

33. Rhein-Ruhr-Marathon  
Duisburger Wertung

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## Ergebnisse Männer

Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
1	11	Kreth, Magnus	1976	GER	ASV Duisburg	M40	1	1	1:17:03	2:39:10	2:39:11	3:46
2	682	Herberg, Rainer	1984	GER	ASV Duisburg	M30	1	2	1:26:03	3:05:38	3:05:40	4:23
3	218	Peter, Detlev	1965	GER	*Duisburg	M50	1	3	1:33:05	3:16:35	3:16:39	4:39
4	456	Lawrenz, Leif	1980	GER	ESV Meiderich	M35	1	4	1:29:38	3:16:55	3:17:00	4:39
5	72	Mühle, Patrick	1979	GER	ETuS Wedau	M35	2	5	1:29:46	3:17:30	3:17:37	4:40
6	478	Dorobeck, Burkhard	1961	GER	LC Duisburg	M55	1	6	1:37:42	3:19:21	3:19:26	4:43
7	187	Büker, Stephan	1986	GER	LC Duisburg	M30	2	7	1:31:09	3:20:00	3:20:05	4:44
8	559	Diallo, Thierno	1990	GIN	KiPa-cash-4-kids	MH	1	8	1:35:38	3:21:57	3:22:18	4:47
9	407	Maciejewski, Adam	1968	GER	LC Duisburg	M45	1	10	1:44:00	3:26:34	3:26:51	4:53
10	245	Brandenburg, Martin	1963	GER	LC Duisburg	M50	2	11	1:40:00	3:28:18	3:28:27	4:56
11	849	Tegatz, Andre	1973	GER	LC Duisburg	M40	2	13	1:44:06	3:33:28	3:33:38	5:03
12	40	Mehthief, Alexander	1966	GER	Krefelder Kanu Klub	M50	3	14	1:38:46	3:36:17	3:36:23	5:07
13	368	Bruckermann, Frank	1967	GER	LC Duisburg	M45	2	15	1:42:50	3:38:13	3:38:33	5:10
14	270	Bach, Markus	1966	GER	Team Polizei Duisburg	M50	4	16	1:44:13	3:38:58	3:39:13	5:11
15	214	Überfluss, Raimund	1955	GER	*Duisburg	M60	1	17	1:41:30	3:41:56	3:41:59	5:15
16	562	Bozo, Dalil	1989	SYR	KiPa-cash-4-kids	MH	2	18	1:36:42	3:42:32	3:42:52	5:16
17	362	Grewing, Jürgen	1977	GER	TTC Homberg	M35	3	19	1:44:03	3:42:33	3:42:49	5:16
18	563	Korde, Nhad	1982	SYR	KiPa-cash-4-kids	M30	3	20	1:36:02	3:43:07	3:43:27	5:17
19	115	Jokisch, Frank	1955	GER	TSV Bayer 04 Leverkusen	M60	2	21	1:47:45	3:43:42	3:44:15	5:18
20	803	Wehr, Matthias	1959	GER	LC Duisburg	M55	2	23	1:44:59	3:44:32	3:44:42	5:19
21	33	Peters, Michael	1979	GER	Lauffreunde HADI Wesel	M35	4	24	1:37:08	3:44:34	3:44:45	5:19
22	330	Lawalata, Hady	1968	GER	SV Langendreer 04	M45	3	25	1:44:24	3:44:59	3:45:12	5:19
23	345	Kühnen, Thomas	1967	GER	BSG Sparkasse Duisburg	M45	4	26	1:51:14	3:44:59	3:45:23	5:19
24	317	Milde, Joachim	1967	GER	*Duisburg	M45	5	27	1:45:32	3:47:01	3:47:19	5:22
25	76	Krause, Frank	1964	GER	WIR BEI HKM	M50	5	28	1:33:06	3:48:54	3:48:57	5:25
26	227	Feichtinger, Axel	1967	GER	*Duisburg	M45	6	29	1:47:58	3:50:19	3:50:41	5:27
27	640	Plitt, Carsten	1966	GER	ASV Duisburg	M50	6	30	1:45:29	3:51:05	3:51:29	5:28
28	60	Schrooten, Marc	1967	GER	*Duisburg	M45	7	31	1:49:38	3:51:23	3:51:42	5:29
29	71	Gartmann, Jörg	1971	GER	*Duisburg	M45	8	32	1:44:29	3:51:55	3:52:11	5:29
30	62	Breer, Pater Tobias	1963	GER	KiPa-cash-4-kids	M50	7	33	1:48:11	3:52:26	3:52:47	5:30
31	29	Strack, Sascha	1976	GER	Marathon Lirich	M40	3	34	1:54:37	3:52:34	3:53:09	5:30
32	651	Biemer, Gregor	1976	GER	LC Duisburg	M40	4	35	1:51:10	3:52:53	3:53:21	5:31
33	94	Hücking, David	1972	GER	*Duisburg	M40	5	36	1:44:46	3:53:03	3:53:20	5:31
34	714	Ennis, Cian	1976	IRL	*Duisburg	M40	6	38	1:58:46	3:54:22	3:54:57	5:33
35	61	Ritthoff, Michael	1968	GER	*Duisburg	M45	9	39	1:41:43	3:54:23	3:54:33	5:33
36	291	Hensel, Marco	1966	GER	*Duisburg	M50	8	40	1:48:12	3:54:27	3:54:49	5:33
37	357	Tzagkarakis, Jason	1962	GRC	Ausdauerschule by Bunert	M50	9	41	1:50:01	3:54:49	3:55:14	5:33
38	724	Martens, Rüdiger	1987	GER	*Duisburg	MH	3	42	1:56:22	3:55:21	3:56:17	5:34
39	292	Spoentjes, Wilhelm	1958	GER	ASV Duisburg	M55	3	43	1:59:59	3:55:33	3:55:57	5:34
40	432	Schafhausen, Hans Peter	1959	GER	*Duisburg	M55	4	44	2:07:00	3:55:58	3:56:46	5:35
41	618	Kuhfuß, Claas	1973	GER	Team Erdinger Alkoholfrei	M40	7	45	1:51:10	3:57:38	3:58:07	5:37
42	250	Borchert, Alexander	1968	GER	*Duisburg	M45	10	46	1:48:10	3:58:01	3:58:18	5:38
43	760	Groß, Michael	1970	GER	Ultra-Team-Tortour	M45	11	47	1:55:15	3:58:37	3:59:12	5:39
44	641	Buske, Alexander	1985	GER	*Duisburg	M30	4	48	1:57:37	3:58:38	3:59:17	5:39
45	324	Langschädel, Moritz	1989	GER	Duisburger Yacht Club	MH	4	49	1:44:21	3:59:02	3:59:21	5:39
46	847	Belahouane, Semi	1979	GER	LC Duisburg	M35	5	50	1:58:33	3:59:03	3:59:50	5:39
47	108	Tillmanns, Frank	1977	GER	LC Duisburg	M35	6	51	1:58:44	3:59:13	3:59:50	5:40
48	25	Krause, Holger	1986	GER	*Duisburg	M30	5	53	1:56:35	3:59:25	3:59:33	5:40
49	661	Maassen, Patrick	1974	GER	BSG Haniel	M40	8	54	1:59:57	4:00:12	4:01:08	5:41
50	734	Kock, Michael	1975	GER	Wir bei HKM	M40	9	55	1:51:14	4:00:20	4:00:48	5:41
51	560	Kaddour, Yamen	1984	SYR	KiPa-cash-4-kids	M30	6	56	1:54:17	4:00:21	4:00:41	5:41
52	400	Niedergesäß, Frank	1960	GER	LC Duisburg	M55	5	58	1:59:01	4:00:48	4:01:21	5:42
53	594	Alberty, Gordon	1988	GER	ASV Duisburg	MH	5	59	1:52:24	4:01:24	4:01:53	5:43
54	344	Schaary, Alexander	1988	GER	OSC 04 Rheinhausen	MH	6	60	1:49:08	4:03:36	4:04:03	5:46
55	301	Schmidt, Werner	1951	GER	LC Duisburg	M65	1	61	1:51:24	4:03:42	4:04:06	5:46
56	621	Zupp, Christian	1973	GER	*Duisburg	M40	10	63	1:56:56	4:03:56	4:04:28	5:46
57	358	Kaiser, Lars	1986	GER	Team Wittig und Helfer	M30	7	64	1:59:13	4:05:54	4:06:32	5:49
58	400	Grittner, Werner	1959	GER	LC Duisburg	M55	6	65	1:59:03	4:08:34	4:09:07	5:53
59	381	Anschütz, Christian	1988	GER	Ruhr-Universität Bochum	MH	7	66	1:53:33	4:09:09	4:09:35	5:54
60	660	Wagner, Burkhard	1961	GER	LC Duisburg	M55	7	67	1:54:56	4:09:12	4:10:03	5:54
61	102	Funtek, Stefan	1965	GER	LC Duisburg	M50	10	68	1:58:32	4:09:27	4:09:59	5:54
62	793	Dobrogowski, Benedikt	1991	GER	*Duisburg	MH	8	69	1:54:54	4:10:13	4:10:54	5:55
63	686	Granzen, Stefan	1972	GER	BSG Sparkasse Duisburg	M40	11	70	2:07:24	4:11:04	4:11:48	5:56
64	87	Markowsky, Günter	1952	GER	Rumelner TV	M60	3	71	1:57:26	4:11:25	4:11:55	5:57

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Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
65	837	Scheepers, Wilhelm	1941	GER	*Duisburg	M75	1	72	2:00:21	4:13:12	4:13:47	6:00
66	149	Boldt, Jörg	1969	GER	WIR BEI HKM	M45	12	73	1:51:13	4:13:49	4:14:17	6:00
67	259	Schreiber, Philipp	1989	GER	Elfrather Montagsläufer	MH	9	74	2:04:40	4:14:07	4:14:50	6:01
68	415	Goertz, Dirk	1967	GER	LC Duisburg	M45	13	76	2:07:38	4:14:43	4:15:27	6:02
69	312	Schmitz, Hendrik	1997	GER	*Duisburg	MU20	1	78	2:03:42	4:16:09	4:16:45	6:04
70	466	Schreiter, Rüdiger	1971	GER	*Duisburg	M45	14	79	2:11:13	4:16:57	4:17:56	6:05
71	212	Wiechers, Andre	1965	GER	Angerland LT Lintorf	M50	11	80	1:56:39	4:17:03	4:17:32	6:05
72	546	Zienow, Lars	1974	GER	*Duisburg	M40	12	81	2:00:00	4:20:11	4:20:46	6:09
73	182	Arndt, Patrick	1990	GER	*Duisburg	MH	10	82	1:59:42	4:22:43	4:23:32	6:13
74	646	Poetschki, Thomas	1971	GER	LC Duisburg	M45	15	83	1:58:43	4:22:54	4:23:34	6:13
75	327	Rohde, Frank	1961	GER	*Duisburg	M55	8	84	2:02:01	4:23:01	4:23:44	6:13
76	18	Riechert, Hartmut	1964	GER	Homberger TV	M50	12	86	1:58:21	4:24:16	4:24:53	6:15
77	352	Dumke, Holger	1974	GER	BSG WAZ-Medien	M40	13	90	1:53:14	4:25:41	4:25:54	6:17
78	24	Fischbacher, Marcel	1982	GER	Krav Maga Duisburg	M30	8	91	1:56:35	4:25:47	4:25:56	6:17
79	698	Mroß, Michael	1960	GER	*Duisburg	M55	9	92	1:52:52	4:26:05	4:26:27	6:18
80	705	Klingelhöfer, Markus	1973	GER	LC Duisburg	M40	14	97	2:14:38	4:30:09	4:31:10	6:24
81	27	Jordan, Julian	1986	GER	*Duisburg	M30	9	98	2:07:26	4:30:58	4:31:27	6:25
82	361	Füchtenbusch, Thomas	1969	GER	*Duisburg	M45	16	100	2:14:30	4:31:29	4:32:26	6:26
83	839	May, Axel	1968	GER	*Duisburg	M45	17	101	2:04:38	4:31:41	4:32:30	6:26
84	281	De Lorenzo, Daniel	1974	GER	ICHNATUR.DE	M40	15	103	2:05:11	4:32:30	4:32:53	6:27
85	38	Heinzen, Michael	1962	GER	*Duisburg	M50	13	104	2:07:56	4:32:52	4:32:59	6:27
86	516	Ohst, Holger	1965	GER	*Duisburg	M50	14	105	2:07:57	4:32:52	4:32:59	6:28
87	389	Kwiatkowski, Michael	1977	GER	ASV Duisburg	M35	7	108	1:50:31	4:34:41	4:34:55	6:30
88	248	Kettner, Joachim	1971	GER	*Duisburg	M45	18	109	2:13:47	4:34:44	4:35:48	6:30
89	634	Hütten, Volker	1964	GER	Siemens Turbos	M50	15	111	2:07:03	4:35:50	4:36:41	6:32
90	181	Fergon, Zbigniew	1964	GER	*Duisburg	M50	16	112	2:11:57	4:36:21	4:37:15	6:32
91	224	Gündüz, Fikret	1964	TUR	LC Duisburg	M50	17	114	2:07:40	4:37:16	4:37:47	6:34
92	693	Gerbrecht, Klaus	1954	GER	*Duisburg	M60	4	115	2:00:22	4:38:35	4:39:15	6:36
93	346	Schaary, Ernst	1955	GER	*Duisburg	M60	5	117	2:11:13	4:41:39	4:42:29	6:40
94	313	Jimenez, Antonio	1970	GER	*Duisburg	M45	19	118	2:10:29	4:42:14	4:43:17	6:41
95	54	Gerber, Sascha	1979	GER	*Duisburg	M35	8	120	2:07:15	4:42:47	4:43:33	6:42
96	23	Brockerhoff, Uwe	1961	GER	Buchholzerjung	M55	10	121	2:07:36	4:43:25	4:44:22	6:43
97	445	Huth, Thorsten	1962	GER	LC Duisburg	M50	18	123	2:22:01	4:44:07	4:45:10	6:43
98	643	Zlatic, Zlatko	1967	GER	Lufthansa Sportverein e.V.	M45	20	124	2:09:17	4:44:26	4:44:46	6:44
99	430	Böckmann, Carsten	1970	GER	LC Duisburg	M45	21	126	2:14:18	4:44:37	4:45:33	6:44
100	80	Pause, Björn	1976	GER	WIR BEI HKM	M40	16	128	2:02:34	4:47:38	4:48:12	6:48
101	383	Heller, Sven	1987	GER	*Duisburg	MH	11	130	2:16:55	4:53:11	4:53:57	6:56
102	397	Hagenbücher, Christopher	1988	GER	*Duisburg	MH	12	131	2:16:56	4:53:11	4:53:57	6:56
103	297	Burnaz, Senol	1976	GER	*Duisburg	M40	17	133	2:05:44	4:55:21	4:56:18	6:59
104	831	Zeneli, Muhamed	1998	GER	Kriegelsport.de	MU20	2	134	2:03:44	4:56:40	4:57:12	7:01
105	156	Ley, Helmut	1946	GER	Homberger TV	M70	1	135	2:14:18	4:58:38	4:59:34	7:04
106	445	Westen, Lothar	1955	GER	LC Duisburg	M60	6	136	2:22:00	4:59:34	5:00:38	7:05
107	199	Joeken, Michael	1958	GER	*Duisburg	M55	11	137	2:24:39	4:59:47	5:00:51	7:06
108	55	Wolf, Horst	1951	GER	*Duisburg	M65	2	139	2:21:54	5:13:28	5:14:10	7:25
109	826	Tses, Michail	1958	GER	sylogos Dromeon Ioanninon	M55	12	140	2:09:33	5:13:38	5:13:42	7:25
110	169	Lempken, Uwe	1961	GER	Homberger TV	M55	13	141	2:21:35	5:15:59	5:17:05	7:29
111	430	Binias, Jürgen	1960	GER	LC Duisburg	M55	14	143	2:18:57	5:21:24	5:22:19	7:37
112	241	Fleitz, Mario	1963	GER	*Duisburg	M50	19	145	2:19:26	5:21:51	5:22:37	7:37
113	284	Mumcu, Erdal	1971	GER	Mumcu.run	M45	22	146	2:20:02	5:23:14	5:24:13	7:39
114	659	Wilmsen, Henry	1957	GER	LC Duisburg	M55	15	147	2:28:16	5:24:42	5:25:44	7:41
115	143	Graebel, Gunther	1953	GER	Crepe + Baquette Duisburg	M60	7	148	2:19:39	5:28:30	5:29:02	7:47
116	67	Brockof, Peter	1964	GER	Blueliner Duisburg	M50	20	149	2:29:08	5:32:17	5:33:26	7:52
117	645	Marquis, Frank	1963	GER	LC Duisburg	M50	21	153	2:35:45	5:38:22	5:39:28	8:01
118	649	Leroi, Roland	1968	GER	LC Duisburg	M45	23	154	2:35:43	5:45:25	5:46:35	8:11
119	267	Budweg, Steffen	1976	GER	*Duisburg	M40	18	155	2:45:27	6:00:52	6:02:09	8:33
120	530	Radomski, Heinz	1963	GER	LC Duisburg	M50	22	156	2:50:56	6:15:19	6:15:25	8:53

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Platz	St-Nr.	Name	Jg	NAT	Team	AK	AK-Pl.	Pos	HM	Netto	Brutto	M/km
1	2102	Schellöh, Birgit	1963	GER	ASV Duisburg	W50	1	9	1:36:53	3:23:08	3:23:18	4:48
2	2008	Langer, Britta	1965	GER	*Duisburg	W50	2	12	1:45:02	3:32:51	3:33:10	5:02
3	2125	Scholz, Aline	1986	GER	LC Duisburg	W30	1	22	1:50:49	3:44:28	3:44:52	5:19
4	2136	Loeb, Stefanie	1974	GER	ASV Duisburg	W40	1	37	1:44:43	3:53:55	3:54:09	5:32
5	2141	Nitz, Rebecca	1988	GER	LC Duisburg	WH	1	51	1:58:44	3:59:13	3:59:50	5:40
6	2041	Kühnen, Claudia	1967	GER	BSG Sparkasse Duisburg	W45	1	57	1:54:11	4:00:21	4:00:46	5:41
7	2079	Niggemann, Marinja	1987	GER	Ausdauerschule by Bunert	WH	2	62	1:51:58	4:03:43	4:04:08	5:46
8	415	Huebner, Britta	1964	GER	LC Duisburg	W50	3	75	2:07:25	4:14:41	4:15:26	6:02
9	2146	Lonien, Petra	1962	GER	LC Duisburg	W50	4	77	2:07:25	4:15:16	4:16:01	6:02
10	2162	Michels, Silke	1963	GER	LC Duisburg	W50	5	85	2:04:16	4:24:05	4:24:28	6:15
11	2148	Weidemann, Ulrike	1961	GER	LC Duisburg	W55	1	87	2:04:46	4:25:12	4:25:57	6:17
12	2057	Rieker, Christina	1983	GER	*Duisburg	W30	2	88	2:05:21	4:25:23	4:26:21	6:17
13	2175	Hartmann, Susanne	1969	GER	*Duisburg	W45	2	89	1:58:28	4:25:31	4:26:06	6:17
14	2073	Zöhner, Katrin	1982	GER	*Duisburg	W30	3	93	2:06:16	4:26:06	4:26:47	6:18
15	2139	Nitz, Franziska	1993	GER	LC Duisburg	WH	3	94	2:14:59	4:27:39	4:28:39	6:20
16	2138	Bellwinkel, Inga	1971	GER	LC Duisburg	W45	3	95	2:07:45	4:27:49	4:28:39	6:20
17	2122	Pingen, Bini	1968	GER	*Duisburg	W45	4	96	2:04:31	4:28:23	4:29:09	6:21
18	2124	Fieker, Sabine	1972	GER	Ausdauerschule by Bunert	W40	2	99	2:00:17	4:31:28	4:32:03	6:26
19	2050	Winter, Susanne	1966	GER	*Duisburg	W50	6	102	2:08:17	4:31:54	4:32:40	6:26
20	2177	Heidenreich, Susanne	1964	GER	LC Duisburg	W50	7	106	2:14:45	4:34:15	4:35:15	6:29
21	2111	Heinzen-Voß, Doris	1959	GER	*Duisburg	W55	2	107	2:07:17	4:34:34	4:35:10	6:30
22	2140	Nitz, Carolin	1991	GER	LC Duisburg	WH	4	110	2:14:58	4:35:16	4:36:16	6:31
23	2150	Berg, Iris	1971	GER	LC Duisburg	W45	5	113	2:14:17	4:37:02	4:38:01	6:33
24	2026	Ax, Angelika	1988	GER	*Duisburg	WH	5	116	2:03:20	4:41:29	4:42:14	6:40
25	2112	Kapp, Dr. Johanna	1986	GER	KSV Duisburg-Wedau	W30	4	119	2:00:18	4:42:32	4:43:11	6:41
26	2012	Jordan, Anja	1977	GER	*Duisburg	W35	1	122	2:07:28	4:43:45	4:44:14	6:43
27	2145	Lepperhoff, Eva	1971	GER	LC Duisburg	W45	6	125	2:14:18	4:44:36	4:45:32	6:44
28	2172	Morgenschweis, Dagmar	1962	GER	LC Duisburg	W50	8	127	2:16:07	4:45:41	4:46:43	6:46
29	2058	Glade, Anja	1977	GER	*Duisburg	W35	2	129	2:17:29	4:48:57	4:49:57	6:50
30	2108	Görigk, Silvia	1967	GER	Wedau-Runner Duisburg	W45	7	132	2:07:49	4:54:07	4:54:57	6:58
31	2045	Brinkmann, Birgit	1974	GER	*Duisburg	W40	3	137	2:24:39	4:59:47	5:00:51	7:06
32	2143	Dreibholz, Astrid	1971	GER	Marathonkurs LC Duisburg	W45	8	142	2:20:24	5:17:28	5:18:24	7:31
33	2038	Begemann, Melanie	1976	GER	Laufen gegen Leiden	W40	4	144	2:17:09	5:21:29	5:22:25	7:37
34	2151	Schmude, Elke	1962	GER	LC Duisburg	W50	9	150	2:14:30	5:36:26	5:37:22	7:58
35	2152	Hempel, Susanne	1964	GER	LC Duisburg	W50	10	151		5:37:02	5:37:44	7:59
36	2144	Marquis, Tina	1963	GER	LC Duisburg	W50	11	152	2:35:45	5:38:22	5:39:28	8:01