhoven	M30	15	128	1:42:11	3:23:40	3:24:20	4:49
123	528	Bücher, Marco	75	GER	Erler-Sportgemeinschaft	M35	17	129	1:36:49	3:23:42	3:23:58	4:49
124	937	Stigen, Torbjørn	92	GER	Moss Marathon Club	MU23	3	130	1:37:04	3:24:00	3:24:16	4:50
125	819	Kappelhoff, Christof	85	GER	*Haltern Am See	MM	10	131	1:36:46	3:24:04	3:24:37	4:50
126	205	Mendritzki, Martin	72	GER	*Duisburg	M40	21	132	1:37:20	3:24:34	3:24:51	4:50
127	874	Schwerdt, Peter	58	GER	R(h)einknaller Dinslaken	M55	10	133	1:37:06	3:24:43	3:24:58	4:51
128	916	Knepper, Michael	63	GER	Marathon Mülheim	M50	18	134	1:42:30	3:24:46	3:25:52	4:51
129	980	Dodemoni, Leon	64	NLD	*Landgraaf	M45	30	135	1:44:46	3:24:49	3:25:02	4:51
130	146	Sira, Bart	77	NLD	Vodafone Runners	M35	18	136	1:36:01	3:24:51	3:25:10	4:51
131	613	Doi, Dr. Shinichi	67	JPN	*Düsseldorf	M45	31	138	1:41:28	3:24:57	3:25:21	4:51
132	92	Holtkamp, Patrick	85	GER	SuS Stadtlohn	MM	11	139	1:40:47	3:25:14	3:25:32	4:51
133	514	Weise, Stephan	74	GER	SuS Stadtlohn	M35	19	140	1:40:47	3:25:14	3:25:33	4:51
134	811	Horn, Rüdiger	67	GER	*Mülheim A.d. Ruhr	M45	32	141	1:34:14	3:25:16	3:25:28	4:51
135	124	Hölzer, Thomas	69	GER	5128	M40	22	142	1:40:01	3:25:20	3:25:39	4:51
136	126	Köhn, Stefan	72	GER	BTC Herne	M40	23	143	1:39:55	3:25:26	3:25:42	4:52
137	109	Derbort, Marcus	74	GER	BTC Herne	M35	20	144	1:39:55	3:25:26	3:25:42	4:52
138	171	Schlappa, Miroslaw	69	POL	*Wuppertal	M40	24	145	1:40:34	3:25:34	3:26:05	4:52
138	68	Kazmierczak, Michael	84	GER	FJgBtl 252	MM	12	145	1:37:04	3:25:34	3:25:52	4:52
140	872	Gutknecht, Axel	66	GER	LG Dorsten	M45	33	147	1:43:00	3:25:35	3:25:58	4:52
141	45	Strack, Sascha	76	GER	Marathon Dinslaken	M35	21	148	1:38:41	3:25:42	3:25:48	4:52
142	974	Claereboudt, Jan	69	GER	Loopclub Irene	M40	25	149	1:37:09	3:25:48	3:26:00	4:52
143	705	Hesse, Olaf	64	GER	*Genolier	M45	34	150	1:39:58	3:25:53	3:26:12	4:52
144	702	Müller, Wolfgang	54	GER	*Alfeld	M55	11	152	1:41:31	3:25:58	3:26:18	4:52
145	152	Treis, Michael	70	GER	*Bonn	M40	26	153	1:36:58	3:26:03	3:26:24	4:52
146	709	Zeimet, Helmut	61	GER	Otv 1893	M50	19	154	1:41:40	3:26:07	3:26:30	4:53
147	100000	Mierswa, Norman	62	GER	*Recklinghausen	M50	20	155	1:39:36	3:26:20	3:29:46	4:53
148	700	Plitt, Carsten	66	GER	ASV Duisburg	M45	35	156	1:39:41	3:26:25	3:26:47	4:53
149	128	Krings, Helmut	67	BEL	*Stavelot	M45	36	158	1:44:28	3:26:33	3:27:09	4:53
150	86	Holwitt, Stephan	74	GER	*Telgte	M35	22	159	1:40:18	3:26:36	3:26:53	4:53
151	971	Enk, Werner	59	GER	*Rhede	M50	21	160	1:41:40	3:26:38	3:27:08	4:53
152	984	Groß, Helmut	48	GER	DJK Rasensport Aachen-Brand	M65	1	161	1:41:58	3:26:39	3:27:00	4:53
153	317	Iwaniec, Mario	75	GER	LG Kuhlake Berlin	M35	23	162	1:42:39	3:26:41	3:27:11	4:53
154	598	Behl, Jürgen	64	GER	*Mönchengladbach	M45	37	163	1:44:10	3:27:03	3:27:31	4:54
155	139	Rode, Rajmund	67	GER	LSF Münster	M45	38	164	1:42:57	3:27:07	3:27:34	4:54
156	87	Horenkamp, Jan	76	GER	*Bochum	M35	24	165	1:36:43	3:27:14	3:27:29	4:54
157	120	Gerpheide, Tim	90	GER	SV 08/29 Friedrichsfeld	MM	13	166	1:41:54	3:27:17	3:27:39	4:54
158	784	van den Elzen, Gerard	53	GER	Laufsportfreunde Unna	M60	6	167	1:39:59	3:27:23	3:27:33	4:54
159	207	Müller, Andreas	62	GER	AS Neukirchen-Vluyn	M50	22	168	1:42:40	3:27:24	3:27:53	4:54
160	816	Diehl, Mario	76	GER	SV Baal	M35	25	169	1:44:09	3:27:28	3:27:56	4:54
161	626	Göbel, Sven	92	GER	*Unna	MU23	4	170	1:44:43	3:27:37	3:28:16	4:55
162	763	Grävenstein, Lutz	69	GER	TuS 08 Lintorf	M40	27	171	1:37:09	3:27:46	3:28:07	4:55
163	90	Skubschewski, Ralf	70	GER	LSF Münster	M40	28	172	1:44:59	3:27:53	3:28:16	4:55
164	504	Blankenberg, Klaus	65	GER	LT Heimbach Weis	M45	39	173	1:39:35	3:28:03	3:28:27	4:55
165	871	Hüser, Torsten	74	GER	Lauffreunde Hadi Wesel	M35	26	174	1:37:26	3:28:08	3:28:25	4:55
166	740	Hoffmann, Ralf	66	GER	*Wesel	M45	40	175	1:40:52	3:28:10	3:28:30	4:55
166	758	Uedelhoven, Stefan	63	GER	Lauf-Club Euskirchen	M50	23	175	1:43:20	3:28:10	3:28:16	4:55
168	650	Menzel, Oliver	84	GER	*Duisburg	MM	14	177	1:37:06	3:28:12	3:28:27	4:56

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Ergebnisse Männer

Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
169	77	Thockok, Laurenz	57	GER	SV 19 Straelen	M55	12	178	1:39:36	3:28:16	3:28:46	4:56
170	533	Thockok, Wilhelm	54	GER	SV 19 Straelen	M55	13	179	1:39:35	3:28:16	3:28:46	4:56
171	148	Steuber, Olaf	67	GER	TuS Hemmerde	M45	41	180	1:42:14	3:28:17	3:28:38	4:56
172	813	Benninghoff, Jens	84	GER	LT Bittermark Dortmund	MM	15	181	1:44:06	3:28:22	3:28:49	4:56
173	907	Stolpmann, Christian	72	GER	*Ratingen	M40	29	182	1:41:52	3:28:23	3:28:59	4:56
174	531	Jäger, Axel	69	GER	*Düsseldorf	M40	30	183	1:44:02	3:28:23	3:28:49	4:56
175	141	Schneider, Sebastian	88	GER	*Garbsen	MM	16	185	1:43:55	3:28:33	3:29:14	4:56
176	773	Pfannenschmidt, Timo	66	GER	LC Weilerswist	M45	42	186	1:42:57	3:28:46	3:29:12	4:56
177	920	Van gemmern, Martin	70	GER		M40	31	187	1:39:14	3:28:55	3:29:13	4:57
178	213	Plein, Rainer	66	GER	Kakabulla Running Team	M45	43	188	1:41:07	3:28:59	3:29:22	4:57
179	214	Plein, Thomas	69	GER	Wir bei HKM	M40	32	189	1:41:07	3:29:00	3:29:22	4:57
180	875	Pelster, Thomas	69	GER	Brühler TV 1879	M40	33	190	1:44:34	3:29:01	3:29:29	4:57
181	147	Stangneth, Dirk	69	GER	Adler-Langlauf Bottrop	M40	34	192	1:42:22	3:29:10	3:29:36	4:57
182	136	Niehus, Hans-Gerd	60	GER	Sportfreunde Neersbroich	M50	24	193	1:41:58	3:29:16	3:29:51	4:57
183	66	Görtz, Dirk	67	GER	TV 1900 Duisburg Wanheim	M45	44	194	1:43:59	3:29:17	3:29:54	4:57
184	110	Gehring, Patrick	80	GER	*Bochum	M30	16	195	1:44:08	3:29:19	3:29:44	4:57
185	203	Kremer, Werner	59	GER	Ausdauerschule By Bunert	M50	25	196	1:41:50	3:29:21	3:29:45	4:57
186	160	Müller, Frank	65	GER	Bph Runners	M45	45	197	1:42:47	3:29:29	3:29:36	4:57
187	759	Cramer, Rüdiger	63	GER	Lauf-Club Euskirchen	M50	26	198	1:43:18	3:29:32	3:29:39	4:57
188	694	Zimmermann, Frank	69	GER	LC Duisburg	M40	35	199	1:44:09	3:29:37	3:30:03	4:58
189	647	Makurath, Peter	65	GER	*Duisburg	M45	46	200	1:37:06	3:29:40	3:29:54	4:58
190	131	Melerowicz, Michael	86	GER	*Frankfurt Am Main	MM	17	201	1:42:04	3:29:43	3:30:09	4:58
191	330	Lawalata, Hady	68	GER	SV Langendreer 04	M45	47	202	1:44:12	3:29:48	3:30:11	4:58
192	330	Fischer, Gerd	64	GER	Team ERDINGER Alkoholfrei	M45	48	203	1:44:12	3:29:48	3:30:11	4:58
193	820	Koch, Jürgen	55	GER	*Weden-hillmicke	M55	14	204	1:38:30	3:29:50	3:30:09	4:58
194	97	Grittner, Werner	59	GER	LC Duisburg	M50	27	205	1:39:41	3:29:54	3:30:15	4:58
195	735	Dewilde, Patrick	65	BEL	*Gent-afsnee	M45	49	206	1:42:25	3:30:05	3:30:21	4:58
196	710	Wohak, Matthias	64	GER	TSV Bayer Dormagen	M45	50	207	1:45:48	3:30:30	3:30:55	4:59
197	761	Lanzerath, Rolf	61	GER	Lauf-Club Euskirchen	M50	28	208	1:43:18	3:30:44	3:30:51	4:59
198	529	Arping, Klaus	64	GER	SV Ringenberg	M45	51	209	1:40:24	3:31:03	3:31:28	5:00
199	173	Uferkamp, Bastian	75	GER	Hamminkelner SV	M35	27	210	1:41:23	3:31:10	3:31:31	5:00
200	779	Kemper, Erhard	46	GER	Marathon-Club Menden	M65	2	211	1:44:01	3:31:10	3:31:35	5:00
201	737	Oberhäuser, Leo-Karl	59	GER	*Mönchengladbach	M50	29	212	1:42:42	3:31:11	3:31:13	5:00
202	822	Rasten, Heinz	63	GER	*Neunkirchen-seelscheid	M50	30	213	1:44:52	3:31:15	3:31:45	5:00
203	127	Krassow, Axel	70	GER	*Moers	M40	36	214	1:44:02	3:31:27	3:31:59	5:00
204	102	Uhlendahl, Markus	70	GER	*Essen	M40	37	215	1:44:08	3:31:29	3:31:54	5:00
205	231	Flake, Peter	67	GER	*Mülheim	M45	52	216	1:39:21	3:31:57	3:32:16	5:01
206	159	Hücking, David	72	GER	*Duisburg	M40	38	217	1:44:06	3:32:03	3:32:28	5:01
207	114	Borchert, Alexander	68	GER	*Duisburg	M45	53	218	1:44:04	3:32:03	3:32:28	5:01
208	516	Heinzen, Michael	62	GER	Mhd Duisburg	M50	31	219	1:43:36	3:32:10	3:32:16	5:01
209	103	Boussemaere, Dr. Roland	46	BEL	Marathonteam Knokke-heist	M65	3	220	1:42:48	3:32:20	3:32:40	5:01
210	693	Zander, Sebastian	79	GER	5216	M30	17	221	1:39:24	3:32:30	3:32:56	5:02
211	75	Sickmann, Christian	69	GER	SF Ennepetal	M40	39	222	1:44:48	3:32:42	3:33:07	5:02
212	614	Eßer, Oliver A.	70	GER	Team ERDINGER Alkoholfrei	M40	40	223	1:40:28	3:32:59	3:33:17	5:02
213	153	van den Berkmortel, Hugo	75	NLD	*Zutphen	M35	28	224	1:43:16	3:33:11	3:33:29	5:03
214	137	Obata, Taketoshi	68	JPN	*Duesseldorf	M45	54	225	1:39:17	3:33:28	3:33:47	5:03
215	99	Alferink, Dr. Tim	65	NLD	*Malden	M45	55	226	1:44:08	3:33:42	3:34:09	5:03
216	682	Waltering, Sebastian	78	GER	*Rosendahl	M35	29	227	1:38:11	3:33:57	3:34:31	5:04
217	155	Wettstein, Ramon	74	GER	*Karlsruhe	M35	30	228	1:45:00	3:34:24	3:35:14	5:04
218	116	David, Flamingo	72	GER	*Duisburg	M40	41	229	1:44:29	3:34:34	3:34:55	5:05
219	525	Vierschgens, Frank	86	GER	SC Wegberg	MM	18	230	1:37:11	3:34:34	3:34:44	5:05
220	113	Bierschbach, Rainer	59	GER	Turnerbund Osterfeld 1911 e.V.	M50	32	231	1:48:21	3:34:42	3:35:13	5:05
221	656	Neugebauer, Alfred	68	GER	Team ERDINGER Alkoholfrei	M45	56	232	1:41:29	3:34:46	3:35:16	5:05
222	703	Möller, Ingo	68	GER	*Kiel	M45	57	233	1:45:03	3:34:54	3:35:22	5:05
223	255	Scott, Paul	64	GBR	*Wuppertal	M45	58	234	1:46:59	3:35:00	3:35:41	5:05
224	547	Korte, Albrecht	59	GER	SV Surwold	M50	33	235	1:43:00	3:35:06	3:35:31	5:05

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Ergebnisse Männer

Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
225	95	Seiler, Udo	53	GER	TSV Lelm	M60	7	236	1:41:14	3:35:11	3:35:18	5:05
226	53	Achenbach, Marwin	80	GER	Marathon Soest	M30	18	237	1:48:45	3:35:13	3:35:19	5:06
227	781	Rinsche-Pingel, Jens	79	GER	Marathon-Club Menden	M30	19	238	1:37:55	3:35:19	3:35:37	5:06
228	150	Teigelkamp, Guido	68	GER	Adler-Langlauf-Bottrop	M45	59	239	1:42:05	3:35:31	3:35:54	5:06
229	59	Bula, Jerzy	70	GER	*Dormagen	M40	42	240	1:37:14	3:35:35	3:35:51	5:06
230	698	Bluhm, Jan-Peter	71	GER	GTV	M40	43	242	1:44:06	3:35:48	3:36:15	5:06
231	157	Bimmermann, Matthias	65	GER	*Dortmund	M45	60	244	1:42:57	3:36:15	3:36:44	5:07
232	119	Fey, Markus	74	GER	SSK Kerpen	M35	31	246	1:41:02	3:36:37	3:37:03	5:07
233	764	Meister, Marc	73	GER	TuS 08 Lintorf	M40	44	248	1:44:05	3:36:52	3:37:20	5:08
234	714	Marx, Richard W.	64	GER	*Schiffweiler	M45	61	249	1:49:40	3:37:07	3:37:51	5:08
235	821	Oeffelke, Rainer	66	GER	*Dortmund	M45	62	250	1:41:54	3:37:13	3:37:38	5:08
236	830	Schlömer, Robert	71	GER	*Mönchengladbach	M40	45	251	1:50:15	3:37:38	3:38:11	5:09
237	117	Diemer, David	75	GER	*Moers	M35	32	252	1:37:06	3:37:45	3:37:59	5:09
238	791	Brunnert, Andreas	67	GER	Laufschule Dortmund by bunert	M45	63	253	1:46:16	3:38:07	3:38:37	5:10
239	982	Groß, Werner	56	GER	DJK Rasensport Aachen-Brand	M55	15	254	1:43:45	3:38:16	3:38:36	5:10
240	134	Mucha, Norbert	53	GER	TKSE Laufteam	M60	8	255	1:49:52	3:38:27	3:39:12	5:10
241	177	Hommes, Alexander	76	GER	*Ahrweiler	M35	33	256	1:42:52	3:38:34	3:39:08	5:10
242	670	Schmiedek, Anatol	88	GER	*Münster	MM	19	257	1:42:35	3:38:38	3:39:37	5:10
243	81	Vogt, André	71	GER	LC Duisburg	M40	46	258	1:41:11	3:38:44	3:39:04	5:11
244	722	Ronschke, Hubert	62	GER	LA Fortuna Düsseldorf 1895	M50	34	259	1:48:43	3:38:46	3:39:36	5:11
245	12	Mohn, Thorsten	70	GER	Team-slow-motion	M40	47	260	1:49:26	3:38:54	3:39:37	5:11
246	605	Carsten, Knoblich	82	GER	*Hagen	M30	20	261	1:48:23	3:38:59	3:39:35	5:11
247	812	Roggow, Frank	65	GER	TuS Bösinghoven	M45	64	262	1:43:14	3:39:01	3:39:32	5:11
248	640	Lahn, Markus	74	GER	*Duisburg	M35	34	264	1:46:51	3:39:08	3:39:53	5:11
249	838	Gronau, Robert	71	GER	*Niederkassel	M40	48	265	1:51:27	3:39:13	3:40:05	5:11
250	706	Michilsen, Rob	61	NLD	*Rotterdam	M50	35	266	1:44:36	3:39:17	3:39:22	5:11
251	551	Schroeter-Janssen, Helge	58	GER	*Berlin	M55	16	268	1:47:05	3:39:47	3:40:16	5:12
252	825	Eßler, Ralf	66	GER	*Dortmund	M45	65	269	1:44:20	3:40:00	3:40:24	5:12
253	151	Tenié, Thorsten	68	GER	*Duisburg	M45	66	270	1:50:00	3:40:05	3:40:38	5:12
254	713	Kitsantas, Nikos	77	GRC	MarathoniNikos	M35	35	271	1:44:11	3:40:09	3:40:35	5:13
255	701	Moser, Jörg	63	GER	*Mülheim	M50	36	272	1:39:08	3:40:14	3:40:33	5:13
256	536	Breer, Pater Tobias	63	GER	Abtei Hamborn	M50	37	273	1:43:53	3:40:19	3:40:49	5:13
257	63	Frerichs, Robert	74	GER	TV Norden	M35	36	275	1:44:00	3:40:35	3:41:08	5:13
258	877	Steinhauer, Achim	65	GER	Lg Rwe Power	M45	67	276	1:50:11	3:40:43	3:41:20	5:13
259	574	Laroche, Marcel	78	GER	*Kamp-lintfort	M35	37	277	1:49:56	3:40:46	3:41:19	5:13
260	167	Hausmann, Peter	66	GER	LC Duisburg	M45	68	278	1:49:17	3:41:11	3:41:47	5:14
261	687	Wesel, Benjamin	88	GER	*Rostock	MM	20	279	1:47:50	3:41:15	3:41:56	5:14
262	199	Kerber, Andreas	63	GER	TV 1848 Coburg	M50	38	280	1:49:26	3:41:20	3:42:02	5:14
263	332	Richardson, Ian	73	GBR	*Duisburg	M40	49	282	1:43:07	3:41:26	3:41:45	5:14
264	13	Hanke, Michael	72	GER	Arminia Lirich	M40	50	286	1:51:38	3:41:34	3:42:17	5:15
265	234	Donner, André	72	GER	TuS Breckerfeld	M40	51	287	1:51:32	3:41:40	3:42:27	5:15
266	824	Sobiech, Dominik	85	GER	*Duisburg	MM	21	288	1:45:48	3:41:42	3:42:25	5:15
267	3	Talbi, Zakaria	83	GER	LG Olympia Dortmund	M30	21	289	1:46:37	3:41:43	3:42:35	5:15
268	832	Wittke, Jörg	74	GER	*Dortmund	M35	38	291	1:47:54	3:41:45	3:42:22	5:15
269	94	Röttgen, Wolfgang	66	GER	DJK Wipperfeld	M45	69	292	1:44:04	3:41:55	3:42:23	5:15
270	914	Koczera, Joseph	55	GER	*Krefeld	M55	17	293	1:43:51	3:42:06	3:42:30	5:15
271	238	Espe, Fabian	90	GER	*Essen	MM	22	294	1:47:50	3:42:20	3:43:15	5:16
272	899	Heid, Frank	60	GER	LC Duisburg Marathonkurs	M50	39	295	1:51:39	3:42:20	3:43:02	5:16
273	158	Feichtinger, Axel	67	GER	*Duisburg	M45	70	296	1:47:00	3:42:22	3:42:53	5:16
274	961	Meyer, Paul	59	GER	*Marl	M50	40	297	1:51:39	3:42:25	3:43:05	5:16
275	638	Krebs, Sebastian	88	GER	*Kempfen	MM	23	298	1:51:31	3:42:27	3:43:07	5:16
276	284	Standaert, Nic	77	BEL	*Landegem	M35	39	299	1:36:21	3:42:28	3:42:33	5:16
277	209	Nowak, Dominik	80	GER	*Essen	M30	22	301	1:51:06	3:42:43	3:43:20	5:16
278	272	Hahne, Christian	81	GER	*Bergisch Gladbach	M30	23	302	1:51:39	3:42:45	3:43:31	5:16
279	878	Moldowan, Mirko	69	GER	Mallorca Freaks	M40	52	303	1:51:55	3:42:53	3:43:16	5:16
280	232	Barthel, Andreas	67	GER	5173	M45	71	304	1:39:33	3:42:54	3:42:58	5:16

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Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
281	224	Szogan, Rainer	57	GER	Immeo Wohnen Running Team	M55	18	305	1:50:04	3:43:01	3:43:40	5:17
282	538	Haardt, Daniel	80	GER	*Duisburg	M30	24	306	1:44:59	3:43:17	3:43:47	5:17
283	966	Preuß, Simon	78	GER	LT Bittermark Dortmund e.V.	M35	40	307	1:48:23	3:43:20	3:43:56	5:17
284	307	Dahl, Christoph	85	GER	*Köln	MM	24	309	1:51:24	3:43:39	3:44:33	5:18
285	204	Massmann, Jens	74	GER	*Olfen	M35	41	310	1:51:32	3:43:42	3:44:33	5:18
286	712	Meierjohann, Birger	80	GER	*Mettmann	M30	25	311	1:45:11	3:43:44	3:44:16	5:18
287	98	Kalweit, Siegfried	42	GER	TSV Viktoria Mülheim	M70	1	312	1:47:22	3:43:45	3:43:56	5:18
288	223	Stuhlmacher, Michael	61	GER	OSC 04 Rheinhausen e. V.	M50	41	313	1:51:08	3:43:48	3:44:28	5:18
289	891	Drescher, Klaus	58	GER	*Paderborn	M55	19	314	1:49:40	3:43:49	3:44:33	5:18
290	162	Steinhoff, Karl-Philipp	83	GER	Wir bei HKM	M30	26	315	1:45:30	3:43:51	3:44:17	5:18
291	253	Kywski, Niels	70	GER	Triminators TV Voerde	M40	53	316	1:48:13	3:44:01	3:44:28	5:18
292	636	König, Eckhard	57	GER	TKSE Laufteam	M55	20	317	1:49:52	3:44:05	3:44:50	5:18
293	595	Anschütz, Christian	88	GER	Ruhr-Universität Bochum	MM	25	318	1:45:06	3:44:07	3:44:36	5:18
294	960	Scholl, Holger	63	GER	*Duisburg	M50	42	319	1:49:24	3:44:09	3:44:54	5:18
295	342	Schreiber, Tobias	79	GER	LT Habbelrath-Grefrath	M30	27	320	1:50:00	3:44:11	3:44:43	5:18
296	43	Kreis, Manfred	58	GER	New Sq 26 Mönchengltdbach	M55	21	321	1:51:15	3:44:14	3:44:22	5:18
297	345	Niedergesäß, Frank	60	GER	LC Duisburg	M50	43	322	1:51:40	3:44:18	3:44:56	5:18
298	972	Burrichter, Stefan	79	GER	SV Bossendorf	M30	28	323	1:41:02	3:44:35	3:44:59	5:19
299	1100	Koths, Martin	64	GER	*Duisburg	M45	72	324	1:41:20	3:44:35	3:44:56	5:19
300	226	Vogt, Berthold	65	GER	LT Heimbach Weis	M45	73	325	1:51:40	3:44:41	3:45:20	5:19
301	166	Alex, Torsten	68	GER	*Velbert	M45	74	326	1:46:46	3:44:44	3:45:20	5:19
302	787	Roberg, Dr. Jakob	64	GER	LG Ems Warendorf	M45	75	327	1:49:40	3:44:46	3:45:15	5:19
303	690	Winkler, Ingolf	72	GER	Team ERDINGER Alkoholfrei	M40	54	328	1:51:37	3:44:46	3:45:29	5:19
304	943	Gerber, Peter	55	GER		M55	22	329	1:54:43	3:44:48	3:45:35	5:19
305	93	Klemcke, Rainer	61	GER	LT Urbach	M50	44	330	1:45:29	3:44:54	3:45:18	5:19
306	870	Esposito, Gennaro	62	ITA	ASV Duisburg	M50	45	332	1:33:30	3:45:06	3:45:16	5:20
307	684	Weiß, André	69	GER	*Oberhausen	M40	55	333	1:51:30	3:45:08	3:45:47	5:20
308	174	Windmann, Ralf	59	GER	*Westerkappeln	M50	46	334	1:49:59	3:45:12	3:45:52	5:20
309	291	Büskens, Godehard	57	GER	*Haan	M55	23	335	1:51:59	3:45:19	3:46:17	5:20
310	85	Schmidt, Werner	51	GER	LC Duisburg	M60	9	336	1:51:41	3:45:29	3:46:05	5:20
311	929	Krayer, Bernd	62	GER		M50	47	337	1:51:27	3:45:31	3:45:59	5:20
312	548	Kretschmann, Ernest	53	GER	TV Rommerskirchen	M60	10	338	1:45:32	3:45:32	3:46:15	5:20
313	584	Küster, Ulrich	66	GER	TuS Querenburg	M45	76	339	1:44:03	3:45:40	3:46:13	5:20
314	220	Selzner, Mike	67	GER	*Wolfsburg	M45	77	340	1:51:47	3:45:41	3:46:22	5:20
315	808	Grewe, Dennis	79	GER	Tus Eintracht Bielefeld	M30	29	341	1:50:35	3:45:46	3:46:26	5:21
316	876	Rother, Jürgen	56	GER	Tus Eintracht Bielefeld	M55	24	342	1:50:36	3:45:47	3:46:26	5:21
317	834	Schneider, Heinrich	64	GER	Lt Mg - Volksgarten	M45	78	343	1:51:49	3:45:47	3:46:33	5:21
318	104	Gidaszewski, Lars	72	GER	*Dortmund	M40	56	344	1:48:01	3:46:04	3:46:32	5:21
319	376	Gerhardt, Jörg	54	GER	BSG Fz Jülich	M55	25	347	1:51:55	3:46:44	3:47:30	5:22
320	847	Kraus, Dieter	64	GER	Hamich Runners	M45	79	349	1:50:54	3:47:20	3:47:52	5:23
321	540	Riechard, Peter	66	GER	Lbv Phönix Lübeck	M45	80	350	1:46:30	3:47:24	3:47:58	5:23
322	905	Schmidt, Martin	88	GER	*Dortmund	MM	26	351	1:52:57	3:47:28	3:48:07	5:23
323	248	Gading, Thomas	76	GER	*Duisburg	M35	42	352	1:51:41	3:47:33	3:48:11	5:23
324	181	Bolch, Michael	68	GER	Christuskirche Aschaffenburg	M45	81	353	1:44:14	3:47:41	3:48:02	5:23
325	952	Stephan, Wolfram	52	GER	*Igensdorf	M60	11	354	1:49:58	3:47:42	3:48:20	5:23
326	249	Groß, Michael	70	GER	*Duisburg	M40	57	355	1:51:22	3:47:43	3:48:29	5:23
327	931	Derlich, Michael	68	GER	Borbecker Raketen Essen	M45	82	356	1:49:20	3:48:13	3:48:52	5:24
328	345	Marquis, Frank	63	GER	LC Duisburg	M50	48	357	1:51:40	3:48:17	3:48:54	5:24
329	837	Heimes, Tobias	76	GER	Depotrunners Bracht	M35	43	358	1:53:52	3:48:19	3:49:15	5:24
330	715	Schreiner, Guido	69	GER	Depotrunners Bracht	M40	58	359	1:53:53	3:48:19	3:49:15	5:24
331	544	Bokemeyer, Arne	86	GER	*Münster	MM	27	360	1:52:39	3:48:25	3:49:07	5:24
332	814	Bühn, Klaus	59	GER	LSF Münster	M50	49	361	1:54:49	3:48:25	3:48:59	5:24
333	324	Mottweiler, Jürgen	65	GER	*Duisburg	M45	83	362	1:45:55	3:48:34	3:49:07	5:24
334	542	Haase, Falko	69	GER	*Hamburg	M40	59	363	1:57:01	3:48:34	3:49:32	5:25
335	154	Walter, Hermann	77	GER	Wir bei HKM	M35	44	364	1:44:10	3:48:35	3:48:38	5:25
336	554	Garbe, Markus	72	GER	TuS Breckerfeld	M40	60	365	1:51:37	3:48:35	3:49:23	5:25

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Ergebnisse Männer

Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
337	217	Rothmann, Lutz	64	GER	*Köln	M45	84	366	1:50:56	3:48:42	3:49:20	5:25
338	188	Gerhardt, Michael	76	GER	DJK Buchholz	M35	45	367	1:51:40	3:48:43	3:49:22	5:25
339	229	Gündüz, Fikret	64	TUR	LC Duisburg	M45	85	368	1:49:16	3:48:44	3:49:32	5:25
340	708	Findeisen, Michael	80	GER	Ski Klub Düsseldorf 1906 e.V.	M30	30	370	1:44:11	3:48:49	3:49:15	5:25
341	105	Althaber-Güth, Frank	63	GER	*Oranienburg	M50	50	371	1:51:49	3:48:57	3:49:29	5:25
342	168	Kämpgen, Ralf	58	GER	ASV Duisburg	M55	26	372	1:44:41	3:49:09	3:49:34	5:25
343	111	Mallmann, Peter	66	GER	*Wuppertal	M45	86	373	1:39:34	3:49:11	3:49:54	5:25
344	107	van den Dolder, Ralf	62	GER	*Neukirchen-vluyn	M50	51	374	1:44:14	3:49:46	3:50:11	5:26
345	683	Wantier, Dirk	77	GER	Team ERDINGER Alkoholfrei	M35	46	375	1:50:17	3:49:49	3:50:11	5:26
346	182	Busseck, Jürgen	66	GER	*Goch	M45	87	377	1:50:40	3:50:02	3:50:21	5:27
347	390	Rauch, Frank	61	GER	Viermärker Dortmund	M50	52	378	1:48:38	3:50:06	3:50:32	5:27
348	259	Thomas, Ingo	66	GER	*Krefeld	M45	88	379	1:54:53	3:50:18	3:51:25	5:27
349	850	Pilch, Achim	58	GER	Lt Schnecke Sonsbeck	M55	27	380	1:50:49	3:50:26	3:51:21	5:27
350	642	Leonhard, Andreas	64	GER	Wassersportverein Rheinhausen 1	M45	89	381	1:51:14	3:50:56	3:51:44	5:28
351	183	Dörfer, Frank	67	GER	SV Budberg	M45	90	382	1:50:53	3:50:58	3:51:32	5:28
351	175	Frank, Thomas	67	GER	*Rheinberg	M45	90	382	1:50:53	3:50:58	3:51:32	5:28
353	185	Dovek, Metin	67	GER	*Erkelenz	M45	92	385	1:45:47	3:51:07	3:51:36	5:28
354	909	Theisen, Oliver	71	GER	Klinikum Duisburg	M40	61	386	1:45:16	3:51:08	3:51:40	5:28
355	654	Müller, Christian	78	GER	*Rheinberg	M35	47	387	1:54:31	3:51:27	3:52:20	5:29
356	826	Heil, Andreas	62	GER	*Cuxhaven	M50	53	388	1:50:57	3:51:32	3:52:16	5:29
357	880	Taube, Michael-Peter	44	GER	SuS Oberaden	M65	4	389	1:54:18	3:51:39	3:52:37	5:29
358	949	Dittrich, Detlef	65	GER		M45	93	390	1:51:43	3:52:02	3:52:42	5:29
359	257	Springer, Uwe	59	GER	*Düsseldorf	M50	54	391	1:55:21	3:52:09	3:52:53	5:30
360	940	Wahl, Thomas	68	GER	Team Egger Brilon	M45	94	392	1:52:14	3:52:19	3:52:59	5:30
361	653	Mühle, Patrick	79	GER	*Duisburg	M30	31	393	1:56:39	3:52:22	3:53:03	5:30
362	193	Grothe, Michael	72	GER	Beverlaufftreff	M40	62	394	1:51:33	3:52:32	3:53:09	5:30
363	264	Marx, Patrick	70	GER	*Mülheim	M40	63	395	1:55:57	3:52:33	3:53:23	5:30
364	296	Tempesta, Michael	83	GER	SV Neukirchen 21 Schwimmabteilun	M30	32	396	1:54:53	3:52:34	3:53:22	5:30
365	195	Hülder, Dr. Malte	74	GER	*Essen	M35	48	397	1:51:06	3:52:36	3:53:13	5:30
366	112	Becker, Frank	70	GER	*Dinslaken	M40	64	398	1:56:13	3:52:38	3:53:23	5:30
367	163	Strauven, Dr. Kris	77	BEL	*Sint-truiden	M35	49	399	1:56:59	3:52:38	3:53:22	5:30
367	846	Gonzalez, Mario	72	GER	*Wadersloh	M40	65	399	1:56:54	3:52:38	3:53:33	5:30
369	546	Fieber, Thomas	73	GER	hofacker-runner.de.vu	M40	66	401	1:52:14	3:52:39	3:53:18	5:30
370	285	Szalai, Michael	65	GER	ASV Duisburg	M45	95	402	1:57:06	3:52:40	3:53:29	5:30
371	921	Heilich, Johann	60	GER	Ford Köln FLSD	M50	55	403	1:51:33	3:52:50	3:53:34	5:31
372	178	Janko, Hans-Jörg	66	GER	LG Donatus Erfstadt	M45	96	404	1:56:29	3:52:51	3:53:37	5:31
373	883	Wawerka, Christoph	87	GER	*Dortmund	MM	28	405	1:52:58	3:52:53	3:53:32	5:31
374	601	Biermann, Mathis	88	GER	*Dortmund	MM	29	406	1:52:58	3:52:54	3:53:32	5:31
375	260	Tirgrath, Sven	82	GER	Töpper-Laufgruppe	M30	33	407	1:55:11	3:52:57	3:53:40	5:31
376	562	Krauße, Dennis	81	GER	Töpper-Laufgruppe	M30	34	408	1:55:12	3:52:58	3:53:40	5:31
377	311	Hanrath, Holger	72	GER	*Mülheim	M40	67	409	1:49:38	3:53:10	3:53:49	5:31
378	977	Franken, Marcel	73	GER	Depotrunners Bracht	M40	68	410	1:53:53	3:53:20	3:54:16	5:31
379	218	Schellhorn, Georg	57	AUT	*Langenfeld	M55	28	412	1:51:43	3:53:25	3:53:58	5:31
380	210	Pärschke, Klaus	56	GER	*Oberhausen	M55	29	413	1:51:32	3:53:26	3:54:04	5:31
381	541	Duckstein, Volker	69	GER	*Merchweiler	M40	69	414	1:51:33	3:53:44	3:54:25	5:32
382	836	Echtenbruck, Peter	56	GER	TV Walsum-Aldenrade	M55	30	415	1:54:56	3:53:58	3:54:18	5:32
383	196	Jacobs, Andreas	68	GER	Kakabulla Running Team	M45	97	416	1:56:18	3:54:04	3:54:49	5:32
384	268	Thoma, Dirk	64	GER	Team Physionea	M45	98	417	1:54:11	3:54:06	3:54:53	5:32
385	602	Bork, Thorsten	68	GER	Team ERDINGER Alkoholfrei	M45	99	418	1:55:31	3:54:14	3:55:05	5:33
386	336	Schaary, Alexander	88	GER	*Duisburg	MM	30	420	1:51:26	3:54:23	3:55:13	5:33
387	91	Andrae, Wolfram	71	GER	Hunsrück-Marathon e.V.	M40	70	421	1:47:58	3:54:24	3:54:41	5:33
388	829	Scheuerer, Albert	65	GER	TV 1897 Velburg	M45	100	422	1:51:13	3:54:26	3:55:09	5:33
389	911	Thiel, Dominic	84	GER	ESC Deutschland	MM	31	423	1:56:58	3:54:27	3:55:17	5:33
390	273	Herteleer, Christian	50	BEL	Jc Aalter	M60	12	424	1:56:32	3:54:35	3:55:26	5:33
391	543	Ziege, Bastian	62	GER	Hasenheidenhoppers	M50	56	425	1:52:02	3:54:37	3:55:12	5:33
392	730	Heipel, Dr. Roland	78	GER	*Bochum	M35	50	426	1:56:30	3:54:38	3:55:41	5:33

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Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
393	939	Rakow, Sebastian	63	GER	*Mülheim	M50	57	427	1:54:19	3:54:51	3:55:25	5:33
394	855	Hildebrand, Oliver	75	GER	*Duisburg	M35	51	431	1:53:18	3:55:09	3:55:15	5:34
395	559	Wendt, Andreas	62	GER	Scsi	M50	58	432	1:55:49	3:55:15	3:56:11	5:34
396	979	Kruell, Dr. Joey	65	GER	LT Brügggen-Marathonjunky	M45	101	433	1:50:51	3:55:19	3:55:57	5:34
397	303	Braag, Oliver	73	GER	*Gevelsberg	M40	71	435	1:49:56	3:55:24	3:56:02	5:34
398	780	Kruse, Hans Georg	48	GER	Marathon-Club Menden	M65	5	437	1:45:04	3:55:36	3:56:01	5:35
399	281	Pagenkämper, Thomas	71	GER	*Hagen	M40	72	438	1:57:01	3:55:37	3:56:25	5:35
400	313	Hohenhinnebusch, Gerd	70	GER	*Schermsbeck	M40	73	439	1:57:00	3:56:02	3:56:53	5:35
401	118	Epkenhans, Andreas	72	GER	LG Burg Wiedenbrück	M40	74	440	1:57:01	3:56:04	3:56:54	5:35
402	607	Dahlhaus, Holger	71	GER	*Wuppertal	M40	75	441	1:51:36	3:56:05	3:56:49	5:35
403	292	Fierus, Rainer	59	GER	LT Gruiten-Neandertal	M50	59	442	1:57:01	3:56:06	3:56:52	5:35
404	539	Orelia, Frank	60	GER	LT Gruiten-Neandertal	M50	60	443	1:56:58	3:56:06	3:56:52	5:35
405	192	Gromzig, Dr. Werner	57	GER	LG Hart am Limit	M55	31	444	1:51:31	3:56:07	3:56:53	5:35
406	923	Hanreich, Wolfgang	63	GER		M50	61	445	1:57:53	3:56:08	3:57:06	5:35
407	378	Heinen, Martin	66	GER	*Duisburg	M45	102	446	1:57:04	3:56:13	3:56:54	5:35
408	211	Perpeet, Dr. Stephan	64	GER	Rennsteiglaufverein	M45	103	447	1:54:33	3:56:14	3:56:46	5:35
409	785	Hempel, Hartmut	43	GER	Laufsportfreunde Unna	M70	2	448	1:53:19	3:56:21	3:56:39	5:36
410	240	Richter, Klaus	58	GER	*Herne	M55	32	449	1:52:59	3:56:22	3:56:51	5:36
411	839	Hasemann, Jörg-Michael	66	GER	Lgkv / Emtinghausen	M45	104	450	1:56:52	3:56:26	3:57:24	5:36
412	243	Fuchs, Markus	69	GER	Williams Brüder	M40	76	451	1:56:29	3:56:31	3:57:31	5:36
413	270	Ziegler, Jens	72	GER	Williams Brüder	M40	77	452	1:56:28	3:56:31	3:57:32	5:36
414	340	Schmitz, Siegfried	45	GER	LT Schöllerhof / Altenberg	M65	6	453	1:55:09	3:56:31	3:57:17	5:36
415	132	Mollaie, Dr. Nader	60	GER	*Sande	M50	62	454	1:48:44	3:56:49	3:57:19	5:36
416	327	Plein, Wolfgang	60	GER	Wir bei HKM	M50	63	455	1:46:53	3:56:51	3:57:14	5:36
417	287	Url, Michael	77	GER	Tri-Freunde Moers	M35	52	456	1:51:37	3:56:56	3:57:42	5:36
418	344	Sehl, Benjamin	87	GER	Tri-Freunde Moers	MM	32	457	1:51:37	3:56:57	3:57:42	5:36
419	301	Beckord, Dr. Peter	58	GER	*Duisburg	M55	33	458	1:54:55	3:56:59	3:57:46	5:36
420	889	Annen, Wolfgang	71	GER	LC Duisburg Marathonkurs	M40	78	460	1:56:57	3:57:05	3:57:58	5:37
421	156	Wiedelbach, Frank	64	GER	Rumelner TV	M45	105	462	1:46:44	3:57:12	3:57:25	5:37
422	201	Kietzmann, Uwe	68	GER	*Kerken	M45	106	463	1:57:05	3:57:12	3:58:00	5:37
423	833	Meißner, Frank	67	GER	*Bonn	M45	107	464	1:54:16	3:57:13	3:57:49	5:37
424	373	Brennig, Jürgen	63	GER	*Steinhagen	M50	64	465	1:56:58	3:57:18	3:58:10	5:37
425	936	Contzen, Hermann	62	GER	Bluesrunners	M50	65	466	2:04:02	3:57:21	3:58:21	5:37
426	844	Poetschki, Thomas	71	GER	LC Duisburg	M40	79	467	1:56:42	3:57:21	3:58:24	5:37
427	894	Gernhold, Ralf	69	GER	*Steinbach	M40	80	468	1:55:14	3:57:23	3:58:17	5:37
428	927	Tischler, Bernd	59	GER		M50	66	469	1:46:02	3:57:27	3:57:54	5:37
429	723	Offergeld, Christoph	83	GER	TuS Porselen	M30	35	470	1:57:00	3:57:29	3:58:18	5:37
430	411	Abraham, Jan	78	GER	*Oberhausen	M35	53	472	1:56:44	3:57:33	3:58:32	5:37
431	298	Abraham, Ivan	72	GER	*Duisburg	M40	81	473	1:56:44	3:57:33	3:58:32	5:37
432	843	Platzen, Jörg	72	GER	LC Duisburg Marathonkurs	M40	82	474	1:56:49	3:57:35	3:58:30	5:37
433	297	Weierstall, Andreas	59	GER	LT Gruiten-Neandertal	M50	67	475	1:56:58	3:57:38	3:58:24	5:37
434	261	Welzel, Jaan	78	GER	*Münster	M35	54	476	1:52:09	3:57:44	3:58:30	5:38
434	831	Tchuadijeu, Aristide	81	GER	*Luenen	M30	36	476	1:50:31	3:57:44	3:59:22	5:38
436	242	van Üüm, Christoph	73	GER	HSG	M40	83	478	2:01:33	3:57:45	3:58:53	5:38
437	526	Gabel, Marcus	73	GER	LC Weilerswist	M40	84	479	1:47:09	3:57:47	3:58:15	5:38
438	572	Konermann, Michael	75	GER	G.O.N.D. Rudel	M35	55	480	1:46:34	3:57:49	3:58:02	5:38
439	565	Sikora, Arthur	70	GER	LC Duisburg	M40	85	481	1:56:55	3:57:54	3:58:49	5:38
440	286	Teuscher, Mathias	65	GER	*Lohmar	M45	108	482	1:56:55	3:57:55	3:58:43	5:38
441	573	Kreitzberg, Martin	63	GER	Fortunabrötchen	M50	68	483	1:56:32	3:57:56	3:58:45	5:38
442	21	Bergstein, Stefan	67	GER	TG Neuss	M45	109	484	1:44:52	3:58:00	3:58:32	5:38
443	184	Dorscheid, Michael	59	GER	LG Amsel	M50	69	485	1:54:42	3:58:04	3:59:01	5:38
444	827	Jordan, Rolf	68	GER	*Warendorf	M45	110	486	1:46:57	3:58:07	3:58:44	5:38
445	606	Cleary, Sean	77	IRL	*Sw15 2rp	M35	56	487	1:48:36	3:58:08	3:58:36	5:38
446	585	Schünke, Thomas	64	GER	*Duisburg	M45	111	489	1:51:28	3:58:12	3:59:04	5:38
447	365	Wertz, Michael	73	GER	*Neuwied	M40	86	490	1:56:26	3:58:14	3:59:14	5:38
448	563	Maske, Holger	65	GER	Lauftreff BW Dingden	M45	112	491	1:58:33	3:58:21	3:59:20	5:38

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Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
449	975	Luyten, Willi	45	GER	S.A.Z.G.	M65	7	493	1:51:19	3:58:22	3:58:57	5:38
450	853	Henke, Michael	65	GER	LG Oelde / Wadersloh	M45	113	496	1:56:57	3:58:25	3:59:19	5:39
451	250	Hansen, Nikolaus	43	GER	LG Kuhlake Berlin	M70	3	497	1:55:51	3:58:27	3:59:14	5:39
452	902	Mauritz, Christian	72	GER	LC Duisburg Marathonkurs	M40	87	498	1:58:42	3:58:31	3:59:25	5:39
453	247	Diex, Uwe	60	GER	*Essen	M50	70	499	1:57:26	3:58:33	3:59:26	5:39
453	955	Abel, Klaus	50	GER	LC Duisburg	M60	13	499	1:57:00	3:58:33	3:59:23	5:39
455	665	Reinert, Jürgen	56	GER	Team ERDINGER Alkoholfrei	M55	34	501	1:57:26	3:58:34	3:58:47	5:39
456	228	Ziemer, Ulrich	59	GER	*Essen	M50	71	502	1:57:54	3:58:35	3:59:25	5:39
457	400	de Kruijff, Johannes	54	GER	LC Duisburg	M55	35	503	1:57:01	3:58:35	3:59:24	5:39
458	400	Schilke, Norbert	56	GER	MTG Horst Essen	M55	36	504	1:57:01	3:58:38	3:59:26	5:39
459	557	Mai, Christian	65	GER	LT SV Haldern	M45	114	505	1:56:53	3:58:49	3:59:33	5:39
460	835	Eckhardt, Marc	72	GER	LC Duisburg Marathonkurs	M40	88	507	1:56:49	3:59:07	4:00:09	5:40
461	848	Kuschewski, Niklas	90	GER	*Duisburg	MM	33	508	1:57:58	3:59:10	4:00:07	5:40
462	944	Koopmann, Franz	45	GER	Laufschmiede Rheurdt	M65	8	509	1:56:49	3:59:23	4:00:23	5:40
463	161	Olejniczak, Stefan	54	GER	Continental Dortmund	M55	37	510	1:53:36	3:59:28	4:00:14	5:40
464	202	Klenovsek, Sascha	74	GER	AS Neukirchen-Vluyn	M35	57	512	1:45:06	3:59:34	4:00:04	5:40
465	1895	Vogt, Hans-Peter	56	GER	LKD Düsseldorf	M55	38	513	2:01:24	3:59:38	4:00:37	5:40
466	586	Zachcial, Dr. Andreas	73	GER	Fluktuation 8	M40	89	514	1:57:00	3:59:40	4:00:43	5:40
467	896	Gliff, Thomas	72	GER	LC Duisburg Marathonkurs	M40	90	515	1:56:56	3:59:40	4:00:34	5:40
468	314	Hürten, Holger	70	GER	Tus Oberlar	M40	91	516	1:58:14	3:59:50	4:00:45	5:41
469	553	Zimmermann, Jörg	75	GER	Run & Fun Wermelskirchen	M35	58	517	1:48:57	4:00:03	4:00:38	5:41
470	856	Hütten, Volker	64	GER	*Moers	M45	115	518	2:00:10	4:00:12	4:01:17	5:41
471	925	Hallerbach, Georg	59	GER	LC Duisburg	M50	72	521	1:57:20	4:00:55	4:01:45	5:42
472	233	Bruns, Frank	69	GER	*Bocholt	M40	92	522	1:52:39	4:01:23	4:02:02	5:43
473	437	Morosini, Dr. Alessandro	73	ITA	*Casteau Soignies	M40	93	523	1:56:58	4:01:24	4:02:13	5:43
473	623	Genco, Stefano	75	ITA	*Mons	M35	59	523	1:56:58	4:01:24	4:02:12	5:43
475	506	Bendiek, Axel	72	GER	5010	M40	94	526	1:57:39	4:01:53	4:02:42	5:43
476	933	Scheepers, Wilhelm	41	GER	*Duisburg	M70	4	527	1:56:03	4:02:10	4:02:40	5:44
477	888	Aben, Leo	54	GER	*Geldern	M55	39	528	2:02:32	4:02:17	4:03:16	5:44
478	558	Zlatic, Zlatko	67	GER	Lufthansa Sportverein E.v.	M45	116	530	2:01:12	4:02:30	4:03:26	5:44
479	611	Dick, Viktor	65	GER	*Neukirchen-Vluyn	M45	117	531	1:51:37	4:02:34	4:03:13	5:44
480	518	Kleiter, Ingo	68	GER	*Lippetal	M45	118	532	1:47:06	4:02:48	4:03:19	5:45
481	882	Thome, Niko	66	GER	Meddys Lwt Koblenz	M45	119	533	1:56:14	4:02:54	4:03:50	5:45
482	823	Fausto, Pisani	65	ITA	*Milano	M45	120	534	1:53:04	4:03:08	4:03:45	5:45
483	121	Görgen, Tobias	88	GER	*Dortmund	MM	34	535	1:55:43	4:03:16	4:04:00	5:45
484	438	Niggemann, Heinz	57	GER	Laufgruppe Ziiiiisch Und Weg	M55	40	537		4:03:18	4:21:15	5:45
485	841	Wagner, Burkhard	61	GER	Marathonkurs	M50	73	539	2:00:37	4:03:28	4:04:35	5:46
486	858	Lukosch, Andreas	68	GER	Wmtv 1861 E. V.	M45	121	540	2:00:39	4:03:31	4:04:35	5:46
487	241	Ricken, Tobias	77	GER	Borbecker Raketen Essen	M35	60	542	2:01:23	4:03:35	4:04:27	5:46
488	849	Patommel, Rüdiger	56	GER	Mars Chocolate	M55	41	543	1:56:51	4:03:38	4:03:57	5:46
489	580	Huysmann, Carsten	70	GER	*Mülheim an der Ruhr	M40	95	544	1:56:35	4:04:10	4:05:00	5:47
490	312	Herzog, Peter	64	GER	*Mönchengladbach	M45	122	545	1:57:38	4:04:18	4:05:12	5:47
491	354	Zschaage, Matthias	61	GER	*Dortmund	M50	74	546	1:59:33	4:04:19	4:05:17	5:47
492	505	Riechert, Hartmut	64	GER	Homburger TV	M45	123	547	1:54:15	4:04:36	4:05:20	5:47
493	652	Mirza, Simon	85	GER	*Bochum	MM	35	548	1:56:31	4:04:59	4:05:57	5:48
494	854	Steiling, Dirk	68	GER	*Wadersloh	M45	124	550	1:56:34	4:05:20	4:06:14	5:48
495	946	Zeschky, Walter	54	GER	*Herdecke	M55	42	552	1:58:05	4:05:22	4:06:07	5:48
496	719	Drechsler, Hans-Jürgen	61	GER	LT Bittermark Dortmund	M50	75	553	1:57:35	4:05:23	4:06:13	5:48
497	570	Ferreira, Claudio	78	GER	SuS Gohr	M35	61	556	1:57:02	4:05:29	4:06:14	5:49
498	981	Kirberich, Peter	54	GER	Dülkener SV	M55	43	557	1:56:44	4:05:44	4:06:39	5:49
499	666	Reuter, Thomas	67	GER	*Gelsenkirchen	M45	125	558	1:51:20	4:05:55	4:06:51	5:49
500	334	Rommen, Markus	75	GER	*Duisburg	M35	62	559	1:57:46	4:06:04	4:06:55	5:49
501	859	Thies, Dirk	65	GER	*Dormagen	M45	126	561	2:04:44	4:06:52	4:07:58	5:51
502	194	Haigermoser, Anton	64	AUT	LC Blueliner	M45	127	562	1:56:16	4:06:53	4:08:04	5:51
503	674	Spitzner, Thomas	70	GER	Team ERDINGER Alkoholfrei	M40	96	565	1:53:36	4:07:03	4:07:56	5:51
504	258	Stroick, Berthold	64	GER	SF Nordvelen	M45	128	566	2:03:17	4:07:43	4:08:49	5:52

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Ergebnisse Männer

Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
505	964	Kreuzer, Andre	70	GER	*Troisdorf	M40	97	569	1:57:08	4:07:56	4:08:51	5:52
506	954	Heintges, Dennis	78	GER	Klinikum Duisburg	M35	63	570	1:51:35	4:08:03	4:08:49	5:52
507	401	Köper, Tim	83	GER	*Dorsten	M30	37	572	1:55:44	4:08:22	4:09:21	5:53
508	556	Cholewa, Konrad	62	GER	*Essen	M50	76	573	2:00:07	4:08:28	4:09:17	5:53
509	385	Mogdans, Joachim	58	GER	*St. Augustin	M55	44	574	1:57:12	4:08:29	4:09:19	5:53
510	884	Kutsch, Ingo	78	GER	Fc Deutsche Post	M35	64	576	1:56:53	4:08:45	4:09:31	5:53
511	395	Sturmfels, Jörn	74	GER	*Wuppertal	M35	65	577	2:01:10	4:08:46	4:09:46	5:53
512	660	Patino, Daniel	65	GER	*Dinslaken	M45	129	578	2:03:10	4:08:47	4:09:54	5:53
513	355	Berndt, Tobias	71	GER	*Moers	M40	98	579	2:03:10	4:08:47	4:09:54	5:53
514	743	Diersch, Ralph	57	GER	Lauftreff Uhlenhorst Mülheim	M55	45	580	1:56:42	4:09:03	4:10:09	5:54
515	571	Hülsmann, Viktor	66	GER	*Xanten	M45	130	582	1:56:35	4:09:25	4:10:27	5:54
516	668	Rutekolk, Rainer	77	GER	Ausdauerschule By Bunert	M35	66	583	1:59:37	4:09:47	4:10:40	5:55
517	265	Unterberg, Reiner	56	GER	LG Alpen	M55	46	584	1:58:57	4:09:48	4:10:42	5:55
518	897	Hammond, Phil	60	GBR	*Leeds	M50	77	587	1:57:07	4:10:15	4:11:00	5:55
519	275	Klatt, Dirk	57	GER	Klattis Clan	M55	47	588	2:05:23	4:10:30	4:11:09	5:56
520	394	Schomburg, Andreas	66	GER	*Dorsten	M45	131	589	1:54:52	4:10:30	4:11:30	5:56
521	289	Beckmann, Thomas	65	GER	LG Niers	M45	132	590	2:04:52	4:10:30	4:11:56	5:56
522	575	Osterkamp, Frank	69	GER	Die-Lauf-abc-ler	M40	99	591	1:56:55	4:10:32	4:11:21	5:56
523	251	Hengesbach, Werner	51	GER	West Australian Marathon Club	M60	14	593	1:55:17	4:10:56	4:11:38	5:56
524	329	Puy Michl, Franz Xaver	67	GER	*Duisburg	M45	133	594	1:56:43	4:10:57	4:11:50	5:56
525	794	Heideck, Daniel	82	GER	Team ERDINGER Alkoholfrei	M30	38	595	2:01:45	4:10:59	4:11:52	5:56
526	164	Fergon, Zbigniew	64	GER	*Duisburg	M45	134	596	2:05:39	4:11:07	4:12:12	5:57
527	180	Baumann, Norbert	65	GER	SV Bayer Uerdingen 08 e.V.	M45	135	599	2:05:37	4:11:31	4:12:31	5:57
528	362	Klemm, Rüdiger	59	GER	*Duisburg	M50	78	600	2:05:37	4:11:33	4:12:39	5:57
529	497	Fornes-Pastor, Vicente	73	ESP	*Denia	M40	100	601	1:58:10	4:11:37	4:12:36	5:57
530	451	Söllner, Michael	67	GER	*Geldern	M45	136	602	2:01:39	4:11:48	4:13:03	5:58
531	918	Huppertz, Holger	70	GER	*Duisburg	M40	101	603	1:59:37	4:11:50	4:13:15	5:58
532	176	Binnberg, Thomas	74	GER	*Arnsberg	M35	67	604	1:57:07	4:11:54	4:12:46	5:58
533	842	Reusch, Wolfgang	58	GER	LT Gruiten-Neandertal	M55	48	605	1:52:04	4:11:56	4:12:44	5:58
534	462	Winter, Jörg	68	GER	LWT Dortmund-Ost	M45	137	606	2:02:22	4:12:08	4:13:10	5:58
535	415	Seils, Thomas	63	GER	LC Duisburg	M50	79	607	2:05:40	4:12:09	4:13:12	5:58
536	851	Schirmacher, Sascha	81	GER	*Grevenbroich	M30	39	608	2:02:40	4:12:09	4:13:07	5:58
537	790	Turzinski, Jürgen	67	GER	Laufschule Dortmund by bunert	M45	138	610	1:59:40	4:12:10	4:13:01	5:58
538	793	Bremshey, Michael	64	GER	Laufschule Dortmund by bunert	M45	139	611	1:59:41	4:12:11	4:13:01	5:58
539	108	Bürger, Olaf	68	GER	*Heinsberg	M45	140	612	2:06:15	4:12:19	4:13:27	5:58
540	262	Wiemer, Michael	63	GER	Deichläufer	M50	80	614	2:02:01	4:12:23	4:13:23	5:58
541	845	Egedesø, Klaus	66	DNK	Klub 100 Marathon Dk	M45	141	615	2:00:05	4:12:54	4:13:48	5:59
542	282	Reiker, Andreas	56	GER	SF Nordvelen	M55	49	616	2:03:49	4:13:07	4:14:13	5:59
543	671	Schöning, Adalbert	49	GER	*Johanngeorgenstadt	M60	15	617	1:59:50	4:13:08	4:13:10	5:59
544	280	Nowak, Reinhard	52	GER	SuS Stadtlohn	M60	16	618	1:51:40	4:13:12	4:13:52	6:00
545	337	Schab, Tomasz	70	GER	*Kevelaer	M40	102	621	1:56:39	4:13:53	4:14:50	6:00
546	256	Springer, Christoph	65	GER	*Viersen	M45	142	622	1:56:57	4:14:03	4:14:54	6:01
546	560	Derix, Stefan	65	GER	ASV Süchteln	M45	142	622	1:56:57	4:14:03	4:14:54	6:01
548	879	van Gemmern, Stefan	70	GER	*Essen	M40	103	624	1:53:03	4:14:04	4:14:40	6:01
549	318	Karatas, Michael	71	GER	*Kamp-lintfort	M40	104	625	1:56:57	4:14:35	4:15:28	6:02
550	561	Geppert, Dr. Dietmar	67	GER	*Bergisch Gladbach	M45	144	626	1:57:10	4:14:39	4:15:30	6:02
551	458	Urschey, Michael	73	GER	Team Hummel	M40	105	627	2:00:46	4:14:41	4:15:44	6:02
552	476	Scholten, Dietmar	52	GER	LT Gruiten-Neandertal	M60	17	628	2:01:52	4:14:43	4:15:42	6:02
553	612	Doğan, Murat	75	GER	*Duisburg	M35	68	629	1:56:54	4:14:43	4:15:34	6:02
554	742	Braun, Norbert	57	GER	Motivierte Meerschweinchen	M55	50	632	1:56:41	4:15:07	4:15:51	6:02
555	359	Zepperreck, Martin	59	GER	Marathonteam-online	M50	81	633	1:59:23	4:15:09	4:15:57	6:02
556	78	Wenzel, Christoph	60	GER	100 Marathon Club	M50	82	634	1:58:09	4:15:23	4:15:30	6:03
557	244	Börste, Andreas	72	GER	*Troisdorf	M40	106	635	1:58:14	4:16:03	4:16:57	6:04
558	928	Kinnauer, Michael	71	GER	LC Duisburg	M40	107	636	1:57:04	4:16:23	4:17:05	6:04
559	704	Nofftz, Klaus	57	GER	*Leverkusen	M55	51	638	2:05:16	4:16:24	4:17:21	6:04
560	519	Lamade, Thomas	75	GER	Laufjunkies	M35	69	639	2:05:16	4:16:24	4:17:21	6:04

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Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
561	509	Moga, Bruno	52	GER	LG Huskies	M60	18	640	1:56:57	4:16:54	4:17:00	6:05
562	449	Schmidlers, Ralph	59	GER	AS Neukirchen-Vluyn	M50	83	641	2:02:31	4:16:56	4:18:26	6:05
563	604	Bush, Martin Richard	58	GBR	*Reading	M55	52	642	2:01:13	4:17:07	4:18:22	6:05
564	364	Mechnig, Heiko	59	GER	SuS Oberaden	M50	84	644	1:56:53	4:17:26	4:17:38	6:06
565	720	Damerow, Raymond	57	GER	Ford Fcsd	M55	53	645	1:56:25	4:17:31	4:18:15	6:06
566	397	Tuttmann, Stefan	71	GER	TSC Marl	M40	108	646	2:04:28	4:17:32	4:18:37	6:06
567	795	Schmitz, Olaf	68	GER	*Duisburg	M45	145	647	2:11:15	4:17:44	4:19:02	6:06
568	335	Rückert, Jens	66	GER	*Amstadt	M45	146	648	2:05:38	4:17:47	4:18:49	6:06
569	447	Rosso, Mario	60	GER	*Pulheim	M50	85	650	2:06:37	4:18:03	4:19:22	6:06
570	840	Vollbracht, Ralf	63	GER	LC Duisburg	M50	86	652	1:59:06	4:18:17	4:19:06	6:07
571	358	Vobis, Andreas	65	GER	*Neuss	M45	147	656	2:04:43	4:19:09	4:20:12	6:08
572	932	Breitfeld, Volkmar	71	GER	*Dortmund	M40	109	657	1:51:42	4:19:48	4:20:38	6:09
573	267	Szezan, Dr. Frank	60	GER	Make Every Day Count	M50	87	659	1:56:10	4:19:50	4:20:33	6:09
574	379	Hombach, Frank	67	GER	*Mönchengladbach	M45	148	660	2:05:30	4:19:57	4:21:01	6:09
575	716	Kerkenbusch, Werner	47	GER	marathon4you	M65	9	661	2:04:11	4:20:09	4:20:51	6:09
576	537	Flinkmann, Daniel	75	GER	HSV Dortmund Wickede Asseln	M35	70	662	1:52:30	4:20:09	4:21:03	6:09
577	970	Drescher, Hans	58	GER	Solinger LC	M55	54	664	1:57:49	4:21:00	4:21:32	6:11
578	817	Grüll, Stefan	66	GER	LG Rheinfront	M45	149	665	1:50:34	4:21:48	4:22:32	6:12
579	424	Ipach, Daniel	83	GER	*Duisburg	M30	40	666	2:04:50	4:21:54	4:22:51	6:12
580	508	Tillmann, Dr. Johan	64	NLD	Nijmegen Atletiek	M45	150	667	1:53:28	4:22:19	4:23:06	6:12
581	885	Stronczyk, Volker	59	GER	LLG HERZKASPER	M50	88	668	2:10:00	4:22:19	4:23:33	6:13
582	924	Wesslen, Anders	60	GER		M50	89	669	2:05:10	4:22:31	4:23:35	6:13
583	402	Ludwitzack, Harry	54	GER	DUV	M55	55	670	2:12:47	4:22:36	4:23:54	6:13
584	721	Flores, Tim	88	GER	*Bocholt	MM	36	671	1:56:34	4:22:44	4:23:34	6:13
584	748	Ulitzka, Thomas	89	GER	*Bocholt	MM	36	671	1:56:34	4:22:44	4:23:34	6:13
586	64	Gahlert, Günter	77	GER	*Berlin	M35	71	674	1:54:22	4:22:51	4:23:10	6:13
587	352	Witte, Uwe	68	GER	*Dortmund	M45	151	675	1:57:36	4:22:51	4:23:56	6:13
588	468	Plehn, Dr. Gunnar	70	GER	*Erkrath	M40	110	676	2:10:18	4:22:52	4:24:22	6:13
589	328	Pogany, Thomas	62	GER	*Dinslaken	M50	90	677	1:57:16	4:23:04	4:23:53	6:14
590	555	Sablotny, Roman	72	GER	Rennschnecken 2000 e.V.	M40	111	678	1:50:53	4:23:12	4:23:43	6:14
591	410	Lotoszynski, Rafal	79	GER	*Moers	M30	41	679	2:03:39	4:23:23	4:24:24	6:14
592	464	Wollschläger, Stefan	80	GER	Triathlon Team Rheinberg	M30	42	680	2:05:39	4:23:49	4:24:55	6:15
593	973	Pachura, Frank	63	GER	Laufen-in-Dortmund.de	M50	91	681	2:06:56	4:23:49	4:24:06	6:15
594	926	Klein, Hans-Jürgen	53	GER	LTH-Essen	M60	19	682	2:04:11	4:23:53	4:24:47	6:15
595	356	Häde, Matthias	72	GER	*Essen	M40	112	683	2:04:13	4:23:54	4:24:47	6:15
596	294	Plank, Peter	66	GER	*Wesel	M45	152	685	1:59:10	4:24:08	4:25:11	6:15
597	439	Nissen, Volker	75	GER	Team ERDINGER Alkoholfrei	M35	72	686	2:12:01	4:24:10	4:25:26	6:15
598	947	Brosen, Andre	65	GER		M45	153	687	2:05:04	4:24:18	4:25:09	6:15
599	893	Finger, Ralf	66	GER	*Brilon	M45	154	688	2:04:39	4:24:30	4:25:34	6:16
600	305	Buntins, Michael	50	GER	ASV Duisburg	M60	20	689	2:02:03	4:24:37	4:25:18	6:16
601	727	Sieben, Mario	67	GER	*Mönchengladbach	M45	155	690	2:05:31	4:24:42	4:25:46	6:16
602	208	Noll, Thomas	69	GER	Team ERDINGER Alkoholfrei	M40	113	691	1:57:09	4:24:44	4:25:36	6:16
603	866	Trockel, Martin	75	GER	Fc Rhade	M35	73	692	2:11:25	4:24:46	4:25:57	6:16
604	383	Lindberg, Dietmar	63	GER	*Dorsten	M50	92	693	2:11:25	4:24:46	4:25:57	6:16
605	630	Jägers, Michael	70	GER	*Gladbeck	M40	114	694	2:11:18	4:24:49	4:26:06	6:16
606	945	Roder, Guido	65	GER	*Moers	M45	156	695	2:13:26	4:24:53	4:26:07	6:16
607	904	Milicevic, Igor	69	GER	LC Duisburg Marathonkurs	M40	115	696	2:13:26	4:24:54	4:26:08	6:16
608	382	Ley, Helmut	46	GER	Homberger TV	M65	10	697	2:20:23	4:25:16	4:26:34	6:17
609	386	Nijweide, Nico	65	NLD	Marathon Winterswijk	M45	157	698	2:03:17	4:25:22	4:26:28	6:17
610	956	Schütters, Manfred	57	GER	*Essen	M55	56	699	1:54:28	4:25:36	4:26:27	6:17
611	978	Trappe, Dr. Rolf-Peter	58	GER	*Düsseldorf	M55	57	700	1:59:05	4:25:42	4:27:10	6:17
612	658	Nicklaus, Ulrich	56	GER	Klb2000	M55	58	701	2:04:14	4:25:47	4:26:35	6:17
613	494	Paysen, Jan	69	GER	*Burgdorf	M40	116	702	2:04:09	4:26:05	4:26:57	6:18
614	788	Knülle, Werner	40	GER	DJK GW Werl	M70	5	704	1:56:25	4:26:09	4:26:49	6:18
615	633	Kietzmann, Detlef	57	GER	ATV Hückeswagen	M55	59	705	1:58:16	4:26:17	4:27:04	6:18
616	603	Brinkhaus, Andreas	79	GER	SF Nordvelen	M30	43	706	1:59:58	4:26:23	4:27:29	6:18

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Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
617	976	Treppenhauer, Jens	89	GER	*Hamm	MM	38	707	2:14:37	4:26:28	4:27:55	6:18
618	308	Dilling, Peter	64	GER	FC Gelsenkirchen-Schalke04 e.V.	M45	158	708	1:58:02	4:26:33	4:27:14	6:19
619	417	Breidenbach, Jörg	64	GER	*Moers	M45	159	710	2:09:57	4:26:37	4:27:59	6:19
620	283	Schmäing, Robert	62	GER	Terry Fox Wilhelmshaven	M50	93	713	2:05:37	4:27:05	4:28:12	6:19
621	347	Sellner, Andreas	57	GER	Diözesan-Caritasverband Köln	M55	60	714	1:56:53	4:27:10	4:28:07	6:19
622	922	May, Axel	68	GER	*Duisburg	M45	160	716	2:05:36	4:27:12	4:28:21	6:19
623	900	Kaack, Michael	68	GER	LC Duisburg Marathonkurs	M45	161	718	2:03:41	4:27:28	4:28:43	6:20
624	895	Idlewitz, Dr. Hans-Jörg	64	GER	LC Duisburg Marathonkurs	M45	162	720	2:13:42	4:27:36	4:28:50	6:20
625	593	Rüdesheim, Marc	77	GER	Die Reservisten	M35	74	722	2:15:40	4:27:37	4:29:07	6:20
626	367	Hühner, Michael	69	GER	*Bochum	M40	117	723	2:00:57	4:27:38	4:28:35	6:20
627	797	Schneider, Nico	88	GER	*Duisburg	MM	39	724	2:08:04	4:27:42	4:28:56	6:20
628	1099	Alberty, Gordon	88	GER	ASV Duisburg	MM	40	725	2:13:39	4:27:54	4:29:11	6:20
629	692	Wosab, Daniel	88	GER	*Duisburg	MM	41	726	2:13:40	4:27:54	4:29:11	6:20
630	360	Holloh, Jörg	69	GER	Sporting Mülheim	M40	118	728	2:12:00	4:28:15	4:29:29	6:21
631	422	Hollstein, Andre	69	GER	*Kleve	M40	119	729	2:13:45	4:28:20	4:29:40	6:21
632	450	Schneiderat, Andreas	67	GER	LT Gruiten-Neandertal	M45	163	730	2:05:41	4:28:29	4:29:31	6:21
633	467	Huynh, Phi Chau	73	GER	*Düsseldorf	M40	120	731	1:56:33	4:28:37	4:29:50	6:21
634	409	Klingelhöfer, Markus	73	GER	LC Duisburg	M40	121	732	2:13:41	4:28:40	4:29:54	6:22
635	430	Huth, Thorsten	62	GER	LC Duisburg	M50	94	734	2:13:42	4:28:42	4:29:54	6:22
636	323	Mengwasser, Stefan	89	NZL	*Köln	MM	42	735	1:59:54	4:28:47	4:29:47	6:22
637	440	Okamoto, Shinichi	50	JPN	*Düsseldorf	M60	21	736	2:13:58	4:28:50	4:30:25	6:22
638	239	Horoba, Martin	59	GER	Klattis Clan	M50	95	737	2:05:22	4:28:50	4:29:30	6:22
639	741	Meithner, Christian	79	GER	Immeo Wohnen Running Team	M30	44	740	1:56:11	4:29:17	4:30:18	6:22
640	550	Richter, Thorsten	70	GER	Immeo Wohnen Running Team	M40	122	741	1:56:06	4:29:17	4:30:18	6:22
641	718	Piossek, Heiko	55	GER	Düsseldorf	M55	61	742	2:12:01	4:29:19	4:29:52	6:22
642	862	Orczewski, Hans Joachim	48	GER	DJK Irrel	M65	11	743	2:06:00	4:29:22	4:30:25	6:23
643	320	Kreilkamp, Rainer	71	GER	SF Nordvelen	M40	123	746	2:11:00	4:29:25	4:30:32	6:23
644	861	Hartmann, Andre	66	GER	LC Duisburg	M45	164	747	2:06:22	4:29:28	4:29:49	6:23
645	887	Hazebrouck, Dr. Jan-Peter	69	GER	*Essen	M40	124	748	2:13:43	4:29:34	4:30:47	6:23
646	408	Baune, Andreas	64	GER	LSF Münster	M45	165	749	2:11:33	4:29:42	4:30:39	6:23
647	179	Abel, Swen	72	GER	Hod Gruppe Algier	M40	125	750	2:01:12	4:29:54	4:30:51	6:23
648	392	Reif, Fredrik	73	SWE	Sorsele SK	M40	126	751	2:05:40	4:30:00	4:31:04	6:23
649	644	Lichtenstein, Jörg	68	GER	AS Neukirchen-Vluyn	M45	166	753	2:17:47	4:30:09	4:31:31	6:24
650	738	Maciejczyk, Stanislaus	57	GER	*Mönchengladbach	M55	62	757	2:00:09	4:30:41	4:30:44	6:24
651	908	Wilmsen, Henry	57	GER	LC Duisburg Marathonkurs	M55	63	758	2:11:52	4:30:46	4:31:58	6:25
652	581	Bauer, Guido	77	GER	Homberger TV	M35	75	759	2:13:10	4:31:24	4:32:42	6:25
653	375	Daubner, Urs	79	GER	*Solingen	M30	45	760	2:11:18	4:31:37	4:32:54	6:26
654	953	Kriegel, Dr. Volker	62	GER	GSG Moers	M50	96	762	2:14:10	4:31:43	4:33:06	6:26
655	576	Rathke, Klaus	57	GER	LWG Wernigerode	M55	64	763	2:02:28	4:31:50	4:32:46	6:26
656	441	Orczewski, Joachim	76	GER	DJK Irrel	M35	76	766	2:05:59	4:32:38	4:33:41	6:27
657	459	Welters, Klaus	64	GER	Borussia Mönchengladbach	M45	167	767	1:58:49	4:32:42	4:33:35	6:27
658	444	Rademann, Jörg	66	GER	*Nuthetal	M45	168	769	2:13:40	4:32:54	4:34:15	6:28
659	455	Theobald, Bernhard	57	GER	Team ERDINGER Alkoholfrei	M55	65	770	2:12:47	4:32:57	4:34:13	6:28
660	380	Jakobs, Udo	67	GER	*Mönchengladbach	M45	169	771	2:05:31	4:32:58	4:34:01	6:28
661	353	Zimmermann, Tom	82	GER	*Hamburg	M30	46	772	2:16:49	4:32:59	4:34:25	6:28
662	857	Kappelhoff, Martin	59	GER	*Borken-weseke	M50	97	775	2:11:48	4:33:52	4:35:08	6:29
663	903	Meyer, Martin	82	GER	LC Duisburg Marathonkurs	M30	47	776	2:13:27	4:33:55	4:35:08	6:29
664	431	Kutsch, Heiko	69	GER	LC Duisburg	M40	127	777	2:13:28	4:33:56	4:35:09	6:29
665	350	Tomihari, Tetsuo	67	JPN	*Düsseldorf	M45	170	778	2:05:40	4:33:57	4:35:00	6:29
666	387	Oberdörfer, Stefan	59	GER	Kö Runner	M50	98	779	2:11:14	4:34:18	4:35:24	6:30
667	299	Austrup, Matthias	85	GER	*Duisburg	MM	43	780	2:12:56	4:34:42	4:36:04	6:30
668	426	Kettner, Joachim	71	GER	*Duisburg	M40	128	781	2:12:50	4:34:52	4:36:04	6:30
669	639	Kurt, Ayhan	71	GER	*Duisburg	M40	129	782	2:12:50	4:34:52	4:36:04	6:30
670	792	Strathoff, Dirk	58	GER	Laufschule Dortmund by bunert	M55	66	783	2:11:22	4:34:56	4:36:10	6:30
671	599	Bendfeldt, Rainer	67	GER	*Moers	M45	171	784	2:10:54	4:35:01	4:36:15	6:31
672	912	Kirchberg, Peter	61	GER	LC Duisburg	M50	99	786	2:17:02	4:36:23	4:37:38	6:33

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Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
673	728	Lomborg, Ulrich	56	GER	Uli's Lauftreff	M55	67	787	2:13:08	4:36:36	4:37:55	6:33
674	641	Lechtenfeld, Tim	80	GER	Kamikaze-Runners	M30	48	788	2:13:14	4:36:43	4:37:56	6:33
675	796	Goergen, Marvin	89	GER	*Moers	MM	44	789	1:55:30	4:37:03	4:38:05	6:33
676	609	de Sessa, Dr. Antonio	67	ITA	*Shape Mons	M45	172	790	2:09:00	4:37:10	4:38:03	6:34
677	446	Romano, Dr. Stefano	67	ITA	*Shape	M45	173	791	2:09:01	4:37:10	4:38:03	6:34
678	685	Weitkämper, Wolfgang	60	GER	Team ERDINGER Alkoholfrei	M50	100	792	2:14:25	4:37:17	4:38:46	6:34
679	864	Schwarz, Rainer	59	GER	Hochwälder	M50	101	793	2:19:53	4:37:34	4:39:02	6:34
680	951	Pogorzalek, Josef	62	GER	*Rheinberg	M50	102	794	2:16:41	4:37:49	4:38:55	6:35
681	886	Heller, Ralf	62	GER	*Schlangen	M50	103	795	2:13:38	4:37:49	4:39:07	6:35
682	368	Kunzmann, Andreas	63	GER	*Herne	M50	104	796	2:11:15	4:38:11	4:39:30	6:35
683	789	Lessmann, Heinz	67	GER	Velo Solingen	M45	174	797	2:05:04	4:38:12	4:39:34	6:35
684	649	Fleitz, Mario	63	GER	*Duisburg	M50	105	798	2:07:40	4:38:26	4:39:29	6:35
685	852	Pache, Rüdiger	59	GER	MTT Dortmund	M50	106	799	2:08:59	4:38:28	4:39:16	6:35
686	425	Jadczak, Klaus	48	GER	Wsg81 Kw	M65	12	800	2:17:35	4:38:35	4:39:35	6:36
687	967	Jahnz, Klaus	49	GER	Lg Laacher See	M60	22	801	2:14:41	4:38:38	4:39:59	6:36
688	219	Schmidt, Heiko	71	GER	Race	M40	130	805	2:13:39	4:39:11	4:40:31	6:36
689	456	Thomas, Oliver	64	GER	*Neuss	M45	175	809	2:14:14	4:40:09	4:41:27	6:38
690	8	Vucans, Mario	55	GER	BSV Eschweiler	M55	68	810	2:00:36	4:40:20	4:41:06	6:38
691	413	Armbrust, Detlef	65	GER	Halbe Lunge Dorsten	M45	176	811	2:11:24	4:40:32	4:41:39	6:38
692	405	Müller, Sebastian	40	GER	LGO Dortmund	M70	6	812	2:06:10	4:40:38	4:41:43	6:39
693	485	Florian, Dr. Reinhold	45	GER	SuS Kalkar	M65	13	813	2:08:05	4:40:42	4:41:55	6:39
694	587	Zemke, Udo	48	GER	LG Alpen	M65	14	815	2:13:03	4:40:55	4:42:05	6:39
695	420	Fischer, Mike	67	GER	*Essen	M45	177	816	2:05:52	4:41:12	4:42:19	6:39
696	934	Moe, Ole Harald	92	NOR	Moss Rohlub	MU23	5	817	2:22:36	4:41:29	4:43:00	6:40
697	478	Zaun, Jürgen	50	GER	*Mettmann	M60	23	818	2:13:31	4:42:07	4:43:24	6:41
698	591	Henning, Dennis	83	GER	*Schwerte	M30	49	819	2:13:40	4:42:45	4:44:01	6:42
699	592	Michaelis, Christian	84	GER	*Schwerte	MM	45	820	2:13:40	4:42:45	4:44:01	6:42
700	388	Pasch, Stefan	68	GER	Ausdauer Schule By Bunert	M45	178	821	1:59:43	4:42:59	4:43:52	6:42
701	625	Gierse, Gerold	55	GER	Team ERDINGER Alkoholfrei	M55	69	822	2:22:46	4:43:03	4:44:31	6:42
702	677	Swillens, Frank	63	NLD	*Brüggen	M50	107	823	2:19:43	4:43:09	4:44:20	6:42
703	374	Danne, Rainer	74	GER	*Dortmund	M35	77	824	2:11:54	4:43:12	4:44:09	6:42
704	191	Gollner, Heinz	51	GER	Viermärker Dortmund	M60	24	826	2:10:42	4:43:13	4:43:39	6:42
705	745	Waning, Peter	58	GER	Tv Vreden	M55	70	827	2:13:26	4:43:16	4:43:40	6:42
706	865	Domingo, Apolinario	81	USA	*Landstuhl	M30	50	828	2:25:12	4:43:23	4:44:43	6:42
707	302	Bovelet, Carsten	66	GER	*Duisburg	M45	179	829	2:08:14	4:43:33	4:44:37	6:43
708	619	Frey, Pascal	86	GER	*Remscheid	MM	46	832	2:11:28	4:43:45	4:44:54	6:43
709	326	Pawlowicz, Alfred	58	GER	MTT Dortmund	M55	71	833	2:08:59	4:44:02	4:44:50	6:43
710	453	Stock, Peter	63	GER	SV Borussia Veen	M50	108	834	2:15:05	4:44:08	4:45:27	6:44
711	632	Jüchter, Birger	72	GER	Team ERDINGER Alkoholfrei	M40	131	835	2:25:27	4:44:20	4:45:55	6:44
712	950	Berg, Jörg	61	GER	*Dorsten	M50	109	837	2:23:29	4:44:24	4:45:54	6:44
713	445	Littwin, Rüdiger	53	GER	Lauffreff Lippehasen Dorsten	M60	25	838	2:22:25	4:44:25	4:45:55	6:44
714	629	Heller, Sven	87	GER	*Duisburg	MM	47	840	2:22:46	4:44:27	4:45:54	6:44
715	445	Binias, Jürgen	60	GER	LC Duisburg	M50	110	841	2:22:47	4:44:29	4:45:56	6:44
716	31	Bertram, Douglas	60	USA	*Rüsselsheim	M50	111	842	1:52:01	4:45:10	4:45:23	6:45
717	659	Nolte, Holger	67	GER	AS Neukirchen-Vluyn	M45	180	843	2:13:41	4:45:23	4:46:40	6:45
718	432	Leinweber, Daniel	94	GER	*Mülheim An Der Ruhr	MU20	1	844	2:09:01	4:45:37	4:46:56	6:46
719	436	Meyer, Christoph	68	GER	SuS Gehrden/Altenheerse	M45	181	846	2:04:00	4:45:57	4:47:14	6:46
720	433	Lemm, Dirk	72	GER	Zum Twee Ührken	M40	132	847	2:14:09	4:46:19	4:47:24	6:47
721	545	Brackmann, Stefan	60	GER	*Dinslaken	M50	112	848	2:08:14	4:46:41	4:47:45	6:47
722	321	Lange, Stefan	79	GER	LG Ratio Münster	M30	51	849	2:16:38	4:46:57	4:48:20	6:48
723	596	Arndt, Alexander	71	GER	Team ERDINGER Alkoholfrei	M40	133	851	2:16:46	4:48:22	4:49:37	6:50
724	474	Risch, Gunnar	60	GER	GSM	M50	113	852	2:17:23	4:48:45	4:50:22	6:50
725	406	Garn, Manfred	48	GER	LSF-Unna-2000	M65	15	853	2:13:58	4:49:23	4:50:36	6:51
726	621	Fuhrmann, Hans-Joachim	49	GER	*Krefeld	M60	26	854	2:19:21	4:49:42	4:51:09	6:51
727	429	Koopmann, Lothar	52	GER	TV Jahn Hiesfeld	M60	27	855	2:16:26	4:50:05	4:51:13	6:52
728	646	Macík, Aleš	83	CZE	*Duisburg	M30	52	856	2:13:22	4:50:08	4:51:00	6:52

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Ergebnisse Männer

Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
729	491	Nowak, Rainer	51	GER	ASV-LT Kemperdick	M60	28	857	2:22:32	4:50:09	4:51:47	6:52
730	488	Krischok, Volker	74	GER	Die Reservisten	M35	78	858	2:15:40	4:50:23	4:51:53	6:52
731	412	Angenent, Dipl. Ing. Reinardu	64	NLD	*Rhede	M45	182	859	2:14:16	4:50:36	4:51:53	6:53
732	869	López Soto, Romeo	78	GER	LC Duisburg	M35	79	860	2:22:41	4:50:42	4:52:14	6:53
733	867	van Borrendam, Frits	46	NLD	*Middelburg	M65	16	861	2:05:06	4:50:42	4:51:44	6:53
734	486	Ibrahim, Erich	63	GER	*Duisburg	M50	114	862	2:13:40	4:50:54	4:52:09	6:53
735	470	Franz, Michael	69	GER	*Hagen	M40	134	863	2:10:12	4:50:56	4:51:53	6:53
736	648	Mandelartz, Johannes	61	GER	SV Germania Dürwiß	M50	115	864	2:18:45	4:51:14	4:51:59	6:54
737	396	Thorbrügge, Kai	68	GER	*Bochum	M45	183	865	2:08:44	4:51:31	4:52:06	6:54
738	421	Hausmann, Heribert E.	51	GER	*Troisdorf	M60	29	866	2:22:47	4:51:49	4:53:18	6:54
739	669	Rychter, Christian	79	GER	*Herne	M30	53	867	1:59:26	4:52:19	4:53:11	6:55
740	454	Süthering, Milorad	54	GER	*Schwerte	M55	72	868	2:02:35	4:53:18	4:54:19	6:57
741	566	Jeske, Ralf	67	GER	Syker Lauftreff	M45	184	871	2:15:25	4:54:53	4:56:13	6:59
742	133	Moog, Peter	59	GER	Syker Lauftreff	M50	116	873	2:15:25	4:54:54	4:56:13	6:59
743	930	Parys, Andrzej	54	POL	Siemens	M55	73	874	2:18:39	4:55:17	4:56:35	6:59
744	278	Lempken, Uwe	61	GER	Homberger TV	M50	117	876	2:09:18	4:55:27	4:56:42	7:00
745	361	Juschka, Axel	63	GER	*Duisburg	M50	118	877	2:13:20	4:55:32	4:56:48	7:00
746	423	Hupp, Ralf	61	GER	LT Gruiten-Neandertal	M50	119	878	2:23:41	4:55:40	4:57:13	7:00
747	473	Lang, Rüdiger	56	GER	Rumelner TV	M55	74	881	2:21:31	4:56:46	4:58:21	7:01
748	651	Mintgen, Dietmar	54	GER	Team ERDINGER Alkoholfrei	M55	75	882	2:12:14	4:57:26	4:58:42	7:02
749	293	Förster, Jörg	66	GER	VSC Grevenbroich 88	M45	185	883	2:15:16	4:57:58	4:59:14	7:03
750	863	Appel, Roland	61	GER	*Duisburg	M50	120	884	2:19:23	4:58:58	5:00:00	7:05
751	500	Schranz, Jörg	65	GER	Borbecker Raketen Essen	M45	186	886	2:27:49	4:59:27	5:01:01	7:05
752	500	Helbig, Steffen	62	GER	Team ERDINGER Alkoholfrei	M50	121	887	2:27:49	4:59:27	5:01:01	7:05
753	125	Kawanishi, Takahide	74	JPN	Hosiden Ac	M35	80	888	2:03:52	4:59:35	5:00:26	7:05
754	620	Friese, Volker	65	GER	LT Wischlingen Dortmund	M45	187	889	2:14:07	4:59:41	5:00:51	7:06
755	460	Wendt, Stefan	81	GER	*Duisburg	M30	54	890	2:20:40	5:00:05	5:01:22	7:06
756	477	Schwab, Christian	65	GER	Freie Schwimmer Rheinkamp e.V.	M45	188	896	2:22:47	5:01:44	5:03:11	7:09
757	487	Kobuß, Thorsten	72	GER	*Schwalmtal	M40	135	897	2:22:40	5:02:13	5:03:48	7:09
758	963	Waschkewitz, Klaus	59	GER	*Springe	M50	122	898	2:06:08	5:03:21	5:03:38	7:11
759	466	Zirkwitz, Hans-walter	53	GER	Pumuckl Runners Düsseldorf	M60	30	901	2:13:15	5:05:38	5:07:17	7:14
760	726	Schrodt, Manfred	52	GER	*Kassel	M60	31	902	2:20:24	5:05:52	5:06:27	7:14
761	645	Lindner, Oliver	76	GER	*Duisburg	M35	81	903	2:21:12	5:07:09	5:08:32	7:16
762	881	Özarslan, Mehmet	79	GER	*Düsseldorf	M30	55	904	2:27:17	5:07:35	5:09:02	7:17
763	729	Dreyer, Alexander	70	GER	*Hagen	M40	136	906	2:18:27	5:08:20	5:09:43	7:18
764	493	Sewing, Wolfgang	59	GER	AS Neukirchen-Vluyn	M50	123	907	2:28:00	5:08:26	5:09:48	7:18
765	868	Kennedy, Patrick	65	IRL	*Glossop	M45	189	908	2:22:39	5:09:36	5:11:12	7:20
766	695	Böttcher, Didi	66	GER	*Bochum	M45	190	909	2:20:15	5:09:47	5:11:03	7:20
767	732	Thiemann, Tomas	68	GER	*Köln	M45	191	911	2:27:48	5:09:55	5:11:29	7:20
768	418	Eggert, Wolfgang	62	GER	Team ERDINGER Alkoholfrei	M50	124	912	2:18:48	5:10:56	5:12:17	7:22
769	568	Redeker, Ingo	71	GER	TV Jahn Hiesfeld	M40	137	913	2:23:47	5:12:05	5:13:38	7:23
770	471	Goletz, Hermann	52	GER	TuS Alstaden 1887/97	M60	32	914	2:21:47	5:12:12	5:13:32	7:23
771	564	Phillips, David	44	GBR	*Claverdon, Warwick	M65	17	915	2:22:05	5:12:30	5:12:53	7:24
772	484	Brockof, Peter	66	GER	*Duisburg	M45	192	917	2:27:39	5:20:07	5:21:41	7:35
773	404	Stöckl, Sascha	87	GER	Zack Bananas	MM	48	918	2:24:31	5:20:37	5:21:40	7:35
774	457	Trogisch, Mark	86	GER	*Moers	MM	49	919	2:24:31	5:20:38	5:21:41	7:35
775	490	Littfin, Reinhold	53	GER	Lippehasen	M60	33	920	2:27:57	5:21:54	5:23:28	7:37
776	407	Oster, Jürgen	56	GER	*Meerbusch	M55	76	921	2:10:55	5:21:56	5:23:12	7:37
777	442	Paas, Uwe	55	GER	*Meerbusch	M55	77	922	2:08:39	5:21:57	5:23:12	7:37
778	959	Bloch, Norbert	50	GER	BSG Springorum Bochum	M60	34	923	2:18:10	5:26:03	5:27:31	7:43
779	686	Wenda, Herbert	48	GER	TUSEM Essen	M65	18	924	2:33:02	5:27:13	5:28:49	7:45
780	615	Ettwig, Wolfgang	51	GER	OSC 04 Rheinhausen e. V.	M60	35	925	2:31:02	5:32:50	5:33:20	7:53
781	962	Stratmann, Gerhard	58	GER	*Dortmund	M55	78	926	2:35:46	5:35:23	5:37:00	7:56
782	489	Leroi, Roland	68	GER	*Duisburg	M45	193	928	2:25:19	5:39:10	5:40:14	8:02
783	731	Makoi, Dr. Bonaventura	39	GER	*Köln	M70	7	929	2:33:02	5:43:06	5:44:45	8:07
784	530	Radomski, Heinz	63	GER	LC Duisburg	M50	125	930	2:39:20	5:44:40	5:44:46	8:10

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Ergebnisse Männer

Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
785	1925	Pavan, Karl	25	GER	DLRG Duisburg	M85	1	931		5:46:28	5:48:08	8:12
786	495	Descombes, Michel	41	FRA	Spiridon Frankfurt	M70	8	932		5:46:29	5:48:09	8:12

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Ergebnisse Frauen

Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
1	F2004	Rösler, Vanessa	78	GER	LG Olympia Dortmund	W35	1	36	1:27:08	3:02:15	3:02:18	4:19
2	F2003	Krämer, Sabrina	81	GER	LC Duisburg	W30	1	49	1:29:56	3:07:48	3:07:53	4:27
3	F2002	Möller, Antje	69	GER	ASV Duisburg	W40	1	99	1:30:21	3:17:37	3:17:41	4:40
4	F2008	Links, Diana	82	GER	*Maintal	W30	2	108	1:38:19	3:20:06	3:20:23	4:44
5	F2195	Postert, Christiane	74	GER	LG Ems Warendorf	W35	2	121	1:39:05	3:22:44	3:23:07	4:48
6	F2162	Wieckowska, Anna	77	POL	Wimbledon Windmilers	W35	3	127	1:34:01	3:23:11	3:23:27	4:48
7	F2010	Keller, Elke	66	GER	LG Filstal	W45	1	137	1:41:28	3:24:56	3:25:24	4:51
8	F2152	Hawix, Annemarie	71	GER	SV Sonsbeck	W40	2	151	1:43:01	3:25:54	3:26:25	4:52
9	F2161	Duits, Ilona	55	NLD	Groningen Atletiek	W55	1	157	1:41:22	3:26:29	3:26:45	4:53
10	F2160	Fieker, Sabine	72	GER	Homberger TV	W40	3	184	1:41:50	3:28:30	3:28:54	4:56
11	F2186	Bartholomeevsen, Katrien	69	BEL		W40	4	191	1:42:10	3:29:03	3:29:25	4:57
12	F2048	Borodo, Katarzyna	72	GER	*Bochum	W40	5	241	1:42:42	3:35:48	3:36:13	5:06
13	F2012	Hausmann, Annette	69	GER	Etus Wedau	W40	6	243	1:49:07	3:35:51	3:36:27	5:06
14	F2145	Fuchs, Birgit	69	GER	BSG FA Bonn-Innenstadt	W40	7	245	1:45:30	3:36:30	3:36:47	5:07
15	F2151	Gall, Katharina	84	GER	TuS 08 Lintorf	WW	1	247	1:44:05	3:36:50	3:37:18	5:08
16	F2013	Müller, Dr. Kerstin	76	GER	Laufftreff R(h)einknaller	W35	4	263	1:47:34	3:39:05	3:39:35	5:11
17	F2108	Deters, Ute	67	GER	Team ERDINGER Alkoholfrei	W45	2	267	1:50:19	3:39:28	3:40:07	5:12
18	F2139	Barsuhn, Gunda	67	GER	*Berumbur	W45	3	274	1:46:13	3:40:22	3:40:55	5:13
19	F2031	Verheyen, Beate	83	GER	*Monheim	W30	3	281	1:51:35	3:41:22	3:42:05	5:14
20	F2202	Kirchberg, Angelika	67	GER	LC Duisburg	W45	4	283	1:48:56	3:41:27	3:42:02	5:14
21	F2200	Breuer, Sabine	66	GER	LC Duisburg	W45	5	284	1:48:56	3:41:27	3:42:02	5:14
22	F2047	Koay, Melissa	78	AUS	*Muenster	W35	5	285	1:45:21	3:41:27	3:41:57	5:14
23	F2159	Voß, Nadine	89	GER	Laufschule Dortmund by bunert	WW	2	290	1:46:37	3:41:44	3:42:35	5:15
24	F2163	Hempel, Susanne	64	GER	LC Duisburg Marathonkurs	W45	6	300	1:51:37	3:42:40	3:43:21	5:16
25	F2132	Wenzel, Regina	66	GER	Marathonteam Waldhessen	W45	7	308	1:47:54	3:43:37	3:43:57	5:17
26	F2157	Hußmann, Claudia	69	GER	LG Ems Warendorf	W40	8	331	1:50:54	3:44:57	3:45:26	5:19
27	F2019	Göbel, Carina	65	GER	Helios Iron Team	W45	8	345	1:49:48	3:46:25	3:47:43	5:21
28	F2109	Diekmann, Tatjana	67	GER	Helios Iron Team	W45	9	346	1:49:49	3:46:26	3:47:43	5:21
29	F2016	Hommers, Claudia	68	GER	LC Duisburg	W45	10	348	1:51:41	3:47:16	3:47:52	5:23
30	F2165	Tiemeier, Tânia	65	BRA	*Heist	W45	11	369	1:53:57	3:48:47	3:49:43	5:25
31	F2030	Zuschlag, Dr. Daniela	75	GER	5334	W35	6	376	1:57:34	3:49:56	3:50:46	5:26
32	F2062	Switala, Andrea	70	GER	*Remscheid	W40	9	384	1:56:33	3:51:06	3:52:03	5:28
33	F2017	Lerch, Dörthe	71	GER	*Herne	W40	10	411	1:51:40	3:53:24	3:54:08	5:31
34	F2032	Bredenbals, Carmen	80	GER	LGO Bochum	W30	4	419	1:55:31	3:54:14	3:55:05	5:33
35	F2092	Kowitz, Birthe-Elena	77	GER	*Wesel	W35	7	428	1:55:15	3:55:01	3:55:50	5:34
36	F2094	Stümgies, Shirley	93	GER	Deutscher Alpenverein	WU23	1	429	1:51:33	3:55:06	3:55:53	5:34
37	F2021	Lütgert, Sarah	71	GER	*Düsseldorf	W40	11	430	1:56:05	3:55:07	3:55:39	5:34
38	F2020	Schröder, Petra	69	GER	LC Duisburg	W40	12	434	1:53:39	3:55:20	3:56:01	5:34
39	F2029	Seils, Heike	63	GER	Ausdauerschule By Bunert	W50	1	436	1:56:34	3:55:27	3:56:20	5:34
40	F2177	Breitfeld, Anja	65	GER	*Frankfurt	W45	12	459	1:56:53	3:57:02	3:57:52	5:37
41	F2057	Pasch, Anja	81	GER	Ausdauerschule By Bunert	W30	5	461	1:56:21	3:57:11	3:58:03	5:37
42	F2193	Rouge, Christine	72	GER	RCL	W40	13	471	1:51:38	3:57:30	3:58:12	5:37
43	F2052	Henkel, Christiane	65	GER	*Alpen	W45	13	488	1:58:47	3:58:10	3:59:14	5:38
44	F2045	Christ, Carola	62	GER	LG Alpen	W50	2	492	1:58:58	3:58:21	3:59:15	5:38
45	F2036	Leygraf, Sabine	61	GER	LG Alpen	W50	3	494	1:58:57	3:58:22	3:59:16	5:38
46	F2025	Spangemacher, Gaby	71	GER	LT BW Dingden	W40	14	495	1:58:33	3:58:25	3:59:24	5:39
47	F2179	Emmerichs, Andrea	62	GER	LG Vulkaneifel	W50	4	506	1:49:42	3:59:01	3:59:04	5:39
48	F2089	Arnold, Katrin	74	GER	LC Duisburg	W35	8	511	1:56:58	3:59:29	4:00:22	5:40
49	F2138	Wasserfuhr, Barbara	62	GER	Team ERDINGER Alkoholfrei	W50	5	519	1:56:29	4:00:15	4:01:04	5:41
50	F2039	Schickel, Pia	80	GER	*Köln	W30	6	520	1:56:56	4:00:40	4:01:33	5:42
51	F2038	Neubauer, Katja	59	GER	*Duisburg	W50	6	525	1:56:04	4:01:27	4:02:29	5:43
52	F2009	Herder, Frouwkje	58	NLD	*Ravenswoud	W55	2	529	1:55:31	4:02:27	4:02:32	5:44
53	F2164	Stenner-Langen, Wiltrud	65	GER	Lc Phönix Geilenkirchen	W45	14	536	1:58:44	4:03:17	4:04:05	5:45
54	F2169	Blumenberg, Ulrike	67	GER	LC Duisburg Marathonkurs	W45	15	538	1:56:50	4:03:21	4:04:22	5:46
55	F2060	Körner, Andrea	63	GER	*Sonsbeck	W50	7	541	2:01:05	4:03:34	4:04:36	5:46
56	F2044	Creutz, Claudia	62	GER	DLC Aachen	W50	8	549	1:53:33	4:05:15	4:05:43	5:48

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Ergebnisse Frauen

Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
57	F2037	Merz, Kerstin	71	GER	*Kevelaer	W40	15	551	1:57:37	4:05:21	4:06:13	5:48
58	F2184	Dahmen, Ellen	64	GER	Bluesrunners	W45	16	554	2:04:01	4:05:26	4:06:26	5:48
59	F2190	Matthiesen, Claudia	68	GER		W45	17	555	2:00:46	4:05:28	4:06:23	5:49
60	F2170	Kill, Antje	65	GER	*Betzdorf	W45	18	560	2:04:40	4:06:47	4:07:56	5:50
61	F2015	Herrmann, Katrin	65	GER	LC Blueliner	W45	19	563	1:56:17	4:06:53	4:08:04	5:51
62	F2166	Bellwinkel, Inga	71	GER	LC Duisburg	W40	16	564	1:56:54	4:06:53	4:07:55	5:51
63	F2118	Klein, Vanessa	82	GER	*Duisburg	W30	7	567	2:01:25	4:07:43	4:08:42	5:52
64	F2035	Kuo, Lih-Fang	71	GER	*Duisburg	W40	17	568	1:55:36	4:07:52	4:08:41	5:52
65	F2074	Schönhütte, Nicole	73	GER	Awo Lauftreff Do-Asseln	W40	18	571	1:59:37	4:08:06	4:09:01	5:52
66	F2054	Klenovsek, Ulrike	67	GER	AS Neukirchen-Vluyn	W45	20	575	1:58:07	4:08:40	4:09:38	5:53
67	F2099	Ernst, Bärbel	59	GER	Die Stolperer	W50	9	581	2:00:07	4:09:12	4:10:01	5:54
68	F2222	Trinker, Heike	61	GER	*Köln	W50	10	585	2:03:58	4:09:51	4:10:52	5:55
69	F2188	Pummer, Petra	59	GER		W50	11	586	2:03:58	4:09:51	4:10:52	5:55
70	F2141	Schmidt, Ulrike	74	GER	*Neuss	W35	9	592	2:06:22	4:10:45	4:12:00	5:56
71	F2049	Ehrkamp, Anja	86	GER	*Mülheim	WW	3	597	2:05:41	4:11:08	4:12:12	5:57
72	F2028	Moser, Susanne	65	GER	LC Duisburg	W45	21	598	1:57:21	4:11:25	4:12:26	5:57
73	F415	Hübner, Britta	64	GER	LC Duisburg	W45	22	609	2:05:39	4:12:09	4:13:12	5:58
74	F2093	Plümer, Silke	66	GER	*Dortmund	W45	23	613	1:56:06	4:12:22	4:12:55	5:58
75	F2140	Paschant, Silke	82	GER	*Dortmund	W30	8	619	2:05:40	4:13:32	4:14:37	6:00
76	F2136	Winter, Susanne	66	GER	*Duisburg	W45	24	620	2:05:41	4:13:34	4:14:37	6:00
77	F2146	Haberkost, Natascha	68	GER	LT Gruiten-Neandertal	W45	25	630	2:01:53	4:14:43	4:15:42	6:02
78	F2153	Gehre, Lara	70	GER	VFL Bergheide Sterkrade	W40	19	631	1:56:41	4:15:07	4:15:51	6:02
79	F2137	Schaffrath, Eli	70	GER	Laufjunkies	W40	20	637	2:05:16	4:16:24	4:17:21	6:04
80	F2042	Wulf, Annika	86	GER	*Hamminkeln	WW	4	643	1:56:54	4:17:15	4:18:11	6:05
81	F2127	Römpke, Kirsten Katja	88	GER	*Duisburg	WW	5	649	2:05:15	4:17:54	4:19:09	6:06
82	F2173	Jekubczik, Christa	52	GER	LC Duisburg	W60	1	651	2:12:34	4:18:10	4:19:23	6:07
83	F2070	Kern, Nina	71	GER	Skiverein Niederrhein	W40	21	653	2:03:40	4:18:41	4:19:52	6:07
83	F2072	Möllhausen, Trixi	71	GER	Skiverein Niederrhein	W40	21	653	2:03:40	4:18:41	4:19:52	6:07
85	F2168	Horn, Claudia	72	GER	*Usingen	W40	23	655	2:11:18	4:19:08	4:20:26	6:08
86	F2149	Tyrrell, Sophie	87	GBR	*Dental Centre PRB Gutersloh	WW	6	658	2:11:18	4:19:50	4:21:04	6:09
87	F2113	Jankowski, Kirsten	69	GER	Renntiere	W40	24	663	2:01:34	4:20:30	4:21:24	6:10
88	F2172	Dorau, Astrid	61	GER	LT Schöllerhof / Altenberg	W50	12	673	2:05:59	4:22:49	4:23:35	6:13
89	F2191	Mecking, Dr. Betty	67	GER	TEam Erdinger Alkoholfrei	W45	26	684	2:09:06	4:23:56	4:25:09	6:15
90	F2171	Zachow, Doris	67	GER	Team ERDINGER Alkoholfrei	W45	27	703	2:14:48	4:26:08	4:27:38	6:18
91	F2067	Breidenbach, Ilka	67	GER	*Moers	W45	28	709	2:09:57	4:26:37	4:27:58	6:19
92	F2061	Hollstein, Heike	57	GER	LT TBH Düsseldorf	W55	3	711	2:06:17	4:26:49	4:27:53	6:19
93	F2192	Krasselt, Steffi	78	GER	*Bonn	W35	10	712	2:13:48	4:26:55	4:28:02	6:19
94	F2122	Müller-Ehrenberg, Lisa	89	GER	*Münster	WW	7	715	2:06:00	4:27:10	4:28:08	6:19
95	F2117	Klassen, Lea	89	GER	*Duisburg	WW	8	717	2:13:26	4:27:18	4:28:41	6:20
96	F2142	Klein, Andrea	79	GER	*Bochum	W30	9	719	2:12:40	4:27:30	4:28:39	6:20
97	F2174	Konrad, Silke	72	GER	*Oberhausen	W40	25	721	2:13:26	4:27:36	4:28:50	6:20
98	F2114	Jans, Trudis	67	GER	BSG Kreis Wesel	W45	29	727	2:11:16	4:28:13	4:29:32	6:21
99	F430	Heidenreich, Susanne	64	GER	LC Duisburg	W45	30	733	2:13:42	4:28:42	4:29:54	6:22
100	F2055	Koopmann, Christa	56	GER	TV Jahn Hiesfeld	W55	4	738	2:13:06	4:29:02	4:30:10	6:22
101	F2091	Damschen, Daniela	79	GER	*Moers	W30	10	739	1:57:08	4:29:08	4:29:43	6:22
102	F2148	Bone, Beate	67	GER	SF Nordvelen	W45	31	744	2:11:00	4:29:25	4:30:32	6:23
103	F2119	Klöpper, Rita	68	GER	SF Nordvelen	W45	32	745	2:11:00	4:29:25	4:30:32	6:23
104	F2051	Hamm, Annette	63	NLD	LC Duisburg	W50	13	752	1:56:55	4:30:06	4:30:58	6:24
105	F2120	Menssen, Tanja	74	GER	*Remscheid	W35	11	754	2:13:33	4:30:10	4:31:25	6:24
106	F2050	Eis, Jutta	61	GER	*Hannover	W50	14	755	2:05:08	4:30:31	4:31:05	6:24
107	F2097	Klaassen, Annelies	60	NLD	*Eindhoven	W50	15	756	2:11:44	4:30:34	4:31:56	6:24
108	F2080	Szpogan, Susanne	61	GER	Immeo Wohnen Running Team	W50	16	761	2:07:32	4:31:39	4:32:46	6:26
109	F2046	Korgel, Anke	71	GER	LG Donatus Erfstadt	W40	26	764	2:14:05	4:32:11	4:33:24	6:27
110	F2104	Bertram, Maria	46	GER	LT-Alsdorf-Ost	W65	1	765	2:09:09	4:32:13	4:33:22	6:27
111	F2144	Herreilers, Gesa	82	GER	*Oldenburg	W30	11	768	2:16:54	4:32:46	4:34:07	6:27
112	F2180	Mensching, Ilka	72	GER	LC Duisburg	W40	27	773	2:13:27	4:33:19	4:34:33	6:28

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Ergebnisse Frauen

Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
113	F2124	Prim, Marlies	46	GER	TV Stein/Allgäu	W65	2	774	2:06:22	4:33:32	4:34:40	6:28
114	F2158	Dräger, Silke	75	GER	Laufschule Dortmund by bunert	W35	12	785	2:05:26	4:35:18	4:36:09	6:31
115	F2143	Homann, Jutta	69	GER	LSF Münster	W40	28	802	2:11:33	4:38:39	4:39:36	6:36
116	F2126	Risch, Bettina	62	GER	TV Jahn Hiesfeld	W50	17	803	2:16:26	4:38:42	4:39:50	6:36
117	F2081	Voigt-Lehmann, Petra	65	GER	*Mülheim	W45	33	804	2:09:22	4:39:00	4:40:05	6:36
118	F2023	Otten, Inge	55	GER	Sparkasse Am Niederrhein	W55	5	806	1:59:51	4:39:32	4:40:26	6:37
119	F2194	Drell, Julia	77	GER	*Rheinberg	W35	13	807	2:12:17	4:39:52	4:41:09	6:37
120	F2123	Nicklaus, Dagmar	58	GER	Klb2000	W55	6	808	2:11:48	4:39:55	4:41:03	6:38
121	F2053	Hilgert, Barbara	57	GER	LG Alpen	W55	7	814	2:13:03	4:40:55	4:42:04	6:39
122	F2041	Voll, Susanne	66	GER	Krefelder Kanu Klub	W45	34	825	2:13:30	4:43:12	4:44:27	6:42
123	F2075	Moik, Birgit	54	GER	LT Bittermark Dortmund	W55	8	830	2:13:49	4:43:39	4:44:55	6:43
124	F2065	Wilhelm, Frauke	68	GER	*Essen	W45	35	831	2:19:11	4:43:45	4:45:04	6:43
125	F2130	Stempel, Sandra	86	GER	*Köln	WW	9	836	2:22:40	4:44:21	4:45:55	6:44
126	F2076	Rademaker, Anne	90	GER	*Koblenz	WW	10	839	2:22:45	4:44:26	4:45:54	6:44
127	F2131	Thie, Carola	71	GER	*Alpen	W40	29	845	2:21:38	4:45:47	4:47:14	6:46
128	F2069	Jablonka, Angela	59	GER	Wir bei HKM	W50	18	850	2:21:38	4:48:06	4:49:33	6:49
129	F2082	Wieczorek, Alba	76	GER	*Dortmund	W35	14	869	2:23:50	4:53:19	4:54:54	6:57
130	F2011	van Mourik, Neel	59	NLD	*Ravenswoud	W50	19	870	2:16:13	4:54:32	4:54:38	6:58
131	F2096	Jeske, Anke	63	GER	Syker Lauftreff	W50	20	872	2:15:25	4:54:54	4:56:13	6:59
132	F2083	Kahl-Lhotak, Katja	69	GER	TV Jahn Hiesfeld	W40	30	875	2:23:46	4:55:21	4:56:54	6:59
133	F2071	Lohmann, Ulla	65	GER	LT Gruiten-Neandertal	W45	36	879	2:23:42	4:55:41	4:57:13	7:00
134	F2112	Giese, Petra	67	GER	*Bochum	W45	37	880	2:23:22	4:55:55	4:57:05	7:00
135	F2176	Lindner, Nadine	79	GER	*Duisburg	W30	12	885	2:19:23	4:58:58	5:00:00	7:05
136	F2077	Hamann, Brigitta	63	GER	*Bergisch Gladbach	W50	21	891	2:24:30	5:00:30	5:01:53	7:07
137	F2178	Cavaleiro, Dr. Claudia	70	GER	OSC Waldniel	W40	31	892	2:21:10	5:00:41	5:01:01	7:07
138	F2129	Schneider, Sabine	63	GER	Team ERDINGER Alkoholfrei	W50	22	893	2:20:30	5:00:42	5:01:19	7:07
139	F2079	Sisenop, Rebecca	80	GER	*Oerlinghausen	W30	13	894	2:13:58	5:00:49	5:02:04	7:07
140	F2183	Koch, Sonja	69	GER	*Herten	W40	32	895	2:21:13	5:01:00	5:02:17	7:07
141	F2125	Quinkenstein, Simone	68	GER	*Waltrop	W45	38	899	2:22:57	5:04:58	5:06:32	7:13
142	F2175	Karges, Simone	75	GER	CJD Dortmund	W35	15	900	2:23:21	5:05:22	5:06:32	7:14
143	F2185	Weidemann, Ulrike	61	GER	*Wesel	W50	23	905	2:21:39	5:07:49	5:09:16	7:17
144	F2066	Böttcher, Tippi	70	GER	*Bochum	W40	33	910	2:20:15	5:09:47	5:11:03	7:20
145	F2134	Wieners, Sandra	72	GER	*Sprockhövel	W40	34	916	2:23:09	5:14:11	5:15:39	7:26
146	F2087	Federholzner, Heike	67	GER	*Dortmund	W45	39	927	2:32:40	5:35:50	5:37:26	7:57
147	F2102	Mertens, Heike	62	GER	*Krefeld	W50	24	933	2:41:36	5:55:16	5:56:53	8:25
148	F2103	Orelia, Gabi	61	GER	LT Gruiten-Neandertal	W50	25	934	2:41:40	5:55:23	5:56:56	8:25
149	F2086	Wertz, Renate	47	GER	100 Marathon Club	W65	3	935	2:36:02	5:56:48	5:57:45	8:27