

31. Rhein-Ruhr-Marathon  
Marathon Kreismeisterschaft

Seite/Page 1/2

## Ergebnisse Männer

Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
1	3	Kruck, Karsten	78	GER	ASV Duisburg	M35	1	1	1:16:33	2:37:07	2:37:09	3:43
2	9	Herberg, Rainer	84	GER	ASV Duisburg	M30	1	2	1:21:12	2:47:53	2:47:55	3:58
3	259	Kölvén, Ludger	76	GER	Rumelner TV	M35	2	3	1:27:09	2:53:52	2:53:57	4:07
4	369	Raffler, Bastian	78	GER	ASV Duisburg	M35	3	6	1:30:25	3:07:48	3:07:54	4:27
5	798	Tegatz, Andre	73	GER	LC Duisburg	M40	1	7	1:30:31	3:09:30	3:09:36	4:29
6	425	Wazna, Holger	73	GER	Rumelner TV	M40	2	8	1:32:46	3:09:48	3:09:53	4:29
7	772	Piechocki, Michael	73	GER	ASV Duisburg	M40	3	9	1:28:07	3:13:54	3:13:57	4:35
8	817	Zimmermann, Frank	69	GER	LC Duisburg	M45	1	10	1:41:50	3:23:37	3:23:59	4:49
9	709	Glaesser Teixeira, Roberto	63	ESP	LC Duisburg	M50	1	12	1:43:46	3:29:01	3:29:24	4:57
10	706	Gading, Thomas	76	GER	LC Duisburg	M35	4	13	1:43:48	3:31:36	3:31:58	5:00
11	341	Maciejewski, Adam	68	GER	LC Duisburg	M45	2	14	1:43:41	3:32:43	3:32:59	5:02
12	373	Vogt, André	71	GER	LC Duisburg	M40	4	15	1:42:10	3:36:22	3:36:44	5:07
13	268	Große, Dieter	69	GER	LC Duisburg	M45	3	17	1:36:59	3:38:11	3:38:21	5:10
14	290	Kösseler, Karlheinz	63	GER	LC Duisburg	M50	2	18	1:52:10	3:43:20	3:43:51	5:17
15	345	Plitt, Carsten	66	GER	LC Duisburg	M45	4	19	1:52:09	3:44:46	3:45:18	5:19
16	305	Schaary, Alexander	88	GER	OSC 04 Rheinhausen	MM	1	20	1:43:53	3:44:46	3:45:18	5:19
17	276	Kaack, Michael	68	GER	LC Duisburg	M45	5	21	1:52:38	3:49:50	3:50:36	5:26
18	773	Pirronello, Adriano	70	GER	ASV Duisburg	M40	5	22	1:50:19	3:50:31	3:51:03	5:27
19	966	Marquis, Frank	63	GER	LC Duisburg	M50	3	23	1:52:04	3:50:46	3:51:23	5:28
20	742	Köller, Peter	65	GER	Marathon Mülheim	M45	6	28	1:52:05	3:56:16	3:56:54	5:35
21	40000	Grittner, Werner	59	GER	LC Duisburg	M55	1	29	1:58:06	3:57:56	3:58:39	5:38
22	40003	De Kruijff, Johannes	54	GER	LC Duisburg	M60	1	30	1:58:06	3:57:57	3:58:39	5:38
23	776	Poetschki, Thomas	71	GER	LC Duisburg	M40	6	31	1:57:53	4:02:13	4:02:57	5:44
24	700	Eckhardt, Marc	72	GER	LC Duisburg	M40	7	32	1:58:02	4:02:27	4:03:15	5:44
25	348	Halfmeier, Frank	68	GER	LC Duisburg	M45	7	33	1:55:33	4:05:35	4:06:12	5:49
26	670	Abel, Klaus	50	GER	LC Duisburg	M60	2	34	1:58:02	4:06:05	4:06:52	5:49
27	87	Echtenbruck, Peter	56	GER	TV Walsum-Aldenrade	M55	2	35	1:54:32	4:10:56	4:11:21	5:56
28	257	Gündüz, Fikret	64	TUR	LC Duisburg	M50	4	36	1:57:01	4:11:41	4:12:18	5:57
29	716	Harms, Bernd	79	GER	LC Duisburg	M35	5	37	1:57:51	4:12:44	4:13:32	5:59
30	41500	Goertz, Dirk	67	GER	LC Duisburg	M45	8	38	2:06:11	4:12:56	4:13:43	5:59
31	238	Steffen, Marcel	72	GER	TSV Viktoria Mülheim	M40	8	40	1:44:02	4:14:48	4:14:58	6:02
32	38	Wende, Jan	76	GER	LC Duisburg	M35	6	41	1:55:02	4:16:43	4:17:19	6:05
33	345	Schmidt, Werner	51	GER	LC Duisburg	M60	3	42	1:52:10	4:19:21	4:19:53	6:08
34	762	Milicevic, Igor	69	GER	LC Duisburg	M45	9	43	2:05:59	4:22:38	4:23:31	6:13
35	940	Koschlitzki, Norbert	63	GER	Eintracht Duisburg 1848	M50	5	44	2:06:10	4:23:14	4:24:04	6:14
36	43000	Huth, Thorsten	62	GER	LC Duisburg	M50	6	47	2:12:46	4:28:03	4:29:01	6:21
37	329	Danowski, Werner	69	GER	LC Duisburg	M45	10	48	2:12:45	4:28:23	4:29:23	6:21
38	222	Böckmann, Carsten	70	GER	LC Duisburg	M40	9	49	2:20:22	4:30:42	4:31:49	6:24
39	668	Wennemann, Jörg	67	GER	TuS Baerl 1896/1919	M45	11	50	1:58:03	4:32:14	4:32:58	6:27
40	685	Brauer, Jürgen	60	GER	LC Duisburg	M50	7	51	2:12:45	4:34:01	4:35:01	6:29
41	44500	Binias, Jürgen	60	GER	LC Duisburg	M50	8	53	2:20:24	4:43:44	4:44:50	6:43
42	384	Meyer, Martin	82	GER	LC Duisburg	M30	2	55	2:20:24	5:02:15	5:03:21	7:09
43	69	Lempken, Uwe	61	GER	Homberger TV	M50	9	56	2:22:12	5:04:29	5:05:38	7:12
44	282	Ley, Helmut	46	GER	Homberger TV	M65	1	57	2:22:12	5:04:29	5:05:38	7:12
45	61	Plückelmann, Willi	48	GER	TuS Hamborn-Neumühl	M65	2	58	2:33:51	5:31:10	5:32:23	7:50
46	1006	Ettwig, Wolfgang	51	GER	OSC 04 Rheinhausen	M60	4	59	2:39:39	5:40:23	5:41:06	8:04
47	53000	Radomski, Heinz	63	GER	LC Duisburg	M50	10	60	2:40:19	5:53:07	5:54:24	8:22

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Seite/Page 2/2

## Ergebnisse Frauen

Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
1	2003	Möller, Antje	69	GER	ASV Duisburg	W45	1	4	1:28:06	3:05:07	3:05:11	4:23
2	2002	Krämer, Sabrina	81	GER	LC Duisburg	W30	1	5	1:30:31	3:06:01	3:06:07	4:24
3	2072	Hausmann, Annette	69	GER	LC Duisburg	W45	2	11	1:43:43	3:26:37	3:27:00	4:53
4	2074	Schmid, Petra	65	GER	LG Mülheim	W45	3	16	1:50:22	3:36:33	3:37:01	5:07
5	2192	Simon, Iris	69	GER	LC Duisburg	W45	4	23	1:52:05	3:50:46	3:51:23	5:28
6	2092	Hommes, Claudia	68	GER	LC Duisburg	W45	5	25	1:53:57	3:53:12	3:53:50	5:31
7	2174	Hempel, Susanne	64	GER	LC Duisburg	W50	1	26	1:58:02	3:55:43	3:56:30	5:35
8	2026	Arnold, Katrin	74	GER	LC Duisburg	W40	1	27	1:58:01	3:55:42	3:56:30	5:35
9	41501	Huebner, Britta	64	GER	LC Duisburg	W50	2	39	2:06:04	4:12:56	4:13:44	5:59
10	2171	Fieker, Sabine	72	GER	Homberger TV	W40	2	45	1:58:00	4:28:00	4:28:45	6:21
11	43001	Heidenreich, Susanne	64	GER	LC Duisburg	W50	3	46	2:12:46	4:28:03	4:29:01	6:21
12	2177	Huth, Petra	63	GER	LC Duisburg	W50	4	52	2:12:45	4:43:33	4:44:32	6:43
13	2200	Dreibholz, Astrid	71	GER	LC Duisburg	W40	3	54	2:07:15	4:51:32	4:52:23	6:54