

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer MU18

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-------------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 1 | 4896 | Jakobs, Maximilian | 98 | GER | TuSpo Huckingen | 21 | 22 | 1:21:38 | 1:21:40 | 3:52 |
| 2 | 3599 | Gietmann, Lukas Leander | 97 | GER | TSV Weeze 1910/19 | 92 | 100 | 1:29:54 | 1:30:03 | 4:15 |
| 3 | 4368 | Schwerd, Timo | 98 | GER | *Bochum | 358 | 394 | 1:42:07 | 1:43:42 | 4:50 |
| 4 | 3400 | Schroer, Tim | 98 | GER | WTV Wesel | 378 | 417 | 1:42:36 | 1:42:44 | 4:51 |
| 5 | 4202 | Läthe, Preben | 97 | GER | *Bochum | 449 | 493 | 1:44:08 | 1:45:09 | 4:56 |
| 6 | 4256 | Musholt, Lars | 97 | GER | *Bocholt | 533 | 598 | 1:46:17 | 1:47:00 | 5:02 |
| 7 | 4071 | Frank, Clemens | 97 | GER | *Duisburg | 697 | 796 | 1:49:59 | 1:52:05 | 5:12 |
| 8 | 4509 | van der Heyden, Hannes | 98 | GER | Otto-Hahn-Gymnasium Dinslaken | 806 | 925 | 1:52:45 | 1:54:27 | 5:20 |
| 9 | 4881 | Siebecke, Jannis | 97 | GER | LC Duisburg | 1092 | 1295 | 1:58:16 | 2:00:03 | 5:36 |
| 10 | 4408 | Tumeltshammer, Sören | 97 | GER | Ronsdorfer SG | 1118 | 1336 | 1:58:41 | 1:59:28 | 5:37 |
| 11 | 3804 | Schmitz, Hendrik | 97 | GER | *Duisburg | 1378 | 1763 | 2:09:23 | 2:11:39 | 6:07 |
| 12 | 4835 | Unland, Robin | 97 | GER | Ortho Spina | 1478 | 1942 | 2:13:13 | 2:15:56 | 6:18 |

Ergebnisse Männer MU20

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|----------------------|----|-----|---------------------------|-------|------|---------|---------|------|
| 1 | 4703 | Kniffka, Marvin | 96 | GER | LA SV Herten | 53 | 57 | 1:26:29 | 1:26:32 | 4:05 |
| 2 | 3643 | Seils, Thilo | 95 | GER | Willy-Brandt-Schule | 97 | 106 | 1:30:05 | 1:30:14 | 4:16 |
| 3 | 3783 | Höll, Joshua | 96 | GER | *Mülheim | 130 | 140 | 1:31:46 | 1:31:58 | 4:20 |
| 4 | 3957 | Tönshoff, Jan | 95 | GER | Triple T | 170 | 184 | 1:34:28 | 1:34:38 | 4:28 |
| 5 | 3628 | Diepmans, Lennart | 95 | GER | Willy-Brandt-Schule | 282 | 308 | 1:39:31 | 1:40:01 | 4:42 |
| 6 | 3630 | Weinzierl, Alexander | 96 | GER | Willy-Brandt-Schule | 323 | 354 | 1:41:09 | 1:41:40 | 4:47 |
| 7 | 4308 | Reintges, Marius | 95 | GER | *Breitscheid | 428 | 470 | 1:43:42 | 1:43:53 | 4:54 |
| 8 | 3632 | Seidler, Dominik | 95 | GER | Willy-Brandt-Schule | 528 | 592 | 1:46:10 | 1:46:30 | 5:01 |
| 9 | 4309 | Reintges, Tobias | 95 | GER | *Breitscheid | 564 | 634 | 1:46:58 | 1:47:41 | 5:04 |
| 10 | 4864 | Zerres, Dominik | 96 | GER | *Duisburg | 631 | 713 | 1:48:34 | 1:49:43 | 5:08 |
| 11 | 3612 | Heckhoff, Julian | 95 | GER | Willy-Brandt-Schule | 1154 | 1394 | 2:00:00 | 2:01:56 | 5:41 |
| 12 | 3572 | Rundt, Robin Alex | 96 | GER | Willy-Brandt-Schule | 1230 | 1524 | 2:03:14 | 2:05:11 | 5:50 |
| 13 | 3616 | Eickmann, Niklas | 96 | GER | Willy-Brandt-Schule | 1281 | 1604 | 2:05:13 | 2:07:10 | 5:56 |
| 14 | 3633 | Proksch, Ansgar | 95 | GER | Willy-Brandt-Schule | 1289 | 1613 | 2:05:28 | 2:07:25 | 5:56 |
| 15 | 3640 | Sedzicki, Philipp | 95 | GER | Willy-Brandt-Schule | 1292 | 1617 | 2:05:39 | 2:07:37 | 5:57 |
| 16 | 4375 | Sill, Jonas | 96 | GER | Willy-brandt-gesamtschule | 1296 | 1624 | 2:05:48 | 2:08:12 | 5:57 |
| 17 | 3639 | Ecki, Markus | 96 | GER | Willy-Brandt-Schule | 1313 | 1652 | 2:06:26 | 2:08:23 | 5:59 |
| 18 | 4393 | Tews, Daniel | 95 | GER | Willy-brandt-gesamtschule | 1333 | 1686 | 2:07:37 | 2:09:59 | 6:02 |
| 19 | 4299 | Radloff, Patrick | 95 | GER | Willy-brandt-gesamtschule | 1422 | 1844 | 2:11:23 | 2:13:47 | 6:13 |
| 20 | 4390 | Taqi, Ali | 96 | GER | Willy-brandt-gesamtschule | 1492 | 1973 | 2:13:49 | 2:16:09 | 6:20 |
| 21 | 4257 | Musialik, Adrian | 95 | GER | Willy-brandt-gesamtschule | 1496 | 1977 | 2:13:49 | 2:16:09 | 6:20 |
| 22 | 4198 | Lakowitz, Robin | 96 | GER | Willy-brandt-gesamtschule | 1497 | 1978 | 2:13:49 | 2:16:09 | 6:20 |
| 23 | 3972 | Acar, Ömer | 95 | GER | Willy-brandt-gesamtschule | 1571 | 2116 | 2:19:27 | 2:21:47 | 6:36 |

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Ergebnisse Männer MU23

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-------------------------|----|-----|----------------------------------|-------|------|---------|---------|------|
| 1 | 4609 | Cegla, Max | 93 | GER | LA SV Herten | 37 | 40 | 1:23:52 | 1:23:55 | 3:58 |
| 2 | 3596 | Frank, Matthias | 93 | GER | *Duisburg | 50 | 54 | 1:26:14 | 1:26:19 | 4:05 |
| 3 | 4582 | Banaszak, Patrick | 93 | GER | LA SV Herten | 86 | 94 | 1:29:46 | 1:29:52 | 4:15 |
| 4 | 8102 | Aufmuth, Florian | 92 | GER | *Duisburg | 205 | 222 | 1:36:28 | 1:38:06 | 4:34 |
| 5 | 3884 | Weber, Frederik | 92 | GER | Essener Leichtathletikverein | 217 | 236 | 1:37:02 | 1:37:11 | 4:35 |
| 6 | 4916 | Weenen, Marc | 92 | GER | *Wachtendonk | 226 | 245 | 1:37:28 | 1:37:55 | 4:37 |
| 7 | 3624 | Detering, Ricardo | 92 | GER | *Duisburg | 461 | 507 | 1:44:25 | 1:44:45 | 4:56 |
| 8 | 4104 | Heinrich, Florian | 93 | GER | *Bocholt | 473 | 519 | 1:44:38 | 1:45:45 | 4:57 |
| 9 | 4066 | Fischer, Tim | 93 | GER | *Schwerte | 587 | 661 | 1:47:22 | 1:49:19 | 5:05 |
| 10 | 4176 | Kost, Sebastian | 93 | GER | *Schwerte | 588 | 662 | 1:47:22 | 1:49:20 | 5:05 |
| 11 | 4118 | Höltgen, Christian | 94 | GER | *Essen | 616 | 695 | 1:48:05 | 1:49:02 | 5:07 |
| 12 | 4317 | Rojacher, Christian | 92 | GER | *Köln | 700 | 799 | 1:50:05 | 1:51:45 | 5:13 |
| 13 | 4425 | Westermeier, Robin | 94 | GER | *Dortmund | 717 | 820 | 1:50:29 | 1:50:57 | 5:14 |
| 14 | 3793 | Mücke, Pierre-Alexander | 93 | GER | *Düsseldorf | 718 | 821 | 1:50:29 | 1:50:57 | 5:14 |
| 15 | 5045 | Arslan, Ayetin | 94 | ENG | *Leeds | 747 | 857 | 1:51:26 | 1:52:20 | 5:16 |
| 16 | 4286 | Pick, Daniel | 92 | GER | BFO | 790 | 905 | 1:52:23 | 1:53:51 | 5:19 |
| 17 | 4206 | Lehnert, Niklas | 94 | GER | *Düsseldorf | 810 | 930 | 1:52:50 | 1:54:28 | 5:20 |
| 18 | 5022 | Aengenheyster, Florian | 92 | GER | *Geldern | 815 | 935 | 1:52:53 | 1:54:45 | 5:20 |
| 19 | 5020 | Wißen, Leon | 94 | GER | *Geldern | 816 | 936 | 1:52:53 | 1:54:45 | 5:21 |
| 20 | 4106 | Held, Marcel | 93 | GER | *Essen | 928 | 1068 | 1:55:06 | 1:57:10 | 5:27 |
| 21 | 4893 | Althans, Julian | 94 | GER | TMJ Duisburg | 967 | 1119 | 1:55:52 | 1:57:33 | 5:29 |
| 22 | 4342 | Schmidt, Dr. Totti | 93 | GER | Borussia Bocholt | 976 | 1129 | 1:56:04 | 1:57:57 | 5:30 |
| 23 | 4272 | Ortmann, Sven | 94 | GER | *Bottrop | 983 | 1139 | 1:56:09 | 1:57:40 | 5:30 |
| 24 | 4333 | Schedel, Daniel | 94 | GER | *Schwerte | 1060 | 1251 | 1:57:49 | 1:59:46 | 5:35 |
| 25 | 4539 | Dirksen, Leon | 94 | GER | *Münster | 1195 | 1470 | 2:02:04 | 2:03:10 | 5:47 |
| 26 | 4353 | Scholten, Fabian | 92 | GER | *Hattingen | 1221 | 1511 | 2:02:56 | 2:03:11 | 5:49 |
| 27 | 4145 | Kasper, Felix | 93 | GER | *Marienheide | 1262 | 1574 | 2:04:42 | 2:04:56 | 5:54 |
| 28 | 4029 | Büschken, Alexander | 94 | GER | *Oberhausen | 1265 | 1577 | 2:04:44 | 2:06:24 | 5:54 |
| 29 | 4005 | Bistriz, Philipp | 93 | GER | *Oberhausen | 1268 | 1583 | 2:04:52 | 2:06:33 | 5:55 |
| 30 | 4346 | Schneider, Julius | 94 | GER | Willy-brandt-gesamtschule | 1300 | 1630 | 2:05:51 | 2:08:12 | 5:57 |
| 31 | 4111 | Heyligers, Andre | 92 | GER | *Velbert | 1307 | 1640 | 2:06:05 | 2:08:19 | 5:58 |
| 32 | 4882 | Hax, Jakob | 92 | GER | *Duisburg | 1367 | 1748 | 2:09:06 | 2:10:41 | 6:07 |
| 33 | 3583 | Weichelt, Peter | 92 | GER | DT66517 | 1441 | 1871 | 2:11:57 | 2:13:58 | 6:15 |
| 34 | 4679 | Issel, Florian | 92 | GER | *Oberhausen | 1452 | 1893 | 2:12:27 | 2:14:29 | 6:16 |
| 35 | 4326 | Saleh, Yadast | 93 | GER | Willy-brandt-gesamtschule | 1494 | 1975 | 2:13:49 | 2:16:09 | 6:20 |
| 36 | 4505 | Poll, Benni | 92 | GER | BSG Wirtschaftsbetriebe Duisburg | 1520 | 2015 | 2:15:02 | 2:16:49 | 6:23 |
| 37 | 4193 | Kummer, Manuel | 92 | GER | *Essen | 1611 | 2209 | 2:24:00 | 2:24:58 | 6:49 |

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Ergebnisse Männer MM

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|--------------------------|----|-----|------------------------|-------|-----|---------|---------|------|
| 1 | 3002 | Grunenberg, Karol | 87 | GER | ASV Duisburg | 1 | 1 | 1:07:19 | 1:07:21 | 3:11 |
| 2 | 4780 | Risko, Sebastian | 91 | GER | Mönchengladbacher LG | 3 | 3 | 1:15:35 | 1:15:37 | 3:34 |
| 3 | 3212 | Bizjak, Daniel Alexander | 89 | GER | LG Senk&Spreizfuß | 10 | 10 | 1:17:34 | 1:17:36 | 3:40 |
| 4 | 3850 | Jenne, Fabian | 90 | GER | SG Wenden | 15 | 16 | 1:18:52 | 1:18:54 | 3:44 |
| 5 | 3331 | Lenz, Jonas | 90 | GER | LT Bittermark Dortmund | 31 | 34 | 1:22:59 | 1:23:04 | 3:55 |
| 6 | 3634 | Rouhiainen, Ristomatti | 85 | FIN | *Bochum | 32 | 35 | 1:23:31 | 1:23:35 | 3:57 |
| 7 | 4031 | Claaßen, Mike | 87 | GER | LG Alpen | 33 | 36 | 1:23:37 | 1:23:39 | 3:57 |
| 8 | 4546 | Hahn, Hendrik | 85 | GER | Siempelkamp | 35 | 38 | 1:23:39 | 1:23:42 | 3:57 |
| 9 | 4717 | Laumann, Marco | 90 | GER | TUSEM Essen | 39 | 42 | 1:23:59 | 1:24:04 | 3:58 |
| 10 | 3664 | Jenne, Frank | 88 | GER | LT Olpe | 46 | 50 | 1:25:49 | 1:25:58 | 4:04 |
| 11 | 4392 | Teune, Mario | 90 | GER | LSG Rosenthal-Ahaus | 49 | 53 | 1:26:12 | 1:26:17 | 4:05 |
| 12 | 4963 | Klein, Chris | 86 | GER | *Aschaffenburg | 74 | 82 | 1:29:10 | 1:29:17 | 4:13 |
| 13 | 3752 | Schnurr, Matthias | 86 | GER | SCC Berlin Triathlon | 77 | 85 | 1:29:14 | 1:29:18 | 4:13 |
| 14 | 4451 | Mölders, Daniel | 87 | GER | *Wesel | 80 | 88 | 1:29:25 | 1:29:34 | 4:14 |
| 15 | 4430 | Wingender, Jelte | 85 | GER | *Duisburg | 90 | 98 | 1:29:52 | 1:30:28 | 4:15 |
| 16 | 4449 | Tschammler, Dr. Deniz | 85 | GER | *Düsseldorf | 109 | 118 | 1:30:24 | 1:30:32 | 4:17 |
| 17 | 4749 | Panek, Milan | 91 | GER | *Duisburg | 110 | 119 | 1:30:37 | 1:31:02 | 4:17 |
| 18 | 5021 | Schmelzer, Kevin | 90 | GER | *Issum | 113 | 122 | 1:30:44 | 1:30:58 | 4:18 |
| 19 | 4708 | Krebs, Sebastian | 88 | GER | *Kempen | 116 | 126 | 1:30:55 | 1:31:20 | 4:18 |
| 20 | 5046 | Craig, Robert | 90 | ENG | *Plymoth | 124 | 134 | 1:31:24 | 1:32:18 | 4:19 |
| 21 | 4633 | Fenner, Pascal | 91 | GER | *Düsseldorf | 125 | 135 | 1:31:25 | 1:31:42 | 4:19 |
| 22 | 4032 | Coleman, Samuel | 90 | GER | *Soest | 131 | 141 | 1:32:01 | 1:32:06 | 4:21 |
| 23 | 3978 | Aps, Christian | 90 | GER | Cool Runnings | 153 | 164 | 1:33:23 | 1:33:43 | 4:25 |
| 24 | 4237 | Micus, Moritz | 86 | GER | *Wuppertal | 156 | 168 | 1:33:37 | 1:33:56 | 4:26 |
| 25 | 4730 | May, Daniel T. | 86 | GER | *Düsseldorf | 158 | 171 | 1:33:47 | 1:34:08 | 4:26 |
| 26 | 4093 | Grund, Markus | 88 | GER | *Dortmund | 190 | 207 | 1:35:32 | 1:35:57 | 4:31 |
| 27 | 4164 | Knüchel, Benjamin | 88 | GER | *Wiehl | 199 | 216 | 1:35:56 | 1:36:26 | 4:32 |
| 28 | 4201 | Langwald, Fabian | 89 | GER | *Dortmund | 200 | 217 | 1:36:05 | 1:36:34 | 4:33 |
| 29 | 4354 | Scholz, Andreas | 86 | GER | *Duisburg | 210 | 228 | 1:36:37 | 1:37:02 | 4:34 |
| 30 | 4002 | Berger, Mathias | 89 | GER | Cool Runnings | 218 | 237 | 1:37:05 | 1:37:25 | 4:36 |
| 31 | 4133 | Jakobs, Simon | 87 | GER | *Moers | 234 | 253 | 1:37:47 | 1:38:19 | 4:38 |
| 32 | 3781 | Schepers, Mike | 85 | GER | *Gescher | 237 | 256 | 1:37:56 | 1:38:14 | 4:38 |
| 33 | 3856 | Held, Dr. Thomas | 85 | GER | *Duisburg | 252 | 274 | 1:38:35 | 1:39:06 | 4:40 |
| 34 | 4361 | Schulte, Marcel | 85 | GER | *Mülheim an der Ruhr | 261 | 284 | 1:38:58 | 1:39:23 | 4:41 |
| 35 | 4011 | Bonney, Gregor | 87 | GER | *Aachen | 266 | 289 | 1:39:08 | 1:39:43 | 4:41 |
| 36 | 3989 | Barthel, Christopher | 87 | GER | *Sendenhorst | 278 | 302 | 1:39:26 | 1:39:50 | 4:42 |
| 37 | 3148 | Grotemeyer, Niklas | 88 | GER | *Dortmund | 295 | 324 | 1:39:54 | 1:40:25 | 4:44 |
| 38 | 3268 | Willwacher, Jens | 86 | GER | *Mülheim an der Ruhr | 299 | 328 | 1:40:09 | 1:40:49 | 4:44 |
| 39 | 3593 | Bartkowiak, Sascha | 89 | GER | *Herne | 306 | 335 | 1:40:26 | 1:40:58 | 4:45 |
| 40 | 4637 | Fontana, Fabian | 85 | GER | Feuerwehr Bochum | 311 | 342 | 1:40:34 | 1:40:48 | 4:45 |
| 41 | 4062 | Evermann, Lars | 88 | GER | Rheine | 314 | 345 | 1:40:43 | 1:41:01 | 4:46 |
| 42 | 4569 | Wolf, Frank | 87 | GER | Siempelkamp | 317 | 348 | 1:40:48 | 1:41:07 | 4:46 |
| 43 | 4752 | Pappenfuss, Marius | 91 | GER | LA SV Herten | 318 | 349 | 1:40:48 | 1:40:55 | 4:46 |
| 44 | 4094 | Grüne, Florian | 87 | GER | *Braunschweig | 322 | 353 | 1:41:04 | 1:41:49 | 4:47 |
| 45 | 3603 | Leopold, Kevin | 91 | GER | *Ochtrup | 324 | 355 | 1:41:09 | 1:42:37 | 4:47 |
| 46 | 4322 | Rozsa, Ferenc | 86 | HUN | *Duisburg | 335 | 366 | 1:41:28 | 1:42:23 | 4:48 |
| 47 | 4277 | Palmer, Martin | 87 | GER | *Münster | 366 | 404 | 1:42:21 | 1:42:52 | 4:51 |
| 48 | 3861 | Leimbach, André | 87 | GER | *Duisburg | 377 | 416 | 1:42:36 | 1:42:56 | 4:51 |
| 49 | 4149 | Kempen, Martin | 90 | GER | *Herzogenrath | 379 | 418 | 1:42:37 | 1:43:18 | 4:51 |
| 50 | 3066 | Ball, Tobias | 87 | GER | *Bochum | 385 | 425 | 1:42:51 | 1:45:41 | 4:52 |
| 51 | 4892 | Juhas, Marcel | 90 | GER | *Duisburg | 387 | 427 | 1:42:52 | 1:43:58 | 4:52 |
| 52 | 4578 | Armiento, Patrick | 91 | GER | *Duisburg | 388 | 428 | 1:42:53 | 1:43:19 | 4:52 |
| 53 | 4248 | Mrugalski, Jörg | 85 | GER | Marathon Loenstrup | 392 | 432 | 1:43:03 | 1:43:14 | 4:53 |

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Ergebnisse Männer MM

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|------------------------|----|-----|-------------------------------------|-------|-----|---------|---------|------|
| 54 | 4221 | Lutz, Christian | 89 | GER | *Duisburg | 394 | 434 | 1:43:05 | 1:43:29 | 4:53 |
| 55 | 3849 | Stracke, Florian | 87 | GER | *Hagen | 418 | 460 | 1:43:31 | 1:43:59 | 4:54 |
| 56 | 3597 | Kasperkowitz, Nico | 87 | GER | Team ERDINGER Alkoholfrei | 430 | 472 | 1:43:44 | 1:44:08 | 4:54 |
| 57 | 3950 | Hagemann, Christian | 85 | GER | *Dortmund | 444 | 487 | 1:44:02 | 1:44:38 | 4:55 |
| 58 | 4377 | Sommer, Heiko | 86 | GER | *Mülheim | 453 | 498 | 1:44:12 | 1:44:51 | 4:56 |
| 59 | 3822 | Feirer, Alexander | 87 | GER | *Duisburg | 464 | 510 | 1:44:26 | 1:44:53 | 4:56 |
| 60 | 3959 | Mayer, Martin | 87 | GER | *Bubesheim | 467 | 513 | 1:44:28 | 1:44:43 | 4:57 |
| 61 | 4068 | Fotschki, Bartosz | 87 | POL | AKM Olsztyn | 498 | 549 | 1:45:16 | 1:45:44 | 4:59 |
| 62 | 4959 | Schlösser, Klaus | 87 | GER | *Aldenhoven | 502 | 555 | 1:45:30 | 1:46:17 | 4:59 |
| 63 | 4949 | Weysters, Dominic | 86 | GER | 1. SC Guel | 520 | 576 | 1:45:54 | 1:46:32 | 5:01 |
| 64 | 3826 | Negraszus, Stephan | 91 | GER | *Oberhausen | 525 | 586 | 1:46:05 | 1:46:58 | 5:01 |
| 65 | 3322 | Hayna, Kevin | 85 | GER | *Duisburg | 529 | 593 | 1:46:12 | 1:47:16 | 5:01 |
| 66 | 4063 | Feck, Nico | 91 | GER | *Mannheim | 534 | 600 | 1:46:18 | 1:47:56 | 5:02 |
| 67 | 4058 | Erwes, Alexander | 89 | GER | BFO | 536 | 602 | 1:46:20 | 1:47:37 | 5:02 |
| 68 | 3622 | Wagner, Andreas | 87 | GER | *Duisburg | 544 | 611 | 1:46:27 | 1:46:52 | 5:02 |
| 69 | 4443 | Zimmermann, Tobias | 86 | GER | *Mülheim | 553 | 621 | 1:46:40 | 1:47:21 | 5:03 |
| 70 | 4177 | Kötter, Stephan | 88 | GER | *Dortmund | 554 | 623 | 1:46:44 | 1:48:49 | 5:03 |
| 71 | 4922 | Heider, Sebastian | 86 | GER | *Duisburg | 558 | 627 | 1:46:49 | 1:47:45 | 5:03 |
| 72 | 4159 | Klein, Martin | 87 | GER | *Dortmund | 576 | 648 | 1:47:10 | 1:48:28 | 5:04 |
| 73 | 3314 | Wink, Matthias | 91 | GER | *Herdecke | 595 | 670 | 1:47:35 | 1:48:49 | 5:05 |
| 74 | 4622 | Eming, Peter | 90 | GER | Sportfreunde Ententeich | 626 | 706 | 1:48:20 | 1:49:14 | 5:08 |
| 75 | 4599 | Bohle, Marc | 86 | GER | TEAM ELG | 636 | 722 | 1:48:52 | 1:49:55 | 5:09 |
| 76 | 3773 | Huckenbeck, Torben | 87 | GER | *Wuppertal | 643 | 730 | 1:48:59 | 1:50:14 | 5:09 |
| 77 | 4234 | Mertmann, Philipp | 89 | GER | *Dortmund | 651 | 743 | 1:49:07 | 1:51:09 | 5:10 |
| 78 | 4372 | Shoosmith, Matt | 85 | GBR | *Dusseldorf | 655 | 748 | 1:49:09 | 1:49:24 | 5:10 |
| 79 | 4532 | Begovic, André | 85 | GER | *Wülfrath | 660 | 753 | 1:49:12 | 1:50:56 | 5:10 |
| 80 | 4110 | Herrgesell, Michael | 88 | GER | *Recklinghausen | 662 | 756 | 1:49:16 | 1:50:17 | 5:10 |
| 81 | 4649 | Görges, Jens | 88 | GER | *Herne | 664 | 758 | 1:49:19 | 1:50:04 | 5:10 |
| 82 | 4763 | Pohl, Fabian | 86 | GER | *Bochum | 672 | 767 | 1:49:24 | 1:50:08 | 5:11 |
| 83 | 3561 | Smoczynski, Florian | 85 | GER | *Oberhausen | 676 | 771 | 1:49:27 | 1:50:20 | 5:11 |
| 84 | 4980 | Pottgießer, Dominic | 87 | GER | *Essen | 677 | 773 | 1:49:29 | 1:49:52 | 5:11 |
| 85 | 4727 | Maciossek, Damian | 88 | GER | *Velbert | 713 | 815 | 1:50:22 | 1:51:45 | 5:13 |
| 86 | 4067 | Föcker, Hermann | 87 | GER | *Essen | 719 | 822 | 1:50:31 | 1:51:43 | 5:14 |
| 87 | 86 | Schwerdtfeger, Torsten | 86 | GER | *Essen | 721 | 824 | 1:50:34 | 1:52:16 | 5:14 |
| 88 | 4676 | Hubrich, Christopher | 89 | GER | *Velbert | 726 | 831 | 1:50:44 | 1:52:07 | 5:14 |
| 89 | 4331 | Schaubach, Sebastian | 87 | GER | *Mülheim Ruhr | 734 | 841 | 1:50:53 | 1:51:33 | 5:15 |
| 90 | 4401 | Todt, Jonathan | 88 | GER | *Mülheim an der Ruhr | 736 | 843 | 1:50:54 | 1:52:17 | 5:15 |
| 91 | 3558 | Thiel, Fabian | 90 | GER | SSG Sparkasse Lippstadt | 739 | 846 | 1:51:05 | 1:52:46 | 5:15 |
| 92 | 4305 | Ratz, Rene | 85 | GER | BFO | 744 | 853 | 1:51:19 | 1:51:52 | 5:16 |
| 93 | 4247 | Mratschowski, David | 87 | GER | BFO | 757 | 868 | 1:51:34 | 1:54:32 | 5:17 |
| 94 | 3557 | Schumacher, Torsten | 89 | GER | BFO | 766 | 877 | 1:51:43 | 1:52:15 | 5:17 |
| 95 | 4169 | Koczwarra, Mirco | 89 | GER | *Meinerzhagen | 767 | 878 | 1:51:45 | 1:53:14 | 5:17 |
| 96 | 4312 | Rensmann, Florian | 88 | GER | BFO | 768 | 879 | 1:51:48 | 1:53:05 | 5:17 |
| 97 | 3023 | Aufmuth, Alexander | 87 | GER | TGV Duisburg 08 | 792 | 907 | 1:52:24 | 1:52:59 | 5:19 |
| 98 | 4580 | Aulich, Frederik | 91 | GER | *Duisburg | 793 | 908 | 1:52:27 | 1:52:48 | 5:19 |
| 99 | 4588 | Becker, Dominic | 88 | GER | *Goch | 798 | 917 | 1:52:37 | 1:53:46 | 5:20 |
| 100 | 3282 | Lim, Michael | 90 | GER | *Essen | 809 | 929 | 1:52:49 | 1:54:27 | 5:20 |
| 101 | 3573 | Kaub, Rafael | 86 | GER | *Dinslaken | 840 | 969 | 1:53:24 | 1:54:51 | 5:22 |
| 102 | 4229 | Maxwill, Paul | 90 | GER | *Kevelaer | 846 | 975 | 1:53:29 | 1:54:28 | 5:22 |
| 103 | 3903 | Schneider, Nico | 88 | GER | *Duisburg | 855 | 985 | 1:53:39 | 1:55:12 | 5:23 |
| 104 | 3405 | Pudleiner, Tim | 87 | GER | *Bonn | 860 | 991 | 1:53:48 | 1:54:42 | 5:23 |
| 105 | 3602 | Ortmann, Roman | 86 | GER | Ski- und Sportteam Duisburg '05 e.V | 861 | 992 | 1:53:50 | 1:55:40 | 5:23 |
| 106 | 4689 | Kasper, Gordian | 88 | GER | *Greifswald | 863 | 994 | 1:53:51 | 1:55:17 | 5:23 |

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Ergebnisse Männer MM

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|---------------------------|----|-----|-------------------------------------|-------|------|---------|---------|------|
| 107 | 4438 | Wosab, Daniel | 88 | GER | *Duisburg | 866 | 997 | 1:53:55 | 1:55:46 | 5:23 |
| 108 | 4284 | Peters, Börje | 91 | GER | *Duisburg | 867 | 998 | 1:53:55 | 1:55:46 | 5:23 |
| 109 | 3983 | Aulke, Simon | 86 | GER | *olfen | 876 | 1008 | 1:54:09 | 1:55:26 | 5:24 |
| 110 | 3343 | Scholz, Matthias | 85 | GER | 1902 | 877 | 1009 | 1:54:09 | 1:55:23 | 5:24 |
| 111 | 3992 | Beck, Tim | 91 | GER | *Duisburg | 879 | 1012 | 1:54:17 | 1:54:57 | 5:24 |
| 112 | 4092 | Groß, Tim | 91 | GER | *Duisburg | 882 | 1016 | 1:54:22 | 1:55:02 | 5:25 |
| 113 | 3528 | Marten, Kai | 91 | GER | *Oberhausen | 907 | 1044 | 1:54:42 | 1:55:35 | 5:26 |
| 114 | 4572 | Zimmer, Sebastian | 85 | GER | *Oer Erkenschwick | 915 | 1054 | 1:54:58 | 1:55:48 | 5:26 |
| 115 | 4917 | Kempa, Sascha | 88 | GER | ASV Duisburg | 936 | 1081 | 1:55:12 | 1:56:16 | 5:27 |
| 116 | 3357 | Maßmann, Armin | 90 | GER | *Duisburg | 943 | 1089 | 1:55:18 | 1:56:11 | 5:27 |
| 117 | 3876 | Burs, David | 86 | GER | *Duisburg | 945 | 1092 | 1:55:21 | 1:55:59 | 5:28 |
| 118 | 3969 | Köllner, Marcel | 85 | GER | *Mülheim an der Ruhr | 946 | 1093 | 1:55:23 | 1:56:36 | 5:28 |
| 119 | 3998 | Belkowski, Sven | 86 | GER | *Voerde | 947 | 1094 | 1:55:27 | 1:57:26 | 5:28 |
| 120 | 3325 | Feger, Martin | 87 | GER | Heimat Hochfeld | 953 | 1102 | 1:55:41 | 1:57:40 | 5:28 |
| 121 | 5058 | Austrup, Matthias | 85 | GER | *Duisburg | 962 | 1112 | 1:55:48 | 1:57:44 | 5:29 |
| 122 | 4874 | Lipps, Christian | 86 | GER | *Essen | 968 | 1120 | 1:55:53 | 1:57:56 | 5:29 |
| 123 | 4726 | Lücke, Mario | 90 | GER | *duisburg | 976 | 1129 | 1:56:04 | 1:57:49 | 5:30 |
| 124 | 4481 | Hindenburg, Jannik | 90 | GER | *Velbert | 1000 | 1167 | 1:56:28 | 1:57:09 | 5:31 |
| 125 | 3619 | Hinnemann, Felix | 88 | GER | *Stadtlohn | 1001 | 1168 | 1:56:29 | 1:58:32 | 5:31 |
| 126 | 4765 | Postelt, Marcel | 85 | GER | *Duisburg | 1004 | 1172 | 1:56:35 | 1:57:48 | 5:31 |
| 127 | 4616 | Domogala, Niklas | 91 | GER | *Duisburg | 1017 | 1192 | 1:56:50 | 1:58:10 | 5:32 |
| 128 | 4126 | Iking, Nils | 87 | GER | *Gescher | 1018 | 1193 | 1:56:50 | 1:58:02 | 5:32 |
| 129 | 4297 | Quings, Marcel | 89 | GER | BFO | 1020 | 1196 | 1:56:53 | 1:58:10 | 5:32 |
| 130 | 3201 | Ulitzka, Michael | 86 | GER | BSG SWDU | 1025 | 1202 | 1:57:00 | 1:57:52 | 5:32 |
| 131 | 4721 | Lesnik, Stefan | 86 | GER | *Essen | 1026 | 1203 | 1:57:00 | 1:59:49 | 5:32 |
| 132 | 3606 | Weidmann, Tobias | 89 | GER | *Duisburg | 1027 | 1204 | 1:57:02 | 1:59:54 | 5:32 |
| 132 | 4211 | Leung, Zhen Yu | 87 | GER | Crank | 1027 | 1204 | 1:57:02 | 1:57:07 | 5:32 |
| 134 | 4343 | Schmitz, Ferdinand | 86 | GER | *Düsseldorf | 1038 | 1222 | 1:57:17 | 1:58:48 | 5:33 |
| 135 | 3900 | Kerstan, Henning | 86 | GER | Ski- und Sportteam Duisburg '05 e.V | 1065 | 1258 | 1:57:52 | 1:59:42 | 5:35 |
| 136 | 3567 | Scholz, Tim | 86 | GER | *Voerde | 1082 | 1280 | 1:58:04 | 1:59:17 | 5:35 |
| 137 | 3709 | Schneider, Dominik | 85 | GER | *Duisburg | 1090 | 1291 | 1:58:12 | 1:59:44 | 5:36 |
| 138 | 4611 | Dahms, Stephan | 86 | GER | *Solingen | 1097 | 1304 | 1:58:22 | 1:59:35 | 5:36 |
| 139 | 4103 | Heiduk, Markus | 85 | GER | BFO | 1100 | 1310 | 1:58:24 | 1:59:44 | 5:36 |
| 140 | 4205 | Lechtenberg, Jan | 87 | GER | *Gescher | 1164 | 1410 | 2:00:32 | 2:01:44 | 5:42 |
| 141 | 4281 | Pekx, Timo | 89 | GER | *Issum | 1170 | 1424 | 2:00:55 | 2:02:57 | 5:43 |
| 142 | 4340 | Schlütter, Andreas | 85 | GER | *Dinslaken | 1171 | 1426 | 2:00:57 | 2:02:55 | 5:43 |
| 143 | 3955 | Schmitz, Manuel | 88 | GER | *Duisburg | 1194 | 1467 | 2:01:59 | 2:03:54 | 5:46 |
| 144 | 3904 | Wysotzki-Hoffmann, Robert | 85 | GER | *Dorsten | 1196 | 1472 | 2:02:08 | 2:04:04 | 5:47 |
| 145 | 4166 | Köber, Daniel | 86 | GER | *Duisburg | 1199 | 1481 | 2:02:19 | 2:05:15 | 5:47 |
| 146 | 3979 | Arndt, Patrick | 90 | GER | *Duisburg | 1209 | 1493 | 2:02:33 | 2:03:44 | 5:48 |
| 147 | 3585 | Poll, Christian | 85 | GER | BSG Wirtschaftsbetriebe Duisburg | 1219 | 1506 | 2:02:50 | 2:04:37 | 5:49 |
| 148 | 4418 | Wanke, Manuel | 87 | GER | *Duisburg | 1229 | 1523 | 2:03:11 | 2:04:37 | 5:50 |
| 149 | 4341 | Schmidt, Jeremy | 86 | GER | *Moers | 1234 | 1531 | 2:03:22 | 2:04:28 | 5:50 |
| 150 | 3620 | Stanicki, Sascha | 86 | GER | *Dortmund | 1235 | 1532 | 2:03:23 | 2:05:17 | 5:50 |
| 151 | 4024 | Bülhoff, René | 90 | GER | *Waltrop | 1249 | 1554 | 2:04:16 | 2:07:07 | 5:53 |
| 152 | 3592 | Ball, Andreas | 85 | GER | *Bochum | 1250 | 1555 | 2:04:16 | 2:07:07 | 5:53 |
| 153 | 3341 | Himmen, Andreas Alexander | 88 | GER | *Bochum | 1254 | 1561 | 2:04:24 | 2:04:53 | 5:53 |
| 154 | 3500 | Grieß, Michael | 87 | GER | PSV Duisburg | 1258 | 1567 | 2:04:32 | 2:06:32 | 5:54 |
| 155 | 4768 | Prenting, Markus | 91 | GER | *Recklinghausen | 1266 | 1579 | 2:04:44 | 2:07:18 | 5:54 |
| 156 | 4363 | Schüttler, Christian | 91 | GER | *Düsseldorf | 1267 | 1580 | 2:04:51 | 2:06:10 | 5:55 |
| 157 | 4817 | Sorst, Lucien | 90 | GER | *Greifswald | 1287 | 1611 | 2:05:23 | 2:06:48 | 5:56 |
| 158 | 3598 | Zimm, Patrick | 91 | GER | Eintracht Duisburg 1848 e.V. | 1302 | 1634 | 2:05:55 | 2:06:46 | 5:58 |
| 159 | 4725 | Lorek, Kai | 85 | GER | *Essen | 1312 | 1650 | 2:06:22 | 2:09:10 | 5:59 |

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Ergebnisse Männer MM

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|--------------------------------|----|-----|---------------------------|-------|------|---------|---------|------|
| 160 | 3584 | Zobel, Tobias | 87 | GER | *Essen | 1315 | 1654 | 2:06:27 | 2:08:27 | 5:59 |
| 161 | 4667 | Henkel, Lars | 91 | GER | *Dortmund | 1316 | 1656 | 2:06:35 | 2:08:48 | 5:59 |
| 162 | 3809 | Lukas, Mathias | 87 | GER | *Duisburg | 1319 | 1660 | 2:06:41 | 2:09:28 | 6:00 |
| 163 | 4745 | Oles, Peter | 87 | GER | *Bottrop | 1337 | 1690 | 2:07:41 | 2:10:39 | 6:03 |
| 164 | 4008 | Böhm, Florian | 90 | GER | *Münster | 1349 | 1720 | 2:08:25 | 2:10:50 | 6:05 |
| 165 | 4233 | Menzel, Sebastian | 90 | GER | BFO | 1354 | 1728 | 2:08:34 | 2:09:53 | 6:05 |
| 166 | 4251 | Müller, David | 91 | GER | BFO | 1355 | 1730 | 2:08:36 | 2:09:53 | 6:05 |
| 167 | 4302 | Ramthor, Christian | 87 | GER | *Duisburg | 1388 | 1786 | 2:09:56 | 2:11:48 | 6:09 |
| 168 | 4878 | Ruckober, Manuel | 88 | GER | LC Duisburg | 1400 | 1804 | 2:10:31 | 2:12:19 | 6:11 |
| 169 | 4832 | Tschorn, ftstr Felix | 86 | GER | *Düsseldorf | 1434 | 1862 | 2:11:46 | 2:14:29 | 6:14 |
| 170 | 4645 | Gehlen, Timo | 91 | GER | IKK classic | 1444 | 1876 | 2:12:01 | 2:14:57 | 6:15 |
| 171 | 4423 | Weiß, Matthias | 87 | GER | *Mülheim an der Ruhr | 1446 | 1879 | 2:12:06 | 2:12:42 | 6:15 |
| 172 | 4777 | Riethling, Rene | 88 | GER | *Duisburg | 1454 | 1897 | 2:12:30 | 2:15:22 | 6:16 |
| 173 | 4849 | Weiss, Thomas | 88 | GER | *Moers | 1455 | 1898 | 2:12:30 | 2:15:22 | 6:16 |
| 174 | 4244 | Mokry, Paul | 86 | GER | *Bochum | 1461 | 1907 | 2:12:34 | 2:14:54 | 6:16 |
| 175 | 4262 | Nies, Michael | 86 | GER | *Duisburg | 1486 | 1962 | 2:13:33 | 2:15:58 | 6:19 |
| 176 | 4838 | Vivekananth, Vishanth | 91 | IND | *Essen | 1489 | 1965 | 2:13:37 | 2:15:59 | 6:19 |
| 177 | 4651 | Gossow, Sven | 85 | GER | *Duisburg | 1509 | 2002 | 2:14:36 | 2:16:37 | 6:22 |
| 178 | 3563 | Stadler, Robert | 87 | GER | *Essen | 1510 | 2003 | 2:14:38 | 2:16:52 | 6:22 |
| 179 | 4347 | Schneider, Lukasz | 87 | GER | BFO | 1555 | 2086 | 2:17:32 | 2:18:52 | 6:31 |
| 180 | 4264 | Nixon, Daniel | 87 | GER | *Duisburg | 1559 | 2091 | 2:17:51 | 2:20:15 | 6:31 |
| 181 | 4355 | Schönfeld, Daniel | 85 | GER | *Bochum | 1560 | 2092 | 2:17:52 | 2:20:14 | 6:32 |
| 182 | 4178 | Koza, Marco | 89 | GER | *Bochum | 1561 | 2093 | 2:17:52 | 2:20:14 | 6:32 |
| 183 | 5031 | Kanuboina, Tilak Chandra yadav | 90 | GER | *Duisburg | 1569 | 2113 | 2:19:19 | 2:21:39 | 6:36 |
| 184 | 4376 | Smirnov, Sergej | 87 | GER | Crank | 1593 | 2176 | 2:22:26 | 2:22:31 | 6:45 |
| 185 | 3289 | Kürz, Christoph | 86 | GER | LT Düsseldorf-Süd | 1601 | 2188 | 2:23:14 | 2:24:23 | 6:47 |
| 186 | 4821 | Stepien, Timo | 90 | GER | *Duisburg | 1607 | 2201 | 2:23:31 | 2:24:17 | 6:48 |
| 187 | 4541 | Dufke, Kevin | 88 | GER | *Duisburg | 1614 | 2219 | 2:24:51 | 2:27:34 | 6:51 |
| 188 | 4306 | Reichard, Sven | 88 | GER | *Moers | 1623 | 2235 | 2:26:06 | 2:28:09 | 6:55 |
| 189 | 4077 | Fuchs, Tomasz | 86 | GER | *Dortmund | 1636 | 2262 | 2:27:09 | 2:29:48 | 6:58 |
| 190 | 4788 | Rother, Dawid | 86 | GER | *Duisburg | 1675 | 2347 | 2:33:50 | 2:35:51 | 7:17 |
| 191 | 4009 | Bol, Ümit | 86 | GER | Crank | 1689 | 2388 | 2:39:22 | 2:39:26 | 7:33 |
| 192 | 3936 | Wessel, Tobias | 85 | GER | Team ERDINGER Alkoholfrei | 1691 | 2392 | 2:39:58 | 2:42:59 | 7:34 |

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Ergebnisse Männer M30

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|--------------------------|----|-----|--------------------------|-------|-----|---------|---------|------|
| 1 | 4664 | Heimbrock, Christian | 83 | GER | Recklinghäuser LC | 4 | 4 | 1:15:45 | 1:15:46 | 3:35 |
| 2 | 4564 | Schulte-Zurhausen, Roman | 84 | GER | Ausdauerschule by Bunert | 5 | 5 | 1:16:10 | 1:16:12 | 3:36 |
| 3 | 3677 | Büchel, Matthias | 82 | GER | TUSEM Essen | 6 | 6 | 1:16:27 | 1:16:30 | 3:37 |
| 4 | 3007 | Moldenhauer, Kai | 83 | GER | DLC Aachen | 7 | 7 | 1:16:38 | 1:16:40 | 3:37 |
| 5 | 4446 | Schramm, Michael | 80 | GER | ASV Duisburg | 16 | 17 | 1:19:41 | 1:19:43 | 3:46 |
| 6 | 4939 | Wulbrand, Hanno | 82 | GER | *Düsseldorf | 20 | 21 | 1:21:16 | 1:21:19 | 3:51 |
| 7 | 5056 | Mand, Christian | 81 | GER | *Duisburg | 25 | 27 | 1:22:08 | 1:22:15 | 3:53 |
| 8 | 3759 | Verwold, André | 83 | GER | ASV Duisburg | 30 | 33 | 1:22:58 | 1:23:01 | 3:55 |
| 9 | 3310 | Pawellek, Karsten | 81 | GER | LGO Bochum | 56 | 62 | 1:27:18 | 1:27:22 | 4:08 |
| 10 | 3398 | Korsten, Björn | 80 | GER | *Kempen | 57 | 63 | 1:27:21 | 1:27:26 | 4:08 |
| 11 | 5026 | Hildebrandt, Thimo | 84 | GER | *Bochum | 69 | 77 | 1:28:52 | 1:29:15 | 4:12 |
| 12 | 3197 | Feldmann, Daniel | 81 | GER | running4charity e.V. | 82 | 90 | 1:29:35 | 1:29:44 | 4:14 |
| 13 | 4993 | Behrau, Markus | 81 | GER | LC Duisburg | 101 | 110 | 1:30:15 | 1:30:22 | 4:16 |
| 14 | 3899 | Jalc, Dr. Miroslav | 81 | SVK | *Essen | 112 | 121 | 1:30:41 | 1:30:56 | 4:17 |
| 15 | 4189 | Kronier, Dominik | 84 | GER | *Bergisch Gladbach | 114 | 123 | 1:30:46 | 1:30:54 | 4:18 |
| 16 | 3176 | Schmitz, Dr. Roland | 84 | GER | *Düsseldorf | 135 | 145 | 1:32:13 | 1:33:27 | 4:22 |
| 17 | 3802 | Uesbeck, Timo | 82 | GER | *Bochum | 146 | 157 | 1:33:10 | 1:33:28 | 4:24 |
| 18 | 3303 | Müller, Markus | 82 | GER | *Wuppertal | 165 | 178 | 1:34:09 | 1:34:15 | 4:27 |
| 19 | 3295 | Hasecke, Torsten | 82 | GER | *Duisburg | 177 | 193 | 1:34:52 | 1:34:58 | 4:29 |
| 20 | 3404 | Link, Marco | 81 | GER | ASV Duisburg | 181 | 198 | 1:35:04 | 1:35:38 | 4:30 |
| 21 | 4258 | Müter, Tobias | 84 | GER | *Essen | 185 | 202 | 1:35:22 | 1:35:30 | 4:31 |
| 22 | 4697 | Klamrowski, Patrick | 82 | GER | Eintracht Duisburg | 189 | 206 | 1:35:32 | 1:35:44 | 4:31 |
| 23 | 3626 | Lünsmann, Jörg | 80 | GER | *Würselen | 195 | 212 | 1:35:47 | 1:36:01 | 4:32 |
| 24 | 5044 | Esaki, Yasutaro | 81 | GER | *Paderborn | 209 | 227 | 1:36:35 | 1:37:28 | 4:34 |
| 25 | 3807 | Van Meurs, Marc | 82 | NLD | *Groenlo | 215 | 233 | 1:36:48 | 1:37:00 | 4:35 |
| 26 | 3894 | Gentzen, Robert | 81 | GER | *Bonn | 232 | 251 | 1:37:44 | 1:38:10 | 4:37 |
| 27 | 3956 | Rath, Christian | 81 | GER | *Düsseldorf | 236 | 255 | 1:37:53 | 1:40:37 | 4:38 |
| 28 | 4643 | Gausebeck, Jonas | 84 | GER | *Viersen | 258 | 281 | 1:38:50 | 1:40:42 | 4:41 |
| 29 | 4739 | Naß, Andre | 82 | GER | *Kassel | 263 | 286 | 1:39:01 | 1:39:18 | 4:41 |
| 30 | 3693 | Röthling, Andre | 84 | GER | *Aachen | 267 | 290 | 1:39:08 | 1:39:43 | 4:41 |
| 31 | 4652 | Gräfe, Sascha | 84 | GER | BSG SWDU | 268 | 291 | 1:39:09 | 1:39:20 | 4:41 |
| 32 | 5035 | Richter, Marc | 80 | GER | LT Bittermark Dortmund | 271 | 294 | 1:39:12 | 1:39:20 | 4:42 |
| 33 | 4013 | Böringschulte, Lars | 80 | GER | *Wetter | 272 | 295 | 1:39:14 | 1:39:20 | 4:42 |
| 34 | 4748 | PAllus, Michael | 80 | GER | *Burscheid | 286 | 312 | 1:39:36 | 1:39:49 | 4:43 |
| 35 | 3030 | Springer, Sebastian | 80 | GER | *Dortmund | 289 | 317 | 1:39:44 | 1:39:56 | 4:43 |
| 36 | 3835 | Tomky, Stephan | 80 | GER | BFO | 298 | 327 | 1:40:04 | 1:40:27 | 4:44 |
| 37 | 4328 | Sawaryn, Dr. Christian | 83 | GER | *Düsseldorf | 304 | 333 | 1:40:22 | 1:40:43 | 4:45 |
| 38 | 4786 | Roll, Michael | 83 | GER | Polizei Duisburg | 315 | 346 | 1:40:45 | 1:41:12 | 4:46 |
| 39 | 4037 | De Raet, Tobias | 82 | GER | *Düsseldorf | 328 | 359 | 1:41:16 | 1:41:42 | 4:47 |
| 40 | 3996 | Becker, Tobias | 84 | GER | BFO | 329 | 360 | 1:41:17 | 1:41:41 | 4:48 |
| 41 | 4239 | Mikolajczak, Christian | 81 | GER | BFO | 330 | 361 | 1:41:17 | 1:41:41 | 4:48 |
| 42 | 4232 | Menke, Michael | 83 | GER | *duisburg | 331 | 362 | 1:41:22 | 1:41:56 | 4:48 |
| 43 | 4163 | Knopp, Marcel | 80 | GER | *düsseldorf | 338 | 370 | 1:41:36 | 1:41:44 | 4:48 |
| 44 | 4471 | Kaiser, Sven | 82 | GER | 45147 Knallgas | 351 | 385 | 1:41:58 | 1:42:32 | 4:49 |
| 45 | 4130 | Iyer, Aditya | 84 | IND | *Düsseldorf | 354 | 389 | 1:42:02 | 1:42:45 | 4:50 |
| 46 | 4473 | Tillmann, Christian | 83 | GER | 45147 Knallgas | 368 | 406 | 1:42:23 | 1:42:57 | 4:51 |
| 47 | 3935 | Smolni, Roman | 80 | GER | *Duisburg | 382 | 422 | 1:42:43 | 1:43:18 | 4:52 |
| 48 | 4932 | Meese, Richard | 82 | GER | *Gelsenkirchen | 395 | 435 | 1:43:06 | 1:44:01 | 4:53 |
| 49 | 4382 | Stawowy, Jonas | 83 | GER | *Bochum | 427 | 469 | 1:43:42 | 1:44:46 | 4:54 |
| 50 | 4462 | Glatz, Tom | 80 | LUX | *Duisburg | 451 | 495 | 1:44:09 | 1:45:10 | 4:56 |
| 51 | 4419 | Warkentin, Dimitri | 84 | GER | *Duisburg | 454 | 499 | 1:44:14 | 1:44:21 | 4:56 |
| 52 | 3372 | Bahr, Ingo | 83 | GER | *Duisburg | 474 | 520 | 1:44:40 | 1:45:21 | 4:57 |
| 53 | 4052 | Ehrhardt, André | 83 | GER | *Neukirchen-Vluyn | 479 | 525 | 1:44:42 | 1:45:40 | 4:57 |

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Ergebnisse Männer M30

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|--------------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 54 | 3021 | Busch, Thomas | 80 | GER | TuS Hamborn-Neumühl | 483 | 530 | 1:44:43 | 1:44:57 | 4:57 |
| 55 | 4797 | Schirmmacher, Sascha | 81 | GER | FaTTS | 488 | 537 | 1:44:56 | 1:45:46 | 4:58 |
| 56 | 4627 | esser, Jörg | 81 | GER | *Alsdorf | 519 | 575 | 1:45:53 | 1:46:49 | 5:01 |
| 57 | 3548 | Gehmlich, Jan | 83 | GER | *Dortmund | 522 | 579 | 1:45:56 | 1:47:27 | 5:01 |
| 58 | 3731 | Bongen, Ralf | 82 | GER | SV Germania Dürwiß | 524 | 585 | 1:46:02 | 1:47:06 | 5:01 |
| 59 | 4853 | Wilhelm, Martin | 81 | GER | *Dortmund | 543 | 610 | 1:46:26 | 1:47:31 | 5:02 |
| 60 | 4119 | Holz, Sebastian | 82 | GER | Team Joggi | 547 | 615 | 1:46:31 | 1:47:09 | 5:02 |
| 61 | 3817 | Hein, André | 81 | GER | *Duisburg | 548 | 616 | 1:46:31 | 1:47:08 | 5:02 |
| 62 | 4829 | Thieme, Fabian | 82 | GER | *Mülheim | 551 | 619 | 1:46:37 | 1:48:23 | 5:03 |
| 63 | 4060 | Etter, Tobias | 80 | GER | *Ludwigshafen | 552 | 620 | 1:46:39 | 1:47:39 | 5:03 |
| 64 | 3864 | Janßen, David | 82 | GER | *Krefeld | 557 | 626 | 1:46:48 | 1:47:17 | 5:03 |
| 65 | 4170 | Kohlmorgen, Philipp | 84 | GER | Pharmakologie Uni Düsseldorf | 559 | 629 | 1:46:53 | 1:47:19 | 5:03 |
| 66 | 3860 | Wolf, Tobias | 84 | GER | Team Wolf | 583 | 656 | 1:47:17 | 1:48:29 | 5:05 |
| 67 | 3523 | Grzesik, Andre | 81 | GER | ETC Gelsenkirchen | 584 | 657 | 1:47:17 | 1:48:09 | 5:05 |
| 68 | 4278 | Parchem, Christian | 84 | GER | *Duisburg | 598 | 674 | 1:47:41 | 1:49:00 | 5:06 |
| 69 | 4373 | Sickert, Marcus | 82 | GER | *Düsseldorf | 604 | 681 | 1:47:47 | 1:48:47 | 5:06 |
| 70 | 3644 | Heß, Thorsten | 82 | GER | *Essen | 607 | 685 | 1:47:54 | 1:48:43 | 5:06 |
| 71 | 4023 | Buck, Adam | 82 | GER | *Duisburg | 632 | 714 | 1:48:34 | 1:49:27 | 5:08 |
| 72 | 3706 | Gierden, Adrian | 83 | GER | *Duisburg | 653 | 746 | 1:49:08 | 1:50:03 | 5:10 |
| 73 | 4263 | Nitka, Michael | 84 | GER | *Oberhausen | 663 | 757 | 1:49:18 | 1:49:52 | 5:10 |
| 74 | 3537 | Hüffer, Thorsten | 81 | GER | *Essen | 687 | 784 | 1:49:45 | 1:50:20 | 5:12 |
| 75 | 4090 | Gremm, Dennis | 81 | GER | *Düsseldorf | 724 | 829 | 1:50:40 | 1:52:13 | 5:14 |
| 76 | 4597 | Blaschke, Mathias | 84 | GER | Ausdauererschule by Bunert | 733 | 840 | 1:50:53 | 1:51:26 | 5:15 |
| 77 | 4321 | Roßkothén, Patrick | 80 | GER | BSG Kreis Wesel | 755 | 866 | 1:51:34 | 1:53:23 | 5:17 |
| 78 | 3119 | Wiemann, Richard | 81 | GER | LT Wischlingen Dortmund | 760 | 871 | 1:51:37 | 1:52:58 | 5:17 |
| 79 | 3665 | Kasperkowitz, Kay | 82 | GER | Team ERDINGER Alkoholfrei | 776 | 891 | 1:52:04 | 1:53:04 | 5:18 |
| 80 | 4600 | Bollmann, Axel | 81 | GER | Volllaufen | 794 | 909 | 1:52:29 | 1:53:56 | 5:19 |
| 81 | 3591 | Froemgen, Marko | 81 | GER | DAV Düsseldorf | 800 | 919 | 1:52:41 | 1:54:06 | 5:20 |
| 82 | 3623 | Norbisrath, Hendrik | 80 | GER | *Solingen | 805 | 924 | 1:52:45 | 1:54:19 | 5:20 |
| 83 | 4036 | Dahlmann, Christian | 84 | GER | SG Oberense | 813 | 933 | 1:52:52 | 1:54:33 | 5:20 |
| 84 | 3611 | Neumann, Stefan | 83 | GER | *Oberhausen | 824 | 944 | 1:53:01 | 1:54:38 | 5:21 |
| 85 | 4135 | Jansen, Thomas | 82 | GER | *Krefeld | 827 | 949 | 1:53:02 | 1:55:41 | 5:21 |
| 86 | 4593 | Bezani, Helmut | 81 | GER | Laufschule Dortmund by bunert | 831 | 955 | 1:53:12 | 1:54:21 | 5:21 |
| 87 | 4891 | Barden, Christian | 80 | GER | ASV Duisburg | 850 | 979 | 1:53:32 | 1:54:43 | 5:22 |
| 88 | 3380 | Linder, Sebastian | 83 | GER | BSG Haniel | 858 | 989 | 1:53:42 | 1:54:15 | 5:23 |
| 89 | 4947 | Kerkenbusch, Marcel | 82 | GER | *Duisburg | 869 | 1000 | 1:53:59 | 1:55:10 | 5:24 |
| 90 | 5027 | Müller, Thomas | 84 | GER | *Moers | 896 | 1032 | 1:54:32 | 1:56:21 | 5:25 |
| 91 | 3673 | Wollschläger, Stefan | 80 | GER | Triathlon Team Rheinberg e.V. | 904 | 1040 | 1:54:37 | 1:55:38 | 5:25 |
| 92 | 4188 | Kronenberg, Nils | 81 | GER | *Mülheim an der Ruhr | 921 | 1061 | 1:55:03 | 1:56:47 | 5:27 |
| 93 | 4537 | De Castro, Davide | 82 | GER | *Monheim am Rhein | 922 | 1062 | 1:55:04 | 1:56:02 | 5:27 |
| 94 | 3256 | Decker, Martin | 84 | GER | Team ERDINGER Alkoholfrei | 929 | 1070 | 1:55:07 | 1:56:49 | 5:27 |
| 95 | 3889 | Vogt, Nils | 82 | GER | 3./281 | 932 | 1074 | 1:55:09 | 1:55:55 | 5:27 |
| 96 | 4033 | Comtesse, Dennis | 80 | GER | BFO | 941 | 1086 | 1:55:17 | 1:56:34 | 5:27 |
| 97 | 4744 | Offermann, Daniel | 82 | GER | Laufschule Dortmund by bunert | 986 | 1142 | 1:56:11 | 1:57:31 | 5:30 |
| 98 | 4182 | Krandick, Thomas | 80 | GER | BFO | 1010 | 1182 | 1:56:40 | 1:57:58 | 5:31 |
| 99 | 4584 | Bardischewski, Christian | 83 | GER | Klinikum Duisburg | 1037 | 1219 | 1:57:14 | 1:59:21 | 5:33 |
| 100 | 3571 | Luchmann, Volker | 80 | GER | Laufschule Oberhausen | 1048 | 1234 | 1:57:28 | 1:59:27 | 5:34 |
| 101 | 5016 | Do, Vuong | 84 | GER | *Witten | 1053 | 1241 | 1:57:40 | 2:00:15 | 5:34 |
| 102 | 3059 | Marx, Carlo | 82 | LUX | *HAUTCHARAGE | 1078 | 1275 | 1:58:00 | 1:59:41 | 5:35 |
| 103 | 3698 | Schneider, Torsten | 83 | GER | *Duisburg | 1089 | 1290 | 1:58:11 | 1:59:44 | 5:36 |
| 104 | 3883 | Obermann, Holger | 83 | GER | *Witten | 1093 | 1296 | 1:58:16 | 2:02:26 | 5:36 |
| 105 | 4936 | Hassel, Christoph | 80 | GER | *Duisburg | 1111 | 1327 | 1:58:35 | 1:59:55 | 5:37 |
| 106 | 4295 | Pörschke, Tim | 81 | GER | *Essen | 1119 | 1338 | 1:58:43 | 2:00:28 | 5:37 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M30

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|------------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 107 | 4412 | Unger, Michael | 80 | GER | *Essen | 1120 | 1339 | 1:58:43 | 2:00:28 | 5:37 |
| 108 | 3334 | Peuker, Tobias | 83 | GER | cundus AG | 1127 | 1350 | 1:58:58 | 1:59:56 | 5:38 |
| 109 | 4508 | Ueberschär, Markus | 84 | GER | *Saarbrücken | 1128 | 1353 | 1:59:00 | 1:59:45 | 5:38 |
| 110 | 3559 | Michels, Pascal | 84 | GER | *Duisburg | 1137 | 1364 | 1:59:15 | 2:00:44 | 5:39 |
| 111 | 4728 | Malota, Martin | 80 | GER | *Duisburg | 1144 | 1379 | 1:59:38 | 2:00:33 | 5:40 |
| 112 | 3516 | Hackstein, Tobias | 82 | GER | LC Duisburg | 1149 | 1387 | 1:59:50 | 2:00:45 | 5:40 |
| 113 | 4017 | Brendgen, Matthias | 81 | GER | *Mülheim | 1158 | 1402 | 2:00:16 | 2:02:12 | 5:42 |
| 114 | 3764 | Schmitz, Thomas | 83 | GER | *Moers | 1169 | 1423 | 2:00:55 | 2:02:23 | 5:43 |
| 115 | 3806 | Schneider, Dominik | 80 | GER | *Oberhausen | 1179 | 1445 | 2:01:26 | 2:03:17 | 5:45 |
| 116 | 3374 | Jäschke, Felix | 84 | GER | *Duisburg | 1214 | 1498 | 2:02:39 | 2:04:56 | 5:48 |
| 117 | 4279 | Paulat, Kai | 81 | GER | *Essen | 1222 | 1512 | 2:02:57 | 2:04:41 | 5:49 |
| 118 | 4806 | Schulz, Philipp | 82 | GER | Laufschule Dortmund by bunert | 1231 | 1525 | 2:03:15 | 2:04:12 | 5:50 |
| 119 | 3878 | Stimberg, Markus | 80 | GER | *Datteln | 1240 | 1541 | 2:03:42 | 2:04:58 | 5:51 |
| 120 | 4421 | Weber, Jürgen | 82 | GER | *Aldorf | 1251 | 1557 | 2:04:19 | 2:05:16 | 5:53 |
| 121 | 3932 | Himmen, Daniel | 82 | GER | *Bochum | 1255 | 1563 | 2:04:24 | 2:04:53 | 5:53 |
| 122 | 4379 | Spikker, Jörn | 82 | GER | *Frankfurt | 1283 | 1606 | 2:05:19 | 2:07:22 | 5:56 |
| 123 | 5032 | Reichardt, Stefan | 83 | GER | *Bochum | 1290 | 1614 | 2:05:28 | 2:08:04 | 5:56 |
| 124 | 4981 | Lochhaas, Florian | 84 | GER | *Bad Salzschlif | 1293 | 1621 | 2:05:47 | 2:08:27 | 5:57 |
| 125 | 4254 | Munstermann, Marco | 80 | GER | *Duisburg | 1298 | 1626 | 2:05:48 | 2:07:17 | 5:57 |
| 126 | 4136 | Jarzombek, Lukas | 83 | GER | *Krefeld | 1304 | 1637 | 2:06:01 | 2:08:42 | 5:58 |
| 127 | 4190 | Krüsmann, Tobias | 82 | GER | *Voerde | 1321 | 1662 | 2:06:42 | 2:09:28 | 6:00 |
| 128 | 4502 | Hopmann, Robin | 84 | GER | *Oberhausen | 1322 | 1664 | 2:06:42 | 2:07:59 | 6:00 |
| 129 | 3631 | Pehmeyer, Christian | 83 | GER | *Duisburg | 1327 | 1679 | 2:07:13 | 2:09:27 | 6:01 |
| 130 | 4155 | Klaus, André | 83 | GER | *Duisburg | 1338 | 1697 | 2:07:53 | 2:08:11 | 6:03 |
| 131 | 4422 | Weiß, Dennis | 83 | GER | *Krefeld | 1339 | 1698 | 2:07:58 | 2:10:38 | 6:03 |
| 132 | 4192 | Kuhn, Alexis | 82 | GER | *Dortmund | 1342 | 1709 | 2:08:08 | 2:10:26 | 6:04 |
| 133 | 4180 | Kral-Serrato, Michal | 81 | CZE | *Almere | 1359 | 1736 | 2:08:43 | 2:10:24 | 6:06 |
| 134 | 4016 | Brandt, Alexander | 81 | GER | FC Roetgen | 1363 | 1741 | 2:08:55 | 2:10:39 | 6:06 |
| 135 | 4143 | Kappmeier, Jan-Philipp | 83 | GER | *Berlin | 1364 | 1743 | 2:08:57 | 2:11:50 | 6:06 |
| 136 | 4691 | Kassalik, Dr. Marco | 81 | GER | *Bottrop | 1395 | 1796 | 2:10:17 | 2:11:35 | 6:10 |
| 137 | 4489 | De Pace, Graziano | 80 | GER | *Duisburg | 1402 | 1807 | 2:10:36 | 2:13:28 | 6:11 |
| 138 | 4012 | Borgards, Marius | 84 | GER | *Mülheim an der Ruhr | 1442 | 1872 | 2:11:58 | 2:13:24 | 6:15 |
| 139 | 4059 | Etter, David | 83 | GER | *Köln | 1483 | 1952 | 2:13:29 | 2:15:54 | 6:19 |
| 140 | 3251 | Schübel, Timo | 83 | GER | LC Duisburg | 1500 | 1986 | 2:14:03 | 2:15:41 | 6:21 |
| 141 | 3595 | Schmeel, Markus | 84 | GER | Wir bei HKM | 1517 | 2012 | 2:14:59 | 2:17:10 | 6:23 |
| 142 | 4380 | Staufenbiel, Christian | 83 | GER | *Duisburg | 1528 | 2038 | 2:15:48 | 2:16:41 | 6:26 |
| 143 | 4311 | Rekop, Christian | 80 | GER | *Castrop-Rauxel | 1556 | 2087 | 2:17:37 | 2:19:49 | 6:31 |
| 144 | 4045 | Drost, Matthias | 81 | GER | *Duisburg | 1558 | 2089 | 2:17:46 | 2:20:25 | 6:31 |
| 145 | 4551 | Kettern, Marcus | 83 | GER | *Duisburg | 1613 | 2218 | 2:24:51 | 2:27:34 | 6:51 |
| 146 | 4384 | Stenzel, Sebastian | 82 | GER | Die Coolen meets Family | 1640 | 2270 | 2:27:22 | 2:30:13 | 6:59 |
| 147 | 4152 | Kern, Alexander | 83 | AUT | *Düsseldorf | 1641 | 2271 | 2:27:24 | 2:30:20 | 6:59 |
| 148 | 3984 | Auth, Hendrik | 83 | GER | Kolonne Lustig | 1644 | 2274 | 2:28:08 | 2:30:42 | 7:01 |
| 149 | 3552 | Lutz, Michael | 84 | GER | *Duisburg | 1648 | 2285 | 2:28:54 | 2:31:44 | 7:03 |
| 150 | 5034 | Leven, Michael | 82 | GER | *Erkrath | 1649 | 2286 | 2:29:27 | 2:32:13 | 7:05 |
| 151 | 4587 | Becker, Dennis | 81 | GER | *Bochum | 1652 | 2289 | 2:29:33 | 2:32:13 | 7:05 |
| 152 | 4399 | Timp, Patrick | 83 | GER | *Niederkrüchten | 1658 | 2309 | 2:30:46 | 2:32:43 | 7:08 |
| 153 | 4345 | Schmitz, Jan | 82 | GER | *Köln | 1665 | 2324 | 2:31:53 | 2:34:24 | 7:11 |
| 154 | 4030 | Cansiz, Hamit | 82 | TUR | Tottis Mitläufer | 1669 | 2336 | 2:32:42 | 2:35:27 | 7:14 |
| 155 | 4134 | Jansen, Herbert | 83 | GER | *Essen | 1676 | 2351 | 2:34:19 | 2:36:47 | 7:18 |
| 156 | 4544 | Großheim, Christof | 82 | GER | *Gelsenkirchen | 1693 | 2397 | 2:43:11 | 2:45:46 | 7:44 |
| 157 | 3305 | Krietenbrink, Jochen | 83 | GER | *Gelsenkirchen | 1700 | 2406 | 2:44:22 | 2:47:10 | 7:47 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M35

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|------------------------|----|-----|-------------------------------|-------|-----|---------|---------|------|
| 1 | 3001 | Goltsch, Tillmann | 78 | GER | LT Bittermark Dortmund | 2 | 2 | 1:14:37 | 1:14:39 | 3:32 |
| 2 | 4819 | Steinmetz, Roland | 76 | GER | Triathlon TEAM TG Witten | 9 | 9 | 1:17:33 | 1:17:34 | 3:40 |
| 3 | 4887 | Natusch, Benjamin | 79 | GER | *Duisburg | 11 | 11 | 1:17:54 | 1:17:59 | 3:41 |
| 4 | 3530 | Ganzow, Tobias | 79 | GER | DLC Aachen | 12 | 12 | 1:18:17 | 1:18:19 | 3:42 |
| 5 | 4555 | Lubina, Alexander | 79 | GER | Laufsport Bunert | 14 | 14 | 1:18:47 | 1:18:49 | 3:44 |
| 6 | 5042 | Kufferath, Moritz | 79 | GER | TV Refrath | 19 | 20 | 1:20:38 | 1:20:40 | 3:49 |
| 7 | 3594 | Ols, Alexander | 79 | GER | ASV Duisburg | 23 | 24 | 1:21:39 | 1:21:42 | 3:52 |
| 8 | 4858 | Wolf, Dirk | 76 | GER | LT Bittermark Dortmund | 55 | 60 | 1:26:59 | 1:27:03 | 4:07 |
| 9 | 3189 | Krüskenper, Jan | 78 | GER | *Haltern am See | 58 | 64 | 1:27:35 | 1:27:41 | 4:09 |
| 10 | 4958 | Siepermann, Peter | 76 | GER | *Haltern am See | 59 | 65 | 1:27:38 | 1:27:44 | 4:09 |
| 11 | 5049 | Neuhaus, Baptist | 79 | GER | *Essen | 63 | 70 | 1:27:54 | 1:28:02 | 4:09 |
| 12 | 3636 | Breil, Sascha | 76 | GER | *Bochum | 99 | 108 | 1:30:14 | 1:30:23 | 4:16 |
| 13 | 3705 | Danishjoo, Dr. Enayat | 76 | GER | BC-Geldern | 105 | 114 | 1:30:16 | 1:30:22 | 4:16 |
| 14 | 3009 | Kraus, Stephan | 79 | GER | Eye of the tiger | 107 | 116 | 1:30:23 | 1:30:39 | 4:17 |
| 15 | 4442 | Zimmermann, Christof | 79 | GER | Eye of the tiger | 108 | 117 | 1:30:23 | 1:30:40 | 4:17 |
| 16 | 3285 | Busmann, Ingo | 75 | GER | *Essen | 117 | 127 | 1:30:57 | 1:31:11 | 4:18 |
| 16 | 3744 | Scheele, Michael | 76 | GER | TUSEM Essen | 117 | 127 | 1:30:57 | 1:31:14 | 4:18 |
| 18 | 4755 | peek, holger | 76 | GER | *essen | 128 | 138 | 1:31:37 | 1:31:47 | 4:20 |
| 19 | 3240 | Prinssen, Jens | 76 | GER | *Rheinberg | 133 | 143 | 1:32:11 | 1:32:21 | 4:22 |
| 20 | 4450 | Diemer, David | 75 | GER | www.spoocha.com | 140 | 150 | 1:32:35 | 1:32:43 | 4:23 |
| 21 | 4658 | Grosch, Steffen | 75 | GER | Laufschule Dortmund by bunert | 147 | 158 | 1:33:13 | 1:33:48 | 4:25 |
| 22 | 3042 | Mager, Christian | 75 | GER | ASV Duisburg | 150 | 161 | 1:33:18 | 1:33:24 | 4:25 |
| 23 | 3652 | Stucke, Markus | 75 | GER | *Recklinghausen | 154 | 165 | 1:33:27 | 1:33:48 | 4:25 |
| 24 | 4620 | Einck, Guido | 79 | GER | *Essen | 158 | 171 | 1:33:47 | 1:34:14 | 4:26 |
| 25 | 4795 | Scherkenbeck, Timo | 79 | GER | *Velbert | 162 | 175 | 1:33:56 | 1:34:13 | 4:27 |
| 26 | 4723 | Lohmann, Marco | 77 | GER | Laufschule Dortmund by bunert | 168 | 182 | 1:34:25 | 1:35:00 | 4:28 |
| 27 | 4840 | Vogler, Kai | 77 | GER | *Braunschweig | 171 | 185 | 1:34:37 | 1:34:57 | 4:29 |
| 28 | 4127 | Ingenhoff, Dirk | 75 | GER | BFO | 173 | 187 | 1:34:48 | 1:35:20 | 4:29 |
| 29 | 3799 | Tengel, Enrico | 77 | GER | *Moers | 175 | 191 | 1:34:50 | 1:34:56 | 4:29 |
| 30 | 3136 | Wessel, Thomas | 77 | GER | *Duisburg | 204 | 221 | 1:36:28 | 1:36:45 | 4:34 |
| 31 | 4581 | Badur, Jan | 75 | GER | *Bochum | 206 | 224 | 1:36:29 | 1:36:40 | 4:34 |
| 32 | 3261 | Günther, Henry | 79 | GER | *Bocholt | 214 | 232 | 1:36:45 | 1:37:02 | 4:35 |
| 33 | 3614 | Biemer, Gregor | 76 | GER | *Duisburg | 227 | 246 | 1:37:30 | 1:38:30 | 4:37 |
| 34 | 3206 | Beuth, Christian | 76 | GER | Die apokalyptischen Läufer | 240 | 259 | 1:37:58 | 1:38:23 | 4:38 |
| 35 | 4146 | Kastner, Michael | 78 | GER | *Erkrath | 254 | 277 | 1:38:39 | 1:38:52 | 4:40 |
| 36 | 4634 | Feyen, Ludger | 79 | GER | Klinikum Duisburg | 256 | 279 | 1:38:42 | 1:39:12 | 4:40 |
| 37 | 3941 | Voß, Kay | 78 | GER | Neues Gymnasium Bochum | 260 | 283 | 1:38:57 | 1:39:07 | 4:41 |
| 38 | 3949 | Kremer, Malte | 76 | GER | Linden-Dahlhauser Kanu-Club | 280 | 305 | 1:39:30 | 1:39:53 | 4:42 |
| 39 | 3151 | Kuß, Philip | 79 | GER | *Oberhausen | 300 | 329 | 1:40:14 | 1:40:26 | 4:45 |
| 40 | 3905 | Strathausen, Marco | 77 | GER | Zollsportverein Köln | 305 | 334 | 1:40:25 | 1:40:47 | 4:45 |
| 41 | 4688 | Kapfer, Holger | 76 | GER | *Krefeld | 307 | 338 | 1:40:28 | 1:41:10 | 4:45 |
| 42 | 3459 | Evermann, Mark | 79 | GER | *Oberhausen | 313 | 344 | 1:40:43 | 1:41:00 | 4:46 |
| 43 | 3117 | Bongen, Gerd | 75 | GER | SV Germania Dürwiß | 319 | 350 | 1:40:50 | 1:40:53 | 4:46 |
| 44 | 4280 | Pazer, Eugen | 79 | GER | *Dortmund | 325 | 356 | 1:41:11 | 1:41:52 | 4:47 |
| 45 | 3944 | Räker- Von Eicken, Kai | 75 | GER | TV Wanheimerort 1880 e.V. | 348 | 382 | 1:41:54 | 1:42:15 | 4:49 |
| 46 | 4760 | Pilz, Thorsten | 76 | GER | LSG MGB | 356 | 392 | 1:42:06 | 1:42:48 | 4:50 |
| 47 | 4972 | Schlosser, André | 76 | GER | LGO Bochum | 360 | 397 | 1:42:12 | 1:42:59 | 4:50 |
| 48 | 4973 | Kutsch, Ingo | 78 | GER | FC DeutschePost | 372 | 411 | 1:42:31 | 1:42:49 | 4:51 |
| 49 | 3544 | Rutekolk, Rainer | 77 | GER | Ausdauerchule by Bunert | 384 | 424 | 1:42:48 | 1:43:22 | 4:52 |
| 50 | 3154 | Jansen, Jan | 76 | GER | Ausdauerchule by Bunert | 386 | 426 | 1:42:51 | 1:43:24 | 4:52 |
| 51 | 4843 | Vorreiter, Markus | 75 | GER | *Sprockhövel | 391 | 431 | 1:43:02 | 1:45:03 | 4:52 |
| 52 | 3854 | Bruckhoff, Björn | 79 | GER | Team ERDINGER Alkoholfrei | 401 | 442 | 1:43:11 | 1:43:31 | 4:53 |
| 53 | 4330 | Schabestiel, Phil | 76 | GER | *Duisburg | 412 | 454 | 1:43:20 | 1:44:03 | 4:53 |

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Ergebnisse Männer M35

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-------------------------------|----|-----|-------------------------------------|-------|-----|---------|---------|------|
| 54 | 4113 | Hitzke, Carsten | 77 | GER | *Möhnesee | 415 | 457 | 1:43:25 | 1:44:32 | 4:54 |
| 55 | 3843 | Claas, Oliver | 78 | GER | Feuerwehr SV Düsseldorf | 424 | 466 | 1:43:36 | 1:44:31 | 4:54 |
| 56 | 3311 | Löhr, Oliver | 78 | GER | *Solingen | 425 | 467 | 1:43:37 | 1:44:32 | 4:54 |
| 57 | 3654 | Kitlinski, Tobias | 79 | GER | *Essen | 438 | 480 | 1:43:54 | 1:44:35 | 4:55 |
| 58 | 3194 | Derfel, Marcel | 76 | GER | BSG Springorum Bochum | 439 | 482 | 1:43:56 | 1:44:19 | 4:55 |
| 59 | 3659 | Sonnens, Christoph | 79 | GER | *Scherf | 443 | 486 | 1:44:01 | 1:44:58 | 4:55 |
| 60 | 4484 | Mierzwa, Marius | 78 | GER | *Kamp-Lintfort | 448 | 492 | 1:44:08 | 1:44:23 | 4:56 |
| 61 | 4359 | Schrör, Sven | 77 | GER | *Alpen | 450 | 494 | 1:44:08 | 1:44:40 | 4:56 |
| 62 | 3312 | Merten, Dennis | 78 | GER | LT Bittermark Dortmund | 455 | 501 | 1:44:14 | 1:44:40 | 4:56 |
| 63 | 3472 | Krone, Thorsten | 77 | GER | *Dortmund | 458 | 504 | 1:44:20 | 1:44:46 | 4:56 |
| 64 | 4044 | Döring, Lutz | 78 | GER | cundus AG | 459 | 505 | 1:44:20 | 1:44:55 | 4:56 |
| 65 | 3551 | Ramacher, Ramon | 79 | GER | *Moers | 476 | 522 | 1:44:40 | 1:45:26 | 4:57 |
| 66 | 3307 | Schwaneckamp, Prof. Christian | 75 | GER | Team NGW | 480 | 526 | 1:44:42 | 1:45:08 | 4:57 |
| 67 | 3657 | Rosin, Marc | 75 | GER | Herner Triathlon Team 11 | 484 | 532 | 1:44:46 | 1:45:03 | 4:57 |
| 68 | 4554 | Lennartz, Karsten | 79 | GER | *Erkelenz | 487 | 536 | 1:44:53 | 1:45:25 | 4:58 |
| 69 | 4003 | Berscheid, Thomas | 79 | GER | LT Olpe | 489 | 538 | 1:44:59 | 1:45:56 | 4:58 |
| 70 | 3627 | Walter, Hermann | 77 | GER | *Duisburg | 494 | 544 | 1:45:08 | 1:46:23 | 4:58 |
| 71 | 4510 | Sichau, Matthias | 79 | GER | *Bochum | 505 | 559 | 1:45:34 | 1:46:30 | 5:00 |
| 72 | 3269 | Kriewald, Markus | 76 | GER | Rumelner TV | 506 | 560 | 1:45:34 | 1:46:12 | 5:00 |
| 73 | 3868 | Kancer, Dennis | 76 | GER | *Duisburg | 510 | 564 | 1:45:37 | 1:46:31 | 5:00 |
| 74 | 3712 | Eichel, Frank | 76 | GER | Beverlaufftreff | 512 | 567 | 1:45:41 | 1:46:18 | 5:00 |
| 75 | 3718 | Moron, Jesus | 76 | ESP | 1. Judogem. Dortmund | 515 | 570 | 1:45:45 | 1:46:26 | 5:00 |
| 76 | 4057 | Erkens, Holger | 77 | GER | *Düsseldorf | 521 | 577 | 1:45:54 | 1:47:01 | 5:01 |
| 77 | 3587 | Bollmann, Kai | 79 | GER | *Rheurdt | 527 | 589 | 1:46:08 | 1:46:56 | 5:01 |
| 78 | 4475 | Winkler, Franko | 75 | GER | *Mülheim an der Ruhr | 545 | 612 | 1:46:28 | 1:47:16 | 5:02 |
| 79 | 3661 | Jansen, Martin | 77 | GER | ASV Duisburg | 549 | 617 | 1:46:33 | 1:46:45 | 5:02 |
| 80 | 3788 | Pause, Björn | 76 | GER | Wir bei HKM | 555 | 624 | 1:46:45 | 1:47:39 | 5:03 |
| 81 | 3297 | Schink, Oliver | 77 | GER | Team ERDINGER Alkoholfrei | 561 | 631 | 1:46:55 | 1:47:49 | 5:04 |
| 82 | 4619 | Egger, Andy | 78 | GER | IKK classic | 562 | 632 | 1:46:55 | 1:47:50 | 5:04 |
| 83 | 3873 | Rommen, Markus | 75 | GER | *Duisburg | 563 | 633 | 1:46:57 | 1:47:30 | 5:04 |
| 84 | 4468 | Brockmann, Lars | 77 | GER | *Duisburg | 568 | 638 | 1:47:04 | 1:47:40 | 5:04 |
| 85 | 3389 | Dietrich, Christian | 77 | GER | *Essen | 570 | 642 | 1:47:05 | 1:47:59 | 5:04 |
| 86 | 5014 | Korth, Carsten | 76 | GER | *Bochum | 574 | 646 | 1:47:08 | 1:47:33 | 5:04 |
| 87 | 4577 | Aritonovic, Jovica | 78 | GER | *Mettmann | 600 | 676 | 1:47:43 | 1:48:28 | 5:06 |
| 88 | 4261 | Neter, Stefan | 76 | GER | *Duisburg | 602 | 679 | 1:47:46 | 1:48:58 | 5:06 |
| 89 | 4495 | Hölker, Dennis | 76 | GER | *Herten-Westerholt | 608 | 686 | 1:47:55 | 1:48:52 | 5:06 |
| 90 | 3556 | Maassen, Christian | 78 | GER | BSG Haniel | 612 | 690 | 1:47:56 | 1:48:23 | 5:06 |
| 91 | 4479 | Gerhardt, Michael | 76 | GER | DJK Duisburg Buchholz | 640 | 726 | 1:48:56 | 1:50:00 | 5:09 |
| 92 | 4750 | Panitz, Martin | 76 | GER | Laufschule Dortmund by bunert | 646 | 736 | 1:49:02 | 1:49:59 | 5:10 |
| 93 | 4266 | Nölleke, Kay | 78 | GER | *Hagen | 659 | 752 | 1:49:11 | 1:50:23 | 5:10 |
| 94 | 3480 | Nehmer, Christoph | 76 | GER | *Dorsten | 669 | 764 | 1:49:22 | 1:49:57 | 5:11 |
| 95 | 4046 | Düpre, Andre | 76 | GER | *Duisburg | 674 | 769 | 1:49:25 | 1:50:19 | 5:11 |
| 96 | 4948 | Doğan, Murat | 75 | GER | *Duisburg | 693 | 790 | 1:49:53 | 1:51:12 | 5:12 |
| 97 | 4762 | Plewa, Jens | 76 | GER | Laufschule Dortmund by bunert | 710 | 812 | 1:50:20 | 1:51:28 | 5:13 |
| 98 | 4716 | Larocca, Sandro | 76 | GER | *Mülheim | 711 | 813 | 1:50:20 | 1:51:39 | 5:13 |
| 99 | 3427 | Lindemann, Daniel | 75 | GER | Team EPO | 712 | 814 | 1:50:21 | 1:51:44 | 5:13 |
| 100 | 3381 | Filips, Christian | 76 | GER | *Dortmund | 730 | 837 | 1:50:49 | 1:52:02 | 5:15 |
| 101 | 4049 | Ebbert-Karroum, Andreas | 75 | GER | *Bochum | 732 | 839 | 1:50:52 | 1:52:18 | 5:15 |
| 102 | 3774 | Schwesig, Dominik | 78 | GER | *Mülheim | 735 | 842 | 1:50:54 | 1:51:57 | 5:15 |
| 103 | 4107 | Hellwig, Jan | 76 | GER | *Willich | 764 | 875 | 1:51:42 | 1:52:31 | 5:17 |
| 104 | 3837 | Ortmanns, Uwe | 75 | GER | Marathonrunners uerdingen | 777 | 892 | 1:52:07 | 1:53:21 | 5:18 |
| 105 | 3895 | Schmidt, Kristian | 78 | GER | Arminia Klosterhardt "Hardt-Runners | 779 | 894 | 1:52:07 | 1:53:16 | 5:18 |
| 106 | 4310 | Reißner, Mike | 79 | GER | *Duisburg | 795 | 911 | 1:52:31 | 1:54:13 | 5:19 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M35

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|----------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 107 | 4764 | Porada, Marek | 76 | GER | *Castrop-Rauxel | 807 | 926 | 1:52:45 | 1:53:35 | 5:20 |
| 108 | 4470 | Gottschalk, Andre | 75 | GER | Team Erdinger | 820 | 940 | 1:52:57 | 1:53:32 | 5:21 |
| 109 | 4365 | Schwaneckamp, Daniel | 77 | GER | *Dortmund | 823 | 943 | 1:53:01 | 1:53:27 | 5:21 |
| 110 | 4770 | Raguse, Dirk | 76 | GER | Essen | 825 | 945 | 1:53:01 | 1:53:48 | 5:21 |
| 111 | 3577 | Illbruck, Carsten | 76 | GER | *Duisburg | 826 | 946 | 1:53:02 | 1:53:16 | 5:21 |
| 112 | 4737 | Müller, Danny-Rene | 75 | GER | mach-mich-fit.de | 829 | 953 | 1:53:11 | 1:54:52 | 5:21 |
| 113 | 3863 | Mankiewicz, Thomas | 75 | GER | PV-Triathlon Witten | 859 | 990 | 1:53:47 | 1:55:46 | 5:23 |
| 114 | 3945 | Brkic, Josip | 77 | GER | *Dortmund | 873 | 1005 | 1:54:01 | 1:55:01 | 5:24 |
| 115 | 3897 | Schneider, Christian | 77 | GER | Lauf Roxy Köln | 874 | 1006 | 1:54:03 | 1:55:56 | 5:24 |
| 116 | 3719 | Sturm, Christian | 77 | GER | *Duisburg | 878 | 1010 | 1:54:12 | 1:56:06 | 5:24 |
| 117 | 4857 | Wittag, Gregor | 79 | GER | TSV Bocholt | 881 | 1014 | 1:54:19 | 1:55:18 | 5:25 |
| 118 | 3065 | Pehlke, Martin | 76 | GER | Marathon Dinslaken | 886 | 1020 | 1:54:24 | 1:55:14 | 5:25 |
| 119 | 3566 | Jansen, Sven | 78 | GER | FFC Duisburg | 888 | 1022 | 1:54:25 | 1:55:38 | 5:25 |
| 120 | 8909 | Sztrajt, Thomas | 79 | GER | Laufftreff Baar 1987 e.V. | 901 | 1037 | 1:54:33 | 1:55:20 | 5:25 |
| 121 | 4632 | Feldmann, Jens | 79 | GER | *Duisburg | 903 | 1039 | 1:54:35 | 1:56:00 | 5:25 |
| 122 | 3262 | Alicilar, Serkan | 75 | GER | *Duisburg | 918 | 1057 | 1:55:00 | 1:55:53 | 5:27 |
| 123 | 3337 | Plümel, Ingo | 77 | GER | *Duisburg | 919 | 1059 | 1:55:02 | 1:56:06 | 5:27 |
| 124 | 4006 | Bode, Michael | 79 | GER | *Düsseldorf | 920 | 1060 | 1:55:03 | 1:57:02 | 5:27 |
| 125 | 4142 | Kantehm, Rene | 75 | GER | *Isselburg | 925 | 1065 | 1:55:06 | 1:56:54 | 5:27 |
| 126 | 4137 | Jockram, Dirk | 78 | GER | *Alpen | 927 | 1067 | 1:55:06 | 1:56:25 | 5:27 |
| 127 | 4571 | Zimmer, Mario | 78 | GER | *Dorsten | 937 | 1082 | 1:55:13 | 1:55:48 | 5:27 |
| 128 | 3947 | Schreiber, Thomas | 78 | GER | Bayer Uerdingen | 965 | 1117 | 1:55:51 | 1:57:36 | 5:29 |
| 129 | 4374 | Siemoneit, Carsten | 77 | GER | *Duisburg | 966 | 1118 | 1:55:51 | 1:57:36 | 5:29 |
| 130 | 4905 | Bollmann, Henrik | 79 | GER | Volllaufen | 971 | 1123 | 1:55:58 | 1:57:24 | 5:29 |
| 131 | 3304 | Wehmeier, Bastian | 77 | GER | Aktion Canchanabury | 973 | 1126 | 1:55:59 | 1:56:44 | 5:29 |
| 132 | 3917 | Zimmermann, Kai | 76 | GER | FoKuS Selm | 981 | 1134 | 1:56:06 | 1:56:50 | 5:30 |
| 133 | 4559 | Rost, Tobias | 76 | GER | *Essen | 992 | 1152 | 1:56:19 | 1:57:52 | 5:30 |
| 134 | 3931 | Naber, Sven | 76 | GER | *Duisburg | 994 | 1156 | 1:56:20 | 1:57:47 | 5:30 |
| 135 | 4467 | Boeckhorst, Gereon | 77 | GER | *Oberhausen | 999 | 1165 | 1:56:24 | 1:58:12 | 5:31 |
| 136 | 4026 | Bungart, Mario | 78 | GER | LT Olpe | 1008 | 1179 | 1:56:39 | 1:58:08 | 5:31 |
| 137 | 4687 | Kaltmann, Norman | 77 | GER | *Mühlheim an der Ruhr | 1015 | 1189 | 1:56:47 | 1:58:40 | 5:32 |
| 138 | 4191 | Kugel, Stefan | 77 | GER | Laufftreff "Altrömisch" Trier | 1021 | 1198 | 1:56:58 | 1:58:32 | 5:32 |
| 139 | 4732 | Miler, Darius | 77 | GER | *Alfter | 1024 | 1201 | 1:56:59 | 1:58:21 | 5:32 |
| 140 | 3608 | Merkel, Klaus | 79 | GER | *Oberhausen | 1064 | 1257 | 1:57:51 | 1:59:42 | 5:35 |
| 141 | 3974 | Akkurt, Devrim | 75 | GER | *Duisburg | 1098 | 1305 | 1:58:22 | 1:58:50 | 5:36 |
| 142 | 4595 | Blätte, Andreas | 76 | GER | *Duisburg | 1178 | 1444 | 2:01:23 | 2:03:21 | 5:45 |
| 143 | 4051 | Ehm, Lars | 76 | GER | *Oer-Erkenschwick | 1187 | 1458 | 2:01:46 | 2:03:22 | 5:46 |
| 144 | 4536 | Budny, Rene | 75 | GER | *Duisburg | 1205 | 1488 | 2:02:26 | 2:02:48 | 5:48 |
| 145 | 4048 | Dymala, Sascha | 75 | GER | *Wesel | 1217 | 1502 | 2:02:45 | 2:04:53 | 5:49 |
| 146 | 4545 | Grünert, Marco | 76 | GER | *Oberhausen | 1245 | 1549 | 2:04:02 | 2:05:00 | 5:52 |
| 147 | 4638 | Franke, Normen | 76 | GER | *Duisburg | 1256 | 1564 | 2:04:25 | 2:06:52 | 5:53 |
| 148 | 4540 | Doerth, Stefan | 79 | GER | *moers | 1259 | 1569 | 2:04:39 | 2:04:55 | 5:54 |
| 149 | 4791 | Sadek, Dr. Tim | 79 | GER | *Düsseldorf | 1261 | 1571 | 2:04:41 | 2:06:43 | 5:54 |
| 150 | 4168 | Kocar, Tobias | 77 | GER | *Oberhausen | 1285 | 1609 | 2:05:21 | 2:07:19 | 5:56 |
| 151 | 4324 | Runow, Sebastian | 77 | GER | LT Olpe | 1309 | 1645 | 2:06:18 | 2:07:48 | 5:59 |
| 152 | 4895 | Schadow, Oliver | 75 | GER | *Moers | 1335 | 1688 | 2:07:39 | 2:09:32 | 6:02 |
| 153 | 4413 | Vincke, Christian | 79 | GER | *Schwalmtal | 1347 | 1715 | 2:08:15 | 2:11:06 | 6:04 |
| 154 | 4265 | Njunjic, Claude | 77 | GER | Volllaufen | 1351 | 1724 | 2:08:29 | 2:09:55 | 6:05 |
| 155 | 4069 | Frackowiak, André | 76 | GER | *Moers | 1356 | 1732 | 2:08:41 | 2:10:04 | 6:05 |
| 156 | 5010 | Berger, Marc | 75 | GER | *Breckelfeld | 1372 | 1755 | 2:09:14 | 2:12:09 | 6:07 |
| 157 | 4516 | Hinze, Christoph | 79 | GER | mimameike fanclub | 1420 | 1836 | 2:11:17 | 2:13:38 | 6:13 |
| 158 | 4055 | Engelbarts, Achim | 75 | GER | *Berlin | 1439 | 1868 | 2:11:53 | 2:14:25 | 6:15 |
| 159 | 4715 | Kurs, Stefan | 79 | GER | IKK classic | 1445 | 1878 | 2:12:03 | 2:14:59 | 6:15 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M35

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|--------------------------|----|-----|----------------------|-------|------|---------|---------|------|
| 160 | 3994 | Becker, Peter | 75 | GER | *Duisburg | 1472 | 1930 | 2:12:58 | 2:15:21 | 6:18 |
| 161 | 4952 | Rump, Elmar | 75 | GER | FoKuS Selm | 1474 | 1934 | 2:13:02 | 2:15:08 | 6:18 |
| 162 | 3177 | Wentz, Andreas | 77 | GER | *Krefeld | 1488 | 1964 | 2:13:34 | 2:15:26 | 6:19 |
| 163 | 4053 | Eibel, Markus | 78 | GER | *Krefeld | 1498 | 1983 | 2:13:53 | 2:16:08 | 6:20 |
| 164 | 3834 | Semmler, Olaf | 78 | GER | ASV Duisburg | 1511 | 2004 | 2:14:40 | 2:16:15 | 6:22 |
| 165 | 4173 | König, Stefan | 75 | GER | *Waltrop | 1533 | 2046 | 2:16:12 | 2:18:51 | 6:27 |
| 166 | 4990 | Kethers, Dennis | 75 | GER | *Moers | 1539 | 2057 | 2:16:24 | 2:18:38 | 6:27 |
| 167 | 4273 | Ostojic, Marco | 79 | GER | BFO | 1554 | 2085 | 2:17:32 | 2:18:53 | 6:31 |
| 168 | 4076 | Fries, Tobias | 76 | GER | Kolonne Lustig | 1557 | 2088 | 2:17:38 | 2:20:06 | 6:31 |
| 169 | 4915 | Reuter, Stefan | 75 | GER | ABCUT | 1562 | 2094 | 2:17:52 | 2:20:14 | 6:32 |
| 170 | 3987 | Balogh, Timo | 76 | GER | *Duisburg | 1577 | 2132 | 2:20:23 | 2:20:40 | 6:39 |
| 171 | 4041 | Deutsch, Sebastian | 77 | GER | *Mülheim | 1578 | 2136 | 2:20:34 | 2:23:20 | 6:39 |
| 172 | 3373 | Lindner, Oliver | 76 | GER | *Duisburg | 1580 | 2140 | 2:20:45 | 2:22:57 | 6:40 |
| 173 | 4671 | Hinsken, Bernhard | 75 | GER | BIKE BRIGADE | 1589 | 2167 | 2:22:02 | 2:22:49 | 6:43 |
| 174 | 4522 | Sagert, Markus | 78 | GER | *Oberhausen | 1592 | 2173 | 2:22:17 | 2:25:08 | 6:44 |
| 175 | 4957 | Fähnrich, Sascha | 78 | GER | *Essen | 1595 | 2178 | 2:22:34 | 2:24:40 | 6:45 |
| 176 | 3288 | Büssers, Sven | 78 | GER | *Moers | 1617 | 2226 | 2:25:11 | 2:27:20 | 6:52 |
| 177 | 4872 | Löb, Heiko | 79 | GER | *Essen | 1627 | 2244 | 2:26:35 | 2:29:31 | 6:56 |
| 178 | 4124 | Hufft, Sascha | 78 | GER | *Essen | 1646 | 2279 | 2:28:47 | 2:30:58 | 7:03 |
| 179 | 4769 | Radner, Stefan | 78 | GER | *Düsseldorf | 1650 | 2287 | 2:29:28 | 2:31:54 | 7:05 |
| 180 | 4300 | Radny, Marcus | 75 | GER | -- | 1651 | 2288 | 2:29:29 | 2:31:51 | 7:05 |
| 181 | 4388 | Swatek, Jan | 76 | GER | *Duisburg | 1653 | 2290 | 2:29:33 | 2:32:05 | 7:05 |
| 182 | 3579 | Timmerhaus, Hendrik | 78 | GER | *Mülheim an der Ruhr | 1656 | 2303 | 2:30:20 | 2:32:52 | 7:07 |
| 183 | 4897 | Schoch, Guido | 76 | GER | LC Duisburg | 1659 | 2310 | 2:30:47 | 2:33:17 | 7:08 |
| 184 | 3543 | Sanders, Andreas | 75 | GER | *duisburg | 1663 | 2319 | 2:31:46 | 2:34:01 | 7:11 |
| 185 | 3356 | Duifhuis, Sascha Andreas | 76 | GER | *Duisburg | 1681 | 2360 | 2:35:24 | 2:38:23 | 7:21 |
| 186 | 3175 | Dümmel, Lars | 77 | GER | Team EPO | 1698 | 2404 | 2:44:10 | 2:45:35 | 7:46 |
| 187 | 3685 | Osmani, Skenderbeg | 78 | GER | *Duisburg | 1699 | 2405 | 2:44:17 | 2:46:46 | 7:47 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M40

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|----------------------|----|-----|----------------------------------|-------|-----|---------|---------|------|
| 1 | 4735 | Monster, Daniel | 72 | GER | AS Neukirchen-Vluyn | 8 | 8 | 1:17:16 | 1:17:18 | 3:39 |
| 2 | 3228 | Erhardt, Gerd | 73 | GER | LG Ortenau Nord | 18 | 19 | 1:20:20 | 1:20:23 | 3:48 |
| 3 | 4644 | Gederski, Christian | 73 | GER | LA SV Herten | 22 | 23 | 1:21:38 | 1:21:41 | 3:52 |
| 4 | 3383 | Brune, Gilbert | 71 | GER | *Bottrop-Kirchhellen | 26 | 28 | 1:22:12 | 1:22:15 | 3:53 |
| 5 | 3474 | Klein, Holger | 72 | GER | Team ERDINGER Alkoholfrei | 28 | 31 | 1:22:34 | 1:22:37 | 3:54 |
| 6 | 3710 | Köhn, Stefan | 72 | GER | BTC Herne | 29 | 32 | 1:22:52 | 1:22:57 | 3:55 |
| 7 | 4940 | Kwekkeboom, Thorsten | 72 | GER | LG Alpen | 34 | 37 | 1:23:38 | 1:23:40 | 3:57 |
| 8 | 4941 | Lössner, Ralph | 72 | GER | *Duisburg | 36 | 39 | 1:23:43 | 1:23:47 | 3:58 |
| 9 | 3257 | Winnen, André | 71 | GER | ASV Duisburg | 43 | 46 | 1:24:58 | 1:25:01 | 4:01 |
| 10 | 4997 | Markiewicz, Darius | 70 | GER | *Mülheim | 44 | 47 | 1:25:03 | 1:25:06 | 4:01 |
| 11 | 4824 | Stübner, Oliver | 74 | GER | *Hückelhoven | 64 | 72 | 1:28:08 | 1:28:11 | 4:10 |
| 12 | 4871 | Wolfram, Andreas | 71 | GER | Phönixsee | 72 | 80 | 1:29:02 | 1:29:12 | 4:13 |
| 13 | 4698 | Kleemann, Normen | 71 | GER | SV Siemens Mülheim/Ruhr | 73 | 81 | 1:29:07 | 1:29:19 | 4:13 |
| 14 | 3301 | Jany, Peter | 72 | GER | *Dinslaken | 83 | 91 | 1:29:39 | 1:29:48 | 4:14 |
| 15 | 4452 | Ramacher, Lutz | 71 | GER | *Neukirchen-Vluyn | 93 | 101 | 1:29:55 | 1:30:09 | 4:15 |
| 16 | 130 | Krobok, Marc | 71 | GER | LC Duisburg | 103 | 112 | 1:30:16 | 1:30:22 | 4:16 |
| 17 | 4523 | Lücke, Thorsten | 70 | GER | *Essen | 119 | 129 | 1:30:58 | 1:31:10 | 4:18 |
| 18 | 3470 | Gleumes, Stephan | 71 | GER | *Düsseldorf | 121 | 131 | 1:31:13 | 1:31:23 | 4:19 |
| 19 | 3879 | Palus, Peter | 70 | GER | Team CDP Go! | 122 | 132 | 1:31:18 | 1:31:25 | 4:19 |
| 20 | 4953 | Klaas, Jens | 70 | GER | *Mülheim an der Ruhr | 127 | 137 | 1:31:35 | 1:31:52 | 4:20 |
| 21 | 4259 | Nagelski, Patrick | 74 | GER | Spiridon Haltern | 136 | 146 | 1:32:17 | 1:32:26 | 4:22 |
| 22 | 3547 | Schnell, Werner | 70 | GER | *Bochum | 145 | 155 | 1:32:54 | 1:32:57 | 4:24 |
| 23 | 3717 | Hölz, Marcus | 70 | GER | ASV Duisburg | 152 | 163 | 1:33:21 | 1:33:27 | 4:25 |
| 24 | 5005 | Hoffmann, Wolfgang | 71 | GER | LTB Aachen | 155 | 167 | 1:33:34 | 1:33:49 | 4:26 |
| 25 | 3333 | Albers, H.-G. | 73 | GER | *Duisburg | 157 | 170 | 1:33:46 | 1:33:56 | 4:26 |
| 26 | 4928 | Manderscheid, Martin | 70 | GER | *Dinslaken | 160 | 173 | 1:33:48 | 1:34:09 | 4:26 |
| 27 | 3326 | Block, Sven | 74 | GER | Team ERDINGER Alkoholfrei | 180 | 197 | 1:35:00 | 1:35:08 | 4:30 |
| 28 | 3753 | Pierdolla, Marc | 70 | GER | Amokläufer Kunterbunt | 182 | 199 | 1:35:12 | 1:35:33 | 4:30 |
| 29 | 3471 | Lichtenberg, Peter | 71 | GER | LT Siebengebirge | 184 | 201 | 1:35:20 | 1:35:43 | 4:31 |
| 30 | 4591 | Berger, Sascha | 72 | GER | LT Haumannplatz Essen | 192 | 209 | 1:35:38 | 1:36:19 | 4:31 |
| 31 | 3110 | Dahlhaus, Holger | 71 | GER | *Wuppertal | 208 | 226 | 1:36:32 | 1:36:50 | 4:34 |
| 32 | 4148 | Kaufhold, Bernd | 72 | GER | Team ERDINGER Alkoholfrei / LT B | 219 | 238 | 1:37:09 | 1:37:17 | 4:36 |
| 33 | 4223 | Maksumic, Adis | 70 | BIH | Dinslaken | 222 | 241 | 1:37:15 | 1:37:29 | 4:36 |
| 34 | 4927 | Manderscheid, Markus | 72 | GER | *Dinslaken | 225 | 244 | 1:37:22 | 1:37:44 | 4:36 |
| 35 | 4453 | Marten, Jens | 71 | GER | Rumelner TV | 230 | 249 | 1:37:39 | 1:37:50 | 4:37 |
| 36 | 3589 | Scheepers, André | 72 | GER | Schweetpööt | 245 | 265 | 1:38:10 | 1:38:23 | 4:39 |
| 37 | 3666 | Meyer, Guido | 70 | GER | *Velbert | 253 | 276 | 1:38:38 | 1:39:04 | 4:40 |
| 38 | 3772 | Henkel, Torsten | 72 | GER | after-work-runners.de | 257 | 280 | 1:38:46 | 1:38:58 | 4:40 |
| 39 | 3669 | Lindermann, Andreas | 72 | GER | Duisburg Rahm | 273 | 296 | 1:39:17 | 1:39:36 | 4:42 |
| 40 | 3410 | Klimkiewicz, Kai | 74 | GER | LT Bittermark Dortmund | 274 | 297 | 1:39:18 | 1:39:25 | 4:42 |
| 41 | 4995 | Hoppe, Steffen | 70 | GER | *Wuppertal | 279 | 303 | 1:39:27 | 1:39:51 | 4:42 |
| 42 | 4576 | Aldape, Xavier | 74 | MEX | *Duisburg | 281 | 307 | 1:39:30 | 1:39:59 | 4:42 |
| 43 | 3317 | Siegmund, Marco | 73 | GER | Amermund Runner`s | 287 | 313 | 1:39:37 | 1:40:01 | 4:43 |
| 44 | 4457 | Nowak, Dirk | 70 | GER | Marathon Dinslaken | 288 | 315 | 1:39:40 | 1:40:07 | 4:43 |
| 45 | 4570 | Wolff, Stefan | 72 | GER | Siempelkamp | 297 | 326 | 1:40:01 | 1:40:19 | 4:44 |
| 46 | 4699 | Klees, Markus | 72 | GER | Tria Equipe Elz | 312 | 343 | 1:40:42 | 1:41:14 | 4:46 |
| 47 | 4091 | Griese, Thomas | 70 | GER | *Gevelsberg | 334 | 365 | 1:41:26 | 1:41:57 | 4:48 |
| 48 | 4844 | Voß, Dirk | 72 | GER | LSG MGB | 344 | 377 | 1:41:48 | 1:42:31 | 4:49 |
| 49 | 3831 | Bollenberg, Markus | 70 | GER | Lex Bocholt Running Team | 349 | 383 | 1:41:55 | 1:42:43 | 4:49 |
| 50 | 3961 | Faber, Ingo | 72 | GER | LGO Bochum | 359 | 396 | 1:42:10 | 1:42:58 | 4:50 |
| 51 | 5199 | Merg, Marc | 72 | GER | *Duisburg | 371 | 410 | 1:42:27 | 1:42:45 | 4:51 |
| 52 | 4686 | Kahl, Andre | 70 | GER | *Dinslaken | 374 | 413 | 1:42:31 | 1:42:47 | 4:51 |
| 53 | 3327 | Tückmantel, Peter | 71 | GER | *Mülheim an der Ruhr | 380 | 419 | 1:42:40 | 1:43:17 | 4:51 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M40

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-----------------------|----|-----|-------------------------------|-------|-----|---------|---------|------|
| 54 | 4945 | Klütz, Hartmut | 71 | GER | *Oberhausen | 393 | 433 | 1:43:04 | 1:43:47 | 4:53 |
| 55 | 3814 | Maassen, Patrick | 74 | GER | BSG Haniel | 398 | 438 | 1:43:08 | 1:43:36 | 4:53 |
| 56 | 3254 | Schmidt, Jochem | 70 | GER | *Essen | 404 | 445 | 1:43:13 | 1:43:47 | 4:53 |
| 57 | 4100 | Hanrath, Holger | 72 | GER | *Mülheim | 406 | 448 | 1:43:14 | 1:44:46 | 4:53 |
| 58 | 5048 | Bastian, Pascal | 74 | GER | *Düsseldorf | 411 | 453 | 1:43:19 | 1:44:02 | 4:53 |
| 59 | 3434 | Ristau, Christian | 72 | GER | *Dortmund | 417 | 459 | 1:43:31 | 1:43:42 | 4:54 |
| 60 | 3340 | Carl, Thomas | 73 | GER | *Dortmund | 426 | 468 | 1:43:39 | 1:44:00 | 4:54 |
| 61 | 3786 | Pakulat, Martin | 72 | GER | *Duisburg | 432 | 474 | 1:43:48 | 1:44:01 | 4:55 |
| 62 | 3553 | Walter, Frank | 72 | GER | TV Altendorf-Ersdorf | 433 | 475 | 1:43:48 | 1:44:53 | 4:55 |
| 63 | 3157 | Larisch, Roman | 70 | GER | Duisburg-Kalender.de | 434 | 476 | 1:43:50 | 1:44:22 | 4:55 |
| 64 | 4356 | Schramme, Jörn | 72 | GER | *Dinslaken | 435 | 477 | 1:43:50 | 1:44:35 | 4:55 |
| 65 | 4771 | Redeske, Björn | 70 | GER | TuS Mechernich 1897 | 456 | 502 | 1:44:15 | 1:45:05 | 4:56 |
| 66 | 3531 | Schweisfurth, Sascha | 74 | GER | *Siegen | 469 | 515 | 1:44:33 | 1:45:15 | 4:57 |
| 67 | 4464 | Karcz, Thomas | 73 | GER | LT Bittermark Dortmund | 470 | 516 | 1:44:34 | 1:45:19 | 4:57 |
| 68 | 4589 | Becker, Günter | 72 | GER | *Neuss | 478 | 524 | 1:44:41 | 1:45:27 | 4:57 |
| 69 | 3497 | Jezirowski, Christoph | 71 | GER | *Solingen | 482 | 529 | 1:44:42 | 1:45:15 | 4:57 |
| 70 | 3510 | Libudda, Marco | 70 | GER | *Viersen | 495 | 545 | 1:45:12 | 1:45:43 | 4:59 |
| 71 | 3844 | Becker, Björn-F. | 70 | GER | BSG Haniel | 496 | 546 | 1:45:14 | 1:45:48 | 4:59 |
| 72 | 4210 | Lettau, Michael | 71 | GER | *Duisburg | 501 | 554 | 1:45:30 | 1:46:40 | 4:59 |
| 73 | 3143 | Overhoff, Ingmar | 71 | GER | *Wuppertal | 514 | 569 | 1:45:43 | 1:46:06 | 5:00 |
| 74 | 4618 | Eckardt, Stefan | 71 | GER | *Kempen | 518 | 574 | 1:45:52 | 1:46:45 | 5:01 |
| 75 | 3323 | Brand, Dirk | 73 | GER | *Duisburg | 535 | 601 | 1:46:19 | 1:47:12 | 5:02 |
| 76 | 3951 | Filipov, Robert | 71 | MKD | LGO Bochum | 542 | 609 | 1:46:24 | 1:47:10 | 5:02 |
| 77 | 3519 | Pulte, Jürgen | 70 | GER | LT Olpe | 569 | 641 | 1:47:05 | 1:47:41 | 5:04 |
| 78 | 5047 | Dahl, Alf | 74 | GER | *Solingen | 577 | 649 | 1:47:10 | 1:47:28 | 5:04 |
| 79 | 3966 | Ruberg, Lutz | 74 | GER | Laufftreff R(h)einknaller | 578 | 650 | 1:47:10 | 1:49:01 | 5:04 |
| 80 | 4746 | Orlov, Pavel | 74 | GER | TEAM ELG | 581 | 654 | 1:47:15 | 1:48:19 | 5:04 |
| 81 | 3397 | Vohl, Stefan | 70 | GER | *Duisburg | 582 | 655 | 1:47:17 | 1:47:59 | 5:05 |
| 82 | 4714 | Kunz, Mario | 74 | GER | *Köln | 586 | 659 | 1:47:20 | 1:48:12 | 5:05 |
| 83 | 4731 | Meister, Marc | 73 | GER | TuS08 Lintorf HASE | 589 | 663 | 1:47:23 | 1:47:53 | 5:05 |
| 84 | 4663 | Hecker, Marcel | 72 | GER | *Düsseldorf | 590 | 664 | 1:47:24 | 1:47:53 | 5:05 |
| 85 | 4403 | Tomalla, Heiko | 72 | GER | SC Myhl | 593 | 667 | 1:47:32 | 1:47:45 | 5:05 |
| 86 | 4852 | Wiesner, Jens | 70 | GER | *Duisburg | 596 | 671 | 1:47:38 | 1:48:26 | 5:06 |
| 87 | 4912 | Hoffmann, Frank | 71 | GER | *Herne | 609 | 687 | 1:47:55 | 1:48:55 | 5:06 |
| 88 | 4913 | Jungblut, Andre | 72 | GER | *Duisburg | 610 | 688 | 1:47:55 | 1:48:56 | 5:06 |
| 89 | 3496 | Kubitza, Marco | 70 | GER | Triathlon Mülheim | 617 | 697 | 1:48:06 | 1:48:32 | 5:07 |
| 90 | 4955 | Dolle, Günther | 71 | GER | *Gelsenkirchen | 619 | 699 | 1:48:10 | 1:48:48 | 5:07 |
| 91 | 4880 | Materne, Axel | 70 | GER | *Duisburg | 621 | 701 | 1:48:14 | 1:48:56 | 5:07 |
| 92 | 4494 | Giebler, Michael | 70 | GER | *Gladbeck | 627 | 707 | 1:48:21 | 1:49:25 | 5:08 |
| 93 | 3503 | Block, Dr. Klaus | 72 | GER | *Castrop-Rauxel | 634 | 718 | 1:48:47 | 1:49:48 | 5:09 |
| 94 | 4404 | Tönnies, Jörg | 74 | GER | LG Theater Essen | 638 | 724 | 1:48:54 | 1:49:50 | 5:09 |
| 95 | 3890 | Turowski, Michael | 73 | GER | *Neukirchen-Vluyn | 644 | 731 | 1:49:00 | 1:50:07 | 5:09 |
| 96 | 4674 | Honcia, Michael | 72 | GER | Laufschule Dortmund by bunert | 647 | 737 | 1:49:02 | 1:49:59 | 5:10 |
| 97 | 4253 | Munko, Markus | 70 | GER | *Düsseldorf | 650 | 741 | 1:49:05 | 1:51:10 | 5:10 |
| 98 | 3942 | Sellke, Thorsten | 74 | GER | Running Gags | 674 | 769 | 1:49:25 | 1:50:14 | 5:11 |
| 99 | 3419 | Jakobs, Harald | 70 | GER | *Oberhausen | 679 | 776 | 1:49:33 | 1:50:13 | 5:11 |
| 100 | 3549 | Haex, Michael | 72 | NLD | Marathon Dinslaken | 684 | 781 | 1:49:37 | 1:51:01 | 5:11 |
| 100 | 5006 | Mc Govern, Terry | 71 | GER | *Bonn | 684 | 781 | 1:49:37 | 1:50:16 | 5:11 |
| 102 | 3923 | Uhr, Ingo | 73 | GER | VfR Granterath | 701 | 800 | 1:50:05 | 1:50:49 | 5:13 |
| 103 | 3506 | Schnisa, Thorsten | 70 | GER | Lt Wischlingen Dortmund | 702 | 801 | 1:50:08 | 1:51:28 | 5:13 |
| 104 | 4867 | Zipfel, Johannes | 71 | GER | TuS 08 Lintorf | 703 | 803 | 1:50:12 | 1:50:40 | 5:13 |
| 105 | 4996 | Giescher, Jens | 71 | GER | Plattfuss Aachen | 707 | 808 | 1:50:16 | 1:50:51 | 5:13 |
| 106 | 3542 | Amende, Marcel | 71 | GER | *Oberhausen | 709 | 810 | 1:50:17 | 1:50:58 | 5:13 |

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Ergebnisse Männer M40

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-------------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 107 | 4500 | Berkemeier, Oliver | 73 | GER | *Düsseldorf | 716 | 818 | 1:50:25 | 1:51:51 | 5:13 |
| 108 | 3546 | Lackmann, Markus | 74 | GER | *Dortmund | 725 | 830 | 1:50:42 | 1:52:41 | 5:14 |
| 109 | 3423 | Steimer, Dirk | 71 | GER | KG Germania Glu"ckauf 03 | 729 | 835 | 1:50:48 | 1:51:36 | 5:15 |
| 110 | 3386 | Kohler, Thomas | 74 | GER | *Gladbeck | 746 | 855 | 1:51:24 | 1:52:46 | 5:16 |
| 111 | 4740 | Nicolai, Sascha | 74 | GER | *Hagen | 749 | 859 | 1:51:28 | 1:52:07 | 5:16 |
| 112 | 3618 | Smeets, Georg | 70 | GER | Marathon Dinslaken | 752 | 862 | 1:51:30 | 1:52:18 | 5:17 |
| 113 | 4486 | Urschey, Jörg | 73 | GER | Team Hummel | 754 | 864 | 1:51:33 | 1:52:37 | 5:17 |
| 114 | 4498 | Menkhaus, Thomas | 72 | GER | LT Wischlingen Dortmund | 760 | 871 | 1:51:37 | 1:52:58 | 5:17 |
| 115 | 3803 | Marzoli, Tommaso | 74 | GER | LT Olpe | 763 | 874 | 1:51:41 | 1:53:12 | 5:17 |
| 116 | 3486 | Glöckner, Michael | 71 | GER | *Altenkirchen | 765 | 876 | 1:51:43 | 1:52:44 | 5:17 |
| 117 | 4270 | Oesterreich, Lorenz | 74 | GER | *Düsseldorf | 773 | 887 | 1:52:00 | 1:52:37 | 5:18 |
| 118 | 4720 | Leonhard, Andree | 73 | GER | *Duisburg | 788 | 903 | 1:52:21 | 1:53:09 | 5:19 |
| 119 | 3937 | Heinrichs, Axel | 71 | GER | Amokläufer Kunterbunt | 791 | 906 | 1:52:24 | 1:53:26 | 5:19 |
| 120 | 3743 | Scheffer, Thorsten | 71 | GER | *Oberhausen | 799 | 918 | 1:52:39 | 1:53:49 | 5:20 |
| 121 | 4696 | KINUMAKI, JUN | 73 | JPN | *Dusseldorf | 818 | 938 | 1:52:56 | 1:53:26 | 5:21 |
| 122 | 4983 | Dembowiak, Marian | 72 | GER | *Duisburg | 833 | 957 | 1:53:15 | 1:53:39 | 5:22 |
| 123 | 3353 | Frank, Torsten | 72 | GER | *Meerbusch | 835 | 959 | 1:53:17 | 1:55:13 | 5:22 |
| 124 | 4185 | Krawczyk, Daniel | 74 | GER | *Bochum | 857 | 988 | 1:53:41 | 1:55:03 | 5:23 |
| 125 | 3765 | Schönemann, Marco | 73 | GER | *Rheinberg | 864 | 995 | 1:53:52 | 1:54:53 | 5:23 |
| 126 | 5053 | Welber, Adam | 70 | GER | *Neukirchen-Vluyn | 865 | 996 | 1:53:52 | 1:54:01 | 5:23 |
| 127 | 3527 | Dilly, Hans-Peter | 71 | GER | SG Stern | 872 | 1004 | 1:54:01 | 1:54:53 | 5:24 |
| 128 | 4828 | Teigelkamp, Stefan | 72 | GER | Adler-Langlauf-Bottrop | 890 | 1024 | 1:54:26 | 1:55:08 | 5:25 |
| 129 | 4088 | Graichen, Peter | 70 | GER | *Dortmund | 893 | 1028 | 1:54:29 | 1:56:28 | 5:25 |
| 130 | 3223 | Netta, Thomas | 74 | GER | *Moers | 900 | 1036 | 1:54:33 | 1:55:16 | 5:25 |
| 131 | 4395 | Thielen, Wolfram | 71 | GER | *Ratingen | 917 | 1056 | 1:54:59 | 1:55:10 | 5:26 |
| 132 | 3999 | Beneke, Willi | 74 | GER | gestiefelter Muskelkater | 933 | 1076 | 1:55:10 | 1:57:11 | 5:27 |
| 133 | 3464 | Reimann, Günter | 72 | GER | *Duisburg | 938 | 1083 | 1:55:13 | 1:56:40 | 5:27 |
| 134 | 4501 | Birnbach, Frank | 70 | GER | B&R Automation | 944 | 1091 | 1:55:19 | 1:56:31 | 5:27 |
| 135 | 4602 | Brandt, Helge | 73 | GER | *Duisburg | 950 | 1098 | 1:55:36 | 1:56:38 | 5:28 |
| 136 | 3362 | Bocks, Thomas | 74 | GER | *Mönchengladbach | 952 | 1100 | 1:55:37 | 1:56:34 | 5:28 |
| 137 | 5028 | Schadowski, Bernd | 72 | GER | *Jülich | 957 | 1106 | 1:55:43 | 1:57:17 | 5:29 |
| 138 | 4863 | Zaman, Okan | 74 | GER | *Duisburg | 958 | 1107 | 1:55:43 | 1:57:38 | 5:29 |
| 139 | 3536 | Wolf, Markus | 72 | GER | SG Ruhrgas 1929 | 972 | 1124 | 1:55:58 | 1:57:54 | 5:29 |
| 140 | 4635 | Fichera, Andreas | 73 | GER | *Essen | 984 | 1140 | 1:56:09 | 1:57:12 | 5:30 |
| 141 | 4662 | Hauptstock, Oliver | 71 | GER | Laufschule Dortmund by bunert | 987 | 1144 | 1:56:12 | 1:57:20 | 5:30 |
| 142 | 3196 | Godlewski, Thomas | 71 | GER | LT Kettwig 2000 | 995 | 1157 | 1:56:21 | 1:57:54 | 5:30 |
| 143 | 4319 | Rosa, Marcell | 74 | GER | FC Grün-Weiß Lankern | 1012 | 1185 | 1:56:44 | 1:57:48 | 5:31 |
| 144 | 3460 | Caspers, Peter | 73 | GER | *Erkelenz | 1022 | 1199 | 1:56:58 | 1:57:58 | 5:32 |
| 145 | 5054 | Kortbus, Berthold | 70 | GER | *Legden | 1031 | 1209 | 1:57:04 | 1:59:22 | 5:32 |
| 146 | 4970 | Klostermann, Oliver | 71 | GER | *Duisburg | 1034 | 1213 | 1:57:07 | 1:58:45 | 5:33 |
| 147 | 3940 | Kolodzie, Manuel | 74 | GER | Die Gazellen | 1046 | 1232 | 1:57:27 | 1:58:55 | 5:33 |
| 148 | 4153 | Kirschberger, Thorsten | 71 | GER | *Witten | 1050 | 1237 | 1:57:37 | 1:58:59 | 5:34 |
| 149 | 5198 | Wigger, Andreas | 71 | GER | *Essen | 1055 | 1244 | 1:57:43 | 1:59:06 | 5:34 |
| 150 | 4386 | Sundermann, Frank | 72 | GER | *Erkrath | 1056 | 1246 | 1:57:44 | 1:59:47 | 5:34 |
| 151 | 4406 | Tretschock, Stephan | 74 | GER | EtuS Bissingheim | 1067 | 1261 | 1:57:53 | 1:58:45 | 5:35 |
| 152 | 4926 | Cetin, Murat | 74 | GER | *Oberhausen | 1070 | 1265 | 1:57:54 | 1:59:39 | 5:35 |
| 153 | 4942 | Fahmy, Ahmed | 71 | GER | *Duisburg | 1081 | 1278 | 1:58:02 | 1:59:03 | 5:35 |
| 154 | 3220 | Altenweg, Erik | 70 | GER | Viktoria Buchholz | 1086 | 1285 | 1:58:07 | 1:59:36 | 5:35 |
| 155 | 4200 | Langewellpoth, Wolfgang | 71 | GER | cundus AG | 1095 | 1298 | 1:58:17 | 1:59:57 | 5:36 |
| 156 | 4982 | Holdmann, Tim | 70 | GER | *Duisburg | 1096 | 1299 | 1:58:18 | 1:59:09 | 5:36 |
| 157 | 4215 | Lirka, Frank | 72 | GER | *Bochum | 1101 | 1311 | 1:58:24 | 1:59:02 | 5:36 |
| 158 | 4027 | Büscher, Michael | 73 | GER | TuS Gellep | 1104 | 1317 | 1:58:29 | 1:59:56 | 5:36 |
| 159 | 3328 | Bunte, Stefan | 73 | GER | *Essen | 1105 | 1319 | 1:58:30 | 2:00:22 | 5:36 |

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Ergebnisse Männer M40

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|----------------------------|----|-----|------------------------------|-------|------|---------|---------|------|
| 160 | 3320 | Stöckert, Michael | 71 | GER | AS Neukirchen-Vluyn | 1109 | 1324 | 1:58:32 | 1:59:40 | 5:37 |
| 161 | 4492 | Siekmann, Michael | 70 | GER | Ausdauerschule by Bunert | 1126 | 1349 | 1:58:58 | 1:59:54 | 5:38 |
| 162 | 4772 | Reich, Ronald | 71 | GER | *Dortmund | 1152 | 1391 | 1:59:55 | 2:01:24 | 5:41 |
| 163 | 3376 | Dolle, Stefan | 73 | GER | Team ERDINGER Alkoholfrei | 1163 | 1408 | 2:00:28 | 2:00:47 | 5:42 |
| 164 | 4112 | Hildmann, Thomas | 71 | GER | AHK Team | 1174 | 1436 | 2:01:17 | 2:03:07 | 5:44 |
| 165 | 4565 | Teresiak, Frank | 70 | GER | *Neukirchen-Vluyn | 1180 | 1446 | 2:01:26 | 2:03:02 | 5:45 |
| 166 | 3294 | Gröppler, Markus | 72 | GER | *Grevenbroich | 1192 | 1463 | 2:01:49 | 2:03:45 | 5:46 |
| 167 | 3954 | Genter, Oliver | 72 | GER | Team EPO | 1193 | 1464 | 2:01:52 | 2:03:14 | 5:46 |
| 168 | 4647 | Gliff, Thomas | 72 | GER | LC Duisburg | 1204 | 1487 | 2:02:24 | 2:04:54 | 5:48 |
| 169 | 3757 | Höniq, Martin | 70 | GER | *Viersen | 1216 | 1501 | 2:02:43 | 2:03:15 | 5:48 |
| 170 | 5000 | Tünnermann, Uwe | 70 | GER | LC Duisburg | 1226 | 1516 | 2:03:04 | 2:04:52 | 5:49 |
| 171 | 4226 | Masbaum, Carsten | 70 | GER | *Wuppertal | 1269 | 1584 | 2:04:56 | 2:06:37 | 5:55 |
| 172 | 3291 | Hopperdietzel, Andreas | 73 | GER | BV Borussia 09 e.V. Dortmund | 1275 | 1594 | 2:05:03 | 2:06:14 | 5:55 |
| 173 | 3663 | Dorloff, Elli | 71 | GER | *Duisburg | 1277 | 1596 | 2:05:05 | 2:07:36 | 5:55 |
| 174 | 3293 | Kellner, Jürgen | 72 | GER | SG Ruhrgas 1929 | 1280 | 1602 | 2:05:13 | 2:06:43 | 5:56 |
| 175 | 4167 | Kocar, Axel | 70 | GER | *Duisburg | 1284 | 1608 | 2:05:20 | 2:07:19 | 5:56 |
| 176 | 3535 | Kauker, Marcus Stephan | 73 | GER | Hünsborn die Härte | 1286 | 1610 | 2:05:22 | 2:06:53 | 5:56 |
| 177 | 4966 | Klingelhöfer, Markus | 73 | GER | *Duisburg | 1296 | 1624 | 2:05:48 | 2:08:22 | 5:57 |
| 178 | 4165 | Knutzen, Thomas | 73 | GER | *Moers | 1305 | 1638 | 2:06:02 | 2:08:07 | 5:58 |
| 179 | 3124 | Hasley, Christian | 72 | GER | Oberhausener TV | 1310 | 1647 | 2:06:19 | 2:07:39 | 5:59 |
| 180 | 4534 | Broll, Adam Sylvester | 73 | GER | *Königsbrunn | 1311 | 1648 | 2:06:19 | 2:09:18 | 5:59 |
| 181 | 3478 | Mertens, Frank | 74 | GER | LC Siepenkothen | 1317 | 1658 | 2:06:35 | 2:08:16 | 5:59 |
| 182 | 4038 | Deiwick, Andreas | 73 | GER | *Krefeld | 1320 | 1661 | 2:06:42 | 2:08:53 | 6:00 |
| 183 | 3394 | Zimmermann, Marco | 74 | GER | *Wesel | 1328 | 1680 | 2:07:13 | 2:07:55 | 6:01 |
| 184 | 4798 | Schlette, Dr. Marc | 71 | GER | LC Duisburg | 1334 | 1687 | 2:07:37 | 2:10:02 | 6:02 |
| 185 | 4465 | Mörsch, Sascha | 71 | GER | LT Haumannplatz Essen | 1344 | 1711 | 2:08:12 | 2:08:49 | 6:04 |
| 186 | 3252 | Speh, Michael | 71 | GER | *Duisburg | 1366 | 1745 | 2:08:59 | 2:10:45 | 6:06 |
| 187 | 4400 | Tischbirek, Mario | 70 | GER | *Duisburg | 1382 | 1771 | 2:09:45 | 2:10:54 | 6:08 |
| 188 | 3195 | Burello, Mario | 70 | GER | *Witten | 1387 | 1782 | 2:09:55 | 2:12:20 | 6:09 |
| 189 | 3482 | Berntzen, Holger | 71 | GER | *Essen | 1392 | 1792 | 2:10:12 | 2:12:30 | 6:10 |
| 190 | 4851 | Wiesmann, Christoph | 70 | GER | *Selm | 1398 | 1802 | 2:10:30 | 2:12:35 | 6:11 |
| 191 | 3971 | Panhey, Ralf | 71 | GER | *Duisburg | 1415 | 1827 | 2:10:58 | 2:13:31 | 6:12 |
| 192 | 4979 | Maar, Jörg | 70 | GER | *Krefeld | 1424 | 1848 | 2:11:26 | 2:11:41 | 6:13 |
| 193 | 3892 | Swider, Derk | 74 | GER | *Düsseldorf | 1429 | 1855 | 2:11:33 | 2:13:24 | 6:14 |
| 194 | 4128 | Isozaki, Manabu | 72 | JPN | *Düsseldorf | 1447 | 1881 | 2:12:11 | 2:14:41 | 6:15 |
| 195 | 3641 | Franzen, Dirk | 73 | GER | *Mülheim an der Ruhr | 1462 | 1909 | 2:12:36 | 2:14:38 | 6:17 |
| 196 | 4047 | Dürrbaum, Ingo | 74 | GER | *Moers | 1471 | 1928 | 2:12:58 | 2:15:21 | 6:18 |
| 197 | 3880 | Schwede, Joachim | 70 | GER | FoKuS Selm | 1503 | 1993 | 2:14:16 | 2:16:37 | 6:21 |
| 198 | 4834 | Ubach, Thorsten | 71 | GER | *Castrop-Rauxel | 1505 | 1996 | 2:14:17 | 2:15:42 | 6:21 |
| 199 | 4121 | Hornickel, Markus | 70 | GER | *Oberhausen | 1515 | 2010 | 2:14:53 | 2:17:01 | 6:23 |
| 200 | 4337 | Schienze, Thorsten | 72 | GER | *Sendenhorst | 1521 | 2018 | 2:15:04 | 2:17:43 | 6:24 |
| 201 | 3167 | Wackerbeck, Sven | 73 | GER | *Duisburg | 1531 | 2043 | 2:16:06 | 2:18:23 | 6:27 |
| 202 | 5023 | Mumcu, Erdal | 71 | GER | Ianxess | 1535 | 2050 | 2:16:13 | 2:18:42 | 6:27 |
| 203 | 4886 | Olleniak, Christoph | 71 | GER | TTC Werden | 1546 | 2072 | 2:16:43 | 2:16:58 | 6:28 |
| 204 | 4222 | Majer, Marek | 74 | GER | *Düsseldorf | 1564 | 2096 | 2:18:05 | 2:20:51 | 6:32 |
| 205 | 4414 | Von Stoltzenberg, Thorsten | 73 | GER | *Duisburg | 1565 | 2105 | 2:18:43 | 2:19:58 | 6:34 |
| 206 | 3921 | Pomp, Thorsten | 73 | GER | Trimm Dich Crew | 1568 | 2112 | 2:19:06 | 2:21:06 | 6:35 |
| 207 | 3574 | Wittenberg, Peter | 74 | GER | *Solingen | 1579 | 2137 | 2:20:37 | 2:23:00 | 6:39 |
| 208 | 4868 | Zupp, Christian | 73 | GER | *Duisburg | 1581 | 2142 | 2:20:50 | 2:23:18 | 6:40 |
| 209 | 3020 | Fünders, Guido | 73 | GER | *Kaarst | 1596 | 2180 | 2:22:40 | 2:25:25 | 6:45 |
| 210 | 3893 | Althoff, Michael | 72 | GER | *Herne | 1597 | 2181 | 2:22:44 | 2:25:32 | 6:45 |
| 211 | 3911 | Götsch, Ullrich | 73 | GER | *Moers | 1612 | 2214 | 2:24:23 | 2:26:50 | 6:50 |
| 212 | 3186 | Ruhnau, Ingo | 74 | GER | Mouseisbaeren | 1634 | 2259 | 2:27:08 | 2:29:02 | 6:58 |

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Ergebnisse Männer M40

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|------------------|----|-----|-----------------|-------|------|---------|---------|------|
| 213 | 8054 | Bartels, Guido | 74 | GER | *Duisburg | 1638 | 2267 | 2:27:19 | 2:28:43 | 6:58 |
| 214 | 3187 | Seidler, Bernd | 73 | GER | SG Ruhrgas 1929 | 1671 | 2341 | 2:33:30 | 2:36:10 | 7:16 |
| 215 | 4440 | Zachar, Tibor | 72 | CZE | *Kreuztal | 1672 | 2342 | 2:33:33 | 2:36:03 | 7:16 |
| 216 | 3797 | Masiorek, Markus | 72 | GER | *Viersen | 1678 | 2353 | 2:34:32 | 2:37:17 | 7:19 |
| 217 | 3689 | Bovelet, Dirk | 73 | GER | *Duisburg | 1682 | 2370 | 2:37:02 | 2:39:28 | 7:26 |
| 218 | 3545 | Pfeiffer, Paul | 71 | GER | Team EPO | 1683 | 2371 | 2:37:22 | 2:38:47 | 7:27 |
| 219 | 4203 | Lauber, Carsten | 71 | GER | *Herdecke | 1692 | 2395 | 2:41:27 | 2:44:21 | 7:39 |

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Ergebnisse Männer M45

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|------------------------------|----|-----|--------------------------|-------|-----|---------|---------|------|
| 1 | 3089 | Spangenberg, Markus | 65 | GER | ASV Duisburg | 17 | 18 | 1:20:15 | 1:20:16 | 3:48 |
| 2 | 3145 | Bizjak, Roman | 66 | GER | LG Senk&Spreizfuß | 27 | 29 | 1:22:28 | 1:22:30 | 3:54 |
| 3 | 4405 | Torz, Jan | 67 | GER | *Moers | 38 | 41 | 1:23:54 | 1:24:01 | 3:58 |
| 4 | 3452 | Stolecki, Stephan | 68 | GER | Tri-Team TG Witten | 41 | 44 | 1:24:06 | 1:24:10 | 3:59 |
| 5 | 3776 | Scaramuzzo, Giuseppe | 65 | ITA | TGH Wetter | 47 | 51 | 1:26:05 | 1:26:08 | 4:04 |
| 6 | 3746 | Weigang, Frank | 66 | GER | TUSEM Essen | 48 | 52 | 1:26:08 | 1:26:13 | 4:04 |
| 7 | 4293 | Podrasa, Frank | 67 | GER | *Sonsbeck | 51 | 55 | 1:26:22 | 1:26:28 | 4:05 |
| 8 | 3112 | Losch, Stefan | 68 | GER | TUSEM Essen | 54 | 58 | 1:26:29 | 1:26:34 | 4:05 |
| 9 | 4812 | Sgouradis, Panagiotis | 66 | GRC | *Lüdenscheid | 60 | 67 | 1:27:46 | 1:27:55 | 4:09 |
| 10 | 3907 | Töller, Mike Stefan | 69 | GER | LG Alpen | 61 | 68 | 1:27:47 | 1:27:54 | 4:09 |
| 11 | 3382 | Hüser, Dirk | 65 | GER | LG Theater Essen | 62 | 69 | 1:27:53 | 1:28:02 | 4:09 |
| 12 | 4815 | Sommer, Klaus | 68 | GER | LT FC 06 Rurdorf | 65 | 73 | 1:28:27 | 1:28:35 | 4:11 |
| 13 | 4535 | Bryll, Holger | 68 | GER | Apotheke Mattenklotz | 66 | 74 | 1:28:36 | 1:28:42 | 4:11 |
| 14 | 3446 | Jäckel, Christoph | 68 | GER | *Velbert | 67 | 75 | 1:28:41 | 1:28:51 | 4:12 |
| 15 | 4056 | Erbe, Michael | 69 | GER | *Dortmund | 68 | 76 | 1:28:51 | 1:29:19 | 4:12 |
| 16 | 4606 | Brunen, Burkhard | 69 | GER | Kein Verein | 70 | 78 | 1:28:54 | 1:28:57 | 4:12 |
| 17 | 4861 | Wrobel, Arndt | 69 | GER | *Essen | 78 | 86 | 1:29:18 | 1:29:33 | 4:13 |
| 18 | 4914 | Vogler, Stephan | 69 | GER | Adler-Langlauf-Bottrop | 84 | 92 | 1:29:45 | 1:29:54 | 4:15 |
| 19 | 3933 | Ritthoff, Michael | 68 | GER | *Duisburg | 85 | 93 | 1:29:46 | 1:29:53 | 4:15 |
| 20 | 3114 | Beier, Michael | 69 | GER | ASV Duisburg | 87 | 95 | 1:29:48 | 1:29:54 | 4:15 |
| 21 | 4873 | Nielsen, Jens | 68 | GER | *Düsseldorf | 88 | 96 | 1:29:48 | 1:29:52 | 4:15 |
| 22 | 4579 | Aschenbruck, Michael | 69 | GER | *Bochum | 94 | 102 | 1:29:55 | 1:30:03 | 4:15 |
| 23 | 3521 | Orthey, Michael | 67 | GER | LT Bittermark Dortmund | 95 | 103 | 1:30:00 | 1:30:08 | 4:15 |
| 24 | 4657 | Groll, Oliver | 69 | GER | *Bochum | 111 | 120 | 1:30:41 | 1:30:56 | 4:17 |
| 25 | 4672 | Hoffmann, Markus | 67 | GER | LA SV Herten | 115 | 124 | 1:30:49 | 1:30:54 | 4:18 |
| 26 | 3216 | Le Roux, Alain | 66 | FRA | - | 120 | 130 | 1:31:12 | 1:31:19 | 4:19 |
| 27 | 3916 | Schacht, Andreas | 67 | GER | LGO Bochum | 129 | 139 | 1:31:40 | 1:31:49 | 4:20 |
| 28 | 3050 | Theisen, Volker | 66 | GER | SV Bayer Uerdingen 05 | 132 | 142 | 1:32:05 | 1:32:13 | 4:21 |
| 29 | 3166 | Gebauer, Bernd | 65 | GER | LGO Dortmund | 134 | 144 | 1:32:12 | 1:32:23 | 4:22 |
| 30 | 4712 | Kulot, Holger | 68 | GER | www.uli-sauer.de/ | 137 | 147 | 1:32:22 | 1:32:27 | 4:22 |
| 31 | 4108 | Helmberg, Volker | 65 | GER | Saamer Kämpfer | 139 | 149 | 1:32:32 | 1:32:40 | 4:23 |
| 32 | 3101 | Schäfer, Dirk | 66 | GER | PV-Triathlon Witten | 143 | 153 | 1:32:45 | 1:32:51 | 4:23 |
| 33 | 3869 | Donai, Dirk | 65 | GER | ASV Duisburg | 148 | 159 | 1:33:13 | 1:33:24 | 4:25 |
| 34 | 5057 | Pavlic, Josh | 66 | GER | LT Bittermark Dortmund | 149 | 160 | 1:33:13 | 1:33:18 | 4:25 |
| 35 | 3395 | Rehberg, Thorsten | 69 | GER | Triathlon TEAM TG Witten | 161 | 174 | 1:33:55 | 1:34:03 | 4:27 |
| 36 | 3912 | Heisel, Dirk | 68 | GER | *Duisburg | 166 | 179 | 1:34:17 | 1:34:27 | 4:28 |
| 37 | 3181 | Priese, Thomas | 67 | GER | *Dortmund | 169 | 183 | 1:34:27 | 1:34:51 | 4:28 |
| 38 | 4846 | Walburg, Andreas | 68 | GER | *Mülheim an der Ruhr | 172 | 186 | 1:34:39 | 1:34:50 | 4:29 |
| 39 | 5012 | Hartwig, Martin | 65 | GER | *Recklinghausen | 176 | 192 | 1:34:51 | 1:34:57 | 4:29 |
| 40 | 4646 | Gehrke, Klaus | 66 | GER | Team Walburga | 178 | 195 | 1:34:57 | 1:35:08 | 4:29 |
| 41 | 5025 | Dorn, Michael | 66 | GER | *Holzwickede | 179 | 196 | 1:34:59 | 1:35:23 | 4:30 |
| 42 | 3107 | Düren, Andreas | 65 | GER | BO Running Team | 186 | 203 | 1:35:23 | 1:35:34 | 4:31 |
| 43 | 3739 | Plesnik, Marko | 67 | GER | Lüttringhauser TV | 191 | 208 | 1:35:35 | 1:35:50 | 4:31 |
| 44 | 4810 | Seiche, Frank | 69 | GER | LT Bittermark Dortmund | 194 | 211 | 1:35:43 | 1:35:50 | 4:32 |
| 45 | 3237 | Kohl, Christof | 65 | GER | *Essen | 196 | 213 | 1:35:51 | 1:36:18 | 4:32 |
| 46 | 3354 | Frenz, Andreas | 69 | GER | *Bonn | 197 | 214 | 1:35:53 | 1:35:57 | 4:32 |
| 47 | 3232 | Hankel, Rüdiger | 65 | GER | *Essen | 202 | 219 | 1:36:15 | 1:36:42 | 4:33 |
| 48 | 4805 | Schulte-Fischedick, Bernhard | 66 | GER | *Mülheim | 203 | 220 | 1:36:16 | 1:36:18 | 4:33 |
| 49 | 3768 | Lange, Udo | 65 | GER | TuS Weiershagen-Forst | 207 | 225 | 1:36:29 | 1:37:00 | 4:34 |
| 50 | 4459 | Wrobel, Andreas | 65 | GER | Feuerwehr Bochum | 212 | 230 | 1:36:38 | 1:36:52 | 4:34 |
| 51 | 4978 | Schürmann, Rolf | 68 | GER | MSV Duisburg | 213 | 231 | 1:36:40 | 1:37:11 | 4:34 |
| 52 | 3324 | Preißdorf, Thomas | 69 | GER | SC Patagonicus | 221 | 240 | 1:37:12 | 1:37:42 | 4:36 |
| 53 | 3993 | Pretorius, Dirk | 69 | GER | LG Donatus Erfstadt | 224 | 243 | 1:37:20 | 1:37:56 | 4:36 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M45

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|----------------------|----|-----|-----------------------------|-------|-----|---------|---------|------|
| 54 | 3218 | Schmieta, Udo | 69 | GER | *Wuppertal | 228 | 247 | 1:37:32 | 1:37:53 | 4:37 |
| 55 | 3033 | Küpper, Thomas | 65 | GER | LC Duisburg | 229 | 248 | 1:37:37 | 1:38:00 | 4:37 |
| 56 | 4594 | Bimmermann, Matthias | 65 | GER | *Dortmund | 233 | 252 | 1:37:47 | 1:38:11 | 4:38 |
| 57 | 3751 | Hansen, Jörg | 65 | GER | *Duisburg | 239 | 258 | 1:37:57 | 1:38:23 | 4:38 |
| 58 | 4831 | Traeger, Thorsten | 65 | GER | keiner | 242 | 261 | 1:38:06 | 1:38:29 | 4:38 |
| 59 | 3128 | Micus, Werner | 69 | GER | DSC Preußen Duisburg | 243 | 262 | 1:38:06 | 1:38:25 | 4:38 |
| 60 | 3428 | Jansen, Christian | 68 | GER | Athletik Waldniel | 244 | 264 | 1:38:09 | 1:38:23 | 4:39 |
| 61 | 3683 | Ambaum, Guido | 65 | GER | *Duisburg | 248 | 270 | 1:38:21 | 1:38:44 | 4:39 |
| 62 | 3138 | Malz, Wernus | 66 | GER | Danish Dynamite | 251 | 273 | 1:38:34 | 1:38:51 | 4:40 |
| 63 | 3838 | Mann, Oliver | 69 | GER | *Herne | 262 | 285 | 1:38:58 | 1:39:23 | 4:41 |
| 64 | 4585 | Barteck, Dirk | 66 | GER | *Essen | 264 | 287 | 1:39:06 | 1:39:22 | 4:41 |
| 65 | 4095 | Grygiel, Mariusz | 66 | POL | *dortmund | 265 | 288 | 1:39:07 | 1:39:16 | 4:41 |
| 66 | 3207 | Wolters, Dr. Oliver | 69 | GER | Borussia Mönchengladbach | 283 | 309 | 1:39:31 | 1:39:41 | 4:42 |
| 67 | 3265 | Müller, Jörg | 68 | GER | LT Mattlerbusch | 284 | 310 | 1:39:32 | 1:39:42 | 4:43 |
| 68 | 3766 | Geltenpoth, Guido | 69 | GER | Team Erdinger Alkoholfrei | 291 | 320 | 1:39:50 | 1:40:19 | 4:43 |
| 69 | 4669 | Herholz, Volkmar | 67 | GER | AS Neukirchen-Vluyn | 294 | 323 | 1:39:53 | 1:40:09 | 4:44 |
| 70 | 3729 | Kolb, Dr. Stefan | 68 | GER | *Dortmund | 296 | 325 | 1:39:57 | 1:40:17 | 4:44 |
| 71 | 3520 | Braun, Marc | 68 | GER | TUS Breitscheid | 301 | 330 | 1:40:19 | 1:41:05 | 4:45 |
| 72 | 4807 | Schulz, Wolfgang | 67 | GER | *Lüdenscheid | 316 | 347 | 1:40:46 | 1:40:55 | 4:46 |
| 73 | 3953 | Plank, Peter | 66 | GER | *Wesel | 326 | 357 | 1:41:13 | 1:41:49 | 4:47 |
| 74 | 4550 | Kengels, Torsten | 68 | GER | Siempelkamp | 339 | 371 | 1:41:36 | 1:41:54 | 4:48 |
| 75 | 3111 | Behlert, Jürgen | 67 | GER | TuS Sythen | 341 | 374 | 1:41:47 | 1:42:25 | 4:49 |
| 76 | 3853 | Janko, Hans-Jörg | 66 | GER | LG Donatus Erftstadt | 342 | 375 | 1:41:48 | 1:42:08 | 4:49 |
| 77 | 4841 | Vohl, Thomas | 66 | GER | *Meerbusch | 343 | 376 | 1:41:48 | 1:42:07 | 4:49 |
| 78 | 4335 | Schenk, Klaus | 66 | GER | running4fun.net | 346 | 380 | 1:41:52 | 1:42:41 | 4:49 |
| 79 | 3581 | Imberger, Frank | 65 | GER | *Bochum | 347 | 381 | 1:41:53 | 1:42:29 | 4:49 |
| 80 | 4636 | Flügge, Thomas | 69 | GER | Meiderich 06/95 | 362 | 399 | 1:42:14 | 1:42:55 | 4:50 |
| 81 | 3625 | Arling, Bernhard | 68 | GER | *Hagen | 363 | 400 | 1:42:15 | 1:43:03 | 4:50 |
| 82 | 4929 | Struttmann, Dietmar | 65 | GER | LC Duisburg | 364 | 402 | 1:42:18 | 1:43:05 | 4:50 |
| 83 | 3272 | Wiechers, Andre | 65 | GER | Angerland LT Lintorf | 381 | 420 | 1:42:40 | 1:43:03 | 4:51 |
| 84 | 3284 | Miksche, Ronald | 66 | GER | *Düsseldorf | 389 | 429 | 1:42:54 | 1:43:24 | 4:52 |
| 85 | 3946 | Amerkamp, Andreas | 68 | GER | Amermund Runner`s | 396 | 436 | 1:43:08 | 1:43:32 | 4:53 |
| 86 | 3690 | Sondermann, Arnd | 66 | GER | ASCD | 402 | 443 | 1:43:12 | 1:43:48 | 4:53 |
| 87 | 4985 | Färber, Dr. Andreas | 68 | GER | *Düsseldorf | 405 | 446 | 1:43:13 | 1:43:50 | 4:53 |
| 88 | 3173 | Fischer, Günter | 66 | GER | *Geldern-Kapellen | 407 | 449 | 1:43:14 | 1:43:44 | 4:53 |
| 89 | 3848 | Köster, Christof | 69 | GER | Marathonteam Ratingen | 408 | 450 | 1:43:14 | 1:43:59 | 4:53 |
| 90 | 4692 | Keller, Christoph | 69 | GER | Möllen Runner | 409 | 451 | 1:43:15 | 1:44:06 | 4:53 |
| 91 | 4787 | Rommel, Andre | 69 | GER | *Mülheim | 410 | 452 | 1:43:18 | 1:43:46 | 4:53 |
| 92 | 3274 | Muth, Karsten | 66 | GER | SG Ruhrgas 1929 | 414 | 456 | 1:43:22 | 1:44:12 | 4:53 |
| 93 | 3902 | Hummitzsch, Jörg | 69 | GER | Duisburger - Kalender | 416 | 458 | 1:43:27 | 1:43:59 | 4:54 |
| 94 | 4839 | Vogel, Marcus Rudolf | 67 | NLD | *Rheurdt | 420 | 462 | 1:43:32 | 1:44:12 | 4:54 |
| 95 | 3960 | Gregorius, Achim | 68 | GER | Team Erdinger Alkoholfrei | 429 | 471 | 1:43:43 | 1:44:24 | 4:54 |
| 96 | 4586 | Baumann, Norbert | 65 | GER | *Duisburg | 437 | 479 | 1:43:54 | 1:44:46 | 4:55 |
| 97 | 3062 | Seuchter, Rainer | 67 | GER | DSSC 09/20 | 440 | 483 | 1:43:59 | 1:44:38 | 4:55 |
| 97 | 3816 | Kempin, Dietmar | 67 | GER | DSSC 09/20 | 440 | 483 | 1:43:59 | 1:44:38 | 4:55 |
| 99 | 4650 | Gonda, Harald | 67 | GER | *Werl | 442 | 485 | 1:43:59 | 1:45:21 | 4:55 |
| 100 | 4865 | Zielkas, Ioannis | 67 | GRC | Turbo Schnecken Lüdenscheid | 457 | 503 | 1:44:18 | 1:44:34 | 4:56 |
| 101 | 3754 | Canbaz, Onur | 67 | GER | LC Duisburg | 460 | 506 | 1:44:24 | 1:45:00 | 4:56 |
| 102 | 145 | Marquardt, Dirk | 69 | GER | LC Duisburg | 462 | 508 | 1:44:25 | 1:44:59 | 4:56 |
| 103 | 4466 | Albrecht, Jörg | 67 | GER | *Duisburg | 465 | 511 | 1:44:26 | 1:45:07 | 4:56 |
| 104 | 4461 | dombrowski, jürgen | 65 | GER | sc union bergen | 468 | 514 | 1:44:32 | 1:44:40 | 4:57 |
| 105 | 4803 | Schubbert, Michael | 69 | GER | Moerser TV Triathlon | 481 | 528 | 1:44:42 | 1:45:25 | 4:57 |
| 106 | 3522 | Ohst, Holger | 65 | GER | *Duisburg | 491 | 541 | 1:45:03 | 1:45:23 | 4:58 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M45

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-----------------------|----|-----|---------------------------|-------|-----|---------|---------|------|
| 107 | 3079 | Brandenburg, Robert | 67 | GER | *Issum | 492 | 542 | 1:45:04 | 1:45:31 | 4:58 |
| 108 | 3024 | Avdiu, Sami | 69 | GER | Helios Iron Team HIT | 497 | 548 | 1:45:15 | 1:45:34 | 4:59 |
| 109 | 4820 | Steinrötter, Michael | 68 | GER | Königsblaue Sprinter | 500 | 553 | 1:45:28 | 1:45:43 | 4:59 |
| 110 | 4601 | Bongartz, Axel | 67 | GER | *Bochum | 503 | 556 | 1:45:30 | 1:46:19 | 5:00 |
| 111 | 3785 | Krause, Manfred | 66 | GER | Duisburg | 504 | 558 | 1:45:33 | 1:47:11 | 5:00 |
| 112 | 4097 | Haastert, Robert | 69 | GER | *Duisburg | 509 | 563 | 1:45:36 | 1:46:11 | 5:00 |
| 113 | 3787 | Küffen, Holger | 67 | GER | *Hattingen | 511 | 565 | 1:45:37 | 1:45:59 | 5:00 |
| 114 | 4653 | Graf, Matthias | 65 | GER | *Mülheim | 513 | 568 | 1:45:42 | 1:46:11 | 5:00 |
| 115 | 5052 | Scheffer, Volker | 67 | GER | *Oberhausen | 517 | 573 | 1:45:49 | 1:46:19 | 5:00 |
| 116 | 4474 | Frank, Thomas | 67 | GER | *Rheinberg | 526 | 587 | 1:46:06 | 1:46:29 | 5:01 |
| 117 | 4729 | Markmann, Michael | 69 | GER | *Dortmund | 531 | 595 | 1:46:15 | 1:46:43 | 5:02 |
| 118 | 4329 | Schaberg, Nando | 68 | GER | *Duisburg | 532 | 596 | 1:46:16 | 1:47:20 | 5:02 |
| 119 | 3695 | Plein, Rainer | 66 | GER | Kakabulla Running Team | 540 | 607 | 1:46:24 | 1:46:55 | 5:02 |
| 120 | 3832 | Bartels, Carsten | 69 | GER | *Moers | 546 | 614 | 1:46:30 | 1:46:57 | 5:02 |
| 121 | 3226 | Ruddigkeit, Bernd | 66 | GER | Kakabulla Running Team | 550 | 618 | 1:46:33 | 1:47:02 | 5:02 |
| 122 | 3736 | Looschelders, Dirk | 65 | GER | Lauffreunde RaDi | 556 | 625 | 1:46:47 | 1:47:20 | 5:03 |
| 123 | 3607 | Ehrlich, Carsten | 67 | GER | *Duisburg | 560 | 630 | 1:46:53 | 1:47:48 | 5:03 |
| 124 | 3562 | Hallen, Jörg | 65 | GER | Team Erdinger Alkoholfrei | 572 | 644 | 1:47:06 | 1:47:43 | 5:04 |
| 125 | 4276 | Paffendorf, Holger | 66 | GER | Roadrunner Urfeld | 573 | 645 | 1:47:08 | 1:48:24 | 5:04 |
| 126 | 4563 | Schönrock, Thomas | 65 | GER | *Duisburg | 575 | 647 | 1:47:09 | 1:48:07 | 5:04 |
| 127 | 3670 | Heinol, Harry | 66 | GER | *Duisburg | 594 | 668 | 1:47:34 | 1:48:15 | 5:05 |
| 128 | 3692 | Jacobs, Andreas | 68 | GER | Kakabulla Runningteam | 597 | 673 | 1:47:40 | 1:48:50 | 5:06 |
| 129 | 4950 | Roddeck, Markus | 68 | GER | LC Duisburg | 601 | 677 | 1:47:46 | 1:48:25 | 5:06 |
| 130 | 3090 | Tegründe, Stephan | 68 | GER | *Duisburg | 606 | 683 | 1:47:53 | 1:48:06 | 5:06 |
| 131 | 3818 | Missner, Olaf | 68 | GER | *Dortmund | 611 | 689 | 1:47:56 | 1:48:20 | 5:06 |
| 132 | 3171 | Hilberger, Christian | 67 | GER | ERGO sports | 620 | 700 | 1:48:13 | 1:49:56 | 5:07 |
| 133 | 4665 | Heinen, Martin | 66 | GER | IKK classic | 628 | 708 | 1:48:24 | 1:49:33 | 5:08 |
| 134 | 3048 | Janscheidt, Olaf | 67 | GER | 1907 | 629 | 711 | 1:48:26 | 1:49:27 | 5:08 |
| 135 | 3820 | Lichtenstein, Jörg | 68 | GER | AS Neukirchen-Vluyn | 630 | 712 | 1:48:27 | 1:49:44 | 5:08 |
| 136 | 3488 | Hermann, Michael | 66 | GER | Schalke 04 | 633 | 715 | 1:48:40 | 1:49:24 | 5:09 |
| 137 | 4463 | Herrmann, Andreas | 67 | GER | LF Dortmund Sölde | 635 | 720 | 1:48:50 | 1:49:06 | 5:09 |
| 138 | 4424 | Wengeler, Jens-Oliver | 69 | GER | *Meerbusch | 645 | 734 | 1:49:01 | 1:49:43 | 5:10 |
| 139 | 4358 | Schreiber, Frank | 67 | GER | *Duisburg | 648 | 739 | 1:49:04 | 1:49:45 | 5:10 |
| 140 | 3938 | Villis, Roland | 66 | GER | *Castrop-Rauxel | 658 | 751 | 1:49:11 | 1:50:00 | 5:10 |
| 141 | 4542 | Ehlers, Carsten | 67 | GER | Siempelkamp | 667 | 761 | 1:49:20 | 1:49:40 | 5:10 |
| 142 | 3013 | Lemke, Robert | 67 | GER | LG Donatus Erfstadt | 668 | 763 | 1:49:22 | 1:49:57 | 5:11 |
| 143 | 4491 | Kremer, Andreas | 66 | GER | *Düsseldorf | 670 | 765 | 1:49:23 | 1:50:48 | 5:11 |
| 144 | 4845 | Vossen, Heinz | 65 | GER | *Stolberg | 680 | 777 | 1:49:34 | 1:49:56 | 5:11 |
| 145 | 3415 | Schlömann, Thomas | 68 | GER | *Bochum | 681 | 778 | 1:49:34 | 1:50:44 | 5:11 |
| 146 | 3287 | Zeppenfeld, Michael | 69 | GER | *Oberhausen | 688 | 785 | 1:49:46 | 1:51:03 | 5:12 |
| 147 | 4992 | Weiß, André | 69 | GER | *Oberhausen | 689 | 786 | 1:49:46 | 1:51:04 | 5:12 |
| 148 | 3629 | Lessing, Christian | 65 | GER | C&K Running | 691 | 788 | 1:49:49 | 1:51:41 | 5:12 |
| 149 | 4608 | Bulat, Üzeyir | 67 | GER | *Gelsenkirchen | 696 | 794 | 1:49:58 | 1:51:03 | 5:12 |
| 150 | 5019 | Hartmann, Michael | 69 | GER | *Dinslaken | 706 | 807 | 1:50:16 | 1:50:51 | 5:13 |
| 151 | 3369 | Hövel, Michael | 68 | GER | *Duisburg | 720 | 823 | 1:50:33 | 1:51:47 | 5:14 |
| 152 | 4670 | Hessels, Arne | 66 | GER | *Neukirchen-Vluyn | 723 | 827 | 1:50:37 | 1:51:36 | 5:14 |
| 153 | 3309 | Günner, Carsten | 67 | GER | Die Stolperer | 726 | 831 | 1:50:44 | 1:51:55 | 5:14 |
| 154 | 3891 | Breznikar, Lars | 68 | GER | *Rheinberg | 731 | 838 | 1:50:49 | 1:51:38 | 5:15 |
| 155 | 3316 | Zinn, Andreas | 69 | GER | PV-Triathlon Witten | 741 | 849 | 1:51:08 | 1:52:23 | 5:16 |
| 156 | 5003 | Hensel, Marco | 66 | GER | *Duisburg | 742 | 850 | 1:51:11 | 1:52:25 | 5:16 |
| 157 | 4141 | Kahlert, Thomas | 66 | GER | *Duisburg | 743 | 852 | 1:51:17 | 1:52:31 | 5:16 |
| 158 | 3513 | Paul, Jörg | 66 | GER | *Gladbeck | 745 | 854 | 1:51:21 | 1:52:43 | 5:16 |
| 159 | 4543 | Fatum, Klaus | 68 | GER | Vorwerk | 748 | 858 | 1:51:28 | 1:52:38 | 5:16 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M45

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|---------------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 160 | 4548 | Homann, Dirk | 68 | GER | Siempelkamp | 750 | 860 | 1:51:28 | 1:52:38 | 5:16 |
| 161 | 3713 | Ewert, Stephan | 67 | GER | BSG Kreis Wesel | 751 | 861 | 1:51:29 | 1:52:33 | 5:17 |
| 162 | 3346 | Thanner, Markus | 69 | GER | Giasinga Ledahos'n | 753 | 863 | 1:51:31 | 1:53:01 | 5:17 |
| 163 | 3214 | Doering, Thomas | 69 | GER | *Puerto de la Cruz | 756 | 867 | 1:51:34 | 1:52:43 | 5:17 |
| 164 | 3915 | Trapp, Michael | 67 | GER | LT Uerdingen Marathon Runners | 758 | 869 | 1:51:35 | 1:52:49 | 5:17 |
| 165 | 4781 | Röderer, Frank | 66 | GER | Ruderverein Datteln | 759 | 870 | 1:51:36 | 1:51:56 | 5:17 |
| 166 | 3152 | Januschek, Uwe | 69 | GER | *Duisburg | 770 | 883 | 1:51:55 | 1:52:21 | 5:18 |
| 167 | 3025 | Ranneberg, Stefan | 69 | GER | LSF Münster | 778 | 893 | 1:52:07 | 1:53:18 | 5:18 |
| 168 | 4848 | Wehrmann, Ralf | 68 | GER | *Duisburg | 781 | 896 | 1:52:12 | 1:52:31 | 5:19 |
| 169 | 3407 | Volmer, Bernd | 69 | GER | Just 4 Fun | 782 | 897 | 1:52:12 | 1:53:03 | 5:19 |
| 170 | 3763 | Schröder, Andreas | 65 | GER | *Duisburg | 784 | 899 | 1:52:13 | 1:53:16 | 5:19 |
| 171 | 4485 | Papalexandrou, Georg | 69 | GER | *Kamp-Lintfort | 785 | 900 | 1:52:15 | 1:53:27 | 5:19 |
| 172 | 4367 | Schwerd, Frank | 65 | GER | *Bochum | 786 | 901 | 1:52:18 | 1:53:52 | 5:19 |
| 173 | 3700 | Werner, Oliver | 66 | GER | *Gelsenkirchen | 787 | 902 | 1:52:18 | 1:53:07 | 5:19 |
| 174 | 4287 | Pick, Dirk | 67 | GER | *Bottrop | 789 | 904 | 1:52:22 | 1:53:51 | 5:19 |
| 175 | 4956 | Dörner, Josef | 68 | GER | *Duisburg | 796 | 912 | 1:52:31 | 1:54:29 | 5:19 |
| 176 | 4998 | Meißner, Frank | 67 | GER | *Bonn | 797 | 913 | 1:52:31 | 1:53:45 | 5:19 |
| 177 | 3840 | Knizik, Andreas | 66 | GER | Team Erdinger Alkoholfrei | 801 | 920 | 1:52:41 | 1:53:59 | 5:20 |
| 178 | 4493 | Ressing, Ralph | 67 | GER | *Wesel | 802 | 921 | 1:52:41 | 1:53:23 | 5:20 |
| 179 | 3103 | Schroer, Thorsten | 67 | GER | BSG Verbands-Sparkasse Wesel | 803 | 922 | 1:52:42 | 1:53:23 | 5:20 |
| 180 | 4951 | Ewers, Frank | 65 | GER | Caritas | 804 | 923 | 1:52:44 | 1:53:05 | 5:20 |
| 181 | 4931 | Winterfeld, Ralf | 66 | GER | Ralf-Runners | 808 | 927 | 1:52:46 | 1:53:23 | 5:20 |
| 182 | 4734 | Möller-Breternitz, Thomas | 69 | GER | M-Crew | 811 | 931 | 1:52:50 | 1:53:09 | 5:20 |
| 183 | 3962 | Nuehnen, Achim | 65 | GER | *Duisburg | 814 | 934 | 1:52:53 | 1:54:27 | 5:20 |
| 184 | 4477 | Böhm, Oliver | 68 | GER | *Weilrod | 817 | 937 | 1:52:53 | 1:54:56 | 5:21 |
| 185 | 4490 | Demant, Thomas | 65 | GER | LT Bittermark Dortmund | 819 | 939 | 1:52:56 | 1:53:43 | 5:21 |
| 186 | 3613 | Vobis, Andreas | 65 | GER | *Neuss | 822 | 942 | 1:52:58 | 1:53:59 | 5:21 |
| 187 | 4885 | Bauch, Andreas | 68 | GER | Wir bei HKM | 836 | 962 | 1:53:19 | 1:54:13 | 5:22 |
| 188 | 3263 | Winterfeld, Jens | 68 | GER | *Duisburg | 838 | 964 | 1:53:21 | 1:53:57 | 5:22 |
| 189 | 3515 | Lohmöller, Thomas | 66 | GER | *Duisburg | 839 | 965 | 1:53:21 | 1:54:38 | 5:22 |
| 190 | 4291 | Plöger, Karl Heinz | 68 | GER | *Oberhausen | 842 | 971 | 1:53:25 | 1:55:04 | 5:22 |
| 191 | 4816 | Sopala, Dariusz | 67 | GER | *Neuss | 853 | 983 | 1:53:36 | 1:55:56 | 5:23 |
| 192 | 4021 | Brünsch, Andreas | 65 | GER | *SIEGEN | 856 | 986 | 1:53:40 | 1:54:02 | 5:23 |
| 193 | 4432 | Wittke, Oliver | 66 | GER | *Gelsenkirchen | 862 | 993 | 1:53:50 | 1:55:27 | 5:23 |
| 194 | 4984 | Hake, Thomas | 69 | GER | *Duisburg | 868 | 999 | 1:53:55 | 1:54:46 | 5:23 |
| 195 | 4690 | Kaspers, Thomas | 67 | GER | *Duisburg | 870 | 1001 | 1:53:59 | 1:56:38 | 5:24 |
| 196 | 4624 | Enkemeier, Erwin | 69 | GER | *Duisburg | 875 | 1007 | 1:54:05 | 1:54:56 | 5:24 |
| 197 | 4398 | Timm, Jörg | 65 | GER | TV Jahn Hiesfeld | 880 | 1013 | 1:54:18 | 1:55:57 | 5:25 |
| 198 | 3525 | Mendorf, Andreas | 68 | GER | TSC Velbert e.V. | 883 | 1017 | 1:54:24 | 1:55:51 | 5:25 |
| 199 | 3360 | Kinzius, Dirk | 68 | GER | Willy-Brandt-Schule | 885 | 1019 | 1:54:24 | 1:56:19 | 5:25 |
| 200 | 5051 | Kloster, Reinhard | 66 | GER | *Mülheim | 889 | 1023 | 1:54:25 | 1:55:52 | 5:25 |
| 201 | 4782 | Röschke, Jörg | 67 | GER | Ballettschule Müller | 890 | 1024 | 1:54:26 | 1:55:35 | 5:25 |
| 202 | 4488 | Amado, Frank | 69 | GER | *Herne | 898 | 1034 | 1:54:33 | 1:55:32 | 5:25 |
| 203 | 4800 | Schmidt, Thomas | 65 | GER | *Xanten | 902 | 1038 | 1:54:34 | 1:56:00 | 5:25 |
| 204 | 3691 | Von Czarnowski, Christian | 68 | GER | *Rheinberg | 905 | 1042 | 1:54:40 | 1:55:27 | 5:26 |
| 205 | 3963 | Niski, Klaus | 67 | GER | TV Jahn Hiesfeld | 913 | 1051 | 1:54:55 | 1:56:37 | 5:26 |
| 206 | 4767 | Preker, Benedikt | 67 | GER | *Werl | 924 | 1064 | 1:55:05 | 1:56:27 | 5:27 |
| 207 | 3300 | Raschewski, Frank | 65 | GER | Wir bei HKM | 926 | 1066 | 1:55:06 | 1:56:10 | 5:27 |
| 208 | 4989 | Urbanczyk, Günter | 65 | GER | Für Hermann Bäcker | 930 | 1072 | 1:55:08 | 1:56:50 | 5:27 |
| 209 | 4827 | Swierczek, Jörg | 65 | GER | *Haltern am See | 931 | 1073 | 1:55:09 | 1:56:35 | 5:27 |
| 210 | 4217 | Lo Curto, Felice | 67 | GER | *Alpen | 940 | 1085 | 1:55:15 | 1:56:09 | 5:27 |
| 211 | 4900 | Ganswind, Michael | 68 | GER | LF Bönen | 942 | 1088 | 1:55:18 | 1:57:02 | 5:27 |
| 212 | 3047 | Dörfer, Frank | 67 | GER | SV Budberg | 954 | 1103 | 1:55:42 | 1:56:38 | 5:29 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M45

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-------------------------|----|-----|------------------------------------|-------|------|---------|---------|------|
| 213 | 3149 | Bork, Thorsten | 68 | GER | Team ERDINGER Alkoholfrei | 960 | 1110 | 1:55:48 | 1:56:08 | 5:29 |
| 214 | 3702 | Fuchshuber, Achim | 69 | GER | Team ERDINGER Alkoholfrei | 961 | 1111 | 1:55:48 | 1:56:21 | 5:29 |
| 215 | 3080 | Horstmeier, Jan | 66 | GER | Amokläufer Kunterbunt | 964 | 1115 | 1:55:50 | 1:56:53 | 5:29 |
| 216 | 3392 | Schroeder, Olaf | 68 | GER | Team ERDINGER Alkoholfrei | 978 | 1131 | 1:56:04 | 1:57:01 | 5:30 |
| 217 | 4605 | Brochtrup, Bernd | 66 | GER | *Selm | 980 | 1133 | 1:56:05 | 1:56:49 | 5:30 |
| 218 | 4360 | Schuck, Eckhard | 65 | GER | *Wuppertal | 985 | 1141 | 1:56:10 | 1:57:32 | 5:30 |
| 219 | 3682 | Felder, Christian | 67 | GER | *Velbert | 988 | 1147 | 1:56:14 | 1:56:31 | 5:30 |
| 220 | 4705 | Kološa, Thomas | 66 | GER | Speed of Light Ruhr | 990 | 1150 | 1:56:18 | 1:56:58 | 5:30 |
| 221 | 4504 | Opel, Thomas | 69 | GER | *Krefeld | 998 | 1162 | 1:56:23 | 1:58:14 | 5:30 |
| 222 | 4660 | Hamann, Jens | 65 | GER | Laufschule Dortmund by bunert | 1002 | 1169 | 1:56:31 | 1:57:51 | 5:31 |
| 223 | 4607 | Bruns, Dirk | 69 | GER | *Bocholt | 1006 | 1176 | 1:56:38 | 1:57:53 | 5:31 |
| 224 | 3406 | Pokora, Rainer | 69 | GER | *Rosbach | 1009 | 1181 | 1:56:39 | 1:58:03 | 5:31 |
| 225 | 4409 | Tunc, Ersin | 66 | GER | *Krefeld | 1011 | 1183 | 1:56:43 | 1:58:25 | 5:31 |
| 226 | 4906 | Sippel, Markus | 68 | GER | TG Scherlebeck-Langenbochum 03 | 1019 | 1195 | 1:56:52 | 1:58:45 | 5:32 |
| 227 | 3241 | Link, Dietmar | 65 | GER | Tottis Mitläufer | 1023 | 1200 | 1:56:59 | 1:57:57 | 5:32 |
| 228 | 3352 | Schmid, Klaus | 66 | GER | *Duisburg | 1029 | 1206 | 1:57:02 | 1:58:40 | 5:32 |
| 229 | 3253 | Weinheimer, Uwe | 68 | GER | LG Rheinfront | 1030 | 1207 | 1:57:02 | 1:58:30 | 5:32 |
| 230 | 3761 | Krause, Ralf | 65 | GER | *Kamp-Lintfort | 1032 | 1210 | 1:57:04 | 1:58:36 | 5:32 |
| 231 | 4252 | Mumbeck, Volker | 65 | GER | *Bocholt | 1041 | 1227 | 1:57:22 | 1:59:07 | 5:33 |
| 232 | 3450 | Graeber, Thomas | 68 | GER | *Duisburg | 1042 | 1228 | 1:57:22 | 1:59:13 | 5:33 |
| 233 | 4808 | Schulze, Harald | 65 | GER | LC Duisburg | 1044 | 1230 | 1:57:23 | 1:59:15 | 5:33 |
| 234 | 3662 | Holloh, Jörg | 69 | GER | Sporting Mülheim | 1047 | 1233 | 1:57:27 | 1:58:57 | 5:34 |
| 235 | 4628 | Eul, Martin | 69 | GER | Team ERDINGER Alkoholfrei | 1049 | 1236 | 1:57:36 | 1:58:48 | 5:34 |
| 236 | 4158 | Klein, Erwin | 67 | GER | *Witten | 1052 | 1240 | 1:57:39 | 1:59:01 | 5:34 |
| 237 | 4213 | Liebisch, Robert | 65 | GER | *Moers | 1058 | 1249 | 1:57:47 | 1:59:24 | 5:34 |
| 238 | 3529 | Schröder, Jörg | 68 | GER | *Neuss | 1061 | 1252 | 1:57:49 | 1:59:53 | 5:35 |
| 239 | 3812 | Seeger, Burkhard | 66 | GER | LGO Bochum | 1063 | 1255 | 1:57:50 | 1:59:12 | 5:35 |
| 240 | 3841 | Bolender, Werner | 66 | GER | TV Jahn Hiesfeld | 1066 | 1260 | 1:57:53 | 2:00:07 | 5:35 |
| 241 | 3379 | Von Contzen, Bernd | 66 | GER | Mönchengladbacher LG | 1068 | 1263 | 1:57:53 | 1:59:16 | 5:35 |
| 242 | 3517 | Köster, Peter | 67 | GER | FoKuS Selm | 1077 | 1274 | 1:58:00 | 1:58:42 | 5:35 |
| 243 | 4879 | Boehm, Werner | 66 | GER | *Dortmund | 1083 | 1281 | 1:58:05 | 1:59:53 | 5:35 |
| 244 | 3733 | Panzog, Stefan | 67 | GER | *Duisburg | 1088 | 1287 | 1:58:10 | 1:59:59 | 5:36 |
| 245 | 3775 | Pöss, Frank | 67 | GER | SV Orsoy | 1102 | 1312 | 1:58:26 | 1:59:40 | 5:36 |
| 246 | 4503 | Nordhaus, Arno | 69 | GER | *Beckum | 1103 | 1316 | 1:58:29 | 2:01:13 | 5:36 |
| 247 | 3368 | Kok, Dirk | 69 | GER | BSG ThyssenKrupp | 1106 | 1321 | 1:58:31 | 1:59:32 | 5:37 |
| 248 | 4856 | Witt, Thomas | 65 | GER | Arminia Klosterhardt Hardt-Runners | 1108 | 1323 | 1:58:32 | 1:59:41 | 5:37 |
| 249 | 4391 | Terfort-Emming, Michael | 65 | GER | *Erkrath | 1113 | 1329 | 1:58:36 | 1:59:27 | 5:37 |
| 250 | 4496 | Hoßfeld, Karsten | 69 | GER | *Castrop-Rauxel | 1117 | 1334 | 1:58:41 | 2:00:02 | 5:37 |
| 251 | 3140 | Sollanek, Achim | 66 | GER | Schalke 04 | 1121 | 1342 | 1:58:52 | 1:59:36 | 5:38 |
| 252 | 3183 | Tinnefeld, Holger | 67 | GER | BSG Haniel | 1124 | 1346 | 1:58:55 | 2:00:36 | 5:38 |
| 253 | 4131 | Jahn, Markus | 65 | GER | Roadrunner Urfeld | 1132 | 1357 | 1:59:02 | 2:00:18 | 5:38 |
| 254 | 4575 | Adams, Christian | 67 | GER | Laufschule Dortmund by bunert | 1135 | 1362 | 1:59:09 | 2:00:30 | 5:38 |
| 255 | 3361 | Seeger, Kai | 69 | GER | *Gelsenkirchen | 1136 | 1363 | 1:59:15 | 2:00:04 | 5:39 |
| 256 | 3358 | Ardu, Roberto | 68 | ITA | ASC Leone | 1138 | 1366 | 1:59:20 | 2:00:53 | 5:39 |
| 257 | 3121 | Husemann, Volker | 66 | GER | LT Reithalle Hiesfeld | 1141 | 1374 | 1:59:32 | 2:01:06 | 5:39 |
| 258 | 4129 | Ittermann, Dr. Peter | 67 | GER | *Bochum | 1142 | 1376 | 1:59:34 | 2:01:17 | 5:40 |
| 259 | 3748 | Dite, Frank | 67 | GER | Marathon Steinfurt | 1145 | 1380 | 1:59:39 | 2:01:11 | 5:40 |
| 260 | 3798 | Plein, Thomas | 69 | GER | Wir bei HKM | 1153 | 1393 | 1:59:57 | 2:01:30 | 5:41 |
| 261 | 3926 | Friese, Volker | 65 | GER | LT Wischlingen Dortmund | 1159 | 1403 | 2:00:18 | 2:01:39 | 5:42 |
| 262 | 3432 | Gruhn, Matthias | 68 | GER | *Dortmund | 1160 | 1404 | 2:00:18 | 2:02:02 | 5:42 |
| 263 | 3070 | David, Dirk | 67 | GER | ASV Duisburg | 1165 | 1411 | 2:00:34 | 2:00:47 | 5:42 |
| 264 | 4592 | Bergmann, Peter | 69 | GER | Team GE- Bismarck | 1167 | 1415 | 2:00:42 | 2:01:18 | 5:43 |
| 265 | 4187 | Krölls, Rainer | 68 | GER | *Duisburg | 1177 | 1439 | 2:01:19 | 2:03:30 | 5:44 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M45

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|------------------------|----|-----|-------------------------------------|-------|------|---------|---------|------|
| 266 | 3330 | Weyers, Rainer | 69 | GER | Borussia Veen | 1184 | 1453 | 2:01:34 | 2:03:54 | 5:45 |
| 267 | 4907 | Hermes, Robert | 67 | GER | *Duisburg | 1186 | 1457 | 2:01:44 | 2:04:32 | 5:46 |
| 268 | 4184 | Krauskopf, Oliver | 67 | GER | *Gevelsberg | 1188 | 1459 | 2:01:47 | 2:03:57 | 5:46 |
| 269 | 3836 | Weiß, Christian | 65 | GER | Ausdauerschule by Bunert | 1191 | 1462 | 2:01:48 | 2:03:22 | 5:46 |
| 270 | 3477 | Kehe, Lutz | 68 | GER | *Möhnesee | 1208 | 1492 | 2:02:30 | 2:05:24 | 5:48 |
| 271 | 4458 | Schüngel, Dirk | 69 | GER | Turbo-Schnecken Lüdenscheid e.V. | 1210 | 1494 | 2:02:34 | 2:02:44 | 5:48 |
| 272 | 200 | Grävenstein, Lutz | 69 | GER | LC Duisburg | 1215 | 1500 | 2:02:43 | 2:04:19 | 5:48 |
| 273 | 4289 | Pieper, Stephan | 66 | GER | *Kamp-Lintfort | 1218 | 1504 | 2:02:48 | 2:04:39 | 5:49 |
| 274 | 4899 | Friedrich, Jörg | 66 | GER | *Erkelenz | 1219 | 1506 | 2:02:50 | 2:04:50 | 5:49 |
| 275 | 3977 | Angenendt, Frank | 67 | GER | *Oberhausen | 1224 | 1514 | 2:03:03 | 2:04:52 | 5:49 |
| 276 | 3359 | Denter, Martin | 66 | GER | *Castrop-rauxel | 1232 | 1526 | 2:03:17 | 2:05:04 | 5:50 |
| 277 | 4117 | Hoffmann, Stephan | 68 | GER | *Duisburg | 1239 | 1540 | 2:03:35 | 2:05:22 | 5:51 |
| 278 | 5055 | Homemann, Jns | 66 | GER | *Duisburg | 1248 | 1553 | 2:04:10 | 2:06:53 | 5:53 |
| 279 | 3338 | Baumgarten, Stephan | 65 | GER | Polizei Duisburg | 1257 | 1566 | 2:04:31 | 2:05:34 | 5:54 |
| 280 | 3887 | Wedding, Thomas | 65 | GER | *Erkrath | 1260 | 1570 | 2:04:41 | 2:06:21 | 5:54 |
| 281 | 3975 | Alles, Karel | 65 | NLD | *Düsseldorf | 1270 | 1586 | 2:04:58 | 2:07:14 | 5:55 |
| 282 | 4884 | Höhmann, Marcus | 69 | GER | *Duisburg | 1277 | 1596 | 2:05:05 | 2:07:36 | 5:55 |
| 283 | 3377 | Oppermann, Thomas | 65 | GER | SG Ruhrgas 1929 | 1279 | 1601 | 2:05:12 | 2:06:43 | 5:56 |
| 284 | 3052 | Neven, Georg | 66 | GER | AlBerthHa Runners | 1282 | 1605 | 2:05:15 | 2:07:57 | 5:56 |
| 285 | 4209 | Leopold, Uwe | 66 | GER | *Ochtrup | 1288 | 1612 | 2:05:27 | 2:06:55 | 5:56 |
| 286 | 4965 | Gravira, Antonio | 69 | GER | *Moers | 1301 | 1632 | 2:05:53 | 2:07:31 | 5:57 |
| 287 | 3839 | Janda, Roland | 68 | GER | TG Scherlebeck 03 | 1303 | 1636 | 2:05:59 | 2:07:52 | 5:58 |
| 288 | 4144 | Karadag, Yavuz | 65 | GER | LC Duisburg | 1323 | 1665 | 2:06:44 | 2:07:41 | 6:00 |
| 289 | 4976 | Kuhl, Fritz | 67 | GER | *Bochum | 1336 | 1689 | 2:07:39 | 2:09:32 | 6:02 |
| 290 | 4019 | Brückner, Thomas | 69 | GER | LBV NRW | 1358 | 1735 | 2:08:41 | 2:10:48 | 6:05 |
| 291 | 4282 | Peschen, Rainer | 69 | GER | *Mönchengladbach | 1361 | 1739 | 2:08:45 | 2:10:20 | 6:06 |
| 292 | 4439 | Wrubbel, Peter | 65 | GER | *Oberhausen | 1362 | 1740 | 2:08:51 | 2:10:39 | 6:06 |
| 293 | 3638 | Schneider, Reiner | 65 | GER | Team Erdinger Alkoholfrei | 1365 | 1744 | 2:08:59 | 2:09:05 | 6:06 |
| 294 | 4304 | Rastfeld, Heinrich | 66 | GER | *Duisburg | 1383 | 1773 | 2:09:45 | 2:10:54 | 6:08 |
| 295 | 3344 | Cloer, Axel | 68 | GER | Förderverein der KjG St. Marien Her | 1385 | 1778 | 2:09:50 | 2:12:38 | 6:09 |
| 296 | 3445 | Henkel, Michael | 66 | GER | *Witten | 1386 | 1780 | 2:09:53 | 2:12:19 | 6:09 |
| 297 | 3888 | Dobberke, Frank | 67 | GER | Die Kokser | 1390 | 1789 | 2:10:02 | 2:11:07 | 6:09 |
| 298 | 4022 | Buchner, Christian | 66 | GER | Königsblaues Hammelburg | 1396 | 1798 | 2:10:20 | 2:11:52 | 6:10 |
| 299 | 3656 | Mühlenbein, Ralf | 66 | GER | VFL Bochum Die Handballer | 1404 | 1810 | 2:10:40 | 2:13:19 | 6:11 |
| 300 | 4818 | Sorst-Brinkmann, André | 68 | GER | *Wuppertal | 1406 | 1812 | 2:10:41 | 2:12:07 | 6:11 |
| 301 | 5013 | Werle, Thomas | 69 | GER | *Berlin | 1408 | 1815 | 2:10:46 | 2:13:16 | 6:11 |
| 302 | 5018 | Hoppe, Christoph | 69 | GER | Marathon Soest | 1410 | 1819 | 2:10:50 | 2:12:40 | 6:12 |
| 303 | 4004 | Birkholz, Michael | 68 | GER | *Dinslaken | 1411 | 1820 | 2:10:50 | 2:11:16 | 6:12 |
| 304 | 4436 | Wollgarten, Volker | 67 | GER | *viersen | 1412 | 1821 | 2:10:50 | 2:12:26 | 6:12 |
| 305 | 3402 | Stock, Torsten | 68 | GER | *Bochum | 1413 | 1822 | 2:10:51 | 2:13:25 | 6:12 |
| 306 | 4407 | Tschuschke, Steffen | 68 | GER | *Wuppertal | 1414 | 1826 | 2:10:56 | 2:12:59 | 6:12 |
| 307 | 3855 | Evers, Christian | 69 | GER | Elsterland Runners | 1417 | 1830 | 2:11:08 | 2:13:31 | 6:12 |
| 308 | 4706 | Konwiarz, Thomas | 65 | GER | *Duisburg | 1418 | 1831 | 2:11:10 | 2:12:38 | 6:12 |
| 309 | 3435 | Wahlers, Günter | 67 | GER | MS-Luder | 1427 | 1853 | 2:11:30 | 2:12:39 | 6:13 |
| 310 | 3238 | Zimmer, Andreas | 67 | GER | MS-Luder | 1428 | 1854 | 2:11:30 | 2:12:38 | 6:13 |
| 311 | 4702 | Kniffka, Arkadius | 69 | GER | *Gelsenkirchen | 1432 | 1860 | 2:11:41 | 2:14:31 | 6:14 |
| 312 | 3433 | Günther, Achim | 65 | GER | *Grevenbroich | 1433 | 1861 | 2:11:42 | 2:13:12 | 6:14 |
| 313 | 3231 | Niehaus, Jörg | 69 | GER | Dahlhausen Ruhrfitness | 1438 | 1867 | 2:11:52 | 2:13:39 | 6:15 |
| 314 | 3782 | Ludwig, Peter | 66 | GER | Elsterland Runners | 1440 | 1870 | 2:11:55 | 2:14:18 | 6:15 |
| 315 | 4680 | Issel, Dr. Roland | 67 | GER | Tri Verein Deutscher Ärzte | 1459 | 1904 | 2:12:33 | 2:14:34 | 6:16 |
| 316 | 3725 | Von Kathen, Martin | 69 | GER | Fussballfreunde Küllenhahn | 1469 | 1923 | 2:12:53 | 2:15:04 | 6:17 |
| 317 | 3239 | Möllenhoff, Holger | 65 | GER | *Waltrop | 1473 | 1933 | 2:13:02 | 2:15:20 | 6:18 |
| 318 | 3647 | Weiser, Dirk | 65 | GER | FoKuS Selm | 1475 | 1937 | 2:13:03 | 2:15:08 | 6:18 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M45

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-----------------------------|----|-----|------------------------|-------|------|---------|---------|------|
| 319 | 5008 | Zach, Wolfgang | 66 | GER | FSB | 1477 | 1941 | 2:13:08 | 2:16:01 | 6:18 |
| 320 | 3847 | Werner, Thomas | 65 | GER | SV Concordia Ossenberg | 1485 | 1961 | 2:13:33 | 2:15:28 | 6:19 |
| 321 | 5024 | Mumcu, Eray | 67 | GER | *Düsseldorf | 1490 | 1967 | 2:13:41 | 2:16:10 | 6:20 |
| 322 | 3958 | Stürznickel, Klaus | 67 | GER | K u K - running Moers | 1493 | 1974 | 2:13:49 | 2:15:57 | 6:20 |
| 323 | 4065 | Fischbach, Dirk | 68 | GER | *Duisburg | 1506 | 1998 | 2:14:24 | 2:17:11 | 6:22 |
| 324 | 4623 | Engelbarts, Thomas | 65 | NLD | *Kempen | 1512 | 2005 | 2:14:44 | 2:17:14 | 6:23 |
| 325 | 4283 | Peter, Burkhard | 68 | GER | *Bochum | 1513 | 2006 | 2:14:44 | 2:17:39 | 6:23 |
| 326 | 4369 | Seck, Stefan | 68 | GER | LT Bittermark Dortmund | 1518 | 2013 | 2:15:00 | 2:17:15 | 6:23 |
| 327 | 4250 | Mühlhaus, Mike | 67 | GER | *Dortmund | 1519 | 2014 | 2:15:00 | 2:17:37 | 6:23 |
| 328 | 4327 | Sartor, Mathias | 66 | GER | *Castrop - Rauxel | 1540 | 2059 | 2:16:26 | 2:18:48 | 6:27 |
| 329 | 3016 | Manteca, Pedro | 68 | ESP | *Oberhausen | 1544 | 2068 | 2:16:34 | 2:18:41 | 6:28 |
| 330 | 4938 | Waller, Markus | 67 | GER | *Duisburg | 1545 | 2071 | 2:16:41 | 2:19:25 | 6:28 |
| 331 | 3417 | Ossig, Rainer | 65 | GER | LC Duisburg | 1549 | 2080 | 2:17:02 | 2:19:00 | 6:29 |
| 332 | 3127 | Bottlis, Frank | 67 | GER | *Herne | 1551 | 2082 | 2:17:19 | 2:19:25 | 6:30 |
| 333 | 3680 | Ernst, Olaf | 66 | GER | DLRG Duisburg | 1563 | 2095 | 2:17:55 | 2:19:40 | 6:32 |
| 334 | 3801 | Bauer, Patrick | 68 | GER | *Erkrath | 1567 | 2111 | 2:19:04 | 2:21:15 | 6:35 |
| 335 | 4560 | Samland, Wolfgang | 66 | GER | *Duisburg | 1573 | 2120 | 2:19:36 | 2:21:35 | 6:36 |
| 336 | 4854 | Winken, Burkhard | 66 | GER | BTC Herne | 1574 | 2122 | 2:19:47 | 2:20:38 | 6:37 |
| 337 | 5001 | Nieland, Karl | 67 | GER | *Mülheim | 1575 | 2124 | 2:19:48 | 2:22:46 | 6:37 |
| 338 | 4707 | Kowalewski, Michael | 69 | GER | *Mülheim | 1586 | 2158 | 2:21:31 | 2:22:23 | 6:42 |
| 339 | 3182 | Syren, Markus | 69 | GER | Elsterland runners | 1588 | 2164 | 2:21:49 | 2:24:12 | 6:43 |
| 340 | 3796 | Wöhler, Dietmar | 68 | GER | *Münster | 1590 | 2169 | 2:22:04 | 2:24:57 | 6:43 |
| 341 | 3278 | Paysen, Jan | 69 | GER | *Burgdorf | 1599 | 2185 | 2:22:53 | 2:25:36 | 6:46 |
| 342 | 3703 | Kiehne, Mark | 68 | GER | Polizei Bottrop | 1604 | 2195 | 2:23:27 | 2:25:55 | 6:47 |
| 343 | 4784 | Rogall, Michael | 69 | GER | *Essen | 1606 | 2197 | 2:23:28 | 2:25:56 | 6:47 |
| 344 | 3534 | Filler, Guido | 68 | GER | run4sheldrake | 1608 | 2203 | 2:23:45 | 2:26:21 | 6:48 |
| 345 | 4520 | Jansen, Dirk | 69 | GER | *Marl | 1610 | 2205 | 2:23:49 | 2:26:36 | 6:48 |
| 346 | 4778 | Rindsfüser, Martin | 65 | GER | EMIL the B.I.G. | 1615 | 2221 | 2:24:58 | 2:26:00 | 6:52 |
| 347 | 3770 | Kurpanik-Holterbork, Helmut | 65 | GER | FoKuS Selm | 1618 | 2227 | 2:25:18 | 2:28:00 | 6:53 |
| 348 | 3102 | Kathage, Hubert | 68 | GER | *Oberhausen | 1619 | 2228 | 2:25:20 | 2:27:55 | 6:53 |
| 349 | 4519 | Abramowski, Frank | 65 | GER | *Dortmund | 1635 | 2260 | 2:27:08 | 2:29:45 | 6:58 |
| 350 | 4334 | Scheffer, Arnd | 67 | GER | *Kaarst | 1637 | 2264 | 2:27:14 | 2:29:50 | 6:58 |
| 351 | 3155 | Kutsch, Heiko | 69 | GER | LC Duisburg | 1647 | 2282 | 2:28:51 | 2:31:21 | 7:03 |
| 352 | 230 | Schill, Christoph | 66 | GER | Laufen in NRW | 1657 | 2306 | 2:30:36 | 2:33:09 | 7:08 |
| 353 | 4825 | Sudmann, Ralf | 67 | GER | *Werne | 1666 | 2329 | 2:32:05 | 2:34:47 | 7:12 |
| 354 | 3184 | Drees, Frank | 68 | GER | AS Neukirchen-Vluyn | 1668 | 2333 | 2:32:35 | 2:35:32 | 7:13 |
| 355 | 3499 | Claus, Detlef | 69 | GER | *Mülheim an der Ruhr | 1673 | 2343 | 2:33:40 | 2:36:35 | 7:17 |
| 356 | 3762 | Hampel, Andreas | 68 | GER | *Duisburg | 1677 | 2352 | 2:34:23 | 2:37:05 | 7:19 |
| 357 | 4673 | Holterbork, Roland | 65 | GER | *Selm | 1686 | 2375 | 2:37:59 | 2:40:41 | 7:29 |
| 358 | 4796 | Schilch, Andreas | 68 | GER | *Düsseldorf | 1696 | 2401 | 2:43:39 | 2:46:12 | 7:45 |
| 359 | 3800 | Friedrichs, Jörg | 69 | GER | *Duisburg | 1697 | 2403 | 2:44:07 | 2:46:57 | 7:46 |
| 360 | 4370 | Sevtn, Haydar | 68 | GER | *Ennepetal | 1701 | 2408 | 2:44:42 | 2:46:57 | 7:48 |
| 361 | 3180 | Große, Thomas | 66 | GER | Helios Ironteam | 1702 | 2416 | 2:46:33 | 2:49:13 | 7:53 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M50

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|----------------------|----|-----|-----------------------------------|-------|-----|---------|---------|------|
| 1 | 4793 | Sänger, Jörg | 63 | GER | Marathon Dinslaken | 13 | 13 | 1:18:32 | 1:18:34 | 3:43 |
| 2 | 3511 | Duch, Ludwig | 63 | GER | Dropsa Sports Club Düsseldorf/Hil | 24 | 25 | 1:21:56 | 1:21:59 | 3:52 |
| 3 | 4614 | Dillenhöfer, Ulrich | 62 | GER | TSV Kirchlinde | 40 | 43 | 1:24:03 | 1:24:06 | 3:59 |
| 4 | 4371 | Shi, Jinqxie | 60 | GER | *Bochum | 52 | 56 | 1:26:23 | 1:26:27 | 4:05 |
| 5 | 3874 | Müser, Thomas | 60 | GER | BSG Brauerei Deilbachtaler | 71 | 79 | 1:28:57 | 1:29:04 | 4:12 |
| 6 | 4999 | Garcia, Juan | 64 | GER | ASV Duisburg | 79 | 87 | 1:29:23 | 1:29:33 | 4:14 |
| 7 | 3658 | Röttger, Joachim | 61 | GER | *Mülheim | 81 | 89 | 1:29:28 | 1:29:36 | 4:14 |
| 8 | 3742 | Brauner, Joachim | 63 | GER | Team Erdinger Alkoholfrei | 89 | 97 | 1:29:52 | 1:30:05 | 4:15 |
| 9 | 4850 | Wetz Müller, Peter | 62 | GER | Turbo-Schnecken Lüdenscheid | 96 | 104 | 1:30:02 | 1:30:11 | 4:16 |
| 10 | 3722 | Paproth, Christain | 62 | GER | Kirmesverein Rohrberg eV | 98 | 107 | 1:30:11 | 1:30:20 | 4:16 |
| 11 | 3347 | Kalka, Jörg | 63 | GER | Aktion Canchanabury | 100 | 109 | 1:30:15 | 1:30:25 | 4:16 |
| 12 | 3473 | Piecha, Andreas | 61 | GER | Marathon Dinslaken | 102 | 111 | 1:30:15 | 1:30:25 | 4:16 |
| 13 | 130 | Schmitz, Henning | 62 | GER | LC Duisburg | 103 | 112 | 1:30:16 | 1:30:22 | 4:16 |
| 14 | 4626 | esposito, gennaro | 62 | ITA | asv duisburg | 123 | 133 | 1:31:22 | 1:31:30 | 4:19 |
| 15 | 3109 | Preißner, Thomas | 64 | GER | TEAM PIRATE | 126 | 136 | 1:31:30 | 1:31:42 | 4:20 |
| 16 | 4455 | Christ, Uwe | 62 | GER | Marathon Dinslaken | 138 | 148 | 1:32:30 | 1:32:36 | 4:23 |
| 17 | 3037 | Pfeiffer, Dirk | 61 | GER | ASV Duisburg | 141 | 151 | 1:32:35 | 1:32:42 | 4:23 |
| 18 | 4902 | Meier, Bernd | 63 | GER | Homberger TV | 142 | 152 | 1:32:37 | 1:32:42 | 4:23 |
| 19 | 4661 | Hartmann, Volker | 62 | GER | LG Olympia Dortmund | 151 | 162 | 1:33:19 | 1:33:31 | 4:25 |
| 20 | 4909 | Schmidt, Theo | 62 | GER | *Duisburg | 164 | 177 | 1:34:08 | 1:34:17 | 4:27 |
| 21 | 4096 | Gubesch, Joerg | 64 | GER | Team ERDINGER Alkoholfrei | 174 | 190 | 1:34:49 | 1:35:17 | 4:29 |
| 22 | 3234 | Schott, Martin | 64 | GER | LC Duisburg | 183 | 200 | 1:35:15 | 1:35:29 | 4:30 |
| 23 | 3137 | Van den Ven, Stefan | 63 | GER | LG Alpen | 187 | 204 | 1:35:29 | 1:35:42 | 4:31 |
| 24 | 3756 | Schülke, Frank | 63 | GER | SG Ruhrgas 1929 | 188 | 205 | 1:35:31 | 1:35:46 | 4:31 |
| 25 | 4722 | Liebchen, Peter | 60 | GER | Werdener Turnerbund | 201 | 218 | 1:36:06 | 1:36:23 | 4:33 |
| 26 | 4785 | Rohling, Hermann | 64 | GER | *Bottrop | 211 | 229 | 1:36:38 | 1:36:53 | 4:34 |
| 27 | 3498 | Szczepanik, Irek | 64 | GER | LG Mülheim | 216 | 234 | 1:36:57 | 1:37:21 | 4:35 |
| 28 | 4890 | Teichert, Andreas | 64 | GER | BSG DSW21/DEW21 | 220 | 239 | 1:37:09 | 1:37:22 | 4:36 |
| 29 | 3412 | Beckmanns, Ralf | 62 | GER | LT Krefeld-Oppum | 223 | 242 | 1:37:20 | 1:37:43 | 4:36 |
| 30 | 4558 | Reddig, Frank | 64 | GER | *Duisburg | 238 | 257 | 1:37:56 | 1:38:38 | 4:38 |
| 31 | 3215 | Gomell, Thomas | 63 | GER | Aktion Canchanabury | 246 | 266 | 1:38:10 | 1:38:29 | 4:39 |
| 32 | 4590 | Beckmann, Lutz | 62 | GER | *Bielefeld | 247 | 269 | 1:38:20 | 1:38:40 | 4:39 |
| 33 | 3355 | Overbeck, Arnd | 63 | GER | *München | 269 | 292 | 1:39:11 | 1:39:28 | 4:42 |
| 34 | 4704 | Kollenberg, Frank | 63 | GER | Arcelor Mittal | 270 | 293 | 1:39:12 | 1:39:42 | 4:42 |
| 35 | 3299 | Packross, Michael | 64 | GER | Ausdauerchule by Bunert | 276 | 300 | 1:39:24 | 1:39:45 | 4:42 |
| 36 | 3296 | Schmitz, Hans-Peter | 63 | GER | *Korschenbroich | 277 | 301 | 1:39:26 | 1:40:08 | 4:42 |
| 37 | 3243 | Hoffmann, Martin | 63 | GER | *Duisburg | 290 | 319 | 1:39:48 | 1:40:08 | 4:43 |
| 38 | 4783 | Röskens, Klaus | 63 | GER | Viersener TV | 293 | 322 | 1:39:53 | 1:40:11 | 4:44 |
| 39 | 4875 | Uhlenkotte, 1 Georg | 61 | GER | *Essen | 303 | 332 | 1:40:21 | 1:40:52 | 4:45 |
| 40 | 4456 | Niehaves, Christian | 64 | GER | SG Borken | 309 | 340 | 1:40:30 | 1:41:25 | 4:45 |
| 41 | 3118 | Stroh, Thomas | 63 | GER | TOP-Büromöbel Runners | 310 | 341 | 1:40:33 | 1:40:49 | 4:45 |
| 42 | 4935 | Leißle, Michael | 63 | GER | *Oberhausen | 320 | 351 | 1:40:51 | 1:41:34 | 4:46 |
| 43 | 4908 | Van Engelen, Huib | 62 | NLD | *Bad Bentheim | 333 | 364 | 1:41:25 | 1:41:57 | 4:48 |
| 44 | 3502 | Herzberg, Ronny | 62 | GER | *Melsungen | 340 | 372 | 1:41:37 | 1:42:31 | 4:48 |
| 45 | 3512 | Lachmuth, Jürgen | 64 | GER | *Hattingen | 345 | 378 | 1:41:49 | 1:42:15 | 4:49 |
| 46 | 3403 | Volkmer, Andreas | 63 | GER | *Schwalmtal | 350 | 384 | 1:41:56 | 1:42:22 | 4:49 |
| 47 | 4836 | Van den Berg, Jürgen | 63 | GER | GSV Geldern | 352 | 386 | 1:41:58 | 1:42:02 | 4:49 |
| 48 | 3509 | Van Den Dolder, Ralf | 62 | GER | *Neukirchen-Vluyn | 355 | 391 | 1:42:05 | 1:42:30 | 4:50 |
| 49 | 3399 | Nohr, Ingo | 62 | GER | *Krefeld | 357 | 393 | 1:42:07 | 1:42:49 | 4:50 |
| 50 | 4472 | Plein, Wolfgang | 60 | GER | Kakabulla Running Team | 361 | 398 | 1:42:12 | 1:42:40 | 4:50 |
| 51 | 3767 | Oconnell, David | 63 | GBR | *Essen | 365 | 403 | 1:42:20 | 1:42:46 | 4:50 |
| 52 | 3466 | Zakrzewski, Michael | 63 | GER | Duisburg-Kalender | 367 | 405 | 1:42:23 | 1:42:55 | 4:51 |
| 53 | 3789 | Kuckuck, Peter | 60 | GER | Marathon Dinslaken | 372 | 411 | 1:42:31 | 1:42:59 | 4:51 |

13. Rhein-Ruhr-Halbmarathon

Ergebnisse Männer M50

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|--------------------------|----|-----|----------------------------------|-------|-----|---------|---------|------|
| 54 | 3554 | Rauch, Frank | 61 | GER | Viermärker Dortmund | 375 | 414 | 1:42:32 | 1:42:48 | 4:51 |
| 55 | 4274 | Oswald, Ralf | 64 | GER | Obernburg aktiv | 376 | 415 | 1:42:32 | 1:43:00 | 4:51 |
| 56 | 4761 | Platanos, Konstantinos | 63 | GRC | *Lüdenscheid | 390 | 430 | 1:42:55 | 1:43:11 | 4:52 |
| 57 | 4064 | Finger, Volker | 63 | GER | SG Wiesenbach | 397 | 437 | 1:43:08 | 1:43:36 | 4:53 |
| 58 | 3462 | Gers, Norbert | 60 | GER | TUSEM Essen | 403 | 444 | 1:43:12 | 1:43:28 | 4:53 |
| 59 | 4640 | Franz, Ingo | 64 | GER | *Schonungen | 413 | 455 | 1:43:21 | 1:44:27 | 4:53 |
| 60 | 3193 | Kössl, Jo | 64 | GER | AS Neukirchen-Vluyn | 419 | 461 | 1:43:31 | 1:44:38 | 4:54 |
| 61 | 3076 | Kleffner, Helmut | 64 | GER | BSG Wirtschaftsbetriebe Duisburg | 421 | 463 | 1:43:32 | 1:45:04 | 4:54 |
| 62 | 4454 | Ahlert-de Graat, Jörg | 64 | GER | TSV 1863 Herdecke | 423 | 465 | 1:43:35 | 1:44:20 | 4:54 |
| 63 | 4962 | Spennhoff, Andreas | 64 | GER | BSG Ev. Krankenhaus Mülheim | 431 | 473 | 1:43:45 | 1:44:10 | 4:55 |
| 64 | 4552 | Klaßen, Dieter | 61 | GER | ASV Duisburg | 436 | 478 | 1:43:53 | 1:44:06 | 4:55 |
| 65 | 3514 | Bertram, Markus | 63 | GER | *Duisburg | 445 | 488 | 1:44:03 | 1:44:44 | 4:55 |
| 66 | 3532 | Brinkmann, Uwe | 64 | GER | *Gummersbach | 446 | 490 | 1:44:03 | 1:44:16 | 4:55 |
| 67 | 4596 | Blamire, Paul | 64 | AUS | *St Leonards | 447 | 491 | 1:44:05 | 1:44:36 | 4:55 |
| 68 | 3205 | Hohl, Jürgen | 63 | GER | Huckinger Marathonis | 452 | 497 | 1:44:10 | 1:45:22 | 4:56 |
| 69 | 145 | Tschirner, Frank | 63 | GER | LF SSV Herten | 463 | 509 | 1:44:26 | 1:44:59 | 4:56 |
| 70 | 4574 | Adamek, Adam | 60 | GER | *Gladbeck | 466 | 512 | 1:44:28 | 1:44:50 | 4:57 |
| 71 | 3467 | Hentschel, Klaus | 64 | GER | *Solingen | 472 | 518 | 1:44:37 | 1:45:56 | 4:57 |
| 72 | 3378 | Klan, Ralf | 62 | GER | *Hattingen | 475 | 521 | 1:44:40 | 1:45:26 | 4:57 |
| 73 | 4294 | Polinelli, Luigi | 63 | GER | *Bochum | 477 | 523 | 1:44:40 | 1:45:39 | 4:57 |
| 74 | 3396 | Mertmann, Hans-Bernd | 64 | GER | TuS Sythen | 485 | 534 | 1:44:50 | 1:45:29 | 4:58 |
| 75 | 3791 | Margeit, Gerd | 64 | GER | Turbo-Schnecken Lüdenscheid | 486 | 535 | 1:44:52 | 1:45:01 | 4:58 |
| 76 | 4160 | Kleisa, Horst | 64 | GER | *Kempen | 490 | 540 | 1:45:02 | 1:45:29 | 4:58 |
| 77 | 4197 | Lahrmann, Gregor | 64 | GER | *Haltern am See | 493 | 543 | 1:45:06 | 1:45:57 | 4:58 |
| 78 | 3267 | Rehberger, Ralf | 61 | GER | Vitalschule | 507 | 561 | 1:45:35 | 1:45:45 | 5:00 |
| 79 | 4923 | Nitschko, Dirk | 63 | GER | *Krefeld | 508 | 562 | 1:45:35 | 1:46:12 | 5:00 |
| 80 | 3371 | Recker, Winfried | 63 | GER | FoKuS Selm | 530 | 594 | 1:46:15 | 1:46:44 | 5:02 |
| 81 | 3131 | Schmidt, Ralf | 62 | GER | RaDi | 538 | 605 | 1:46:23 | 1:46:56 | 5:02 |
| 82 | 3676 | Penzialek, Roman | 63 | GER | *Mülheim an der Ruhr | 579 | 651 | 1:47:13 | 1:47:45 | 5:04 |
| 83 | 4568 | Weber, Bernd | 64 | GER | *Düsseldorf | 580 | 653 | 1:47:15 | 1:47:26 | 5:04 |
| 84 | 3449 | Peuser, Uwe | 60 | GER | SC Bayer 05 Uerdingen | 592 | 666 | 1:47:26 | 1:50:04 | 5:05 |
| 85 | 3780 | Brietzke, Gunnar | 61 | GER | *Bergisch Gladbach | 603 | 680 | 1:47:47 | 1:48:33 | 5:06 |
| 86 | 3745 | Hoffmann, Harald | 63 | GER | *Duisburg | 605 | 682 | 1:47:48 | 1:49:11 | 5:06 |
| 87 | 3755 | Gienapp, Rolf | 63 | GER | *Duisburg | 613 | 691 | 1:47:57 | 1:49:19 | 5:06 |
| 88 | 4773 | Reifenschneider, Jörg | 61 | GER | TG RW Wetter-Wengern | 615 | 693 | 1:48:01 | 1:48:55 | 5:07 |
| 89 | 4089 | Gralla, Siegfried | 64 | GER | Tus Stockum Witten | 618 | 698 | 1:48:07 | 1:49:07 | 5:07 |
| 90 | 3401 | Schönemann, Dr. Lutz | 64 | GER | *Mülheim | 637 | 723 | 1:48:54 | 1:49:40 | 5:09 |
| 91 | 3686 | Rudolph, Uwe | 61 | GER | *Duisburg | 639 | 725 | 1:48:56 | 1:49:34 | 5:09 |
| 92 | 4604 | Bremshey, Michael | 64 | GER | Laufschule Dortmund by bunert | 641 | 728 | 1:48:57 | 1:50:06 | 5:09 |
| 93 | 4238 | Middelmann, Heinz | 63 | GER | TuS Witten-Stockum 1945 eV | 649 | 740 | 1:49:04 | 1:50:04 | 5:10 |
| 94 | 4431 | Winkelkotte, Heinz | 62 | GER | *Haltern am See | 661 | 755 | 1:49:15 | 1:50:07 | 5:10 |
| 95 | 3408 | Gasse, Eckhard | 61 | GER | *Wuppertal | 664 | 758 | 1:49:19 | 1:50:26 | 5:10 |
| 96 | 5040 | Laufs, Gerd Josef | 61 | GER | *Geilenkirchen | 670 | 765 | 1:49:23 | 1:50:04 | 5:11 |
| 97 | 3411 | Finger, Kay | 62 | GER | *Hamburg | 673 | 768 | 1:49:24 | 1:50:38 | 5:11 |
| 98 | 3646 | Lamsfus, Jürgen | 62 | GER | Team ERDINGER Alkoholfrei | 682 | 779 | 1:49:34 | 1:49:56 | 5:11 |
| 99 | 3811 | Salmon, Andreas | 60 | GER | *Neuss | 689 | 786 | 1:49:46 | 1:50:40 | 5:12 |
| 100 | 3083 | Zweipfennig, Ralf | 64 | GER | *Duisburg | 699 | 798 | 1:50:02 | 1:50:54 | 5:12 |
| 101 | 3590 | Schindler, Wolfgang | 63 | GER | trio-sorrentino.de | 704 | 804 | 1:50:15 | 1:51:19 | 5:13 |
| 102 | 3526 | Pyschny-Jörgens, Dietmar | 60 | GER | DJK Delphin 05 Osterfeld | 705 | 805 | 1:50:15 | 1:51:07 | 5:13 |
| 103 | 3273 | Brinkmann, Martin | 62 | GER | *Leichlingen | 708 | 809 | 1:50:17 | 1:50:57 | 5:13 |
| 104 | 4074 | Frey, Michael | 64 | GER | *Duisburg | 714 | 816 | 1:50:23 | 1:51:12 | 5:13 |
| 105 | 3105 | Kuczek, Andrzej | 63 | GER | LGO Bochum | 715 | 817 | 1:50:23 | 1:51:45 | 5:13 |
| 106 | 4547 | Holubek, Bela | 62 | GER | *Oberhausen | 722 | 825 | 1:50:36 | 1:50:56 | 5:14 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M50

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|--------------------------|----|-----|----------------------------|-------|------|---------|---------|------|
| 107 | 3348 | Spreer, Christian | 64 | GER | LT Berka Stars | 728 | 834 | 1:50:45 | 1:51:32 | 5:14 |
| 108 | 3224 | Schneider, Thomas | 64 | GER | LALGG Caternberg | 740 | 847 | 1:51:08 | 1:52:24 | 5:16 |
| 109 | 3350 | Kreifelts, Martin | 60 | GER | *Duisburg | 772 | 886 | 1:51:57 | 1:54:09 | 5:18 |
| 110 | 5029 | Niedenhoff, Hubi | 62 | GER | FFF | 774 | 888 | 1:52:00 | 1:54:08 | 5:18 |
| 111 | 5036 | Bremer, Ckhard | 62 | GER | *Bergisch Gladbach | 775 | 889 | 1:52:00 | 1:54:08 | 5:18 |
| 112 | 3468 | Bieda, Gerhard | 60 | GER | lauffreff sc hennen | 812 | 932 | 1:52:52 | 1:54:06 | 5:20 |
| 113 | 5017 | Brackmann, Stefan | 60 | GER | *Dinslaken | 821 | 941 | 1:52:58 | 1:54:28 | 5:21 |
| 114 | 3906 | Böhnke, Dietmar | 60 | GER | BSG Kreis Wesel | 828 | 951 | 1:53:04 | 1:54:09 | 5:21 |
| 115 | 4015 | Brake, Georg | 63 | GER | *Duisburg | 830 | 954 | 1:53:11 | 1:54:30 | 5:21 |
| 116 | 3219 | Lemke, Norbert | 60 | GER | *Kempen | 837 | 963 | 1:53:20 | 1:54:45 | 5:22 |
| 117 | 3438 | Kiehl, Peter | 64 | GER | *Oberhausen | 841 | 970 | 1:53:24 | 1:53:37 | 5:22 |
| 118 | 3242 | Krämer, Harald | 61 | GER | *Essen | 844 | 973 | 1:53:27 | 1:54:48 | 5:22 |
| 119 | 4123 | Huckenbeck, Burkhard | 61 | GER | *Radevormwald | 845 | 974 | 1:53:28 | 1:54:43 | 5:22 |
| 120 | 4911 | Wormland, Berthold | 63 | GER | Klinikum Duisburg | 851 | 980 | 1:53:33 | 1:54:03 | 5:22 |
| 121 | 4822 | Sterna, Markus | 63 | GER | LA SV Herten | 852 | 981 | 1:53:34 | 1:53:53 | 5:22 |
| 122 | 3230 | Meuser, Prof. Dr. Thomas | 61 | GER | Ortho Spina | 883 | 1017 | 1:54:24 | 1:56:36 | 5:25 |
| 123 | 3150 | Fenske, Andreas | 64 | GER | Waltroper LC 06 | 887 | 1021 | 1:54:24 | 1:56:39 | 5:25 |
| 124 | 4573 | Achterholt, Rainer | 60 | GER | Belletschule Müller | 892 | 1026 | 1:54:26 | 1:55:35 | 5:25 |
| 125 | 4086 | Grabenkamp, Siegfried | 61 | GER | *Essen | 894 | 1030 | 1:54:31 | 1:55:23 | 5:25 |
| 126 | 4115 | Hoffmann, Michael | 61 | GER | Wir bei HKM | 897 | 1033 | 1:54:33 | 1:56:09 | 5:25 |
| 127 | 4855 | Wischnewski, Michael | 64 | GER | BSG DVG | 898 | 1034 | 1:54:33 | 1:55:49 | 5:25 |
| 128 | 4132 | Jakob, Holger | 63 | GER | *Erkrath | 908 | 1045 | 1:54:46 | 1:56:25 | 5:26 |
| 129 | 4120 | Hoppmann, Jürgen | 61 | GER | TSV-1860 Hagen | 910 | 1048 | 1:54:49 | 1:56:36 | 5:26 |
| 130 | 3198 | Lüdtke, Karsten | 64 | GER | SV Budberg | 911 | 1049 | 1:54:54 | 1:55:37 | 5:26 |
| 130 | 4719 | Lentner, Andreas | 61 | GER | *Dortmund | 911 | 1049 | 1:54:54 | 1:56:08 | 5:26 |
| 132 | 3367 | Warnke, Ralf | 63 | GER | *Rheinberg | 916 | 1055 | 1:54:59 | 1:55:56 | 5:26 |
| 133 | 3424 | Brune, Frank | 62 | GER | *Duisburg | 923 | 1063 | 1:55:04 | 1:56:26 | 5:27 |
| 134 | 4918 | Schatt, Olaf | 61 | GER | Die Stolperer | 949 | 1097 | 1:55:36 | 1:56:30 | 5:28 |
| 135 | 5030 | Kleinschmidt, Jacek | 64 | GER | *Bochum | 951 | 1099 | 1:55:36 | 1:55:59 | 5:28 |
| 136 | 4944 | Rosenstengel, Jörg | 61 | GER | *Duisburg | 955 | 1104 | 1:55:42 | 1:57:04 | 5:29 |
| 137 | 3943 | Aydin, Ismail | 60 | GER | *Duisburg | 959 | 1109 | 1:55:46 | 1:56:55 | 5:29 |
| 138 | 4615 | Dohr, Michael | 64 | GER | BUNERT HILDEN | 969 | 1121 | 1:55:53 | 1:57:18 | 5:29 |
| 139 | 4499 | Schulewski, Dirk | 62 | GER | Rennschnecken de Luxe | 978 | 1131 | 1:56:04 | 1:58:10 | 5:30 |
| 140 | 3885 | Brinkmann, Reiner | 61 | GER | PSV Duisburg | 989 | 1148 | 1:56:14 | 1:56:51 | 5:30 |
| 141 | 3704 | Pelzer, Dieter | 61 | GER | Marathon Dinslaken | 991 | 1151 | 1:56:19 | 1:57:44 | 5:30 |
| 142 | 3825 | Fieseler, Andreas | 63 | GER | Helios Iron Team Wuppertal | 993 | 1153 | 1:56:19 | 1:58:14 | 5:30 |
| 143 | 3934 | Liebich, Dirk | 64 | GER | *Duisburg | 996 | 1158 | 1:56:21 | 1:57:28 | 5:30 |
| 144 | 4766 | Prass, Andreas | 63 | GER | TLV Germania Überryhr | 1003 | 1171 | 1:56:32 | 1:58:05 | 5:31 |
| 145 | 3249 | Kunkel, Uwe | 61 | GER | LC Duisburg | 1014 | 1188 | 1:56:46 | 1:59:35 | 5:32 |
| 146 | 812 | Matten, Rainer | 62 | GER | *Duisburg | 1016 | 1191 | 1:56:48 | 1:59:30 | 5:32 |
| 147 | 4964 | Cholewa, Konrad | 62 | GER | *Essen | 1036 | 1217 | 1:57:11 | 1:58:42 | 5:33 |
| 148 | 3714 | Pollack, Udo | 61 | GER | Laufftreff R(h)einknaller | 1039 | 1223 | 1:57:17 | 1:59:00 | 5:33 |
| 149 | 3808 | Laturell, Gerhard | 61 | GER | BSV | 1043 | 1229 | 1:57:23 | 1:59:08 | 5:33 |
| 150 | 3422 | Geiling, Manni | 62 | GER | *Dinslaken | 1045 | 1231 | 1:57:27 | 1:58:20 | 5:33 |
| 151 | 3927 | Mikoteit, Dirk | 60 | GER | *Radevormwald | 1054 | 1242 | 1:57:41 | 1:57:55 | 5:34 |
| 152 | 4018 | Brockhoff, Uwe | 61 | GER | Buchholzerjung | 1059 | 1250 | 1:57:48 | 1:59:49 | 5:34 |
| 153 | 3454 | Bergter, Uwe | 62 | GER | *Duisburg | 1062 | 1253 | 1:57:49 | 1:59:44 | 5:35 |
| 154 | 3779 | Mielke, Michael | 64 | GER | *Ketzin | 1069 | 1264 | 1:57:54 | 1:59:49 | 5:35 |
| 155 | 4528 | Zimmermann, Harry | 60 | GER | LG Alpen | 1071 | 1266 | 1:57:55 | 1:59:28 | 5:35 |
| 156 | 4332 | Schaup, Ralph | 63 | GER | *Wetter | 1072 | 1267 | 1:57:55 | 1:59:50 | 5:35 |
| 157 | 3018 | Bramigk, Udo | 60 | GER | Tri-Club Wuppertal | 1073 | 1268 | 1:57:55 | 1:58:34 | 5:35 |
| 158 | 4792 | Sado, Uwe | 63 | GER | *Selm | 1076 | 1271 | 1:57:59 | 1:58:43 | 5:35 |
| 159 | 4743 | Nölle, Detlef | 64 | GER | *Selm | 1079 | 1276 | 1:58:00 | 1:58:43 | 5:35 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M50

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-----------------------|----|-----|------------------------------|-------|------|---------|---------|------|
| 160 | 3920 | Benger, Raimo | 64 | GER | *Duisburg | 1091 | 1294 | 1:58:15 | 1:59:53 | 5:36 |
| 161 | 4434 | Wolff, Peter | 64 | GER | *Mülheim | 1099 | 1307 | 1:58:23 | 1:59:51 | 5:36 |
| 162 | 3784 | Ruthmann, Jens | 64 | GER | AS Neukirchen-Vluyn | 1110 | 1325 | 1:58:32 | 1:59:40 | 5:37 |
| 163 | 3329 | Wurda, Werner | 60 | GER | SC Fortuna Köln | 1123 | 1345 | 1:58:54 | 2:01:54 | 5:38 |
| 164 | 3570 | Muth, Josef | 64 | GER | *Duisburg | 1129 | 1354 | 1:59:01 | 2:00:45 | 5:38 |
| 165 | 3210 | Schmitz, Ulrich | 62 | GER | *Hilden | 1133 | 1358 | 1:59:04 | 2:00:28 | 5:38 |
| 166 | 4888 | Welters, Klaus | 64 | GER | Bor. Mönchengladbach | 1140 | 1369 | 1:59:26 | 2:00:50 | 5:39 |
| 167 | 3667 | Jodocy, Benedikt | 62 | GER | *Ratingen | 1146 | 1382 | 1:59:40 | 2:01:35 | 5:40 |
| 168 | 4866 | zilt, andreas | 62 | GER | *Essen | 1148 | 1384 | 1:59:43 | 2:00:32 | 5:40 |
| 169 | 3914 | Posth, Frank | 61 | GER | BSV ThyssenKrupp Stahl | 1151 | 1390 | 1:59:55 | 2:01:52 | 5:40 |
| 170 | 4549 | Hoppe, Peter | 63 | GER | *Moers | 1155 | 1395 | 2:00:02 | 2:01:26 | 5:41 |
| 171 | 4514 | Wöllner, Dr. Martin | 60 | GER | LT Dammsteg | 1156 | 1398 | 2:00:10 | 2:01:57 | 5:41 |
| 172 | 3465 | Van Eik, Rolf | 61 | GER | *Witten | 1161 | 1405 | 2:00:19 | 2:00:59 | 5:42 |
| 173 | 3769 | Kraus, Norbert | 62 | GER | MSV Fan Club Bergisches Land | 1162 | 1406 | 2:00:19 | 2:01:59 | 5:42 |
| 174 | 3227 | Burkard, Stefan | 64 | GER | SV Wattenscheid | 1173 | 1435 | 2:01:16 | 2:02:26 | 5:44 |
| 175 | 4139 | Jordans, Toni | 60 | GER | *Rommerskirchen | 1176 | 1438 | 2:01:18 | 2:02:58 | 5:44 |
| 176 | 4122 | Hötzel, Gerd | 61 | GER | *Lünen | 1182 | 1449 | 2:01:31 | 2:03:02 | 5:45 |
| 177 | 4351 | Schoenmackers, Ludger | 63 | GER | VT 1859 Kempen | 1188 | 1459 | 2:01:47 | 2:04:07 | 5:46 |
| 178 | 4919 | Vogt, Michael | 62 | GER | TV 1900 Wanheim | 1190 | 1461 | 2:01:48 | 2:03:34 | 5:46 |
| 179 | 3451 | Schumacher, Ernst | 61 | GER | LC Duisburg | 1197 | 1473 | 2:02:13 | 2:04:02 | 5:47 |
| 180 | 3699 | Marten, Frank | 62 | GER | *Oberhausen | 1202 | 1485 | 2:02:22 | 2:03:12 | 5:47 |
| 181 | 4903 | Lepartz, Thomas | 63 | GER | *Essen | 1206 | 1489 | 2:02:26 | 2:04:07 | 5:48 |
| 182 | 4675 | Hostell, Helmut | 61 | GER | *Pulheim | 1207 | 1490 | 2:02:27 | 2:03:44 | 5:48 |
| 183 | 3017 | Benning, Klaus | 61 | GER | *Mülheim | 1212 | 1496 | 2:02:35 | 2:04:28 | 5:48 |
| 184 | 3067 | Schmidt, Johannes | 63 | GER | team erdinger alkoholfrei | 1213 | 1497 | 2:02:36 | 2:03:54 | 5:48 |
| 185 | 3192 | Seipel, Andreas | 60 | GER | *Rheinberg | 1225 | 1515 | 2:03:04 | 2:05:15 | 5:49 |
| 186 | 3188 | Kirchberg, Peter | 61 | GER | LC Duisburg | 1227 | 1518 | 2:03:07 | 2:04:54 | 5:50 |
| 187 | 3490 | Müller, Holger | 63 | GER | *Duisburg | 1233 | 1528 | 2:03:17 | 2:04:31 | 5:50 |
| 188 | 4862 | Yanbul, Mustafa | 63 | GER | *Duisburg | 1241 | 1543 | 2:03:46 | 2:05:05 | 5:51 |
| 189 | 4179 | Kozub, Günther | 64 | GER | Ortho Spina | 1242 | 1544 | 2:03:52 | 2:06:04 | 5:52 |
| 190 | 4338 | Schims, Martin | 63 | GER | *Duisburg | 1244 | 1548 | 2:04:02 | 2:05:40 | 5:52 |
| 191 | 4967 | Maschler, Frank | 60 | GER | *Duisburg | 1252 | 1559 | 2:04:23 | 2:06:47 | 5:53 |
| 192 | 3222 | Latta, Peter | 61 | GER | LC Duisburg | 1253 | 1560 | 2:04:23 | 2:05:21 | 5:53 |
| 193 | 3190 | Buschkamp, Wolfgang | 63 | GER | Just 4 Fun | 1263 | 1575 | 2:04:43 | 2:06:50 | 5:54 |
| 194 | 4381 | Stausberg, Dieter | 61 | GER | *Duisburg | 1264 | 1576 | 2:04:43 | 2:07:00 | 5:54 |
| 195 | 3135 | Breidenbach, Jörg | 64 | GER | *Moers | 1273 | 1591 | 2:05:00 | 2:06:54 | 5:55 |
| 196 | 4968 | Heidenreich, Frank | 63 | GER | LC Duisburg Marathonkurs | 1294 | 1622 | 2:05:47 | 2:08:22 | 5:57 |
| 197 | 4974 | Klugiewicz, Peter | 63 | GER | LC Duisburg | 1295 | 1623 | 2:05:47 | 2:08:22 | 5:57 |
| 198 | 4629 | Eversmann, Gerhard | 61 | GER | *Duisburg | 1306 | 1639 | 2:06:05 | 2:07:17 | 5:58 |
| 199 | 3852 | Kaul, Peter | 64 | GER | *Erkelenz | 1308 | 1644 | 2:06:15 | 2:08:14 | 5:59 |
| 200 | 3351 | Enners, Frank | 64 | GER | *Velbert | 1326 | 1678 | 2:07:12 | 2:08:06 | 6:01 |
| 201 | 3179 | Riedel, Rudi | 60 | GER | *Duisburg | 1329 | 1681 | 2:07:17 | 2:09:35 | 6:01 |
| 202 | 4352 | Schole, Holger | 63 | GER | *Unna | 1331 | 1684 | 2:07:28 | 2:09:19 | 6:02 |
| 203 | 3735 | Blaumeiser, Detlef | 63 | GER | *Radevormwald | 1350 | 1721 | 2:08:28 | 2:09:41 | 6:05 |
| 204 | 4349 | Schneider, Udo | 63 | GER | *Duisburg | 1357 | 1734 | 2:08:41 | 2:10:47 | 6:05 |
| 205 | 3939 | Edgington, Paul | 62 | GBR | *Duisburg | 1370 | 1753 | 2:09:12 | 2:10:51 | 6:07 |
| 206 | 3609 | Fiß, Martin | 62 | GER | Ausdauererschule by Bunert | 1371 | 1754 | 2:09:13 | 2:10:28 | 6:07 |
| 207 | 4427 | Wiese, Norbert | 61 | GER | *Bocholt | 1373 | 1758 | 2:09:19 | 2:11:03 | 6:07 |
| 208 | 3830 | Rucktäschel, Uwe | 64 | GER | Rennschnecken de Luxe | 1374 | 1759 | 2:09:21 | 2:11:31 | 6:07 |
| 209 | 3813 | Schmitz, Volker | 63 | GER | *Duisburg | 1377 | 1762 | 2:09:23 | 2:11:39 | 6:07 |
| 210 | 3203 | Rosskoth, Bernhard | 63 | GER | *Duisburg | 1379 | 1766 | 2:09:34 | 2:11:48 | 6:08 |
| 211 | 4710 | Kuche, Reimund H. | 63 | GER | *Alpen | 1380 | 1768 | 2:09:37 | 2:11:55 | 6:08 |
| 212 | 4814 | Slusarek, Michael | 60 | GER | *Dinslaken | 1384 | 1774 | 2:09:46 | 2:10:11 | 6:08 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M50

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-----------------------|----|-----|----------------------------|-------|------|---------|---------|------|
| 213 | 4172 | Köllner, Sigurd | 63 | GER | running4fun.net | 1389 | 1787 | 2:09:57 | 2:12:41 | 6:09 |
| 214 | 3610 | Müller, Dietmar | 61 | GER | *Voerde | 1391 | 1791 | 2:10:09 | 2:12:56 | 6:10 |
| 215 | 3461 | May, Jörg | 62 | GER | Running Dinslaken | 1393 | 1793 | 2:10:12 | 2:12:23 | 6:10 |
| 216 | 4612 | Dietsch, Christian | 61 | GER | *Duisburg | 1394 | 1795 | 2:10:12 | 2:11:29 | 6:10 |
| 217 | 4010 | Bongardt, Dirk | 63 | GER | *Moers | 1397 | 1801 | 2:10:25 | 2:12:01 | 6:10 |
| 218 | 3575 | Striewe, Michael | 63 | GER | BSV Kokerei Schwegern e.V. | 1403 | 1809 | 2:10:39 | 2:12:11 | 6:11 |
| 219 | 4566 | Vanek, Andreas | 64 | GER | BSG Sparkasse Duisburg | 1407 | 1814 | 2:10:44 | 2:11:44 | 6:11 |
| 220 | 4323 | Rumpel, Harry Paul | 61 | GER | *Duisburg | 1426 | 1851 | 2:11:30 | 2:13:47 | 6:13 |
| 221 | 3275 | Jakobs, Stephanus | 61 | GER | *Duisburg | 1437 | 1865 | 2:11:50 | 2:12:47 | 6:14 |
| 222 | 4924 | Schönhoff, Martin | 60 | GER | *Bochum | 1449 | 1885 | 2:12:17 | 2:13:45 | 6:16 |
| 223 | 3364 | Kueppers, Anton | 63 | GER | bogenschuetzen linn | 1451 | 1887 | 2:12:19 | 2:14:41 | 6:16 |
| 224 | 4742 | Nitz, Albert | 63 | GER | *Duisburg | 1453 | 1894 | 2:12:28 | 2:15:14 | 6:16 |
| 225 | 4315 | Riedl, Michael | 63 | GER | *Düsseldorf | 1456 | 1900 | 2:12:31 | 2:15:28 | 6:16 |
| 226 | 3732 | Hüppgens, Jürgen | 61 | GER | *Erkelenz | 1458 | 1902 | 2:12:32 | 2:14:42 | 6:16 |
| 227 | 4527 | Meier, Wolfgang | 61 | GER | St. Marien-KH Ratingen | 1460 | 1906 | 2:12:34 | 2:15:18 | 6:16 |
| 228 | 4625 | Ernst, Uwe | 61 | GER | BSG SWDU | 1466 | 1918 | 2:12:43 | 2:13:35 | 6:17 |
| 229 | 3747 | Lelittko, Christoph | 63 | GER | *Bochum | 1479 | 1943 | 2:13:13 | 2:14:58 | 6:18 |
| 230 | 3063 | Schmidt, Wolfgang | 62 | GER | *Mülheim an der Ruhr | 1481 | 1948 | 2:13:25 | 2:14:07 | 6:19 |
| 231 | 3875 | Hoffmann, Harald | 64 | GER | *Essen | 1504 | 1994 | 2:14:17 | 2:16:25 | 6:21 |
| 232 | 4774 | Reinholtz, Stefan | 62 | GER | *Rotterdam | 1507 | 1999 | 2:14:32 | 2:17:25 | 6:22 |
| 233 | 3621 | Breuer, Matthias | 62 | GER | *Duisburg | 1523 | 2030 | 2:15:29 | 2:17:11 | 6:25 |
| 234 | 4789 | Ruhland, Alois | 62 | GER | *Wülfrath | 1527 | 2035 | 2:15:38 | 2:17:55 | 6:25 |
| 235 | 3810 | Barth, Max | 61 | GER | LT Olpe | 1530 | 2042 | 2:16:04 | 2:17:34 | 6:26 |
| 236 | 3645 | Driessen, Sjraar | 61 | NLD | *Steijl | 1536 | 2051 | 2:16:17 | 2:17:47 | 6:27 |
| 237 | 3964 | Bähr, Stefan | 64 | GER | Ausdauerschule by Bunert | 1538 | 2055 | 2:16:21 | 2:18:44 | 6:27 |
| 238 | 3074 | Seeske, Volker | 60 | GER | Team ERDINGER Alkoholfrei | 1552 | 2083 | 2:17:31 | 2:19:50 | 6:31 |
| 239 | 4476 | Alferi, Horst | 63 | GER | *Haste | 1566 | 2108 | 2:18:59 | 2:21:12 | 6:35 |
| 240 | 3390 | Biefang, Jörn | 62 | GER | Laufschule Oberhausen | 1572 | 2117 | 2:19:32 | 2:21:43 | 6:36 |
| 241 | 3191 | Klos, Wolfgang | 60 | GER | DJK Ewaldi Aplerbeck | 1591 | 2170 | 2:22:04 | 2:24:42 | 6:44 |
| 242 | 4954 | Matschulat, Jürgen | 62 | GER | *Duisburg | 1598 | 2182 | 2:22:45 | 2:25:28 | 6:45 |
| 243 | 4561 | Schanzmann, Rüdiger | 64 | GER | *Duisburg | 1605 | 2196 | 2:23:27 | 2:26:21 | 6:47 |
| 244 | 4521 | Röttger, Stefan | 63 | GER | *Marl | 1609 | 2204 | 2:23:49 | 2:26:36 | 6:48 |
| 245 | 3668 | Cyrol, Josef | 62 | GER | LC Duisburg | 1621 | 2233 | 2:25:59 | 2:28:15 | 6:55 |
| 246 | 4654 | Grams, Norbert | 61 | GER | Laufftreff Wischlingen | 1625 | 2239 | 2:26:29 | 2:29:18 | 6:56 |
| 247 | 4420 | Weber, Ingo | 62 | GER | LT Wischlingen Dortmund | 1626 | 2240 | 2:26:34 | 2:29:20 | 6:56 |
| 248 | 4515 | Pauke, Martin | 64 | GER | LT Wischlingen Dortmund | 1628 | 2246 | 2:26:37 | 2:29:22 | 6:56 |
| 249 | 4102 | Heckel, Dettlef | 64 | GER | *Hilden | 1633 | 2255 | 2:26:56 | 2:29:34 | 6:57 |
| 250 | 3163 | Fuhlrott, Jürgen | 63 | GER | *Hünxe | 1642 | 2272 | 2:27:34 | 2:30:25 | 6:59 |
| 251 | 3538 | Hommers, Michael | 63 | GER | *Drensteinfurt | 1645 | 2277 | 2:28:40 | 2:31:23 | 7:02 |
| 252 | 4162 | Knabben, Stefan | 63 | GER | *Duisburg | 1655 | 2298 | 2:29:54 | 2:32:40 | 7:06 |
| 253 | 3096 | Käbe, Uwe | 61 | GER | VKM Duisburg | 1670 | 2338 | 2:32:44 | 2:35:31 | 7:14 |
| 254 | 4711 | Kuhne, Markus | 61 | GER | *Lünen | 1687 | 2382 | 2:38:00 | 2:40:41 | 7:29 |
| 255 | 4991 | Kniest, Hans-heinrich | 60 | GER | SV Orsoy | 1688 | 2385 | 2:38:58 | 2:39:20 | 7:32 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M55

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|------------------------|----|-----|-----------------------------------|-------|------|---------|---------|------|
| 1 | 3069 | Vogl, Thomas | 55 | GER | Recklinghäuser LC | 42 | 45 | 1:24:56 | 1:25:00 | 4:01 |
| 2 | 4894 | Congiu, Giovanni | 56 | ITA | lita 2000 | 45 | 49 | 1:25:21 | 1:25:24 | 4:02 |
| 3 | 3794 | Orlowski, Bernd | 57 | GER | Gelsenkirchen | 75 | 83 | 1:29:12 | 1:29:17 | 4:13 |
| 4 | 4826 | Süßmuth, Jürgen | 58 | GER | LC Duisburg | 76 | 84 | 1:29:13 | 1:29:26 | 4:13 |
| 5 | 3650 | Dolfen, Stefan | 59 | GER | LT Kettwig 2000 | 106 | 115 | 1:30:17 | 1:30:21 | 4:16 |
| 6 | 4904 | Küppers, Harald | 59 | GER | DJK-VFL-Forstwald-Krefeld | 144 | 154 | 1:32:50 | 1:33:10 | 4:24 |
| 7 | 3828 | Mentzel, Fritz-Werner | 59 | GER | *Bochum | 163 | 176 | 1:33:58 | 1:34:16 | 4:27 |
| 8 | 5011 | Lösing, Martin | 58 | GER | *Velbert | 166 | 179 | 1:34:17 | 1:34:28 | 4:28 |
| 9 | 3504 | Sadrina, Gereon | 58 | GER | *Bonn | 198 | 215 | 1:35:53 | 1:35:57 | 4:32 |
| 10 | 3161 | Marzo, Danilo | 57 | GER | LC Wuppertal | 231 | 250 | 1:37:40 | 1:38:01 | 4:37 |
| 11 | 4683 | Jokisch, Frank | 55 | GER | *Leverkusen | 235 | 254 | 1:37:51 | 1:39:55 | 4:38 |
| 12 | 4387 | Beck, Wolfgang | 56 | GER | *Kamen | 241 | 260 | 1:38:00 | 1:38:31 | 4:38 |
| 13 | 4925 | Knoth, Günter | 57 | GER | LAC THG Kettwig e.V. | 249 | 271 | 1:38:23 | 1:38:48 | 4:39 |
| 14 | 3055 | Pickartz, Jürgen | 59 | GER | *Duisburg | 259 | 282 | 1:38:53 | 1:39:11 | 4:41 |
| 15 | 3064 | Mracsek, Peter | 58 | GER | Sc Casino-duisburg | 292 | 321 | 1:39:53 | 1:40:02 | 4:44 |
| 16 | 4943 | Wagner, Theo | 57 | GER | ASV Duisburg | 302 | 331 | 1:40:19 | 1:41:02 | 4:45 |
| 17 | 3711 | Fabricius, Harald | 58 | GER | *Hattingen | 321 | 352 | 1:41:02 | 1:41:48 | 4:47 |
| 18 | 4693 | Keussen, Marius | 57 | GER | *Duisburg | 327 | 358 | 1:41:15 | 1:42:01 | 4:47 |
| 19 | 3737 | Leonhard, Wilfried | 58 | GER | PV-Triathlon Witten | 336 | 367 | 1:41:32 | 1:42:47 | 4:48 |
| 20 | 3908 | Wilmsen, Ulrich | 56 | GER | LT Haumannplatz Essen | 337 | 369 | 1:41:35 | 1:42:10 | 4:48 |
| 21 | 4079 | Gebehart, Achim | 59 | GER | Team ERDINGER Alkoholfrei | 399 | 440 | 1:43:09 | 1:43:47 | 4:53 |
| 22 | 4969 | Schittko, Günter | 59 | GER | Marathon Dinslaken | 422 | 464 | 1:43:34 | 1:44:14 | 4:54 |
| 23 | 5009 | Sander, Ralf | 58 | GER | *Recklinghausen | 471 | 517 | 1:44:37 | 1:45:16 | 4:57 |
| 24 | 4524 | Groos, Reiner | 59 | GER | TV Jahn Hiesfeld | 499 | 550 | 1:45:22 | 1:45:53 | 4:59 |
| 25 | 3235 | Wilde, Jürgen | 56 | GER | *Essen | 523 | 582 | 1:46:00 | 1:46:52 | 5:01 |
| 26 | 3302 | Plein, Friedhelm | 56 | GER | Wir bei HKM | 538 | 605 | 1:46:23 | 1:46:55 | 5:02 |
| 27 | 4987 | Spoden, Migo | 59 | GER | LC Duisburg | 541 | 608 | 1:46:24 | 1:46:58 | 5:02 |
| 28 | 4487 | Udupa, Murthy | 59 | IND | *Bangalore | 566 | 636 | 1:46:59 | 1:47:49 | 5:04 |
| 29 | 3441 | Vierhaus, Udo | 56 | GER | Team 4haus | 567 | 637 | 1:47:03 | 1:47:38 | 5:04 |
| 30 | 4416 | Vucans, Mario | 55 | GER | BSV Eschweiler | 571 | 643 | 1:47:05 | 1:47:55 | 5:04 |
| 31 | 4631 | Feldkamp, Manfred | 58 | GER | Marathon Dinslaken | 585 | 658 | 1:47:20 | 1:48:09 | 5:05 |
| 32 | 4694 | Keuten, Michael | 58 | GER | Marathon Dinslaken | 599 | 675 | 1:47:41 | 1:48:29 | 5:06 |
| 33 | 3019 | Kannengießer, Andreas | 58 | GER | DJK Gillrath | 621 | 701 | 1:48:14 | 1:48:54 | 5:07 |
| 34 | 3298 | Kuckelsberg, Bernd | 56 | GER | *Wuppertal | 623 | 703 | 1:48:14 | 1:48:52 | 5:07 |
| 35 | 3414 | Geffroy, Heinz-Wilhelm | 56 | GER | Marathon Dinslaken | 624 | 704 | 1:48:19 | 1:49:07 | 5:07 |
| 36 | 4994 | Rettore, Enrico | 59 | ITA | *Monselice | 642 | 729 | 1:48:58 | 1:49:03 | 5:09 |
| 37 | 3053 | Willwacher, Peter | 55 | GER | Tus 05 Quettingen | 654 | 747 | 1:49:09 | 1:49:49 | 5:10 |
| 38 | 3925 | Heid, Harald | 59 | GER | LG Theater Essen | 666 | 760 | 1:49:20 | 1:50:16 | 5:10 |
| 39 | 3444 | Van Der Beck, Michael | 59 | GER | LG Mülheim | 686 | 783 | 1:49:38 | 1:50:18 | 5:11 |
| 40 | 3697 | Kohn, Ulrich | 57 | GER | SV Beeckerwerth | 694 | 791 | 1:49:53 | 1:51:01 | 5:12 |
| 41 | 3968 | Wiegers, Heinrich | 57 | GER | *Essen | 695 | 792 | 1:49:55 | 1:50:29 | 5:12 |
| 42 | 4507 | Stutenbäumer, Stefan | 59 | GER | *Beckum | 698 | 797 | 1:50:02 | 1:52:44 | 5:12 |
| 43 | 3071 | Dix, Matthias | 58 | GER | PV-Triathlon Witten | 738 | 845 | 1:51:00 | 1:52:14 | 5:15 |
| 44 | 3675 | Meyer, Frank | 55 | GER | *Duisburg | 762 | 873 | 1:51:41 | 1:53:15 | 5:17 |
| 45 | 5037 | Honsel, Werner | 55 | GER | TV Witzhelden | 783 | 898 | 1:52:13 | 1:53:17 | 5:19 |
| 46 | 5041 | Henk, Helmut | 57 | GER | *Bad Berleburg | 832 | 956 | 1:53:14 | 1:53:50 | 5:22 |
| 47 | 4776 | Richter, Volker | 58 | GER | LC Duisburg | 834 | 958 | 1:53:17 | 1:54:33 | 5:22 |
| 48 | 3141 | Gmyrek, Siegfried | 56 | GER | *Wuppertal | 843 | 972 | 1:53:27 | 1:53:54 | 5:22 |
| 49 | 4666 | Heinig, Peter | 59 | GER | *Duisburg | 847 | 976 | 1:53:30 | 1:54:16 | 5:22 |
| 50 | 3601 | Hochmuth, Karsten | 59 | GER | ALS Duisburg | 848 | 977 | 1:53:30 | 1:54:34 | 5:22 |
| 51 | 4775 | Reppmann, REPPI | 55 | GER | Aktion Canchanabury MT Wir laufen | 849 | 978 | 1:53:31 | 1:54:33 | 5:22 |
| 52 | 3229 | Vorberg, Klaus | 57 | GER | *Duisburg | 871 | 1002 | 1:54:00 | 1:55:40 | 5:24 |
| 53 | 3518 | Freundlieb, Werner | 56 | GER | *Selm | 895 | 1031 | 1:54:32 | 1:55:01 | 5:25 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M55

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|---------------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 54 | 4350 | Schöddert, Jürgen | 59 | GER | Königsblau Velbert | 906 | 1043 | 1:54:42 | 1:56:09 | 5:26 |
| 55 | 4513 | Dietrich, Eckhard | 57 | GER | *Rheinberg | 909 | 1046 | 1:54:48 | 1:56:34 | 5:26 |
| 56 | 3012 | Borgloh, Stefan | 55 | GER | ---- | 934 | 1079 | 1:55:11 | 1:56:35 | 5:27 |
| 57 | 4154 | Klaes, Andreas | 56 | GER | kein Verein | 935 | 1080 | 1:55:11 | 1:56:48 | 5:27 |
| 58 | 3447 | Wermes, Ralf | 58 | GER | Marathon Dinslaken | 939 | 1084 | 1:55:14 | 1:57:15 | 5:27 |
| 59 | 4757 | Peters, Bernhard | 55 | GER | *Aachen | 956 | 1105 | 1:55:42 | 1:57:04 | 5:29 |
| 60 | 4506 | Schrey, Jochen | 59 | GER | Running Sailor | 975 | 1128 | 1:56:01 | 1:56:23 | 5:29 |
| 61 | 3649 | Kupisch, Peter | 59 | GER | *Essen | 997 | 1160 | 1:56:21 | 1:57:52 | 5:30 |
| 62 | 4511 | Bonnen, Michael | 58 | GER | *Düsseldorf | 1007 | 1177 | 1:56:38 | 1:57:43 | 5:31 |
| 63 | 4610 | Chlosta, Peter | 57 | GER | Laufschule Dortmund by bunert | 1013 | 1187 | 1:56:46 | 1:58:06 | 5:32 |
| 64 | 4175 | Kortenhaus, Dr. Ekkehardt | 57 | GER | *Erkelenz | 1051 | 1238 | 1:57:38 | 1:59:35 | 5:34 |
| 65 | 4718 | Leder, Jürgen | 59 | GER | Sterkrade 06/07 | 1057 | 1247 | 1:57:45 | 1:59:38 | 5:34 |
| 66 | 4733 | Möller, Norbert | 55 | GER | LC Duisburg | 1075 | 1270 | 1:57:58 | 1:59:26 | 5:35 |
| 67 | 3122 | Schaary, Ernst | 55 | GER | *Duisburg | 1087 | 1286 | 1:58:08 | 1:58:52 | 5:35 |
| 68 | 4469 | Deiningner, Siegi | 58 | GER | Terraplan | 1107 | 1322 | 1:58:32 | 1:59:31 | 5:37 |
| 69 | 4396 | Thiemann, Volker | 58 | GER | Willy-brandt-gesamtschule | 1116 | 1333 | 1:58:41 | 2:00:57 | 5:37 |
| 70 | 3211 | Justke, Matthias | 59 | GER | LT Wischlingen Dortmund | 1122 | 1344 | 1:58:53 | 2:01:42 | 5:38 |
| 71 | 3479 | Polat, Ali | 57 | GER | ThyssenKrupp | 1125 | 1348 | 1:58:57 | 2:00:42 | 5:38 |
| 72 | 3168 | Karrasch, Dieter | 56 | GER | LT Olpe | 1130 | 1355 | 1:59:01 | 2:00:32 | 5:38 |
| 73 | 3208 | Höffmann, Dr. Achim | 59 | GER | cundus AG | 1134 | 1359 | 1:59:05 | 2:00:23 | 5:38 |
| 74 | 3315 | Wink, Rolf | 56 | GER | *Herdecke | 1139 | 1368 | 1:59:23 | 2:00:36 | 5:39 |
| 75 | 3046 | Janssen, Wilfried | 57 | GER | DJK Gillrath | 1157 | 1399 | 2:00:14 | 2:01:05 | 5:41 |
| 76 | 4659 | Haack, Rainer | 57 | GER | *Mülheim | 1166 | 1413 | 2:00:37 | 2:03:03 | 5:42 |
| 77 | 3458 | Senger, Michael | 58 | GER | *Wetter | 1168 | 1418 | 2:00:46 | 2:01:47 | 5:43 |
| 78 | 5004 | Unterberg, Reiner | 56 | GER | LG Alpen | 1185 | 1455 | 2:01:35 | 2:03:07 | 5:45 |
| 79 | 3485 | Gongolsky, Jürgen | 59 | GER | *Dinslaken | 1201 | 1483 | 2:02:21 | 2:04:26 | 5:47 |
| 80 | 3336 | Berger, Manfred | 58 | GER | TSV Weeze 1910/19 | 1203 | 1486 | 2:02:24 | 2:04:46 | 5:48 |
| 81 | 3727 | Lhoest, Helmut | 57 | GER | *Mülheim an der Ruhr | 1223 | 1513 | 2:02:59 | 2:04:44 | 5:49 |
| 82 | 4738 | Müller, Wolfgang | 56 | GER | BSG der DVG e.V. | 1228 | 1521 | 2:03:09 | 2:04:19 | 5:50 |
| 83 | 3985 | Baldeau, Günter | 59 | GER | *Duisburg | 1238 | 1537 | 2:03:30 | 2:05:52 | 5:51 |
| 84 | 3642 | Meyersieck, Rainer | 58 | GER | Willy-Brandt-Schule | 1243 | 1545 | 2:03:55 | 2:05:20 | 5:52 |
| 85 | 4988 | Schwidder, Udo | 59 | GER | ASV - Duisburg | 1271 | 1587 | 2:04:58 | 2:07:16 | 5:55 |
| 86 | 3701 | Teune, Jens | 58 | GER | LSG Rosenthal-Ahaus | 1274 | 1593 | 2:05:01 | 2:06:50 | 5:55 |
| 87 | 3099 | Bohr, Detlef | 55 | GER | BSG Stadt Köln | 1276 | 1595 | 2:05:05 | 2:06:56 | 5:55 |
| 88 | 4813 | Silbersdorf, Andreas | 58 | GER | *Duisburg | 1291 | 1616 | 2:05:34 | 2:08:01 | 5:57 |
| 89 | 4869 | Pottbäcker, Bernie | 57 | GER | SV Budberg | 1299 | 1628 | 2:05:50 | 2:07:28 | 5:57 |
| 90 | 4512 | Brentano, Ulrich | 55 | GER | BSG WAZ Essen | 1318 | 1659 | 2:06:38 | 2:08:14 | 6:00 |
| 91 | 3569 | Hirt, Rüdiger | 55 | GER | Kempener TV | 1324 | 1667 | 2:06:48 | 2:08:57 | 6:00 |
| 92 | 4428 | Will, Wolf-Dieter | 58 | GER | *Herdecke | 1325 | 1670 | 2:06:52 | 2:09:06 | 6:00 |
| 93 | 3749 | Liebern, Hans-Ulrich | 59 | GER | TG 1856 Mülheim | 1330 | 1683 | 2:07:26 | 2:10:01 | 6:02 |
| 94 | 3236 | Bürger, Johannes | 56 | GER | TV Jahn Hiesfeld | 1340 | 1699 | 2:07:59 | 2:09:38 | 6:03 |
| 95 | 4681 | Janßen, Helmut | 58 | GER | *Kleve | 1345 | 1713 | 2:08:13 | 2:10:07 | 6:04 |
| 96 | 3073 | Joeken, Michael | 58 | GER | *Duisburg | 1346 | 1714 | 2:08:14 | 2:10:25 | 6:04 |
| 97 | 3724 | Kamps, Jochen | 55 | GER | Marathonrunners uerdingen | 1352 | 1725 | 2:08:30 | 2:09:44 | 6:05 |
| 98 | 3919 | Peree, Joachim | 57 | GER | Laufftreff R(h)einknaller | 1360 | 1738 | 2:08:44 | 2:10:58 | 6:06 |
| 99 | 4830 | Timm, Dr. Haiko | 58 | GER | Laufftreff Uhlenhorst | 1376 | 1761 | 2:09:22 | 2:11:47 | 6:07 |
| 100 | 4709 | Krethke, Günter | 58 | GER | Stadt Bochum Team | 1381 | 1770 | 2:09:44 | 2:10:14 | 6:08 |
| 101 | 4877 | Hallerbach, Georg | 59 | GER | LC Duisburg | 1399 | 1803 | 2:10:31 | 2:12:19 | 6:11 |
| 102 | 3881 | Wohlgefahrt, Ulrich | 56 | GER | Wir bei HKM | 1401 | 1806 | 2:10:35 | 2:12:12 | 6:11 |
| 103 | 4648 | Glöckner, Peter | 59 | GER | *Bochum | 1409 | 1816 | 2:10:48 | 2:13:43 | 6:11 |
| 104 | 5007 | Burak, Peter | 58 | GER | Laufftreff Recklinghausen | 1416 | 1829 | 2:11:08 | 2:13:36 | 6:12 |
| 105 | 4228 | Mattler, Johannes | 58 | GER | *Duisburg | 1421 | 1843 | 2:11:23 | 2:13:53 | 6:13 |
| 106 | 3777 | Lorek, Ulrich | 59 | GER | *Ratingen | 1425 | 1850 | 2:11:27 | 2:14:15 | 6:13 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M55

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-----------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 107 | 3430 | Lang, Rüdiger | 56 | GER | RTV Rumelner Turnverein | 1431 | 1857 | 2:11:33 | 2:14:04 | 6:14 |
| 108 | 4833 | Tschorn, Klaus | 57 | GER | *Schwerte | 1435 | 1863 | 2:11:47 | 2:14:29 | 6:14 |
| 109 | 4741 | Nies, Matthias | 59 | GER | *53557 Bad Hönningen | 1436 | 1864 | 2:11:48 | 2:14:13 | 6:14 |
| 110 | 3213 | Hardt, Jürgen | 56 | GER | *Duisburg | 1448 | 1884 | 2:12:15 | 2:14:15 | 6:16 |
| 111 | 4847 | Ward, Stephen John | 59 | GER | Metrorunners | 1450 | 1886 | 2:12:18 | 2:14:01 | 6:16 |
| 112 | 4314 | Rexing, Horst | 59 | GER | *Erkelenz | 1457 | 1901 | 2:12:32 | 2:14:42 | 6:16 |
| 113 | 4724 | Lombard, Reiner | 56 | GER | *Oberhausen | 1463 | 1913 | 2:12:38 | 2:14:52 | 6:17 |
| 114 | 3678 | Karbach, Michael | 57 | GER | *Kaub | 1465 | 1916 | 2:12:41 | 2:15:09 | 6:17 |
| 115 | 4230 | Meier, Peter | 55 | GER | *Mülheim / Ruhr | 1467 | 1919 | 2:12:44 | 2:15:07 | 6:17 |
| 116 | 3484 | Schweizer, Peter | 59 | GER | FoKuS Selm | 1476 | 1938 | 2:13:03 | 2:15:08 | 6:18 |
| 117 | 3886 | Bartsch, Hans-Jürgen | 58 | GER | *Moers | 1482 | 1950 | 2:13:27 | 2:15:37 | 6:19 |
| 118 | 3049 | Rademaker, Klaus | 59 | GER | *Rheinberg | 1484 | 1957 | 2:13:30 | 2:16:06 | 6:19 |
| 119 | 4823 | Strathoff, Dirk | 58 | GER | Laufschule Dortmund by bunert | 1491 | 1968 | 2:13:42 | 2:16:18 | 6:20 |
| 120 | 3247 | Schillack, Frank | 57 | GER | LT Recklinghausen | 1499 | 1985 | 2:14:03 | 2:16:31 | 6:21 |
| 121 | 3418 | Vierhaus, Detlev | 59 | GER | team-4haus | 1502 | 1991 | 2:14:12 | 2:16:16 | 6:21 |
| 122 | 215 | Küpper, Gustav | 58 | GER | LF SSV Herten | 1516 | 2011 | 2:14:55 | 2:17:03 | 6:23 |
| 123 | 3489 | Höwing, Ralf | 59 | GER | LT Uhlenhorst | 1524 | 2031 | 2:15:30 | 2:17:55 | 6:25 |
| 124 | 3740 | Kaiser, Klaus | 58 | GER | *Bochum | 1529 | 2040 | 2:15:59 | 2:18:43 | 6:26 |
| 125 | 3416 | Stapperfenne, Dr. Uwe | 55 | GER | *Wülfrath | 1532 | 2044 | 2:16:07 | 2:18:24 | 6:27 |
| 126 | 4971 | Salewski, Reinhard | 58 | GER | DJK Preussen 1911 Bochum | 1534 | 2049 | 2:16:13 | 2:19:08 | 6:27 |
| 127 | 4227 | Mathejczyk, Waldemar | 59 | GER | *Duisburg | 1537 | 2053 | 2:16:18 | 2:19:09 | 6:27 |
| 128 | 4138 | Jonath, Welf | 56 | GER | *Oberhausen | 1542 | 2064 | 2:16:32 | 2:18:42 | 6:28 |
| 129 | 3185 | Steinhoff, Holger | 55 | GER | SG Du-Süd | 1543 | 2067 | 2:16:33 | 2:18:19 | 6:28 |
| 130 | 3044 | Jankowski, Gerd | 56 | GER | Waltroper LC 06 | 1547 | 2077 | 2:16:50 | 2:19:04 | 6:29 |
| 131 | 3199 | Winter, Martin | 59 | GER | Die Eiszapfen | 1548 | 2078 | 2:16:56 | 2:18:13 | 6:29 |
| 132 | 8061 | Bergmann, Dieter | 55 | GER | LT Alt - Erkrath | 1550 | 2081 | 2:17:11 | 2:20:06 | 6:30 |
| 133 | 3870 | Barendt, Peter | 57 | GER | Recovery Runner | 1552 | 2083 | 2:17:31 | 2:18:44 | 6:31 |
| 134 | 4081 | Gerks, Michael | 58 | GER | *Steinfurt | 1582 | 2145 | 2:20:55 | 2:23:03 | 6:40 |
| 135 | 3792 | Schwarz, Dieter | 57 | GER | *47239 Duisburg | 1600 | 2187 | 2:23:06 | 2:25:22 | 6:46 |
| 136 | 4050 | Ebrecht, Dr. Martin | 57 | GER | *Ratingen | 1620 | 2230 | 2:25:37 | 2:26:00 | 6:54 |
| 137 | 4389 | Tappe, Reinhard | 57 | GER | Kolpingfamilie Duisburg-Beeck | 1624 | 2238 | 2:26:22 | 2:28:44 | 6:56 |
| 138 | 3421 | Schäfer, Wolfgang | 58 | GER | LV Marathon Kleve | 1631 | 2252 | 2:26:52 | 2:29:20 | 6:57 |
| 139 | 3660 | Knepper, Ulrich | 58 | GER | PV-Triathlon Witten | 1632 | 2253 | 2:26:52 | 2:28:54 | 6:57 |
| 140 | 3795 | Reier, Dr. Wolfgang | 59 | GER | Fun Runner VfL Gladbeck | 1654 | 2296 | 2:29:48 | 2:32:33 | 7:05 |
| 141 | 3758 | Herrmann, Holger | 59 | GER | Rumelner TV | 1660 | 2316 | 2:31:31 | 2:34:16 | 7:10 |
| 142 | 4756 | Peleikis, Detlef | 58 | GER | *Duisburg | 1664 | 2322 | 2:31:52 | 2:34:43 | 7:11 |
| 143 | 4889 | Kälble, Georg | 59 | GER | *Bad Salzuflen | 1679 | 2355 | 2:34:41 | 2:37:16 | 7:19 |
| 144 | 3413 | Kreuels, Martin | 57 | GER | *Duisburg | 1680 | 2356 | 2:34:58 | 2:37:51 | 7:20 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M60

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|--------------------------|----|-----|------------------------------|-------|------|---------|---------|------|
| 1 | 3443 | Fritsch, Franz | 53 | GER | LG Alpen | 91 | 99 | 1:29:53 | 1:30:01 | 4:15 |
| 2 | 4754 | Pavlovic, Anton | 51 | GER | Fokus Selm | 250 | 272 | 1:38:31 | 1:38:44 | 4:40 |
| 3 | 4930 | Gerbrecht, Klaus | 54 | GER | LT Lustige Schleicher Essen | 255 | 278 | 1:38:40 | 1:38:59 | 4:40 |
| 4 | 3901 | Markowsky, Günter | 52 | GER | Rumelner TV | 285 | 311 | 1:39:32 | 1:40:10 | 4:43 |
| 5 | 3147 | Olejniczak, Stefan | 54 | GER | Continental Dortmund | 308 | 339 | 1:40:28 | 1:40:57 | 4:45 |
| 6 | 3264 | Arnold, Rüdiger | 50 | GER | LT Bittermark Dortmund | 332 | 363 | 1:41:22 | 1:41:48 | 4:48 |
| 7 | 3058 | Topp, Harald | 52 | GER | BSV ThyssenKrupp Stahl AG | 370 | 409 | 1:42:24 | 1:42:28 | 4:51 |
| 8 | 4583 | Barann, Alfred | 52 | GER | Sevinghausener Jungs | 383 | 423 | 1:42:47 | 1:43:23 | 4:52 |
| 9 | 3281 | Rahe, Bernhard | 54 | GER | Kempener TV | 516 | 572 | 1:45:48 | 1:46:39 | 5:00 |
| 10 | 3041 | Wagner, Norbert | 50 | GER | *Krefeld | 565 | 635 | 1:46:58 | 1:48:03 | 5:04 |
| 11 | 3078 | Richmann, Wolfgang | 50 | GER | LG Mülheim | 614 | 692 | 1:47:58 | 1:48:37 | 5:07 |
| 12 | 4482 | Hittmeyer, Manfred | 54 | GER | Viermärker Dortmund | 625 | 705 | 1:48:19 | 1:49:23 | 5:08 |
| 13 | 3153 | Dotzek, Lothar | 51 | GER | TG Scherlebeck 03 | 652 | 744 | 1:49:07 | 1:49:46 | 5:10 |
| 14 | 3708 | Reisch, Axel | 53 | GER | Laufschule Oberhausen | 656 | 749 | 1:49:10 | 1:51:09 | 5:10 |
| 15 | 4433 | Wolf, Helmuth | 51 | GER | *Kempen | 737 | 844 | 1:50:58 | 1:52:23 | 5:15 |
| 16 | 5002 | Okamoto, Skinichi | 50 | JPN | *Düsseldorf | 854 | 984 | 1:53:39 | 1:55:33 | 5:23 |
| 17 | 4910 | Kuntke, Andreas | 54 | GER | *Duisburg | 963 | 1113 | 1:55:50 | 1:58:53 | 5:29 |
| 18 | 4147 | Kasumovic, Dzermal | 52 | BIH | Mostar | 1005 | 1174 | 1:56:36 | 1:56:50 | 5:31 |
| 19 | 4934 | Socher, Michael | 51 | GER | LC Duisburg | 1033 | 1211 | 1:57:04 | 1:59:31 | 5:32 |
| 20 | 3116 | Reinhold, Volker | 54 | GER | Eintracht Duisburg 1848 e.V. | 1035 | 1215 | 1:57:09 | 1:58:00 | 5:33 |
| 21 | 5039 | Szardien, Siegfried | 54 | GER | *Duisburg | 1040 | 1226 | 1:57:21 | 2:00:09 | 5:33 |
| 22 | 3217 | Fischer, Bernd | 53 | GER | LT Fische | 1074 | 1269 | 1:57:58 | 1:58:44 | 5:35 |
| 23 | 3560 | Steinbrück, Rainer | 53 | GER | *Siegen | 1080 | 1277 | 1:58:01 | 1:59:45 | 5:35 |
| 24 | 3057 | Kasperkowitz, Bernd | 52 | GER | Team ERDINGER Alkoholfrei | 1084 | 1282 | 1:58:05 | 1:58:30 | 5:35 |
| 25 | 4977 | Klein, Hans-Jürgen | 53 | GER | *Essen | 1115 | 1332 | 1:58:41 | 1:59:24 | 5:37 |
| 26 | 4218 | Loskamp, Karl-Heinz | 54 | GER | FC Grün-Weiss Lankern | 1131 | 1356 | 1:59:02 | 2:00:26 | 5:38 |
| 27 | 3075 | Palme, Ernst | 51 | GER | TuS Hamborn-Neumühl | 1143 | 1378 | 1:59:36 | 2:00:54 | 5:40 |
| 28 | 3922 | Bonenkamp, Ulrich | 53 | GER | *Ratingen | 1147 | 1383 | 1:59:40 | 2:01:00 | 5:40 |
| 29 | 3169 | Haardt, Werner | 54 | GER | GSG Duisburg | 1174 | 1436 | 2:01:17 | 2:03:07 | 5:44 |
| 30 | 4656 | Grodotzki, Manfred | 50 | GER | *Oberhausen | 1181 | 1448 | 2:01:28 | 2:03:31 | 5:45 |
| 31 | 4073 | Freihoff, Lothar | 52 | GER | *Mülheim an der Ruhr | 1198 | 1475 | 2:02:14 | 2:02:49 | 5:47 |
| 32 | 3674 | Moule, Klaus | 52 | GER | LT Wischlingen Dortmund | 1200 | 1482 | 2:02:20 | 2:03:40 | 5:47 |
| 33 | 4898 | Horst, Fred | 53 | GER | *Mönchengladbach | 1211 | 1495 | 2:02:35 | 2:04:35 | 5:48 |
| 34 | 3088 | Iseke, Norbert | 54 | GER | ASV Duisburg | 1237 | 1536 | 2:03:28 | 2:05:54 | 5:51 |
| 35 | 4901 | Thurau, Bernhard | 51 | GER | *Essen | 1246 | 1551 | 2:04:07 | 2:05:34 | 5:52 |
| 36 | 3225 | Groeschel, Gerhard | 53 | GER | :anlauf-siegen | 1247 | 1552 | 2:04:08 | 2:05:52 | 5:52 |
| 37 | 4876 | Jostes, Reiner | 54 | GER | *Essen | 1272 | 1589 | 2:04:59 | 2:07:11 | 5:55 |
| 38 | 5043 | Schmälzger, Norbert | 52 | GER | *Dortmund | 1314 | 1653 | 2:06:26 | 2:07:16 | 5:59 |
| 39 | 4290 | Plenkman, Werner | 50 | GER | TV Uftorf Eick | 1332 | 1685 | 2:07:34 | 2:08:36 | 6:02 |
| 40 | 4357 | Schreiber, Detlev | 51 | GER | *Dortmund | 1341 | 1708 | 2:08:08 | 2:10:26 | 6:04 |
| 41 | 4199 | Lange, Günther | 53 | GER | *Mülheim | 1348 | 1718 | 2:08:23 | 2:10:36 | 6:05 |
| 42 | 3694 | Blank, Alfred | 52 | GER | TG Scherlebeck 03 | 1353 | 1727 | 2:08:32 | 2:10:25 | 6:05 |
| 43 | 3716 | Hax, Dr. Peter-Michael | 54 | GER | *Duisburg | 1368 | 1749 | 2:09:06 | 2:10:41 | 6:07 |
| 44 | 3455 | Fieser, Heinz | 51 | GER | KALDENHAUSEN ROADRUNNER | 1369 | 1750 | 2:09:07 | 2:10:11 | 6:07 |
| 45 | 4641 | Friedrich, Ingo | 52 | GER | *Bochum | 1419 | 1835 | 2:11:16 | 2:12:43 | 6:13 |
| 46 | 3106 | Frochte, Klaus | 51 | GER | Eintracht Duisburg 1848 e.V. | 1430 | 1856 | 2:11:33 | 2:12:34 | 6:14 |
| 47 | 3721 | Koopmann, Lothar | 52 | GER | TV Jahn Hiesfeld | 1464 | 1915 | 2:12:40 | 2:15:03 | 6:17 |
| 48 | 4364 | Schüttler, Werner | 54 | GER | *Bochum | 1468 | 1920 | 2:12:49 | 2:15:29 | 6:17 |
| 49 | 4020 | Bruns, Herbert | 50 | GER | Laufftreff Haldern | 1470 | 1926 | 2:12:56 | 2:14:09 | 6:18 |
| 50 | 3871 | Eisenberg, Horst-Günther | 51 | GER | *Dortmund | 1480 | 1946 | 2:13:23 | 2:15:48 | 6:19 |
| 51 | 3202 | Bayerlein, Ralf | 54 | GER | LC Duisburg | 1495 | 1976 | 2:13:49 | 2:16:20 | 6:20 |
| 52 | 4150 | Kemper, Ulrich | 54 | GER | *Essen | 1525 | 2032 | 2:15:35 | 2:16:03 | 6:25 |
| 53 | 3948 | Peifer, Lothar | 50 | GER | "Neudorfer Jung" | 1526 | 2033 | 2:15:37 | 2:17:27 | 6:25 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Männer M60

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|---------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 54 | 4639 | Franke, Wilfried | 54 | GER | *Duisburg | 1541 | 2061 | 2:16:30 | 2:18:57 | 6:28 |
| 55 | 3271 | Breuer, Albert | 54 | GER | Team Erdinger Alkoholfrei | 1576 | 2128 | 2:20:04 | 2:22:56 | 6:38 |
| 56 | 3448 | Wiacker, Wilfried | 50 | GER | TV Jahn Hiesfeld | 1587 | 2162 | 2:21:37 | 2:22:56 | 6:42 |
| 57 | 3741 | Berg, Wolfgang | 52 | GER | *Duisburg | 1616 | 2225 | 2:25:07 | 2:27:49 | 6:52 |
| 58 | 4883 | Klein, Dr. Michael | 53 | GER | *Essen | 1622 | 2234 | 2:26:05 | 2:28:29 | 6:55 |
| 59 | 4383 | Stenzel, Karl-Heinz | 50 | GER | die coolen meets family | 1639 | 2269 | 2:27:22 | 2:30:13 | 6:59 |
| 60 | 4701 | Klinger, Wolfgang | 52 | GER | *Kamen | 1662 | 2318 | 2:31:42 | 2:34:25 | 7:11 |
| 61 | 3038 | Trienenjost, Helmut | 53 | GER | Wir bei HKM | 1674 | 2344 | 2:33:43 | 2:36:37 | 7:17 |
| 62 | 4617 | Dunzer, Karl-Heinz | 53 | GER | *Duisburg | 1684 | 2372 | 2:37:28 | 2:40:02 | 7:27 |
| 63 | 4269 | Oedinger, Hans Gert | 50 | GER | LT Uerdingen Marathon Runners | 1685 | 2373 | 2:37:32 | 2:40:32 | 7:27 |
| 64 | 3280 | Sliwa, Manfred | 51 | GER | Ausdauererschule by Bunert | 1690 | 2389 | 2:39:22 | 2:42:14 | 7:33 |
| 65 | 4000 | Bensch, Uwe | 50 | GER | *Duisburg | 1695 | 2400 | 2:43:29 | 2:46:07 | 7:44 |

Ergebnisse Männer M65

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|----------------------|----|-----|---------------------------|-------|------|---------|---------|------|
| 1 | 4562 | Schmitz, Wilhelm | 46 | GER | LG Alpen | 193 | 210 | 1:35:42 | 1:35:55 | 4:32 |
| 2 | 3028 | Krieg, Volker | 49 | GER | LC Duisburg | 353 | 388 | 1:42:01 | 1:42:22 | 4:50 |
| 3 | 3031 | Pinczak, Reiner | 49 | GER | BSV ThyssenKrupp Stahl AG | 369 | 407 | 1:42:23 | 1:42:28 | 4:51 |
| 4 | 3032 | Butschko, Werner | 48 | GER | ASV Duisburg | 400 | 441 | 1:43:10 | 1:43:23 | 4:53 |
| 5 | 3200 | Mayer, Hermann | 46 | GER | TSV Bitzfeld | 657 | 750 | 1:49:11 | 1:50:00 | 5:10 |
| 6 | 4695 | Kinnauer, Johannes | 48 | GER | IKK classic | 678 | 775 | 1:49:31 | 1:50:29 | 5:11 |
| 7 | 3696 | Höffken, Willi | 48 | GER | *Mülheim | 692 | 789 | 1:49:51 | 1:50:08 | 5:12 |
| 8 | 3133 | Reißner, Herbert | 48 | GER | *Duisburg | 914 | 1053 | 1:54:55 | 1:55:05 | 5:26 |
| 9 | 3034 | Schal, Manfred | 46 | GER | TVE Lauffreunde Gladbeck | 970 | 1122 | 1:55:58 | 1:56:17 | 5:29 |
| 10 | 3160 | Kremer, Helmut | 48 | GER | BSG Springorum Bochum | 974 | 1127 | 1:56:00 | 1:56:56 | 5:29 |
| 11 | 4870 | Spill, Siegward | 47 | GER | *Wuppertal | 982 | 1137 | 1:56:08 | 1:57:16 | 5:30 |
| 12 | 3858 | Stein, Ortwin | 49 | GER | LT Edertal | 1094 | 1297 | 1:58:16 | 1:59:32 | 5:36 |
| 13 | 4603 | Braun, Wolfgang | 47 | GER | *Duisburg | 1112 | 1328 | 1:58:36 | 1:58:42 | 5:37 |
| 14 | 3476 | Baldo, Walter | 49 | ITA | LT Krefeld-Oppum | 1172 | 1433 | 2:01:12 | 2:03:01 | 5:44 |
| 15 | 3126 | Schrumpf, Hans-Georg | 49 | GER | Stadt Bochum Team | 1183 | 1452 | 2:01:34 | 2:02:57 | 5:45 |
| 16 | 3164 | Lutter, Wilhelm | 47 | GER | PV-Triathlon Witten | 1236 | 1533 | 2:03:24 | 2:05:24 | 5:50 |
| 17 | 4366 | Schweizer, Günter | 48 | GER | *Düsseldorf | 1343 | 1710 | 2:08:11 | 2:08:41 | 6:04 |
| 18 | 3170 | Sommerey, Wolfgang | 48 | GER | *Mülheim an der Ruhr | 1375 | 1760 | 2:09:22 | 2:11:48 | 6:07 |
| 19 | 3483 | Bunke, Dieter | 45 | GER | *Bochum | 1405 | 1811 | 2:10:40 | 2:12:47 | 6:11 |
| 20 | 3687 | Jagert, Heinz-Werner | 49 | GER | DJK Preussen 1911 Bochum | 1423 | 1847 | 2:11:25 | 2:14:20 | 6:13 |
| 21 | 3723 | Leymann, Helmut | 49 | GER | PSV Duisburg | 1443 | 1873 | 2:11:58 | 2:14:11 | 6:15 |
| 22 | 3026 | Swiatczak, Eugen | 48 | GER | *Duisburg | 1487 | 1963 | 2:13:33 | 2:16:23 | 6:19 |
| 23 | 3655 | Hüsken, Heinz | 49 | GER | Wir bei HKM | 1522 | 2025 | 2:15:17 | 2:17:51 | 6:24 |
| 24 | 3481 | Lomott, Manfred | 48 | GER | *Mönchengladbach | 1570 | 2115 | 2:19:23 | 2:21:06 | 6:36 |
| 25 | 4518 | Werner, Gerhard | 47 | GER | medisport Dortmund | 1583 | 2146 | 2:20:56 | 2:23:33 | 6:40 |
| 26 | 3524 | Huwald, Detlef | 47 | GER | BSG WAZ Essen | 1584 | 2151 | 2:21:12 | 2:23:31 | 6:41 |
| 27 | 3815 | Mader, Heinz Jürgen | 47 | GER | *Bochum | 1585 | 2157 | 2:21:29 | 2:23:41 | 6:42 |
| 28 | 3679 | Hitpaß, Werner | 48 | GER | *Duisburg | 1594 | 2177 | 2:22:32 | 2:25:04 | 6:45 |
| 29 | 3221 | Wagner, Joachim | 48 | GER | LSF-Unna-2000 | 1603 | 2193 | 2:23:21 | 2:25:34 | 6:47 |
| 30 | 3100 | Parussel, Gernot | 48 | GER | :anlauf-siegen | 1643 | 2273 | 2:27:52 | 2:30:27 | 7:00 |
| 31 | 4678 | Imgenberg, Horst | 48 | GER | *Hamm | 1667 | 2331 | 2:32:22 | 2:35:21 | 7:13 |
| 32 | 3867 | Winkelmann, Werner | 45 | GER | PSV Köln | 1703 | 2422 | 2:55:10 | 2:55:23 | 8:18 |

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Ergebnisse Männer M70

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|---------------------|----|-----|-----------------------------|-------|------|---------|---------|------|
| 1 | 3036 | Kalweit, Siegfried | 42 | GER | TSV Viktoria Mülheim | 275 | 298 | 1:39:18 | 1:39:34 | 4:42 |
| 2 | 3068 | Lange, Bodo | 41 | GER | SV Beeckerwerth | 537 | 603 | 1:46:21 | 1:46:38 | 5:02 |
| 3 | 3425 | Schrader, Willi | 44 | GER | LG Theater Essen | 591 | 665 | 1:47:24 | 1:48:19 | 5:05 |
| 4 | 4318 | Rollenhagen, Rainer | 43 | GER | Lauffreff Forstwald Krefeld | 683 | 780 | 1:49:35 | 1:49:58 | 5:11 |
| 5 | 4478 | Doetsch, Leonhard | 42 | GER | Tusem Essen | 769 | 881 | 1:51:50 | 1:52:39 | 5:18 |
| 6 | 3952 | Höffken, Reinhold | 43 | GER | LG Sparkasse Trier | 771 | 884 | 1:51:56 | 1:52:09 | 5:18 |
| 7 | 4497 | Sindorf, Heinz | 42 | GER | TV-Rommerskirchen | 780 | 895 | 1:52:10 | 1:52:16 | 5:18 |
| 8 | 3671 | Nöldemann, Dieter | 43 | GER | run for fun | 1085 | 1283 | 1:58:06 | 1:58:31 | 5:35 |
| 9 | 3437 | Biegert, Dieter | 42 | GER | VfL Bergheide | 1114 | 1331 | 1:58:39 | 1:58:42 | 5:37 |
| 10 | 4933 | Meier, Reinhard | 42 | GER | *Meerbusch | 1150 | 1388 | 1:59:52 | 2:01:38 | 5:40 |
| 11 | 3178 | Heinrich, Uwe | 43 | GER | TuS Hamborn-Neumühl | 1508 | 2001 | 2:14:35 | 2:15:53 | 6:22 |
| 12 | 3072 | Franke, Peter | 43 | GER | *Scherbeck | 1514 | 2008 | 2:14:45 | 2:16:08 | 6:23 |
| 13 | 4802 | Schnöring, Wilhelm | 44 | GER | CVJM Meinerzhagen | 1629 | 2249 | 2:26:45 | 2:29:39 | 6:57 |
| 14 | 4538 | Descombes, Michel | 41 | FRA | Spiridon Frankfurt | 1704 | 2432 | 3:25:33 | 3:28:28 | 9:44 |

Ergebnisse Männer M75

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|----------------------|----|-----|-----------------------------|-------|------|---------|---------|------|
| 1 | 3385 | Schmidt, Heinz | 38 | GER | MTC Heimaterde Mülheim-Ruhr | 1501 | 1990 | 2:14:11 | 2:15:27 | 6:21 |
| 2 | 3125 | Stern, Josef | 36 | GER | *Duisburg | 1602 | 2191 | 2:23:21 | 2:25:52 | 6:47 |
| 3 | 4043 | Dombek, Joachim | 38 | GER | LV Marathon Kleve | 1630 | 2251 | 2:26:52 | 2:29:20 | 6:57 |
| 4 | 4435 | Wollenberger, Rudolf | 37 | GER | *Duisburg | 1661 | 2317 | 2:31:42 | 2:34:24 | 7:11 |
| 5 | 4986 | Färber, Heribert | 39 | GER | *Düsseldorf | 1694 | 2399 | 2:43:24 | 2:46:17 | 7:44 |

Ergebnisse Männer M85

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-------------|----|-----|---------------|-------|------|---------|---------|------|
| 1 | 1925 | Pavan, Karl | 25 | GER | DLRG Duisburg | 1705 | 2433 | 3:25:34 | 3:28:28 | 9:44 |

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Ergebnisse Frauen WU18

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-----------------------|----|-----|----------------------|-------|------|---------|---------|------|
| 1 | 7538 | Hoppmann, Miriam | 97 | GER | TSV-1860 Hagen | 138 | 1047 | 1:54:49 | 1:56:36 | 5:26 |
| 2 | 7257 | Maßmann, Marlene | 98 | GER | *Duisburg | 146 | 1087 | 1:55:17 | 1:56:11 | 5:27 |
| 3 | 7677 | Von Contzen, Laura | 98 | GER | Mönchengladbacher LG | 195 | 1262 | 1:57:53 | 1:59:15 | 5:35 |
| 4 | 7643 | Schmitt, Anika | 97 | GER | *Haltern am See | 214 | 1318 | 1:58:30 | 2:00:11 | 5:36 |
| 5 | 7600 | Michalowski, Michelle | 98 | GER | Tv Angermund | 259 | 1430 | 2:01:05 | 2:02:03 | 5:44 |
| 6 | 7736 | Philipp, Lea Sophie | 98 | GER | *Dortmund | 277 | 1474 | 2:02:14 | 2:04:01 | 5:47 |
| 7 | 7773 | Hens, Janina | 97 | GER | *Düsseldorf | 350 | 1675 | 2:07:07 | 2:07:54 | 6:01 |
| 8 | 7271 | Paysen, Liv | 97 | GER | *Burgdorf | 584 | 2179 | 2:22:35 | 2:25:20 | 6:45 |

Ergebnisse Frauen WU20

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|---------------------|----|-----|---------------------------|-------|------|---------|---------|------|
| 1 | 7399 | Mayrlechner, Lea | 95 | GER | *Duisburg | 164 | 1161 | 1:56:21 | 1:57:35 | 5:30 |
| 2 | 7619 | Pfeifer, Denise | 95 | GER | Lauftreff Düsseldorf-Süd | 176 | 1194 | 1:56:52 | 1:58:00 | 5:32 |
| 3 | 7272 | Kallenberg, Louisa | 95 | GER | Willy-Brandt-Schule | 288 | 1508 | 2:02:50 | 2:04:47 | 5:49 |
| 4 | 8057 | Tünnermann, Laura | 95 | GER | LC Duisburg | 291 | 1517 | 2:03:04 | 2:04:52 | 5:49 |
| 5 | 7509 | Goletz, Janine | 95 | GER | Team ERDINGER Alkoholfrei | 352 | 1677 | 2:07:09 | 2:08:42 | 6:01 |
| 6 | 7215 | Gille, Kristin | 95 | GER | *Bochum | 492 | 1996 | 2:14:17 | 2:16:23 | 6:21 |
| 7 | 8072 | Pacht, Christina | 95 | GER | VfL Bergheide | 506 | 2028 | 2:15:27 | 2:17:28 | 6:25 |
| 8 | 7275 | Bähr, Liselotte | 95 | GER | LG Amsel | 526 | 2070 | 2:16:41 | 2:18:59 | 6:28 |
| 9 | 7510 | Göttgens, Katharina | 96 | GER | TV Roetgen | 592 | 2198 | 2:23:31 | 2:25:49 | 6:48 |
| 10 | 7506 | Glasmacher, Sarah | 95 | GER | *Mönchengladbach | 624 | 2257 | 2:27:07 | 2:29:02 | 6:58 |
| 11 | 7771 | Hellwig, Naomi | 96 | GER | *Krefeld | 639 | 2292 | 2:29:41 | 2:32:31 | 7:05 |
| 12 | 7351 | Holterbork, Darline | 95 | GER | FoKuS Selm | 663 | 2328 | 2:32:05 | 2:34:47 | 7:12 |
| 13 | 7656 | Sevinc, Sinem | 95 | GER | *Ennepetal | 708 | 2409 | 2:44:42 | 2:46:57 | 7:48 |

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Ergebnisse Frauen WU23

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|----------------------|----|-----|--------------------|-------|------|---------|---------|------|
| 1 | 7261 | Strohmann, Kim | 93 | GER | TUSEM Essen | 7 | 66 | 1:27:44 | 1:27:48 | 4:09 |
| 2 | 7388 | Schmitte, Julia | 92 | GER | *Schmallenberg | 78 | 684 | 1:47:53 | 1:48:24 | 5:06 |
| 3 | 7742 | Wittek, Melina | 92 | GER | *Duisburg | 95 | 762 | 1:49:21 | 1:49:53 | 5:10 |
| 4 | 7046 | Hemmecke, Ulrike | 92 | GER | Wupperläufer | 130 | 982 | 1:53:35 | 1:54:13 | 5:22 |
| 5 | 7410 | Hölter, Katharina | 92 | GER | *Gescher | 183 | 1220 | 1:57:16 | 1:58:09 | 5:33 |
| 6 | 7576 | Kranzioch, Sarah | 93 | GER | *Bocholt | 212 | 1314 | 1:58:27 | 2:00:21 | 5:36 |
| 7 | 7746 | Bergmann, Jacqueline | 92 | GER | Team GE- Bismarck | 249 | 1415 | 2:00:42 | 2:01:18 | 5:43 |
| 8 | 7645 | Schnitzler, Caroline | 92 | GER | *Kamp- Lintfort | 254 | 1422 | 2:00:55 | 2:02:57 | 5:43 |
| 9 | 7689 | Wittor, Fabienne | 93 | GER | LG Amsel | 269 | 1451 | 2:01:33 | 2:03:24 | 5:45 |
| 10 | 8050 | Römer, Stephanie | 93 | GER | *Duisburg | 294 | 1522 | 2:03:09 | 2:03:47 | 5:50 |
| 11 | 7591 | Maag, Elisabeth | 92 | GER | *Kamp Lintfort | 321 | 1599 | 2:05:07 | 2:07:08 | 5:55 |
| 12 | 7737 | Runge, Annika | 93 | GER | *Duisburg | 333 | 1635 | 2:05:56 | 2:07:44 | 5:58 |
| 13 | 7621 | Plewe, Kelly | 92 | GER | *Duisburg | 347 | 1672 | 2:07:01 | 2:07:59 | 6:01 |
| 14 | 7457 | Brandt, Lisa | 93 | GER | *Duisburg | 348 | 1673 | 2:07:01 | 2:07:59 | 6:01 |
| 15 | 7494 | Flacke, Lena | 92 | GER | *Düsseldorf | 371 | 1719 | 2:08:24 | 2:10:50 | 6:05 |
| 16 | 8058 | Hallerbach, Alina | 92 | GER | LC Duisburg | 405 | 1804 | 2:10:31 | 2:12:19 | 6:11 |
| 17 | 7565 | Killingier, Klara | 93 | GER | *Düsseldorf | 412 | 1825 | 2:10:54 | 2:12:44 | 6:12 |
| 18 | 7550 | Jeising, Pia | 94 | GER | *Herne | 414 | 1832 | 2:11:13 | 2:13:57 | 6:13 |
| 19 | 7665 | Thiel, Luisa | 93 | GER | *Herne | 415 | 1833 | 2:11:13 | 2:13:58 | 6:13 |
| 20 | 7626 | Presch, Katharina | 94 | GER | *Tönisvorst | 418 | 1838 | 2:11:19 | 2:13:41 | 6:13 |
| 21 | 7611 | Osterkamp, Nadine | 93 | GER | *Duisburg | 420 | 1840 | 2:11:19 | 2:13:41 | 6:13 |
| 22 | 7475 | De Groot, Pia | 94 | GER | LG Alpen | 441 | 1892 | 2:12:26 | 2:14:40 | 6:16 |
| 23 | 8081 | Höhl, Rebecca | 93 | GER | *Duisburg | 494 | 2007 | 2:14:44 | 2:17:14 | 6:23 |
| 24 | 7381 | Hallmann, Lisa | 94 | GER | *Duisburg | 503 | 2024 | 2:15:17 | 2:17:55 | 6:24 |
| 25 | 7658 | Steinmetz, Lena | 94 | GER | *Herzogenrath | 590 | 2192 | 2:23:21 | 2:25:09 | 6:47 |
| 26 | 7636 | Ring, Patrizia | 94 | GER | *Mülheim | 673 | 2348 | 2:33:53 | 2:36:42 | 7:17 |
| 27 | 7657 | Siebers, Nina | 92 | GER | *Emmerich am Rhein | 707 | 2407 | 2:44:24 | 2:47:01 | 7:47 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Frauen WW

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|------------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 1 | 7826 | Salzwedel, Sophia | 87 | GER | Recklinghäuser LC | 4 | 48 | 1:25:21 | 1:25:24 | 4:02 |
| 2 | 8110 | Gruchala, Jasmin | 85 | GER | TV Waldstraße Wisbaden | 6 | 61 | 1:27:14 | 1:27:20 | 4:08 |
| 3 | 8001 | Zimmermann, Rebecca | 89 | GER | Triathlon Team TG Witten | 8 | 71 | 1:28:04 | 1:28:08 | 4:10 |
| 4 | 7760 | Drevers, Gina | 88 | GER | *Düsseldorf | 10 | 125 | 1:30:53 | 1:31:05 | 4:18 |
| 5 | 7353 | Krüskemper, Nadine | 86 | GER | *Haltern am See | 19 | 235 | 1:37:00 | 1:37:06 | 4:35 |
| 6 | 7158 | Aßbeck, Katharina | 88 | GER | ohne Verein | 26 | 306 | 1:39:30 | 1:39:43 | 4:42 |
| 7 | 7229 | Möse, Kristin | 90 | GER | HSP Münster Laufteam | 30 | 336 | 1:40:27 | 1:40:38 | 4:45 |
| 8 | 7337 | Strahl, Julia | 88 | GER | HSP Münster Laufteam | 31 | 337 | 1:40:27 | 1:40:38 | 4:45 |
| 9 | 8082 | Henn, Emily | 90 | GER | POTTpeople | 34 | 379 | 1:41:50 | 1:42:37 | 4:49 |
| 10 | 7323 | Außendorf, Carina | 87 | GER | *Essen | 44 | 489 | 1:44:03 | 1:44:48 | 4:55 |
| 11 | 8073 | Klein, Verena | 85 | GER | LT Olpe | 45 | 496 | 1:44:10 | 1:44:46 | 4:56 |
| 12 | 7551 | Joerss, Hanna | 87 | GER | *Münster | 54 | 557 | 1:45:31 | 1:47:00 | 5:00 |
| 13 | 7225 | Hojka, Judith | 86 | GER | *Oberhausen | 71 | 638 | 1:47:04 | 1:47:51 | 5:04 |
| 14 | 8093 | Scheiperpeter, Kirsten | 91 | GER | TV Beckum | 80 | 696 | 1:48:06 | 1:49:48 | 5:07 |
| 15 | 7622 | Podleschka, Carmen | 91 | GER | funlaufen.de | 87 | 727 | 1:48:57 | 1:50:00 | 5:09 |
| 16 | 7447 | Awater, Carina | 87 | GER | *Aachen | 100 | 802 | 1:50:09 | 1:51:18 | 5:13 |
| 17 | 7424 | Kallert, Dorothee | 88 | GER | *Bochum | 101 | 806 | 1:50:15 | 1:51:01 | 5:13 |
| 18 | 7585 | Lemme, Jennifer | 87 | GER | *Siegen | 102 | 811 | 1:50:18 | 1:52:19 | 5:13 |
| 19 | 7430 | Niski, Claudia | 85 | GER | *Duisburg | 108 | 847 | 1:51:08 | 1:52:12 | 5:16 |
| 20 | 7685 | Will, Lisa | 88 | GER | *Dortmund | 109 | 851 | 1:51:15 | 1:53:29 | 5:16 |
| 21 | 7067 | Pierzina, Aline | 86 | GER | *Voerde | 114 | 885 | 1:51:56 | 1:53:09 | 5:18 |
| 22 | 7255 | Plattner, Anna | 91 | GER | *Wuppertal | 115 | 890 | 1:52:03 | 1:53:39 | 5:18 |
| 23 | 7763 | Externbrink, Kristin | 88 | GER | SV Schermbeck | 117 | 914 | 1:52:33 | 1:53:43 | 5:20 |
| 24 | 7823 | Rohnke, Marie-Christin | 89 | GER | *Goch | 119 | 916 | 1:52:36 | 1:53:46 | 5:20 |
| 25 | 7129 | Stepken, Sina | 91 | GER | SC Bayer Uerdingen 05 | 124 | 952 | 1:53:08 | 1:54:38 | 5:21 |
| 26 | 7768 | Grunwald, Christina | 88 | GER | *Bottrop | 125 | 960 | 1:53:18 | 1:54:30 | 5:22 |
| 27 | 7466 | Brünsch, Nina | 90 | GER | *SIEGEN | 131 | 987 | 1:53:40 | 1:54:02 | 5:23 |
| 28 | 7678 | Vorberg, Annika | 89 | GER | *Münster | 132 | 1002 | 1:54:00 | 1:55:40 | 5:24 |
| 29 | 7526 | Heis, Ronja | 90 | GER | *Datteln | 141 | 1069 | 1:55:07 | 1:56:24 | 5:27 |
| 30 | 7186 | Skrbina, Marina | 88 | GER | Cheer Academy Bochum e.V. | 143 | 1075 | 1:55:10 | 1:57:13 | 5:27 |
| 31 | 7835 | Schute, Lisa | 86 | GER | *Essen | 149 | 1101 | 1:55:41 | 1:56:40 | 5:28 |
| 32 | 7546 | Jansen, Anna | 85 | GER | *Moers | 155 | 1136 | 1:56:07 | 1:58:08 | 5:30 |
| 33 | 7014 | Funke, Jessica | 87 | GER | *Essen | 156 | 1138 | 1:56:09 | 1:57:40 | 5:30 |
| 34 | 8098 | Voß, Nadine | 89 | GER | Laufschule Dortmund | 157 | 1143 | 1:56:11 | 1:57:31 | 5:30 |
| 35 | 7481 | Driessen, Charlotte | 91 | NLD | *Steijl | 167 | 1166 | 1:56:28 | 1:57:57 | 5:31 |
| 36 | 7398 | Gehrmann, Janin | 87 | GER | *Ratingen | 169 | 1173 | 1:56:35 | 1:57:29 | 5:31 |
| 37 | 7266 | Thomas, Sarah-Christin | 85 | GER | Triathlon Team Rheinberg e.V. | 181 | 1216 | 1:57:10 | 1:58:50 | 5:33 |
| 38 | 7245 | Merschel, Anne | 88 | GER | *Osnabrück | 184 | 1221 | 1:57:16 | 1:58:01 | 5:33 |
| 39 | 7517 | Häberle, Lisa | 88 | GER | *Duisburg | 191 | 1248 | 1:57:45 | 1:59:27 | 5:34 |
| 40 | 7603 | Müller, Julia | 85 | GER | Pharmakologie Uni Düsseldorf | 193 | 1256 | 1:57:50 | 1:59:36 | 5:35 |
| 41 | 8106 | Eschner, Lisa-Marie | 89 | GER | *Bochum | 194 | 1259 | 1:57:52 | 1:59:45 | 5:35 |
| 42 | 8130 | Wittwer, Marie Faiza | 86 | GER | *Mülheim | 196 | 1272 | 1:57:59 | 1:59:49 | 5:35 |
| 43 | 7726 | Ax, Angelika | 88 | GER | *Mülheim | 199 | 1284 | 1:58:06 | 1:59:55 | 5:35 |
| 44 | 7557 | Kahlen, Nadine | 90 | GER | BFO | 201 | 1289 | 1:58:11 | 1:59:30 | 5:36 |
| 45 | 7444 | Arsenjuk, Linda | 88 | GER | *Dortmund | 205 | 1301 | 1:58:20 | 1:59:38 | 5:36 |
| 46 | 7793 | Löhlein, Sophie | 91 | GER | Terraplan | 216 | 1325 | 1:58:32 | 1:59:31 | 5:37 |
| 47 | 7769 | Haex, Chrissi | 88 | GER | Marathon Dinslaken | 221 | 1341 | 1:58:50 | 2:00:13 | 5:37 |
| 48 | 7431 | Botzet, Myria | 85 | GER | *Hattingen | 226 | 1360 | 1:59:06 | 1:59:39 | 5:38 |
| 49 | 7492 | Feldmann, Kathrin | 86 | GER | Pharmakologie Uni Düsseldorf | 230 | 1370 | 1:59:26 | 2:01:15 | 5:39 |
| 50 | 7070 | Klatt, Christina | 88 | GER | Pharmakologie Uni Düsseldorf | 244 | 1401 | 2:00:15 | 2:02:06 | 5:41 |
| 51 | 7539 | Hornig, Sarah | 88 | GER | *Moers | 252 | 1420 | 2:00:54 | 2:03:43 | 5:43 |
| 52 | 7207 | Meier, Julia | 88 | GER | *Dinslaken | 256 | 1426 | 2:00:57 | 2:02:55 | 5:43 |
| 53 | 7663 | Szita, Dora | 88 | HUN | *Düsseldorf | 260 | 1431 | 2:01:11 | 2:03:03 | 5:44 |

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Ergebnisse Frauen WW

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|------------------------|----|-----|------------------------|-------|------|---------|---------|------|
| 54 | 7535 | Höhlein, Carolin | 86 | GER | *Duisburg | 265 | 1442 | 2:01:23 | 2:03:21 | 5:45 |
| 55 | 7752 | Boomhuis, Gerti | 85 | GER | Laufschule Dortmund | 267 | 1447 | 2:01:27 | 2:02:47 | 5:45 |
| 56 | 7775 | Hostell, Jennifer | 90 | GER | *Pulheim | 268 | 1450 | 2:01:31 | 2:02:48 | 5:45 |
| 57 | 7150 | Pulte, Anna | 86 | GER | LT Olpe | 278 | 1476 | 2:02:15 | 2:03:45 | 5:47 |
| 58 | 7589 | Lübking, Linda | 87 | GER | *Krefeld | 284 | 1491 | 2:02:29 | 2:03:41 | 5:48 |
| 59 | 7652 | Schütze, Alexandra | 86 | GER | *Neuss | 290 | 1510 | 2:02:52 | 2:04:37 | 5:49 |
| 60 | 7122 | Grieß, Jane | 88 | GER | *Voerde | 310 | 1568 | 2:04:32 | 2:06:32 | 5:54 |
| 61 | 7513 | Grüne, Annika | 89 | GER | *Frankfurt | 311 | 1572 | 2:04:41 | 2:06:51 | 5:54 |
| 62 | 8085 | Müller, Carolin | 85 | GER | *Gelsenkirchen | 312 | 1573 | 2:04:42 | 2:06:35 | 5:54 |
| 63 | 7745 | Bänsch, Elisabeth | 86 | GER | *Dsseldorf | 317 | 1587 | 2:04:58 | 2:07:24 | 5:55 |
| 64 | 7443 | Arndt, Kathrin | 87 | GER | *Aachen | 322 | 1600 | 2:05:10 | 2:07:22 | 5:55 |
| 65 | 7142 | Werner, Sarah | 91 | GER | SV Concordia Ossenberg | 323 | 1603 | 2:05:13 | 2:07:08 | 5:56 |
| 66 | 7426 | Krülls, Anna | 91 | GER | *Duisburg | 327 | 1619 | 2:05:40 | 2:07:18 | 5:57 |
| 67 | 7646 | Schönfeld, Maria | 87 | GER | *Duisburg | 329 | 1627 | 2:05:48 | 2:07:17 | 5:57 |
| 68 | 7168 | Hoffmann, Jennifer | 85 | GER | *Dorsten | 340 | 1655 | 2:06:32 | 2:08:29 | 5:59 |
| 69 | 7442 | Anna, Will | 91 | GER | *Herdecke | 345 | 1669 | 2:06:52 | 2:09:06 | 6:00 |
| 70 | 7592 | Malter, Jacqueline | 86 | GER | *Duisburg | 349 | 1674 | 2:07:05 | 2:09:14 | 6:01 |
| 71 | 7474 | Czygan, Lotta | 89 | GER | *Köln | 350 | 1675 | 2:07:07 | 2:09:17 | 6:01 |
| 72 | 7641 | Schmidt, Kaina | 88 | GER | *Münster | 357 | 1694 | 2:07:48 | 2:10:26 | 6:03 |
| 73 | 7156 | Schneider, Bianca | 85 | GER | *Essen | 370 | 1717 | 2:08:21 | 2:10:15 | 6:05 |
| 74 | 7484 | Edgington, Jacqueline | 91 | GER | *Duisburg | 383 | 1752 | 2:09:12 | 2:10:51 | 6:07 |
| 75 | 7634 | Reselski, Saskia | 86 | GER | *scherbeck | 391 | 1775 | 2:09:47 | 2:11:58 | 6:09 |
| 76 | 7479 | Dietz, Dorothee | 89 | GER | *Duisburg | 392 | 1776 | 2:09:49 | 2:12:20 | 6:09 |
| 77 | 7402 | Börsch, Lena | 88 | GER | *Münster | 398 | 1785 | 2:09:56 | 2:11:27 | 6:09 |
| 78 | 7687 | Wirt, Olga | 87 | GER | *Duisburg | 408 | 1817 | 2:10:48 | 2:12:20 | 6:11 |
| 79 | 7482 | Dronow, Swetlana | 89 | GER | *Duisburg | 409 | 1818 | 2:10:50 | 2:13:46 | 6:12 |
| 80 | 7564 | Keysselitz, Bärbel | 85 | GER | *Aachen | 413 | 1828 | 2:10:58 | 2:13:29 | 6:12 |
| 81 | 7690 | Wollnitz, Claudia | 85 | GER | *Mülheim an der Ruhr | 424 | 1846 | 2:11:25 | 2:14:01 | 6:13 |
| 82 | 7516 | Gürth, Wiebke | 85 | GER | *Berlin | 430 | 1869 | 2:11:54 | 2:14:25 | 6:15 |
| 83 | 7761 | Dworatzky, Katharina | 89 | GER | *Dinslaken | 433 | 1877 | 2:12:03 | 2:14:35 | 6:15 |
| 84 | 7740 | van Bebber, Carolin | 90 | GER | *Moers | 437 | 1888 | 2:12:19 | 2:14:35 | 6:16 |
| 85 | 7242 | Unsold, Katrin | 86 | GER | *Duisburg | 439 | 1890 | 2:12:25 | 2:13:58 | 6:16 |
| 86 | 7810 | Nitz, Carolin | 91 | GER | *Duisburg | 442 | 1895 | 2:12:29 | 2:15:15 | 6:16 |
| 87 | 7811 | Nitz, Rebecca | 88 | GER | *Duisburg | 443 | 1896 | 2:12:29 | 2:15:15 | 6:16 |
| 88 | 7561 | Katny, Martina | 87 | GER | *Bochum | 447 | 1908 | 2:12:35 | 2:14:55 | 6:17 |
| 89 | 8117 | Zuber, Carmen | 89 | GER | otv Endurance Team | 449 | 1911 | 2:12:37 | 2:14:52 | 6:17 |
| 90 | 7840 | Stubbe, Carina | 87 | GER | *Oberhausen | 450 | 1912 | 2:12:37 | 2:14:52 | 6:17 |
| 91 | 7293 | Rademaker, Anne | 90 | GER | *Koblenz | 451 | 1914 | 2:12:38 | 2:15:15 | 6:17 |
| 92 | 7695 | Zottmann, Christina | 91 | GER | *Essen | 460 | 1932 | 2:13:00 | 2:15:33 | 6:18 |
| 93 | 7730 | Klein, Judith | 89 | GER | *Duisburg | 467 | 1947 | 2:13:24 | 2:16:16 | 6:19 |
| 94 | 7635 | Rick, Mandy | 87 | GER | *Essen | 476 | 1960 | 2:13:32 | 2:15:45 | 6:19 |
| 95 | 7472 | Corten, Claudia | 86 | GER | *Moers | 480 | 1971 | 2:13:44 | 2:16:20 | 6:20 |
| 96 | 7514 | Grünebaum, Carina | 86 | GER | *Bielefeld | 485 | 1982 | 2:13:53 | 2:16:13 | 6:20 |
| 97 | 7693 | Yilmaz, Derya Esma | 89 | GER | *Duisburg | 499 | 2020 | 2:15:06 | 2:17:31 | 6:24 |
| 98 | 7569 | Klemm, Patricia | 90 | GER | *Remscheid | 507 | 2029 | 2:15:28 | 2:15:49 | 6:25 |
| 99 | 7454 | Blank, Katalin | 89 | GER | *Wesel | 516 | 2052 | 2:16:17 | 2:19:09 | 6:27 |
| 100 | 8111 | Jonath, Miriam | 85 | GER | *Hünxe | 524 | 2066 | 2:16:33 | 2:18:42 | 6:28 |
| 101 | 7581 | Lainchbury, Penny | 86 | GBR | *Duisburg | 532 | 2090 | 2:17:50 | 2:20:14 | 6:31 |
| 102 | 7684 | Wiegmann, Lisa | 88 | GER | *Mülheim | 535 | 2099 | 2:18:25 | 2:20:57 | 6:33 |
| 103 | 7544 | Illmer, Verena | 91 | GER | TV Voerde | 537 | 2101 | 2:18:35 | 2:20:33 | 6:34 |
| 104 | 7541 | Hucklenbroich, Jenny | 85 | GER | *Oberhausen | 540 | 2104 | 2:18:43 | 2:21:30 | 6:34 |
| 105 | 7735 | Petrausch, Anja Katrin | 88 | GER | *Duisburg | 544 | 2110 | 2:19:02 | 2:20:50 | 6:35 |
| 106 | 7555 | Kabierske, Kathrin | 91 | GER | *Duisburg | 552 | 2127 | 2:20:00 | 2:22:49 | 6:38 |

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Ergebnisse Frauen WW

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-------------------------|----|-----|-------------------------|-------|------|---------|---------|------|
| 107 | 7694 | Zoric, Jana | 87 | GER | Kolonne Lustig | 559 | 2138 | 2:20:39 | 2:23:12 | 6:39 |
| 108 | 7515 | Grünebaum, Melina | 91 | GER | *Köln | 564 | 2147 | 2:21:00 | 2:23:21 | 6:40 |
| 109 | 7369 | Echterling, Anna | 86 | GER | Fun Runner VFL Gladbeck | 577 | 2165 | 2:22:00 | 2:24:14 | 6:43 |
| 110 | 7238 | Hahn, Janina | 86 | GER | LT Düsseldorf-Süd | 588 | 2189 | 2:23:15 | 2:24:23 | 6:47 |
| 111 | 7650 | Schulte, Janine | 91 | GER | TV Jahn Hiesfeld | 598 | 2208 | 2:24:00 | 2:24:58 | 6:49 |
| 112 | 7786 | Kleinpaß, Felicitas | 85 | GER | *Duisburg | 600 | 2211 | 2:24:03 | 2:26:41 | 6:49 |
| 113 | 7827 | Schäfer, Ira Katharina | 90 | GER | *Köln | 603 | 2215 | 2:24:25 | 2:26:50 | 6:50 |
| 114 | 7803 | Michalski, Pia-Alicia | 88 | GER | LT Wischlingen | 612 | 2232 | 2:25:56 | 2:28:28 | 6:54 |
| 115 | 7497 | Frantzen, Katharina | 87 | GER | *Kamen | 626 | 2261 | 2:27:09 | 2:29:48 | 6:58 |
| 116 | 7116 | Profus, Simone | 90 | GER | *Siegen | 630 | 2268 | 2:27:19 | 2:29:55 | 6:58 |
| 117 | 7574 | Kotschenreuther, Katrin | 88 | GER | *Herten | 640 | 2293 | 2:29:44 | 2:31:53 | 7:05 |
| 118 | 7593 | Mantler, Christina | 90 | GER | *Duisburg | 641 | 2294 | 2:29:44 | 2:32:41 | 7:05 |
| 119 | 7512 | Großmann, Daniela | 91 | GER | *Oberhausen | 642 | 2295 | 2:29:45 | 2:32:37 | 7:05 |
| 120 | 7579 | Laaber, Sarah | 86 | GER | *Duisburg | 649 | 2305 | 2:30:32 | 2:33:20 | 7:08 |
| 121 | 7725 | Ahrend, Michaela | 87 | GER | *Duisburg | 651 | 2308 | 2:30:37 | 2:33:25 | 7:08 |
| 122 | 7789 | Kuhlmann, Sabrina | 88 | GER | *Recklinghausen | 661 | 2326 | 2:32:01 | 2:34:36 | 7:12 |
| 123 | 7518 | Hall, Emily | 86 | GER | *Bielefeld | 674 | 2349 | 2:34:18 | 2:36:57 | 7:18 |
| 124 | 7667 | Thurk, Julia | 85 | GER | *Krefeld | 680 | 2361 | 2:35:44 | 2:38:32 | 7:22 |
| 125 | 7521 | Heib, Stefanie | 87 | GER | *Argenthal | 682 | 2363 | 2:36:15 | 2:38:50 | 7:24 |
| 126 | 7250 | Stevens, Sarah | 87 | GER | *Aachen | 700 | 2390 | 2:39:24 | 2:41:54 | 7:33 |
| 127 | 8096 | Roth, Daniela | 90 | GER | *Duisburg | 705 | 2398 | 2:43:22 | 2:45:05 | 7:44 |
| 128 | 7458 | Braun, Kim | 91 | GER | *Duisburg | 712 | 2413 | 2:45:16 | 2:47:25 | 7:49 |
| 129 | 7527 | Hermanns, Cynthia | 85 | GER | *Dortmund | 720 | 2423 | 2:56:42 | 2:59:31 | 8:22 |

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Ergebnisse Frauen W30

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|----------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 1 | 7696 | Schwandt, Vera | 82 | GER | SC Bayer Uerdingen 05 | 3 | 30 | 1:22:30 | 1:22:35 | 3:54 |
| 2 | 7409 | Wessinghage, Tina | 80 | GER | Recklinghäuser LC | 16 | 189 | 1:34:49 | 1:34:53 | 4:29 |
| 3 | 7384 | Barteck, Silke | 83 | GER | *Essen | 21 | 267 | 1:38:13 | 1:38:29 | 4:39 |
| 4 | 7164 | Merten, Nadine | 81 | GER | LT Bittermark Dortmund | 23 | 275 | 1:38:38 | 1:39:03 | 4:40 |
| 5 | 7379 | Amalou, Linda | 80 | GER | lc ruhrpott america | 33 | 373 | 1:41:45 | 1:42:19 | 4:49 |
| 6 | 7259 | Rüttgers, Claudia | 83 | GER | *Würselen | 52 | 551 | 1:45:23 | 1:45:38 | 4:59 |
| 7 | 7081 | Ziolkowski, Anna | 84 | GER | *Dortmund | 57 | 578 | 1:45:56 | 1:47:27 | 5:01 |
| 8 | 7609 | Nolden, Judith | 81 | GER | *Duisburg | 59 | 581 | 1:45:59 | 1:46:45 | 5:01 |
| 9 | 8090 | Blatter, Sarah | 84 | GER | *Moers | 60 | 583 | 1:46:02 | 1:46:42 | 5:01 |
| 10 | 7733 | Meier, Basia | 81 | POL | *Soest | 63 | 590 | 1:46:08 | 1:47:14 | 5:01 |
| 11 | 7744 | Alferink, Michelle | 83 | GER | SuS Stadtlohn Laufabteilung | 65 | 596 | 1:46:16 | 1:47:00 | 5:02 |
| 12 | 7335 | Serfort, Inga | 83 | GER | cundus AG | 67 | 604 | 1:46:23 | 1:47:19 | 5:02 |
| 13 | 7739 | Schuldt, Stefanie | 83 | GER | *Dortmund | 70 | 628 | 1:46:49 | 1:47:33 | 5:03 |
| 14 | 7698 | Staehr, Sabine | 83 | GER | Laufsport Bunert | 84 | 717 | 1:48:45 | 1:50:34 | 5:09 |
| 15 | 7845 | Thomas, Anke | 80 | GER | Ico | 86 | 721 | 1:48:51 | 1:49:38 | 5:09 |
| 16 | 7161 | Berns, Marita | 84 | GER | JogmapRuhr | 88 | 732 | 1:49:00 | 1:50:47 | 5:09 |
| 17 | 8107 | Groth, Janine | 80 | GER | Laufjunkies | 90 | 735 | 1:49:01 | 1:49:29 | 5:10 |
| 18 | 8078 | Danels, Nicole | 84 | GER | Ausdauererschule by Bunert | 107 | 836 | 1:50:48 | 1:51:58 | 5:15 |
| 19 | 7099 | Strelow, Veronika | 83 | GER | *Dortmund | 113 | 882 | 1:51:55 | 1:52:38 | 5:18 |
| 20 | 7104 | Nuth, Sarah | 81 | GER | *Duisburg | 120 | 928 | 1:52:46 | 1:53:23 | 5:20 |
| 21 | 7596 | Matus, Darja | 80 | GER | Ortho Spina | 121 | 947 | 1:53:02 | 1:55:09 | 5:21 |
| 22 | 7754 | Brück, Jenny | 83 | GER | *Mülheim an der Ruhr | 126 | 961 | 1:53:18 | 1:54:30 | 5:22 |
| 23 | 7263 | Leist, Indra | 80 | GER | CSV Marathon Krefeld | 128 | 967 | 1:53:22 | 1:55:19 | 5:22 |
| 24 | 7777 | Isensee, Tina | 81 | GER | DAK-Gesundheit | 134 | 1014 | 1:54:19 | 1:55:18 | 5:25 |
| 25 | 7712 | Häsler, Julia | 82 | GER | *Duisburg | 140 | 1058 | 1:55:00 | 1:56:42 | 5:27 |
| 26 | 7178 | Wanke, Alexandra | 81 | GER | *Düsseldorf | 145 | 1078 | 1:55:10 | 1:55:54 | 5:27 |
| 27 | 7616 | Pechan, Anna | 83 | GER | *Oldenburg | 160 | 1149 | 1:56:17 | 1:57:49 | 5:30 |
| 28 | 7792 | Lippe, Saskia | 80 | GER | *Soest | 175 | 1190 | 1:56:48 | 1:57:54 | 5:32 |
| 29 | 7311 | Neumeister, Daniela | 82 | GER | Amokläufer Kunterbunt | 178 | 1208 | 1:57:03 | 1:58:06 | 5:32 |
| 30 | 7791 | Lindemann, Martina | 80 | GER | Laufschule Dortmund by bunert | 180 | 1214 | 1:57:07 | 1:58:51 | 5:33 |
| 31 | 7549 | Jedrus, Denise | 80 | GER | *Krefeld | 187 | 1235 | 1:57:28 | 1:58:51 | 5:34 |
| 32 | 7276 | Morlak, Sandra | 80 | LUX | *HAUTCHARGE | 197 | 1273 | 1:57:59 | 1:59:41 | 5:35 |
| 33 | 7226 | Illbruck, Jenny | 81 | GER | *Duisburg | 206 | 1302 | 1:58:22 | 1:58:41 | 5:36 |
| 34 | 7167 | Zöhrer, Katrin | 82 | GER | Triathlon Team Rheinberg | 213 | 1315 | 1:58:28 | 2:00:08 | 5:36 |
| 35 | 7310 | Bellendorf, Ruth | 82 | GER | *Essen | 231 | 1371 | 1:59:26 | 2:00:19 | 5:39 |
| 36 | 7682 | Weinert, Britta | 80 | GER | *Gelsenkirchen | 251 | 1419 | 2:00:48 | 2:03:20 | 5:43 |
| 37 | 7568 | Klauck, Astrid | 81 | GER | *Willich | 262 | 1434 | 2:01:13 | 2:02:17 | 5:44 |
| 38 | 7766 | Gräfe, Jenny | 84 | GER | *Duisburg | 263 | 1440 | 2:01:20 | 2:02:58 | 5:45 |
| 39 | 7836 | Stahl, Carmen | 80 | GER | Laufschule Dortmund by bunert | 271 | 1456 | 2:01:41 | 2:03:25 | 5:46 |
| 40 | 7240 | Url, Miriam | 83 | GER | *Duisburg | 274 | 1468 | 2:01:59 | 2:03:54 | 5:46 |
| 41 | 7829 | Schlombs, Tanja | 84 | GER | Borbecker Raketen | 276 | 1471 | 2:02:06 | 2:04:29 | 5:47 |
| 42 | 7741 | Weihofen, Kirsten | 82 | GER | *Moers | 281 | 1479 | 2:02:18 | 2:03:52 | 5:47 |
| 43 | 7462 | Bremer, Melanie | 83 | GER | BSG Kreis Wesel | 297 | 1530 | 2:03:22 | 2:05:27 | 5:50 |
| 44 | 7232 | Heilemann, Sandra | 81 | GER | after-work-runners.de | 299 | 1535 | 2:03:26 | 2:05:04 | 5:51 |
| 45 | 7691 | Wüster, Sarah | 84 | GER | BSG Kreis Wesel | 302 | 1542 | 2:03:45 | 2:05:35 | 5:51 |
| 46 | 7235 | Brinkmann, Nina | 83 | GER | Wuppertal | 309 | 1565 | 2:04:29 | 2:06:06 | 5:53 |
| 47 | 7301 | Raue, Katrin | 80 | GER | FC Leipzig | 342 | 1663 | 2:06:42 | 2:08:53 | 6:00 |
| 48 | 7326 | Görissen, Sabrina | 84 | GER | *Duisburg | 354 | 1691 | 2:07:42 | 2:09:31 | 6:03 |
| 49 | 7300 | Heiligentag, Martyna | 83 | GER | *Bielefeld | 378 | 1737 | 2:08:43 | 2:10:24 | 6:06 |
| 50 | 7387 | Plischke, Sonja | 83 | GER | LT Bittermark Dortmund | 382 | 1751 | 2:09:11 | 2:11:02 | 6:07 |
| 51 | 7662 | Szajstek, Christina | 84 | GER | *Herne | 393 | 1777 | 2:09:49 | 2:12:38 | 6:09 |
| 52 | 8053 | Lode, Sabine | 82 | GER | *Bochum | 395 | 1780 | 2:09:53 | 2:12:18 | 6:09 |
| 53 | 7396 | Schoß, Sandra | 82 | GER | *Witten | 396 | 1783 | 2:09:55 | 2:12:20 | 6:09 |

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Ergebnisse Frauen W30

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-------------------------|----|-----|--------------------------------|-------|------|---------|---------|------|
| 54 | 7715 | Schumann, Meike | 82 | GER | Käptn's BerlinRevierConnection | 417 | 1837 | 2:11:17 | 2:13:38 | 6:13 |
| 55 | 7597 | Meißner, Stephanie | 84 | GER | *Moers | 418 | 1838 | 2:11:19 | 2:13:41 | 6:13 |
| 56 | 7705 | Röhr, Tan | 84 | GER | *Dortmund | 422 | 1842 | 2:11:22 | 2:12:58 | 6:13 |
| 57 | 7461 | Braun, Silvija | 83 | GER | *Mülheim an der Ruhr | 428 | 1859 | 2:11:40 | 2:14:21 | 6:14 |
| 58 | 7606 | Nagel, Isabelle | 84 | GER | Fortuna Düsseldorf | 435 | 1882 | 2:12:12 | 2:14:39 | 6:15 |
| 59 | 7719 | Eßlinger, Julia | 83 | GER | *Bochum | 465 | 1944 | 2:13:20 | 2:15:33 | 6:19 |
| 60 | 7489 | Etter, Miriam | 83 | GER | *Köln | 469 | 1951 | 2:13:29 | 2:15:53 | 6:19 |
| 61 | 7552 | Johannsen, Anke | 81 | GER | *Duisburg | 470 | 1953 | 2:13:29 | 2:16:12 | 6:19 |
| 62 | 7078 | Täufer, Mona | 80 | GER | *Mülheim | 483 | 1980 | 2:13:51 | 2:16:05 | 6:20 |
| 63 | 7113 | Linnartz, Isabel | 81 | GER | Team ERDINGER Alkoholfrei | 486 | 1984 | 2:13:54 | 2:16:08 | 6:20 |
| 64 | 7128 | Baumeister, Nadine | 81 | GER | *Oberhausen | 510 | 2037 | 2:15:46 | 2:18:26 | 6:26 |
| 65 | 7533 | Hofmann, Dr. Anna Maria | 83 | GER | *Düsseldorf | 513 | 2045 | 2:16:08 | 2:18:24 | 6:27 |
| 66 | 7587 | Lewicki, Magdalena | 84 | GER | *Düsseldorf | 527 | 2073 | 2:16:44 | 2:19:22 | 6:28 |
| 67 | 7159 | Aspöck, Kathrin | 82 | GER | after-work-runners.de | 550 | 2125 | 2:19:49 | 2:21:51 | 6:37 |
| 68 | 7406 | Hitpa, Svenja | 83 | GER | *Mülheim | 560 | 2139 | 2:20:40 | 2:23:12 | 6:40 |
| 69 | 8095 | Fährnich, Nina | 84 | GER | *Essen | 566 | 2149 | 2:21:11 | 2:23:17 | 6:41 |
| 70 | 7654 | Schwarz, Melanie | 82 | GER | *Mülheim an der Ruhr | 567 | 2150 | 2:21:12 | 2:23:22 | 6:41 |
| 71 | 7675 | Vitic, Dorina | 82 | GER | *Bielefeld | 572 | 2156 | 2:21:29 | 2:24:08 | 6:42 |
| 72 | 7221 | Berger, Tanja | 82 | GER | *Oberhausen | 593 | 2199 | 2:23:31 | 2:26:12 | 6:48 |
| 73 | 7198 | Nicklaus, Isadora | 82 | GER | KLB 2000 | 599 | 2210 | 2:24:01 | 2:26:32 | 6:49 |
| 74 | 7050 | Berg, Laura | 84 | GER | *Duisburg | 609 | 2224 | 2:25:06 | 2:27:49 | 6:52 |
| 75 | 7624 | Polkahn, Ines | 80 | GER | *Duisburg | 615 | 2241 | 2:26:34 | 2:29:24 | 6:56 |
| 76 | 7586 | Letzner, Kerstin | 83 | GER | LC Duisburg | 657 | 2320 | 2:31:48 | 2:34:35 | 7:11 |
| 77 | 7547 | Jansen, Nina | 83 | GER | *Essen | 675 | 2350 | 2:34:19 | 2:36:47 | 7:18 |
| 78 | 7853 | Wörtz, Christina | 84 | GER | *Düsseldorf | 714 | 2415 | 2:46:18 | 2:49:03 | 7:52 |
| 79 | 7822 | Rohe, Vanessa | 80 | GER | *Selm | 715 | 2417 | 2:46:37 | 2:49:19 | 7:53 |
| 80 | 7354 | Henze, Sonja | 80 | GER | Laufschule Oberhausen | 727 | 2430 | 3:01:09 | 3:04:04 | 8:35 |

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Ergebnisse Frauen W35

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|------------------------|----|-----|---------------------------------|-------|------|---------|---------|------|
| 1 | 8000 | Dörschel, Christl | 76 | GER | SG Wenden | 1 | 15 | 1:18:50 | 1:18:53 | 3:44 |
| 2 | 7205 | Ohnesorge, Nina | 79 | GER | *Mülheim an der Ruhr | 20 | 263 | 1:38:09 | 1:39:52 | 4:39 |
| 3 | 7821 | Rodies, Katrin | 78 | GER | ASV Duisburg | 28 | 316 | 1:39:43 | 1:39:55 | 4:43 |
| 4 | 7749 | Bitthöfer, Tatjana | 75 | GER | Dortmund | 37 | 395 | 1:42:09 | 1:42:25 | 4:50 |
| 5 | 7433 | Töller, Kerstin | 79 | GER | LG Alpen | 38 | 401 | 1:42:17 | 1:42:50 | 4:50 |
| 6 | 7372 | Kienast, Daniela | 78 | GER | SG Ruhrgas 1929 | 39 | 408 | 1:42:24 | 1:42:52 | 4:51 |
| 7 | 8094 | Müller, Dr. Kerstin | 76 | GER | Laufftreff R(h)einknaller | 43 | 481 | 1:43:54 | 1:44:54 | 4:55 |
| 8 | 7111 | Lesaar, Petra | 77 | GER | LT Berka Stars | 48 | 531 | 1:44:44 | 1:45:22 | 4:57 |
| 9 | 7383 | Koch, Nina | 76 | GER | Judoka Rauxel | 55 | 566 | 1:45:41 | 1:46:21 | 5:00 |
| 10 | 7146 | Gabler, Katrin | 76 | GER | *Bomlitz | 72 | 640 | 1:47:04 | 1:47:41 | 5:04 |
| 11 | 7246 | Kunz, Constance | 75 | GER | *Wesel | 74 | 659 | 1:47:20 | 1:48:12 | 5:05 |
| 12 | 7764 | Förterer, Svenja | 77 | GER | Laufschule Dortmund by bunert | 83 | 716 | 1:48:40 | 1:49:49 | 5:09 |
| 13 | 7299 | Schulz, Anja | 79 | GER | SC Bayer Uerdingen 05 | 96 | 772 | 1:49:28 | 1:50:24 | 5:11 |
| 14 | 7808 | Müller, Jennifer | 77 | GER | SSVG Freie Schwimmer Düsseldorf | 99 | 795 | 1:49:59 | 1:50:40 | 5:12 |
| 15 | 8092 | Reck, Sandra | 76 | GER | Trimet | 105 | 828 | 1:50:39 | 1:51:33 | 5:14 |
| 16 | 7804 | Middel, Kathrin | 79 | GER | Ruhrrunner Essen | 122 | 948 | 1:53:02 | 1:54:05 | 5:21 |
| 17 | 7385 | Vogt, Andrea | 75 | GER | *Essen | 129 | 968 | 1:53:23 | 1:55:05 | 5:22 |
| 18 | 8071 | Schmitz, Tine | 77 | GER | *Xanten | 135 | 1026 | 1:54:26 | 1:55:11 | 5:25 |
| 19 | 7828 | Schilke, Patrycja | 77 | GER | *Essen | 147 | 1090 | 1:55:19 | 1:56:03 | 5:27 |
| 20 | 8070 | Schmidt, Tanja | 76 | GER | BSG BML | 152 | 1116 | 1:55:50 | 1:57:29 | 5:29 |
| 21 | 7813 | Pappel, Sandra | 79 | GER | *Duisburg | 159 | 1146 | 1:56:12 | 1:57:25 | 5:30 |
| 22 | 7618 | Petruck, Manuela | 76 | GER | *Gelsenkirchen | 166 | 1164 | 1:56:24 | 1:58:02 | 5:30 |
| 23 | 7117 | Wehmeier, Jasmin | 76 | GER | Aktion Canchanabury | 186 | 1225 | 1:57:21 | 1:58:06 | 5:33 |
| 24 | 7759 | Dräger, Silke | 75 | GER | Laufschule Dortmund by bunert | 190 | 1245 | 1:57:44 | 1:59:04 | 5:34 |
| 25 | 7393 | Osterkamp, Nicole | 75 | GER | LT Haumannplatz Essen | 198 | 1279 | 1:58:02 | 1:59:46 | 5:35 |
| 26 | 7341 | Juchnewski, Sandra | 78 | GER | *Duisburg | 202 | 1291 | 1:58:12 | 2:00:09 | 5:36 |
| 27 | 8089 | Hoffmann, Sabine | 78 | GER | LC Duisburg | 204 | 1300 | 1:58:19 | 1:59:56 | 5:36 |
| 28 | 7209 | Arends, Nikola | 79 | GER | *Düsseldorf | 220 | 1340 | 1:58:49 | 1:59:55 | 5:37 |
| 29 | 7570 | Kochanski, Sandra | 75 | GER | LC Adler Bottrop | 224 | 1351 | 1:58:59 | 2:00:49 | 5:38 |
| 30 | 7487 | Endres, Steffi | 76 | GER | *St.Wendel | 233 | 1373 | 1:59:31 | 2:00:41 | 5:39 |
| 31 | 7432 | Rüb, Sandra | 77 | GER | *Velbert | 237 | 1385 | 1:59:45 | 2:01:40 | 5:40 |
| 32 | 8112 | Lubina, Katja | 77 | GER | *Duisburg | 238 | 1386 | 1:59:48 | 2:01:37 | 5:40 |
| 33 | 7382 | Ebert, Daniela | 77 | GER | *Duisburg | 243 | 1400 | 2:00:14 | 2:01:54 | 5:41 |
| 34 | 7702 | Adler, Nicole | 76 | GER | BSG Springorum Bochum | 245 | 1407 | 2:00:22 | 2:01:17 | 5:42 |
| 35 | 7460 | Braun, Silke | 77 | GER | *Gevelsberg | 248 | 1414 | 2:00:38 | 2:02:33 | 5:43 |
| 36 | 7470 | Clusen, Simone | 76 | GER | *Duisburg | 285 | 1499 | 2:02:41 | 2:04:54 | 5:48 |
| 37 | 7086 | Krause-Holtz, Angelika | 78 | GER | Triathlon TEAM TG Witten | 330 | 1629 | 2:05:51 | 2:07:54 | 5:57 |
| 38 | 7467 | Bungart, Melanie | 78 | GER | LT Olpe | 343 | 1666 | 2:06:46 | 2:08:17 | 6:00 |
| 39 | 7801 | Maskooki, Edda | 75 | GER | *Duisburg | 367 | 1707 | 2:08:08 | 2:10:02 | 6:04 |
| 40 | 7732 | Labotzke, Verena | 79 | GER | *Bochum | 372 | 1721 | 2:08:28 | 2:10:44 | 6:05 |
| 41 | 7838 | Stokvis, Petra | 75 | GER | *Moers | 374 | 1726 | 2:08:31 | 2:10:16 | 6:05 |
| 42 | 7751 | Bombek, Alexandra | 76 | GER | *Wermelskirchen | 375 | 1729 | 2:08:34 | 2:09:02 | 6:05 |
| 43 | 7701 | Dierksen, Nadine | 75 | GER | *Wesel | 390 | 1772 | 2:09:45 | 2:10:10 | 6:08 |
| 44 | 7785 | Kirbach, Stefanie | 75 | GER | *Duisburg | 411 | 1824 | 2:10:52 | 2:12:26 | 6:12 |
| 45 | 7305 | Laschet, Katrin | 77 | GER | *Essen | 436 | 1883 | 2:12:15 | 2:14:33 | 6:16 |
| 46 | 7664 | Theunissen, Sandra | 78 | GER | *Straelen | 452 | 1917 | 2:12:42 | 2:15:19 | 6:17 |
| 47 | 7404 | Stache, Christina | 76 | GER | *Düsseldorf | 455 | 1924 | 2:12:56 | 2:13:57 | 6:18 |
| 48 | 7598 | Mertens, Nadine | 76 | GER | *Kempfen | 475 | 1959 | 2:13:32 | 2:16:01 | 6:19 |
| 49 | 7729 | Hoppe, Anja | 75 | GER | *Moers | 518 | 2056 | 2:16:22 | 2:17:47 | 6:27 |
| 50 | 7052 | Menne, Julia | 75 | GER | Tottis Mittläufer | 523 | 2065 | 2:16:33 | 2:19:16 | 6:28 |
| 51 | 7373 | Arhoff, Stefanie | 79 | GER | LT Wischlingen Dortmund | 534 | 2098 | 2:18:19 | 2:20:52 | 6:33 |
| 52 | 7578 | Kühnen, Simone | 78 | GER | *Duisburg | 542 | 2107 | 2:18:52 | 2:21:30 | 6:34 |
| 53 | 7734 | Mohnhaus, Jessica | 78 | GER | Team Erdinger Alkoholfrei | 549 | 2123 | 2:19:48 | 2:22:12 | 6:37 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Frauen W35

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|------------------------|----|-----|---------------------------|-------|------|---------|---------|------|
| 54 | 7495 | Fraas, Melanie | 75 | GER | running4fun.net | 557 | 2134 | 2:20:26 | 2:22:40 | 6:39 |
| 55 | 8113 | Poe, Laura | 79 | GER | *Düsseldorf | 569 | 2153 | 2:21:16 | 2:23:30 | 6:41 |
| 56 | 7309 | Heße, Stephanie | 77 | GER | *Moers | 578 | 2166 | 2:22:01 | 2:24:15 | 6:43 |
| 57 | 7389 | Schuster, Brandi | 78 | USA | *Zons | 583 | 2175 | 2:22:20 | 2:24:59 | 6:44 |
| 58 | 7136 | Fulde, Beate | 77 | GER | *Oberhausen | 587 | 2186 | 2:22:53 | 2:25:29 | 6:46 |
| 59 | 7075 | Beforth, Claudia | 76 | GER | Rennschnecken | 594 | 2200 | 2:23:31 | 2:26:12 | 6:48 |
| 60 | 7714 | Koch, Christiane | 78 | GER | *Düsseldorf | 602 | 2213 | 2:24:18 | 2:25:03 | 6:50 |
| 61 | 7610 | Nowak, Tanja | 79 | GER | LC Duisburg | 610 | 2229 | 2:25:28 | 2:28:05 | 6:53 |
| 62 | 7625 | Polkähn, Silke | 78 | GER | *Duisburg | 616 | 2242 | 2:26:34 | 2:29:24 | 6:56 |
| 63 | 7316 | Chomiak-Janus, Melanie | 78 | GER | *Duisburg | 643 | 2297 | 2:29:52 | 2:32:42 | 7:06 |
| 64 | 7727 | Baumann, Vanessa | 77 | GER | *Gelsenkirchen | 645 | 2300 | 2:30:16 | 2:32:44 | 7:07 |
| 65 | 7590 | Lux, Monika | 77 | GER | *Oberhausen | 647 | 2302 | 2:30:18 | 2:32:54 | 7:07 |
| 66 | 7818 | Radner, Sabine | 78 | GER | *Düsseldorf | 648 | 2304 | 2:30:23 | 2:32:49 | 7:07 |
| 67 | 7833 | Schoch, Kersten | 76 | GER | LC Duisburg | 652 | 2311 | 2:30:48 | 2:33:17 | 7:08 |
| 68 | 7427 | Neumann, Claudia | 78 | GER | AS Neukirchen-Vluyn | 667 | 2335 | 2:32:35 | 2:35:32 | 7:13 |
| 69 | 7386 | Schael, Ines | 76 | GER | Ausdauerchule by Bunert | 671 | 2345 | 2:33:44 | 2:36:22 | 7:17 |
| 70 | 7411 | Slowik, Katja | 79 | GER | Team ERDINGER Alkoholfrei | 676 | 2354 | 2:34:41 | 2:37:30 | 7:19 |
| 71 | 7097 | Duifhuis, Ute | 76 | GER | *Duisburg | 679 | 2359 | 2:35:24 | 2:38:23 | 7:21 |
| 72 | 7532 | Hitpass, Ines | 78 | GER | *Duisburg | 688 | 2369 | 2:36:55 | 2:39:27 | 7:26 |
| 73 | 7360 | Siggelkow, Maike | 75 | GER | FoKuS Selm | 692 | 2378 | 2:37:59 | 2:40:41 | 7:29 |
| 74 | 7244 | Stenzel, Bianca | 79 | GER | Die Coolen | 701 | 2391 | 2:39:48 | 2:42:38 | 7:34 |
| 75 | 7602 | Miksch, Tanja | 77 | GER | *Duisburg | 717 | 2419 | 2:49:43 | 2:52:38 | 8:02 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Frauen W40

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|---------------------------|----|-----|-------------------------|-------|------|---------|---------|------|
| 1 | 8088 | Schäpers, Silke | 70 | GER | TV Refrath | 2 | 26 | 1:21:58 | 1:22:04 | 3:53 |
| 2 | 7003 | Niehues, Silke | 72 | GER | TUSEM Essen | 5 | 59 | 1:26:29 | 1:26:34 | 4:05 |
| 3 | 7103 | Spänhoff, Christina | 72 | GER | ASC 09 Dortmund | 13 | 169 | 1:33:41 | 1:33:57 | 4:26 |
| 4 | 7333 | Beier, Silke | 71 | GER | ASV Duisburg | 14 | 181 | 1:34:21 | 1:34:32 | 4:28 |
| 5 | 8121 | Kretschmer, Anja | 74 | GER | *Goslar | 15 | 188 | 1:34:48 | 1:35:11 | 4:29 |
| 6 | 7024 | Jedras, Barbara | 70 | GER | TUSEM Essen | 18 | 223 | 1:36:28 | 1:36:43 | 4:34 |
| 7 | 7059 | Sondermann-Vetter, Esther | 70 | GER | LGO Bochum | 36 | 390 | 1:42:04 | 1:42:52 | 4:50 |
| 8 | 7824 | Roß, Janin | 73 | GER | Marathon Dinslaken | 42 | 447 | 1:43:14 | 1:43:41 | 4:53 |
| 9 | 7847 | Villecas, Jowelyn | 74 | USA | *Amstenrade | 53 | 552 | 1:45:27 | 1:46:01 | 4:59 |
| 10 | 8101 | Bohrmann, Sonja | 72 | GER | LC Duisburg | 61 | 584 | 1:46:02 | 1:46:43 | 5:01 |
| 11 | 7842 | Tarrach, Michaela | 72 | GER | *Essen | 62 | 588 | 1:46:06 | 1:46:36 | 5:01 |
| 12 | 7093 | Fleischer, Nicole | 71 | GER | SSF Bonn | 64 | 591 | 1:46:08 | 1:47:25 | 5:01 |
| 13 | 7021 | Roeser, Sabine | 70 | GER | Lauffreunde Hadi Wesel | 68 | 613 | 1:46:28 | 1:47:05 | 5:02 |
| 14 | 7854 | Wu, Selena | 71 | AUS | *St Leonards | 92 | 742 | 1:49:06 | 1:49:37 | 5:10 |
| 15 | 7436 | Langen, Yvonne | 72 | GER | *Essen | 103 | 819 | 1:50:29 | 1:51:29 | 5:14 |
| 16 | 7668 | Thyssen, Silke | 72 | GER | SC Bayer 05 Uerdingen | 127 | 966 | 1:53:22 | 1:54:52 | 5:22 |
| 17 | 8116 | Gholamalizadeh, Dr. Bita | 73 | GER | Kackbratze | 133 | 1011 | 1:54:16 | 1:56:23 | 5:24 |
| 18 | 7519 | Markus, Ulrike | 73 | GER | LBV NRW | 158 | 1145 | 1:56:12 | 1:57:51 | 5:30 |
| 19 | 7120 | Drochtert, Nicole | 71 | GER | *Gelsenkirchen | 165 | 1163 | 1:56:23 | 1:58:02 | 5:30 |
| 20 | 7085 | Mehl, Monika | 71 | GER | Ayyo Team Essen | 170 | 1175 | 1:56:37 | 1:58:23 | 5:31 |
| 21 | 7105 | Powierski, Katja | 73 | GER | *Nordkirchen | 185 | 1224 | 1:57:21 | 1:58:51 | 5:33 |
| 22 | 7397 | Hähnel, Nicole | 70 | GER | Stadt Bochum Team | 188 | 1239 | 1:57:39 | 1:58:58 | 5:34 |
| 23 | 7036 | Jäger, Susanne | 72 | GER | HELIOS Iron Team | 189 | 1243 | 1:57:42 | 1:59:39 | 5:34 |
| 24 | 7648 | Schraven, Silke | 72 | GER | *Duisburg | 200 | 1288 | 1:58:10 | 1:59:42 | 5:36 |
| 25 | 7069 | Vogelmann, Karin | 70 | GER | *selters | 209 | 1307 | 1:58:23 | 2:00:05 | 5:36 |
| 26 | 7815 | Pilske, Petra | 72 | GER | *Bochum | 210 | 1309 | 1:58:23 | 2:00:10 | 5:36 |
| 27 | 7437 | Koopmann, Tanja | 72 | GER | *Dorsten | 215 | 1320 | 1:58:30 | 2:00:23 | 5:36 |
| 28 | 8074 | Kunschert, Ines | 72 | GER | *Köln | 217 | 1330 | 1:58:38 | 1:59:30 | 5:37 |
| 29 | 7417 | Brinkhoff, Astrid | 73 | GER | LT Wischlingen Dortmund | 222 | 1343 | 1:58:53 | 2:01:42 | 5:38 |
| 30 | 7500 | Gallus, Susanne | 71 | GER | LC Adler Bottrop | 225 | 1352 | 1:58:59 | 2:00:49 | 5:38 |
| 31 | 7340 | Mader, Andrea | 73 | GER | *Bochum | 229 | 1367 | 1:59:23 | 2:00:25 | 5:39 |
| 32 | 7123 | Albers, Sabine | 73 | GER | *Duisburg | 236 | 1381 | 1:59:40 | 2:01:35 | 5:40 |
| 33 | 7119 | Arneke, Karin | 72 | GER | C&K Running | 239 | 1389 | 1:59:53 | 2:01:46 | 5:40 |
| 34 | 7177 | Plein, Cornelia | 70 | GER | Kakabulla Running Team | 240 | 1392 | 1:59:57 | 2:01:30 | 5:41 |
| 35 | 7236 | Tsang, Pei | 72 | GER | *Duisburg | 241 | 1396 | 2:00:03 | 2:02:15 | 5:41 |
| 36 | 7342 | Moos, Nicola | 70 | GER | *Bochum | 246 | 1409 | 2:00:28 | 2:00:47 | 5:42 |
| 37 | 7380 | David, Bibi | 73 | GER | ASV Duisburg | 247 | 1412 | 2:00:35 | 2:00:47 | 5:42 |
| 38 | 8056 | Wengeler, Silke | 71 | GER | *Meerbusch | 253 | 1421 | 2:00:55 | 2:02:31 | 5:43 |
| 39 | 7392 | Wandrey, Natalie | 70 | GER | *Duisburg | 255 | 1425 | 2:00:56 | 2:02:36 | 5:43 |
| 40 | 7265 | Dilthey, Anja | 70 | GER | TSV Siegen | 257 | 1428 | 2:01:01 | 2:03:04 | 5:44 |
| 41 | 7707 | Böhm, Silke | 71 | GER | *Weilrod | 258 | 1429 | 2:01:01 | 2:03:02 | 5:44 |
| 42 | 7774 | Hillen, Corinna | 71 | GER | *Oberhausen | 279 | 1477 | 2:02:15 | 2:03:38 | 5:47 |
| 43 | 7285 | Forg, Corinna | 71 | GER | *Duisburg | 296 | 1529 | 2:03:19 | 2:04:52 | 5:50 |
| 44 | 7820 | Rath, Sabine | 73 | GER | *Bottrop | 304 | 1547 | 2:04:00 | 2:06:44 | 5:52 |
| 45 | 7172 | Schmid, Katja | 70 | GER | *Duisburg | 313 | 1578 | 2:04:44 | 2:06:21 | 5:54 |
| 46 | 8200 | Bellwinkel, Inga | 71 | GER | LC Duisburg | 320 | 1598 | 2:05:05 | 2:07:41 | 5:55 |
| 47 | 7473 | Czarnetzki, Tanja | 71 | GER | *Duisburg | 326 | 1618 | 2:05:40 | 2:07:38 | 5:57 |
| 48 | 8120 | Westrich, Kristina | 74 | GER | *Duisburg | 337 | 1646 | 2:06:18 | 2:08:47 | 5:59 |
| 49 | 7834 | Schüller, Stephanie | 73 | GER | *Ratingen | 339 | 1651 | 2:06:25 | 2:08:32 | 5:59 |
| 50 | 7594 | Ma-Prokop, Yuhong | 71 | GER | *Duisburg | 344 | 1668 | 2:06:51 | 2:08:19 | 6:00 |
| 51 | 7503 | Gehlich, Sandra | 73 | GER | running4charity | 355 | 1692 | 2:07:48 | 2:09:29 | 6:03 |
| 52 | 7599 | Mertiens, Melanie | 74 | GER | *Duisburg | 369 | 1716 | 2:08:16 | 2:09:08 | 6:04 |
| 53 | 7253 | Stange, Christiane | 72 | GER | Die Coolen | 377 | 1732 | 2:08:41 | 2:11:30 | 6:05 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Frauen W40

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|---------------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 54 | 8097 | Mensching, Ilka | 72 | GER | LC Duisburg | 381 | 1747 | 2:09:06 | 2:11:31 | 6:07 |
| 55 | 7796 | Lütke-Volksbeck, Stefanie | 72 | GER | *Selm | 389 | 1769 | 2:09:41 | 2:11:46 | 6:08 |
| 56 | 7580 | Lahrfeld, Bärbel | 71 | GER | *Tönisvorst | 399 | 1788 | 2:10:00 | 2:10:25 | 6:09 |
| 57 | 7711 | Endres-Schröder, Birgit | 70 | GER | *Duisburg | 404 | 1800 | 2:10:20 | 2:12:55 | 6:10 |
| 58 | 7056 | Stolz, Elke | 70 | GER | ASC Ratingen West | 406 | 1807 | 2:10:36 | 2:13:01 | 6:11 |
| 59 | 7219 | Bierbüße, Heike | 70 | GER | *Essen | 427 | 1858 | 2:11:40 | 2:13:46 | 6:14 |
| 60 | 7540 | Horster, Kerstin | 71 | GER | *Korschenbroich | 431 | 1874 | 2:12:00 | 2:14:36 | 6:15 |
| 61 | 7583 | Lange, Birgit | 70 | GER | *Korschenbroich | 432 | 1875 | 2:12:00 | 2:14:36 | 6:15 |
| 62 | 7857 | Zimmermann, Nicole | 73 | GER | LC Duisburg | 434 | 1880 | 2:12:08 | 2:14:33 | 6:15 |
| 63 | 7556 | Kadoch, Marion | 71 | GER | *Waltrop | 444 | 1899 | 2:12:31 | 2:14:21 | 6:16 |
| 64 | 7314 | Korgel, Anke | 71 | GER | LG Donatus Erftstadt | 453 | 1921 | 2:12:52 | 2:14:35 | 6:17 |
| 65 | 7783 | Karau, Jutta | 70 | GER | *Oer-Erkenschwick | 457 | 1927 | 2:12:57 | 2:15:16 | 6:18 |
| 66 | 7748 | Biernath, Manuela | 70 | GER | *Selm | 462 | 1936 | 2:13:03 | 2:15:08 | 6:18 |
| 67 | 8068 | Bück, Nicole | 70 | GER | *Duisburg | 466 | 1945 | 2:13:22 | 2:16:20 | 6:19 |
| 68 | 7425 | Assent, Angela | 74 | GER | *Duisburg | 468 | 1949 | 2:13:26 | 2:16:04 | 6:19 |
| 69 | 7047 | Kellermann, Sabine | 71 | GER | Team ERDINGER Alkoholfrei | 477 | 1966 | 2:13:39 | 2:15:50 | 6:20 |
| 70 | 7767 | Gross, Michaela | 70 | GER | Laufschule Dortmund by bunert | 478 | 1969 | 2:13:43 | 2:16:18 | 6:20 |
| 71 | 7718 | Dollberg, Andrea | 71 | GER | LT Hängende Zunge | 491 | 1995 | 2:14:17 | 2:16:40 | 6:21 |
| 72 | 215 | Schade, Petra | 72 | GER | Borbecker Raketen Essen | 495 | 2009 | 2:14:52 | 2:16:59 | 6:23 |
| 73 | 7118 | Theis, Natalie | 74 | GER | *Moers | 505 | 2027 | 2:15:27 | 2:17:37 | 6:25 |
| 74 | 7355 | Spinne, Sandra | 74 | GER | FoKuS Selm | 508 | 2034 | 2:15:37 | 2:18:01 | 6:25 |
| 75 | 7347 | Soukas, Antonia | 71 | GER | *Velbert | 511 | 2039 | 2:15:59 | 2:17:53 | 6:26 |
| 76 | 7438 | Scheuten, Sandra | 74 | GER | ohne | 512 | 2041 | 2:16:00 | 2:18:52 | 6:26 |
| 77 | 7139 | Schmitz, Astrid | 71 | GER | *Moers | 521 | 2062 | 2:16:30 | 2:19:00 | 6:28 |
| 78 | 7239 | Hackert-Küpper, Barbara | 70 | GER | *Duisburg | 522 | 2063 | 2:16:31 | 2:18:57 | 6:28 |
| 79 | 7421 | Dobberke, Carola | 71 | GER | Die Kokser | 551 | 2126 | 2:19:53 | 2:20:59 | 6:37 |
| 80 | 7843 | Teuke, Sandra | 73 | GER | Laufschule Dortmund by bunert | 555 | 2131 | 2:20:18 | 2:22:39 | 6:38 |
| 81 | 7858 | Zupp, Britta | 74 | GER | *Duisburg | 561 | 2141 | 2:20:49 | 2:23:18 | 6:40 |
| 82 | 7145 | Nied, Friederike | 70 | GER | FoKuS Selm | 570 | 2154 | 2:21:20 | 2:23:44 | 6:41 |
| 83 | 7851 | Wieners, Sandra | 72 | GER | Team Erdinger alkoholfrei | 576 | 2163 | 2:21:46 | 2:23:57 | 6:43 |
| 84 | 7312 | Demant, Jutta | 74 | GER | Ausdauerschule by Bunert | 586 | 2184 | 2:22:49 | 2:25:09 | 6:46 |
| 85 | 7258 | Burkhardt, Silke | 74 | GER | die Irr(en)läufer Dinslaken | 591 | 2194 | 2:23:22 | 2:26:11 | 6:47 |
| 86 | 8103 | Godlewski, Sandra | 72 | GER | Lt Kettwig 2000 | 611 | 2231 | 2:25:38 | 2:28:07 | 6:54 |
| 87 | 7673 | Vermöhlen, Tatjana | 74 | GER | *Kevelaer | 613 | 2236 | 2:26:11 | 2:28:57 | 6:55 |
| 88 | 7717 | Abramowski, Giovanna | 71 | ITA | *Dortmund | 624 | 2257 | 2:27:07 | 2:29:44 | 6:58 |
| 89 | 7640 | Scheffer, Claudia | 74 | GER | *Kaarst | 628 | 2265 | 2:27:15 | 2:29:50 | 6:58 |
| 90 | 7295 | Ihme, Nicole | 71 | GER | Ausdauerschule by Bunert | 633 | 2278 | 2:28:44 | 2:31:05 | 7:02 |
| 91 | 7795 | Lössner, Silke | 71 | GER | BSG Sparkasse Duisburg | 644 | 2299 | 2:29:55 | 2:32:25 | 7:06 |
| 92 | 230 | Neumeier, Tanja | 72 | GER | Laufen in Dortmund | 650 | 2307 | 2:30:36 | 2:33:09 | 7:08 |
| 93 | 8063 | Theunißen, Tanja | 74 | GER | LC Duisburg | 660 | 2325 | 2:32:00 | 2:34:37 | 7:12 |
| 94 | 7230 | Lichtenstein, Andrea | 71 | GER | AS Neukirchen-Vluyn | 666 | 2334 | 2:32:35 | 2:35:32 | 7:13 |
| 95 | 7132 | Bülskämper, Marianne | 73 | GER | FoKuS Selm | 689 | 2374 | 2:37:58 | 2:40:41 | 7:29 |
| 96 | 7361 | Banos, Svea | 74 | GER | FoKuS Selm | 691 | 2377 | 2:37:59 | 2:40:41 | 7:29 |
| 97 | 7414 | Beer, Iris | 70 | GER | Team Erdinger Alkoholfrei | 696 | 2383 | 2:38:16 | 2:40:37 | 7:30 |
| 98 | 7407 | Wiesmann, Birgit | 73 | GER | FoKuS Selm | 716 | 2418 | 2:46:38 | 2:49:19 | 7:53 |
| 99 | 7449 | Balzer, Alexandra | 72 | GER | *Ennepetal | 722 | 2425 | 2:56:47 | 2:59:50 | 8:22 |
| 100 | 7101 | Klier, Mirjam | 73 | GER | *Emmerich | 724 | 2427 | 2:58:10 | 2:59:34 | 8:26 |
| 101 | 7627 | Pultar, Martina | 73 | GER | *Herne | 725 | 2428 | 2:59:53 | 3:02:55 | 8:31 |

13. Rhein-Ruhr-Halbmarathon

Ergebnisse Frauen W45

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-------------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 1 | 7806 | Mordas, Claudia | 66 | GER | TUSEM Essen | 9 | 105 | 1:30:02 | 1:30:12 | 4:16 |
| 2 | 7009 | Shala, Daniela | 66 | GER | DLRG Duisburg | 11 | 156 | 1:33:02 | 1:33:12 | 4:24 |
| 3 | 7022 | Stephan, Anja | 69 | GER | LC Duisburg | 12 | 166 | 1:33:30 | 1:33:41 | 4:25 |
| 4 | 7030 | Gaspercic, Martina | 66 | GER | ASV Duisburg | 17 | 194 | 1:34:55 | 1:35:05 | 4:29 |
| 5 | 7029 | Gedig-Küpper, Silke | 66 | GER | LC Duisburg | 24 | 299 | 1:39:22 | 1:39:44 | 4:42 |
| 6 | 7604 | Musholt, Michaela | 69 | GER | *Bocholt | 27 | 314 | 1:39:38 | 1:40:20 | 4:43 |
| 7 | 7049 | Frömmel, Sabine | 67 | GER | BSG Kreis Wesel | 32 | 368 | 1:41:32 | 1:42:05 | 4:48 |
| 8 | 7772 | Hennig, Tina | 68 | GER | LT Bittermark Dortmund | 40 | 421 | 1:42:41 | 1:43:07 | 4:52 |
| 9 | 8108 | Wenzel, Regina | 66 | GER | Marathonteam Waldhessen | 46 | 500 | 1:44:14 | 1:44:39 | 4:56 |
| 10 | 7011 | Theisen, Bettina | 69 | GER | Rumelner TV | 49 | 533 | 1:44:48 | 1:45:24 | 4:57 |
| 11 | 7390 | Schmitz, Marion | 65 | GER | *Korschenbroich | 58 | 580 | 1:45:59 | 1:46:40 | 5:01 |
| 12 | 7639 | Schäfer, Susanne | 65 | GER | *Duisburg | 69 | 622 | 1:46:44 | 1:47:48 | 5:03 |
| 13 | 7291 | Krywalsky, Petra | 66 | GER | ASC Düsseldorf | 73 | 652 | 1:47:15 | 1:48:01 | 5:04 |
| 14 | 7334 | Haberland, Christel | 68 | GER | TUSEM Essen | 75 | 669 | 1:47:35 | 1:48:24 | 5:05 |
| 15 | 7700 | Schupp, Sabine | 65 | GER | *Essen | 76 | 671 | 1:47:38 | 1:48:39 | 5:06 |
| 16 | 7149 | Mertmann, Monika | 69 | GER | TuS Sythen | 79 | 694 | 1:48:02 | 1:48:41 | 5:07 |
| 17 | 7048 | Harnisch, Katrin | 69 | GER | *Duisburg | 85 | 719 | 1:48:49 | 1:49:16 | 5:09 |
| 18 | 7571 | Kocher, Dr. Kristin | 65 | GER | *Witten | 89 | 733 | 1:49:00 | 1:50:11 | 5:09 |
| 19 | 7260 | Krist, Tanja | 69 | GER | TSV Glessen | 91 | 738 | 1:49:03 | 1:50:13 | 5:10 |
| 20 | 7084 | Görigk, Silvia | 67 | GER | Wedau-Runner Duisburg | 94 | 754 | 1:49:13 | 1:49:57 | 5:10 |
| 21 | 7098 | Canbaz, Sabine | 66 | GER | LC Duisburg | 97 | 774 | 1:49:29 | 1:50:48 | 5:11 |
| 22 | 7058 | Fries, Ulrike | 65 | GER | funlaufen.de | 98 | 793 | 1:49:55 | 1:50:58 | 5:12 |
| 23 | 8105 | Schröder, Petra | 69 | GER | LC Duisburg | 106 | 833 | 1:50:44 | 1:51:56 | 5:14 |
| 24 | 7124 | Kositz, Christiane | 67 | GER | *Oberhausen | 110 | 856 | 1:51:25 | 1:52:13 | 5:16 |
| 25 | 7277 | Bizjak, Katja | 68 | GER | LG Senk&Spreizfuß | 111 | 865 | 1:51:33 | 1:52:17 | 5:17 |
| 26 | 7468 | Busch, Bozena | 66 | GER | Recklinghäuser LC | 112 | 880 | 1:51:50 | 1:52:39 | 5:17 |
| 27 | 7669 | Trottenberg, Stephanie | 67 | GER | *Dortmund | 123 | 950 | 1:53:03 | 1:55:44 | 5:21 |
| 28 | 8114 | Steeq, Claudia | 66 | GER | TC Kray 1892 e.V. | 137 | 1041 | 1:54:38 | 1:56:07 | 5:25 |
| 29 | 7344 | Niski, Sylvia | 69 | GER | TV Jahn Hiesfeld | 139 | 1051 | 1:54:55 | 1:56:36 | 5:26 |
| 30 | 7415 | Kirschner, Heike | 66 | GER | *Remagen | 142 | 1071 | 1:55:08 | 1:55:51 | 5:27 |
| 31 | 7753 | Brosch, Sylvia | 69 | GER | LA SV Herten | 144 | 1077 | 1:55:10 | 1:55:45 | 5:27 |
| 32 | 7315 | Droletz, Birgit | 67 | GER | Amokläufer Kunterbunt | 151 | 1114 | 1:55:50 | 1:56:53 | 5:29 |
| 33 | 7839 | Strach, Christiane | 67 | GER | Laufschule Dortmund by bunert | 153 | 1125 | 1:55:59 | 1:57:18 | 5:29 |
| 34 | 7292 | Stephan, Christiane | 67 | GER | FoKuS Selm | 154 | 1135 | 1:56:06 | 1:56:50 | 5:30 |
| 35 | 7262 | Schelenz, Stefanie | 66 | GER | Ausdauerhschule by Bunert | 162 | 1155 | 1:56:20 | 1:57:53 | 5:30 |
| 36 | 7082 | Liebich, Heidi | 65 | GER | *Duisburg | 163 | 1158 | 1:56:21 | 1:57:28 | 5:30 |
| 37 | 7106 | Muscheid, Daniela | 69 | GER | TKSY Laufteam | 174 | 1186 | 1:56:45 | 1:58:15 | 5:32 |
| 38 | 7572 | Koenen-Puder, Tanja | 69 | GER | *Essen | 207 | 1303 | 1:58:22 | 1:59:59 | 5:36 |
| 39 | 7758 | Chust-Siegmund, Martina | 69 | GER | Laufschule Dortmund by bunert | 211 | 1313 | 1:58:27 | 1:59:47 | 5:36 |
| 40 | 8059 | Tünnermann, Elke | 69 | GER | LC Duisburg | 218 | 1335 | 1:58:41 | 2:00:29 | 5:37 |
| 41 | 7197 | Vogt, Monika | 65 | GER | *Mülheim an der Ruhr | 228 | 1365 | 1:59:18 | 2:01:03 | 5:39 |
| 42 | 7231 | Schrader, Melanie | 68 | GER | Ortho Spina | 242 | 1397 | 2:00:05 | 2:02:17 | 5:41 |
| 43 | 7135 | Mielke, Beatrice | 69 | GER | *Ketzin | 260 | 1431 | 2:01:11 | 2:03:07 | 5:44 |
| 44 | 7797 | Maas, Dr. Antje | 66 | GER | LA SV Herten | 266 | 1443 | 2:01:23 | 2:01:42 | 5:45 |
| 45 | 7173 | Jasper, Viola | 65 | GER | *Dortmund | 275 | 1469 | 2:02:03 | 2:03:57 | 5:47 |
| 46 | 8069 | Blömeke, Christiane | 66 | GER | *Mülheim an der Ruhr | 286 | 1502 | 2:02:45 | 2:04:27 | 5:49 |
| 47 | 7762 | Ehm, Birgit | 67 | GER | Laufschule Dortmund by bunert | 289 | 1509 | 2:02:51 | 2:04:12 | 5:49 |
| 48 | 7401 | Jarczewski, Iwona | 67 | GER | Team Erdinger Alkoholfrei | 292 | 1519 | 2:03:07 | 2:04:54 | 5:50 |
| 49 | 7846 | Timpf, Anne | 68 | GER | BSG der DVG e.V. | 293 | 1520 | 2:03:08 | 2:04:19 | 5:50 |
| 50 | 7476 | Denter, Ulla | 66 | GER | *Castrop-Rauxel | 295 | 1527 | 2:03:17 | 2:05:04 | 5:50 |
| 51 | 7708 | Demant, Stefanie | 69 | GER | LT Bittermark Dortmund | 298 | 1534 | 2:03:25 | 2:05:14 | 5:50 |
| 52 | 7345 | Röttges, Andrea | 67 | GER | *Neuss | 300 | 1538 | 2:03:32 | 2:05:24 | 5:51 |
| 53 | 7788 | Küppers, Kerstin | 69 | GER | *Stolberg | 315 | 1582 | 2:04:52 | 2:05:15 | 5:55 |

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Ergebnisse Frauen W45

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-----------------------------|----|-----|-------------------------------|-------|------|---------|---------|------|
| 54 | 7134 | Bartel, Michaela | 66 | GER | BSG Köln | 316 | 1585 | 2:04:56 | 2:06:48 | 5:55 |
| 55 | 7297 | Breidenbach, Ilka | 67 | GER | *Moers | 318 | 1590 | 2:05:00 | 2:06:54 | 5:55 |
| 56 | 7805 | mira, isabel | 69 | GER | djk adler 07 lautfreff | 319 | 1592 | 2:05:01 | 2:06:48 | 5:55 |
| 57 | 7153 | Dülberg, Petra | 65 | GER | FoKuS Selm | 332 | 1633 | 2:05:53 | 2:07:00 | 5:57 |
| 58 | 7313 | Speith, Heike | 65 | GER | *Duisburg | 334 | 1641 | 2:06:06 | 2:08:39 | 5:58 |
| 59 | 8064 | Mailänder, Claudia | 67 | GER | *Dinslaken | 335 | 1642 | 2:06:10 | 2:08:19 | 5:58 |
| 60 | 7630 | Rehberger, Anja | 66 | GER | Vitalschule | 336 | 1643 | 2:06:13 | 2:08:05 | 5:58 |
| 61 | 7782 | Kahl, Marlene | 67 | GER | *Dinslaken | 338 | 1649 | 2:06:21 | 2:08:20 | 5:59 |
| 62 | 7560 | Kasper, Iris | 67 | GER | *Oberhausen | 355 | 1692 | 2:07:48 | 2:09:29 | 6:03 |
| 63 | 7703 | Hörig, Anke | 67 | GER | LT Haumannplatz Essen | 358 | 1695 | 2:07:51 | 2:08:49 | 6:03 |
| 64 | 7290 | Brinkmann-Rabe, Beate | 69 | GER | Turbo Turtle | 362 | 1702 | 2:08:04 | 2:09:47 | 6:04 |
| 65 | 7710 | Wilke, Grit | 68 | GER | *Moers | 363 | 1703 | 2:08:07 | 2:09:58 | 6:04 |
| 66 | 7831 | Schmitt, Monika | 65 | GER | LT Wischlingen Dortmund | 365 | 1705 | 2:08:07 | 2:10:12 | 6:04 |
| 67 | 7125 | Benger, Annegret | 65 | GER | *Meinerzhagen | 368 | 1711 | 2:08:12 | 2:10:44 | 6:04 |
| 68 | 8076 | Misia, Uta | 66 | GER | TVE Lauffreunde Gladbeck | 386 | 1764 | 2:09:26 | 2:11:08 | 6:08 |
| 69 | 7155 | Thiel, Marion | 69 | GER | Tus08 Lintorf | 388 | 1767 | 2:09:35 | 2:11:14 | 6:08 |
| 70 | 8100 | Zabielski, Marzena | 65 | GER | *Bottrop | 402 | 1797 | 2:10:18 | 2:11:35 | 6:10 |
| 71 | 7079 | Schürings-Buschmann, Ulrike | 66 | GER | Marathon Dinslaken | 410 | 1823 | 2:10:52 | 2:12:54 | 6:12 |
| 72 | 7131 | Paasen, Petra | 65 | GER | Die blauen Bengel | 416 | 1834 | 2:11:15 | 2:13:17 | 6:13 |
| 73 | 7054 | Mücke, Claudia | 68 | GER | MS-Luder | 426 | 1852 | 2:11:30 | 2:12:38 | 6:13 |
| 74 | 7100 | Overbeck, Cora | 65 | GER | *München | 429 | 1866 | 2:11:52 | 2:14:05 | 6:14 |
| 75 | 8079 | Schippkus-Jung, Angelika | 66 | GER | *Wuppertal | 438 | 1889 | 2:12:23 | 2:14:48 | 6:16 |
| 76 | 7722 | Steinmetz, Andrea | 65 | GER | *Mettmann | 446 | 1905 | 2:12:33 | 2:15:17 | 6:16 |
| 77 | 7184 | Muschalla, Sylke | 67 | GER | *Duisburg | 448 | 1910 | 2:12:36 | 2:15:23 | 6:17 |
| 78 | 7686 | Willems, Anja | 68 | GER | *Duisburg | 456 | 1925 | 2:12:56 | 2:15:45 | 6:18 |
| 79 | 7359 | Bücker, Claudia | 68 | GER | FoKuS Selm | 463 | 1939 | 2:13:04 | 2:15:08 | 6:18 |
| 80 | 7728 | Dericks, Rita | 65 | GER | *Krefeld | 464 | 1940 | 2:13:04 | 2:15:36 | 6:18 |
| 81 | 7127 | Reinersmann, Christiane | 65 | GER | Laufschule Oberhausen | 473 | 1956 | 2:13:30 | 2:15:40 | 6:19 |
| 82 | 7428 | Koch, Claudia | 66 | GER | Viermärker Dortmund | 479 | 1970 | 2:13:43 | 2:16:18 | 6:20 |
| 83 | 7660 | Stürznickel, Kathrin | 68 | GER | K u K - running Moers | 481 | 1972 | 2:13:49 | 2:15:57 | 6:20 |
| 84 | 7179 | Fackert, Beate | 69 | GER | *Moers | 482 | 1979 | 2:13:50 | 2:16:20 | 6:20 |
| 85 | 7493 | Fischbach, Berit | 68 | GER | *Duisburg | 483 | 1980 | 2:13:51 | 2:16:38 | 6:20 |
| 86 | 7040 | Hegger, Marlene | 65 | GER | LT Schnecke Sonsbeck | 488 | 1988 | 2:14:07 | 2:16:39 | 6:21 |
| 87 | 7152 | Rzyski, Claudia | 65 | GER | *Duisburg | 490 | 1992 | 2:14:12 | 2:16:23 | 6:21 |
| 88 | 7174 | Galda, Claudia | 69 | GER | LSF-Unna-2000 | 493 | 2000 | 2:14:34 | 2:16:47 | 6:22 |
| 89 | 8065 | Herzberg, Claudia | 67 | GER | *Melsungen | 497 | 2017 | 2:15:04 | 2:15:57 | 6:24 |
| 90 | 7848 | Volmer, Stefanie | 68 | GER | Laufschule Dortmund by bunert | 498 | 2019 | 2:15:05 | 2:17:41 | 6:24 |
| 91 | 7403 | Schlautmann, Nicole | 68 | GER | *duisburg | 500 | 2021 | 2:15:08 | 2:17:45 | 6:24 |
| 92 | 7631 | Reintges, Katja | 65 | GER | *Breitscheid | 504 | 2026 | 2:15:27 | 2:17:53 | 6:25 |
| 93 | 7623 | Polinelli, Dr. Sandra | 68 | GER | *Bochum | 509 | 2036 | 2:15:43 | 2:18:29 | 6:25 |
| 94 | 7778 | Jansen, Sabine | 68 | GER | DJK Preussen 1911 Bochum | 514 | 2047 | 2:16:12 | 2:19:08 | 6:27 |
| 95 | 7435 | Stamm, Daniela | 69 | GER | Ausdauererschule by Bunert | 517 | 2054 | 2:16:21 | 2:18:43 | 6:27 |
| 96 | 7210 | Neuhaus, Birgit | 69 | GER | Triathlon Mülheim | 519 | 2058 | 2:16:26 | 2:18:23 | 6:27 |
| 97 | 7638 | Sartor, Silvia | 67 | GER | *Castrop - Rauxel | 520 | 2060 | 2:16:26 | 2:18:48 | 6:27 |
| 98 | 7819 | Radomski, Barbara | 65 | GER | LC Duisburg | 529 | 2075 | 2:16:49 | 2:19:07 | 6:29 |
| 99 | 7394 | Beckmann, Elke | 67 | GER | LC Duisburg | 530 | 2076 | 2:16:50 | 2:19:07 | 6:29 |
| 100 | 7267 | Enners, Birgit | 68 | GER | *Velbert | 539 | 2103 | 2:18:40 | 2:20:35 | 6:34 |
| 101 | 7163 | Barth, Claudia | 66 | GER | LT Olpe | 541 | 2106 | 2:18:50 | 2:20:53 | 6:34 |
| 102 | 7053 | Adelt, Heike | 67 | GER | *Bochum | 543 | 2109 | 2:18:59 | 2:21:36 | 6:35 |
| 103 | 7486 | Eichenauer, Dr. Ulrike | 67 | GER | Ortho Spina | 545 | 2114 | 2:19:23 | 2:22:05 | 6:36 |
| 104 | 7076 | Wetzel, Kirsten | 69 | GER | ESV-Gremberghoven | 548 | 2121 | 2:19:38 | 2:22:16 | 6:37 |
| 105 | 7089 | Schott, Annette | 65 | GER | *Krefeld | 554 | 2130 | 2:20:15 | 2:22:46 | 6:38 |
| 106 | 7534 | Hogenkamp, Romy | 69 | GER | *Bocholt | 558 | 2135 | 2:20:32 | 2:21:48 | 6:39 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Frauen W45

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|----------------------------|----|-----|-----------------------------|-------|------|---------|---------|------|
| 107 | 7288 | Harnickell, Stefanie | 67 | GER | LT Uhlenhorst | 565 | 2148 | 2:21:00 | 2:23:25 | 6:40 |
| 108 | 7109 | Rosenkranz, Sandra | 68 | GER | *elsdorf | 568 | 2152 | 2:21:15 | 2:24:07 | 6:41 |
| 109 | 7371 | Steven, Regina | 65 | GER | *Duisburg | 571 | 2155 | 2:21:25 | 2:24:03 | 6:42 |
| 110 | 7091 | Preuss, Petra | 69 | GER | *Oberhausen | 582 | 2174 | 2:22:17 | 2:25:07 | 6:44 |
| 111 | 7214 | Weiß, Anke | 67 | GER | Ausdauerschule by Bunert | 596 | 2206 | 2:23:52 | 2:26:19 | 6:49 |
| 112 | 7794 | Löpers, Karin | 65 | GER | LC Duisburg | 604 | 2216 | 2:24:29 | 2:26:47 | 6:50 |
| 113 | 7612 | Osthaus, Ursula | 69 | GER | LT Wischlingen Dortmund | 617 | 2243 | 2:26:35 | 2:29:21 | 6:56 |
| 114 | 7607 | Neugebauer, Karin | 69 | GER | *Düsseldorf | 621 | 2250 | 2:26:48 | 2:29:22 | 6:57 |
| 115 | 7107 | Watson, Aline | 67 | GER | PV-Triathlon Witten | 622 | 2254 | 2:26:53 | 2:28:54 | 6:57 |
| 116 | 7144 | Röttmann, Susanne | 68 | GER | Ausdauerschule by Bunert | 627 | 2263 | 2:27:10 | 2:29:38 | 6:58 |
| 117 | 7855 | Zackerts, Kerstin | 66 | GER | *Duisburg | 634 | 2280 | 2:28:48 | 2:29:55 | 7:03 |
| 118 | 7251 | Munschek-Kutsch, Stephanie | 69 | GER | LC Duisburg | 635 | 2281 | 2:28:51 | 2:31:21 | 7:03 |
| 119 | 7031 | Kösseler, Petra | 68 | GER | LC Duisburg | 636 | 2283 | 2:28:53 | 2:31:27 | 7:03 |
| 120 | 7488 | Espeter, Heike | 65 | GER | *Kaarst | 638 | 2291 | 2:29:35 | 2:32:27 | 7:05 |
| 121 | 7790 | Lampert-Bongartz, Nicole | 69 | GER | *Bochum | 664 | 2330 | 2:32:15 | 2:34:33 | 7:12 |
| 122 | 7247 | Käbe, Anette | 65 | GER | VKM Duisburg | 668 | 2337 | 2:32:43 | 2:35:31 | 7:14 |
| 123 | 8109 | Linkner, Elke | 65 | GER | die Irr(en)läufer Dinslaken | 670 | 2340 | 2:33:24 | 2:36:18 | 7:16 |
| 124 | 7064 | Schunk, Katrin | 69 | GER | *Essen | 677 | 2357 | 2:34:58 | 2:37:51 | 7:20 |
| 125 | 7465 | Bruns, Silke | 69 | GER | *Bocholt | 678 | 2358 | 2:35:08 | 2:36:24 | 7:21 |
| 126 | 7377 | Schak, Andrea | 69 | GER | *Bonn | 681 | 2362 | 2:36:15 | 2:38:21 | 7:24 |
| 127 | 7601 | Miethke, Christa | 67 | GER | LT Wischlingen Dortmund | 683 | 2364 | 2:36:28 | 2:39:14 | 7:24 |
| 128 | 8060 | Riebe, Kerstin | 65 | GER | *Duisburg | 684 | 2365 | 2:36:33 | 2:39:12 | 7:25 |
| 129 | 7349 | Radtke, Kerstin | 69 | GER | FoKuS Selm | 693 | 2379 | 2:37:59 | 2:40:41 | 7:29 |
| 130 | 7378 | Recker, Jutta | 65 | GER | FoKuS Selm | 694 | 2380 | 2:37:59 | 2:40:41 | 7:29 |
| 131 | 7747 | Bier-Holterbork, Anja | 68 | GER | *Selm | 695 | 2381 | 2:38:00 | 2:40:41 | 7:29 |
| 132 | 7661 | Surmann, Doris | 65 | GER | LT Wischlingen Dortmund | 699 | 2387 | 2:39:03 | 2:41:50 | 7:32 |
| 133 | 7083 | Schnisa, Patricia | 69 | GER | Lt Wischlingen Dortmund | 702 | 2393 | 2:40:18 | 2:42:51 | 7:35 |
| 134 | 8104 | Kniffka, Bozena | 69 | GER | *Gelsenkirchen | 713 | 2414 | 2:46:04 | 2:48:58 | 7:52 |
| 135 | 7148 | Winkelmann, Helena | 67 | SVK | *Köln | 719 | 2421 | 2:55:10 | 2:55:23 | 8:18 |
| 136 | 8115 | Holstein-Glasmacher, Heidi | 65 | GER | *Ennepetal | 721 | 2424 | 2:56:47 | 2:59:50 | 8:22 |

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Ergebnisse Frauen W50

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein*/Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-----------------------------|----|-----|-----------------------------|-------|------|---------|---------|------|
| 1 | 7041 | Meier, Martina | 61 | GER | Osterather TV | 22 | 268 | 1:38:13 | 1:38:46 | 4:39 |
| 2 | 7200 | Bruns, Klaudia | 61 | GER | Borbecker Raketen Essen | 25 | 304 | 1:39:27 | 1:39:45 | 4:42 |
| 3 | 7018 | Wolf, Anke | 62 | GER | TG Neuss | 29 | 318 | 1:39:45 | 1:40:24 | 4:43 |
| 4 | 7306 | Hermann, Anita | 61 | GER | GSV Geldern | 35 | 386 | 1:41:58 | 1:42:03 | 4:49 |
| 5 | 7738 | Schmauder-Cyba, Dr. Birgitt | 64 | GER | *Heiligenhaus | 41 | 439 | 1:43:09 | 1:43:43 | 4:53 |
| 6 | 7814 | Pautzke, Catrin | 61 | GER | Moerser TV Triathlon | 47 | 527 | 1:44:42 | 1:45:25 | 4:57 |
| 7 | 7319 | Kokozinski, Susanne | 64 | GER | TSV Viktoria Mülheim | 50 | 539 | 1:45:00 | 1:45:39 | 4:58 |
| 8 | 7502 | Gebehart, Beate | 61 | GER | Team ERDINGER Alkoholfrei | 51 | 547 | 1:45:14 | 1:45:52 | 4:59 |
| 9 | 7217 | Dallmann, Heike | 63 | GER | Ausdauerschule by Bunert | 66 | 599 | 1:46:17 | 1:46:51 | 5:02 |
| 10 | 8055 | Schmude, Elke | 62 | GER | LC Duisburg | 77 | 677 | 1:47:46 | 1:48:25 | 5:06 |
| 11 | 7483 | Eberhardt, Eva-Maria | 61 | GER | TG Scherlebeck 03 | 93 | 745 | 1:49:07 | 1:49:46 | 5:10 |
| 12 | 7196 | Jenne, Ursula | 61 | GER | LT Olpe | 104 | 826 | 1:50:37 | 1:51:14 | 5:14 |
| 13 | 7307 | Von Kathen, Gabriele | 64 | GER | CFG Wuppertal | 118 | 915 | 1:52:35 | 1:54:04 | 5:20 |
| 14 | 7090 | Hornig-Hohl, Angelika | 60 | GER | Huckinger Marathonis | 148 | 1095 | 1:55:31 | 1:57:15 | 5:28 |
| 15 | 7270 | Kipker, Dina | 64 | GER | Helios Iron Team Wuppertal | 171 | 1178 | 1:56:39 | 1:58:33 | 5:31 |
| 16 | 7296 | Kusemann, Andrea | 64 | GER | *Essen | 172 | 1179 | 1:56:39 | 1:58:01 | 5:31 |
| 17 | 7423 | Pelzer, Christiana | 63 | GER | Marathon Dinslaken | 173 | 1184 | 1:56:43 | 1:58:06 | 5:31 |
| 18 | 7545 | Jakob, Andrea | 61 | GER | *Neuss | 182 | 1218 | 1:57:12 | 1:58:52 | 5:33 |
| 19 | 8199 | Van Nahmen, Hermine | 63 | GER | *Alpen | 203 | 1293 | 1:58:13 | 1:59:23 | 5:36 |
| 20 | 7026 | Wachtler, Silke | 64 | GER | SC Bayer 05 Uerdingen | 208 | 1306 | 1:58:22 | 1:59:44 | 5:36 |
| 21 | 7204 | Rother, Gaby | 60 | GER | TVE Lauffreunde Gladbeck | 219 | 1337 | 1:58:42 | 2:00:25 | 5:37 |
| 22 | 3688 | Tinnefeld, Martina | 61 | GER | BSG Haniel | 223 | 1347 | 1:58:55 | 2:00:36 | 5:38 |
| 23 | 7274 | Richter, Dagmar | 64 | GER | Marathon Dinslaken | 227 | 1361 | 1:59:08 | 1:59:57 | 5:38 |
| 24 | 7317 | Senger, Claudia | 64 | GER | SF Ennepetal | 250 | 1417 | 2:00:46 | 2:01:47 | 5:43 |
| 25 | 7188 | Becker, Rosi | 62 | GER | funlaufen.de | 264 | 1441 | 2:01:20 | 2:02:23 | 5:45 |
| 26 | 7370 | Wittor, Gabi | 63 | GER | LG Amsel | 273 | 1466 | 2:01:58 | 2:03:49 | 5:46 |
| 27 | 7157 | Serban, Ruth | 61 | GER | BSG Stadt Köln | 282 | 1480 | 2:02:19 | 2:04:12 | 5:47 |
| 28 | 7202 | Marten, Waltraud | 64 | GER | *Oberhausen | 283 | 1484 | 2:02:22 | 2:03:12 | 5:47 |
| 29 | 8119 | Brum, Maria | 61 | GER | *Wuppertal | 287 | 1505 | 2:02:48 | 2:02:51 | 5:49 |
| 30 | 8091 | Schneider, Dorothee | 61 | GER | *Köln | 301 | 1539 | 2:03:33 | 2:05:12 | 5:51 |
| 31 | 7039 | Fischer, Sylvia Cornelia | 63 | GER | *Bochum | 308 | 1562 | 2:04:24 | 2:04:53 | 5:53 |
| 32 | 7110 | Kuckuck, Dagmar | 63 | GER | Marathon Dinslaken | 324 | 1607 | 2:05:19 | 2:06:56 | 5:56 |
| 33 | 7182 | Niehues, Daniela | 60 | GER | Radiergummiliga.de | 325 | 1615 | 2:05:33 | 2:07:04 | 5:57 |
| 34 | 7856 | Zimmermann, Barbara | 60 | GER | LG Herne | 328 | 1620 | 2:05:44 | 2:07:26 | 5:57 |
| 35 | 7284 | Potthoff, Michaela | 63 | GER | LT Uhlenhorst | 341 | 1657 | 2:06:35 | 2:08:03 | 5:59 |
| 36 | 8080 | Winkels, Manuela | 63 | GER | *Duisburg | 353 | 1682 | 2:07:22 | 2:09:36 | 6:02 |
| 37 | 7332 | Schwarz Müller, Marina | 60 | GER | Laufftreff R(h)einknaller | 359 | 1696 | 2:07:52 | 2:10:08 | 6:03 |
| 38 | 7716 | Black, Robin Lea | 64 | USA | *Düsseldorf | 360 | 1700 | 2:08:02 | 2:09:57 | 6:04 |
| 39 | 7193 | Erlekotte, Jutta | 63 | GER | Marathon Dinslaken | 364 | 1704 | 2:08:07 | 2:09:29 | 6:04 |
| 40 | 7154 | Risch, Bettina | 62 | GER | TV Jahn Hiesfeld | 373 | 1723 | 2:08:29 | 2:10:07 | 6:05 |
| 41 | 7032 | Hollwitz, Petra | 63 | GER | LC Duisburg | 379 | 1742 | 2:08:56 | 2:10:58 | 6:06 |
| 42 | 7318 | Kraus, Kirsten | 63 | GER | LANXESS - IPG Marathon Team | 380 | 1746 | 2:08:59 | 2:11:48 | 6:06 |
| 43 | 7143 | Müser, Andrea | 60 | GER | *Velbert | 385 | 1757 | 2:09:19 | 2:11:46 | 6:07 |
| 44 | 7114 | Kretzschmar, Petra | 63 | GER | after-work-runners.de | 394 | 1779 | 2:09:52 | 2:11:55 | 6:09 |
| 45 | 8066 | Ganswind, Susanne | 62 | GER | *Bönen | 400 | 1790 | 2:10:03 | 2:11:45 | 6:09 |
| 46 | 7137 | May, Birgit | 62 | GER | Running Dinslaken | 401 | 1794 | 2:10:12 | 2:12:23 | 6:10 |
| 47 | 7800 | Marquis, Tina | 63 | GER | Immeo Wohnen Running Team | 403 | 1799 | 2:10:20 | 2:12:55 | 6:10 |
| 48 | 7183 | Stephan, Sabine | 64 | GER | Magdeburger-LaufKultur08 | 421 | 1841 | 2:11:20 | 2:13:36 | 6:13 |
| 49 | 7655 | Schwerdt, Dr. Angela | 61 | GER | Laufftreff R(h)einknaller | 425 | 1849 | 2:11:27 | 2:13:42 | 6:13 |
| 50 | 7832 | Schneider, Birgitta | 60 | GER | *Duisburg | 440 | 1891 | 2:12:26 | 2:13:58 | 6:16 |
| 51 | 7211 | Stahlmann, Sabine | 61 | GER | *Hemer | 454 | 1922 | 2:12:52 | 2:15:00 | 6:17 |
| 52 | 7019 | Arentz, Lisa | 61 | GER | *Duisburg | 458 | 1928 | 2:12:58 | 2:14:58 | 6:18 |
| 53 | 7233 | Gnegel, Marlies | 64 | GER | FoKuS Selm | 461 | 1935 | 2:13:03 | 2:15:08 | 6:18 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Frauen W50

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|------------------------------|----|-----|--------------------------------|-------|------|---------|---------|------|
| 54 | 7781 | Jungmann, Hildburg | 61 | GER | *Gevelsberg | 472 | 1955 | 2:13:29 | 2:15:38 | 6:19 |
| 55 | 7363 | Zimprichová, Dr. Dita | 63 | GER | *Krefeld | 474 | 1958 | 2:13:30 | 2:16:23 | 6:19 |
| 56 | 7448 | Baersch, Dr. Gudrun | 60 | GER | *Duisburg | 487 | 1987 | 2:14:06 | 2:16:19 | 6:21 |
| 57 | 7776 | Imhoff, Claudia | 64 | GER | LC Duisburg | 501 | 2022 | 2:15:15 | 2:17:32 | 6:24 |
| 58 | 7102 | Simons, Vera | 61 | GER | Düsseldorf | 525 | 2069 | 2:16:39 | 2:19:01 | 6:28 |
| 59 | 7112 | Bähr, Uschi | 60 | GER | LG Amsel | 527 | 2073 | 2:16:44 | 2:19:03 | 6:28 |
| 60 | 7302 | Berger, Angela | 62 | GER | TSV Weeze 1910/19 | 533 | 2097 | 2:18:14 | 2:20:36 | 6:33 |
| 61 | 7088 | Hüppgens, Brigitte | 63 | GER | *Erkelenz | 546 | 2118 | 2:19:32 | 2:21:41 | 6:36 |
| 62 | 8099 | Kotlar, Petra | 64 | GER | *Marl | 547 | 2119 | 2:19:34 | 2:22:28 | 6:36 |
| 63 | 7400 | Stephan, Rita | 63 | GER | FoKuS Selm | 553 | 2129 | 2:20:08 | 2:22:32 | 6:38 |
| 64 | 7189 | Loddenkötter, Beate | 63 | GER | Düsseldorfer Rennmuckels | 563 | 2144 | 2:20:52 | 2:23:42 | 6:40 |
| 65 | 7304 | Fenske, Dagmar | 63 | GER | Waltroper LC 06 | 573 | 2159 | 2:21:34 | 2:23:52 | 6:42 |
| 66 | 7287 | Joisten, Maria | 63 | GER | *Oberhausen | 575 | 2161 | 2:21:35 | 2:23:59 | 6:42 |
| 67 | 7637 | Ruthemeyer, Dagmar | 64 | GER | *Münster | 579 | 2168 | 2:22:04 | 2:24:57 | 6:43 |
| 68 | 7357 | Bartkowski, Kirsten | 62 | GER | *Oberhausen | 585 | 2183 | 2:22:49 | 2:25:09 | 6:46 |
| 69 | 7199 | Hanke, Karin | 62 | GER | Ausdauererschule by Bunert | 589 | 2190 | 2:23:20 | 2:26:09 | 6:47 |
| 70 | 8075 | Lonny, Andrea | 64 | GER | Marathon Dinslaken für Günther | 605 | 2217 | 2:24:32 | 2:27:06 | 6:51 |
| 71 | 7175 | Pauke, Andrea | 62 | GER | LT Wischlingen Dortmund | 619 | 2246 | 2:26:37 | 2:29:22 | 6:56 |
| 72 | 7140 | Wegenauer, Anke | 63 | GER | *Duisburg | 620 | 2248 | 2:26:40 | 2:29:09 | 6:57 |
| 73 | 7543 | Ikeda-Sprotte, Haruno | 64 | JPN | *Duisburg | 629 | 2266 | 2:27:15 | 2:30:03 | 6:58 |
| 74 | 7453 | Biddermann, Martina | 64 | GER | *Duisburg | 636 | 2283 | 2:28:53 | 2:31:27 | 7:03 |
| 75 | 7523 | Heimann, Lena | 62 | GER | ohne | 646 | 2301 | 2:30:18 | 2:33:10 | 7:07 |
| 76 | 7456 | Boschmann, Regina | 61 | GER | *Duisburg | 655 | 2314 | 2:31:27 | 2:34:01 | 7:10 |
| 77 | 7038 | Tenbücken, Ellen | 60 | GER | ohne | 656 | 2315 | 2:31:28 | 2:34:25 | 7:10 |
| 78 | 7459 | Braun, Martina | 64 | GER | LC Duisburg | 658 | 2321 | 2:31:49 | 2:34:36 | 7:11 |
| 79 | 7852 | Wischmann, Maria | 60 | GER | *Duisburg | 659 | 2322 | 2:31:52 | 2:34:43 | 7:11 |
| 80 | 7366 | Graumann, Iris | 64 | GER | FoKuS Selm | 662 | 2327 | 2:32:05 | 2:34:48 | 7:12 |
| 81 | 7222 | Nieleck, Korinna | 63 | GER | die Irr(e)nläufer Dinslaken | 669 | 2339 | 2:33:24 | 2:36:18 | 7:16 |
| 82 | 7812 | Paas, Sabine | 63 | GER | *Duisburg | 686 | 2367 | 2:36:52 | 2:39:19 | 7:26 |
| 83 | 7799 | Mantel, Heike | 64 | GER | *Duisburg | 687 | 2368 | 2:36:52 | 2:39:19 | 7:26 |
| 84 | 7365 | Funhoff, Marita | 64 | GER | FoKuS Selm | 690 | 2375 | 2:37:59 | 2:40:41 | 7:29 |
| 85 | 7126 | Richter, Kornelia | 62 | GER | *Duisburg | 697 | 2384 | 2:38:38 | 2:41:29 | 7:31 |
| 86 | 7282 | Tristram, Sabine | 62 | GER | Tottis Mitläufer | 703 | 2394 | 2:41:26 | 2:44:11 | 7:39 |
| 87 | 7418 | Große, Beate | 60 | GER | Helios Ironteam | 704 | 2396 | 2:41:36 | 2:44:16 | 7:39 |
| 88 | 7121 | Brüggemann, Nicole | 64 | GER | ausdauererschule | 706 | 2402 | 2:43:40 | 2:46:28 | 7:45 |
| 89 | 245 | Braun, Birgit | 64 | GER | LC Duisburg | 709 | 2410 | 2:44:49 | 2:47:49 | 7:48 |
| 90 | 7336 | Tremmel-Hensel, Elke | 62 | GER | Da simma dabei | 710 | 2411 | 2:45:02 | 2:47:42 | 7:49 |
| 91 | 7649 | Schröer-Zündorf, Dr. Irmhild | 60 | GER | *Essen | 711 | 2412 | 2:45:03 | 2:47:49 | 7:49 |
| 92 | 7213 | Hesse, Ursula | 60 | GER | LT Olpe | 718 | 2420 | 2:52:36 | 2:54:40 | 8:10 |
| 93 | 7087 | Hommers, Martina | 62 | GER | *Drensteinfurt | 726 | 2429 | 2:59:53 | 3:02:55 | 8:31 |
| 94 | 7035 | Sewing, Hildegard | 60 | GER | AS Neukirchen-Vluyn | 728 | 2431 | 3:07:05 | 3:10:02 | 8:52 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Frauen W55

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-------------------------------|----|-----|--------------------------|-------|------|---------|---------|------|
| 1 | 7320 | Preuß, Marianne | 56 | GER | BSG Springorum Bochum | 56 | 571 | 1:45:46 | 1:46:09 | 5:00 |
| 2 | 7072 | Markhoff, Karin | 59 | GER | TSV Viktoria Mülheim | 81 | 709 | 1:48:24 | 1:49:03 | 5:08 |
| 3 | 7817 | Rabe, Petra | 59 | GER | *Krefeld | 82 | 710 | 1:48:24 | 1:49:02 | 5:08 |
| 4 | 7033 | Wolff, Iris | 58 | GER | SG Ruhrgas 1929 | 116 | 910 | 1:52:30 | 1:52:59 | 5:19 |
| 5 | 7613 | Otto, Marita | 59 | GER | *Duisburg | 136 | 1029 | 1:54:30 | 1:55:31 | 5:25 |
| 6 | 7185 | Dolata, Agnes | 56 | GER | LT Olpe | 150 | 1108 | 1:55:45 | 1:57:15 | 5:29 |
| 7 | 7020 | Van Eimern, Elisabeth | 57 | GER | *Köln | 161 | 1153 | 1:56:19 | 1:57:17 | 5:30 |
| 8 | 7699 | Friese, Petra | 58 | GER | Marathon Dinslaken | 168 | 1170 | 1:56:31 | 1:57:20 | 5:31 |
| 9 | 7849 | Wanjek, Anne | 59 | GER | *Muelheim | 179 | 1212 | 1:57:04 | 1:59:30 | 5:32 |
| 10 | 7303 | Solle, Kornelia | 58 | GER | Marathon Dinslaken | 192 | 1253 | 1:57:49 | 1:59:51 | 5:35 |
| 11 | 7802 | Mehl, Joanna | 59 | GER | Fussmetik-Mehl | 234 | 1375 | 1:59:34 | 2:00:20 | 5:39 |
| 12 | 7289 | Kwasniewska, Teresa | 56 | GER | *Mülheim | 235 | 1377 | 1:59:35 | 1:59:56 | 5:40 |
| 13 | 8078 | Otten, Inge | 55 | GER | Sparkasse am Niederrhein | 270 | 1454 | 2:01:34 | 2:03:07 | 5:45 |
| 14 | 7187 | Krajewski, Doris | 56 | GER | *Bochum | 280 | 1478 | 2:02:17 | 2:04:17 | 5:47 |
| 15 | 7830 | Schmidt, Beate | 57 | GER | *Duisburg | 303 | 1546 | 2:03:56 | 2:05:09 | 5:52 |
| 16 | 7281 | Frösler, Brigitte | 58 | GER | Marathon Dinslaken | 306 | 1556 | 2:04:17 | 2:06:18 | 5:53 |
| 17 | 7133 | Kaiser, Petra | 59 | GER | TV Jahn Hiesfeld | 314 | 1581 | 2:04:52 | 2:07:06 | 5:55 |
| 18 | 7770 | Hagedorn-Schulz, Ursula | 59 | GER | *Selm | 331 | 1631 | 2:05:53 | 2:06:59 | 5:57 |
| 19 | 7709 | Griesbach-Schmitz, Heide | 57 | GER | DJK Rheinkraft Neuss | 346 | 1671 | 2:06:56 | 2:08:50 | 6:00 |
| 20 | 7162 | Moule, Petra | 58 | GER | LT Wischlingen Dortmund | 366 | 1706 | 2:08:07 | 2:10:12 | 6:04 |
| 21 | 7195 | Kowalski, Magdalene | 58 | GER | TV Jahn Hiesfeld | 376 | 1731 | 2:08:38 | 2:10:53 | 6:05 |
| 22 | 7094 | Hardt, Ulrike | 57 | GER | *Duisburg | 384 | 1756 | 2:09:18 | 2:11:19 | 6:07 |
| 23 | 7037 | Klesse, Renate | 55 | GER | TuS Hamborn-Neumühl | 407 | 1813 | 2:10:42 | 2:12:46 | 6:11 |
| 24 | 7756 | Cegla, Marie | 57 | GER | LA SV Herten | 445 | 1903 | 2:12:33 | 2:14:49 | 6:16 |
| 25 | 7044 | Ebbing, Susanna | 59 | GER | Tottis Mitläufer | 459 | 1931 | 2:13:00 | 2:15:43 | 6:18 |
| 26 | 7308 | Tebrügge-Rademacher, Theresia | 58 | GER | *Rheinberg | 470 | 1953 | 2:13:29 | 2:16:06 | 6:19 |
| 27 | 7057 | Zora, Susanne | 59 | GER | Mülheim | 489 | 1989 | 2:14:07 | 2:16:22 | 6:21 |
| 28 | 7480 | Dresia, Elke | 58 | GER | *Bad Fallingbostal | 496 | 2016 | 2:15:03 | 2:17:39 | 6:24 |
| 29 | 7850 | Wiechern, Gabi | 55 | GER | DJK Preussen 1911 | 515 | 2048 | 2:16:12 | 2:19:08 | 6:27 |
| 30 | 7329 | Osterhold, Sigrid | 57 | GER | *Bochum | 531 | 2079 | 2:16:59 | 2:18:01 | 6:29 |
| 31 | 7043 | Fischbach, Margret | 55 | GER | LT Olpe | 556 | 2133 | 2:20:26 | 2:21:57 | 6:39 |
| 32 | 7206 | Schwarz, Ilona | 59 | GER | *47239 Duisburg | 562 | 2143 | 2:20:51 | 2:23:07 | 6:40 |
| 33 | 8086 | Socher, Petra | 58 | GER | LC Duisburg | 595 | 2202 | 2:23:38 | 2:26:25 | 6:48 |
| 34 | 7350 | Pulte, Hiltrud | 58 | GER | LT Olpe | 606 | 2220 | 2:24:56 | 2:26:59 | 6:52 |
| 35 | 7068 | Kosowski, Jolanta | 59 | GER | *Duisburg | 608 | 2223 | 2:25:06 | 2:26:06 | 6:52 |
| 36 | 7065 | Pfau, Gabi | 57 | GER | *Duisburg | 618 | 2245 | 2:26:37 | 2:27:40 | 6:56 |
| 37 | 7045 | Hallmann, Irmtraud | 58 | GER | *Duisburg | 623 | 2256 | 2:27:04 | 2:29:42 | 6:58 |
| 38 | 7577 | Krott, Monika | 59 | GER | *Düsseldorf | 631 | 2275 | 2:28:10 | 2:31:08 | 7:01 |
| 39 | 7485 | Effner, Gudrun | 56 | GER | LT Wischlingen Dortmund | 653 | 2312 | 2:30:49 | 2:33:35 | 7:08 |
| 40 | 7566 | Kisielowski, Bärbel | 57 | GER | Funny Dolphin Twirlers | 654 | 2313 | 2:31:24 | 2:33:08 | 7:10 |
| 41 | 7391 | Hafkesbrink, Jutta | 58 | GER | Ausdauerchule by Bunert | 665 | 2332 | 2:32:26 | 2:34:46 | 7:13 |
| 42 | 7165 | Hellmer, Ulrike | 58 | GER | *Essen | 672 | 2346 | 2:33:48 | 2:36:30 | 7:17 |
| 43 | 7784 | Katzenmeyer, Patricia | 59 | GER | *Voerde | 685 | 2366 | 2:36:34 | 2:39:12 | 7:25 |

13. Rhein-Ruhr-Halbmarathon

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Ergebnisse Frauen W60

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-----------------------------|----|-----|----------------------|-------|------|---------|---------|------|
| 1 | 7779 | Jekubczik, Christa | 52 | GER | LC Duisburg | 272 | 1465 | 2:01:56 | 2:03:24 | 5:46 |
| 2 | 8084 | Rieken, Christa | 50 | GER | ASV Duisburg | 305 | 1550 | 2:04:06 | 2:05:24 | 5:52 |
| 3 | 7013 | Bialuschewski, Christa | 54 | GER | TSV Altena | 307 | 1558 | 2:04:21 | 2:04:48 | 5:53 |
| 4 | 7780 | Johann, Regina | 54 | GER | LC Duisburg | 502 | 2023 | 2:15:16 | 2:17:32 | 6:24 |
| 5 | 7096 | Mader, Rita | 50 | GER | *Bochum | 536 | 2100 | 2:18:33 | 2:20:45 | 6:33 |
| 6 | 7720 | Cassel, Cornelia | 50 | GER | *Dortmund | 574 | 2160 | 2:21:34 | 2:23:59 | 6:42 |
| 7 | 7055 | Hereth-Preukschat, Gabriele | 53 | GER | DJK Ewaldi Aplerbeck | 580 | 2171 | 2:22:05 | 2:24:43 | 6:44 |
| 8 | 7671 | Van Kuilenburg, Angelika | 51 | GER | *Duisburg | 581 | 2172 | 2:22:10 | 2:24:31 | 6:44 |
| 9 | 7837 | Steinkemper-Lange, Brigitte | 54 | GER | LA Spvgg Herten | 597 | 2207 | 2:23:53 | 2:26:34 | 6:49 |
| 10 | 7434 | Hagemann, Monika | 54 | GER | *Datteln | 607 | 2222 | 2:25:05 | 2:27:44 | 6:52 |
| 11 | 7757 | Ceraldi, Angelika | 54 | GER | LC Duisburg | 614 | 2237 | 2:26:22 | 2:28:55 | 6:56 |

Ergebnisse Frauen W65

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|-----------------------|----|-----|---------------------|-------|------|---------|---------|------|
| 1 | 8067 | Franke-Thurau, Ursula | 47 | GER | *Essen | 177 | 1197 | 1:56:56 | 1:58:23 | 5:32 |
| 2 | 7298 | Klenke, Margot | 49 | GER | Marathonteam Kempen | 361 | 1701 | 2:08:04 | 2:09:47 | 6:04 |
| 3 | 7324 | Sauerwald, Vasiljka | 48 | GER | ... läuft noch! | 397 | 1784 | 2:09:56 | 2:11:00 | 6:09 |
| 4 | 7071 | Berger, Marlies | 48 | GER | *Duisburg | 538 | 2102 | 2:18:37 | 2:21:28 | 6:34 |
| 5 | 7061 | Fugmann, Jutta | 47 | GER | LT Zornige Ameisen | 601 | 2212 | 2:24:08 | 2:26:36 | 6:49 |
| 6 | 7017 | Bartsch, Ingrid | 48 | GER | *Schermbek | 632 | 2276 | 2:28:14 | 2:29:41 | 7:01 |
| 7 | 7755 | Brüggemann, Inge | 48 | GER | TuS Hamborn-Neumühl | 698 | 2386 | 2:39:00 | 2:40:11 | 7:32 |
| 8 | 7294 | Schrader, Claudia | 49 | GER | *Bochum | 723 | 2426 | 2:57:52 | 2:57:55 | 8:25 |

Ergebnisse Frauen W70

| Ak-Pl. | St-Nr. | Name | Jg | NAT | Verein/*Ort | Platz | Pos | Netto | Brutto | M/km |
|--------|--------|----------------------|----|-----|-------------|-------|------|---------|---------|------|
| 1 | 7704 | KLUGE, Maria-Luise | 44 | GER | *Hannover | 231 | 1371 | 1:59:26 | 2:00:03 | 5:39 |
| 2 | 8077 | Fischdick, Giesela | 41 | GER | LC Duisburg | 387 | 1765 | 2:09:32 | 2:11:36 | 6:08 |
| 3 | 7731 | Kolobanova, Liudmila | 44 | RUS | *Rentov - 6 | 423 | 1845 | 2:11:24 | 2:13:03 | 6:13 |