

36. Rhein-Ruhr-Marathon Duisburg

02. Juni 2019

Ergebnisliste Damen/Herren

Halbmarathon Deutsche Kirchenmeisterschaft
INOFFIZIELLES ERGEBNIS

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Ergebnisse Männer

| Platz | St-Nr. | Name | Jg | NAT | Team | AK | AK-Pl. | Pos | Netto | Brutto | M/km |
|-------|--------|--------------------------|------|-----|-----------------------------------|------|--------|-----|---------|---------|------|
| 1 | 3009 | Roth, Robin | 1990 | GER | *Hilden | MH | 1 | 1 | 1:22:18 | 1:22:21 | 3:54 |
| 2 | 4418 | Marquardt, Christof | 1968 | GER | LG Deiringsen | M50 | 1 | 2 | 1:24:33 | 1:24:36 | 4:00 |
| 3 | 3691 | Lange, Erik | 2000 | GER | ASV Duisburg | MU20 | 1 | 3 | 1:27:07 | 1:27:09 | 4:07 |
| 4 | 3688 | Löckemann, Markus | 1972 | GER | LG Emsdetten | M45 | 1 | 4 | 1:28:51 | 1:28:58 | 4:12 |
| 5 | 3109 | Ziemann, Markus | 1966 | GER | ASV Duisburg | M50 | 2 | 5 | 1:30:38 | 1:30:50 | 4:17 |
| 6 | 4331 | Hennrich, Niels | 1983 | GER | *Budenheim | M35 | 1 | 6 | 1:32:42 | 1:32:49 | 4:23 |
| 7 | 3033 | Orlowski, Bernd | 1957 | GER | LV Oelde | M60 | 1 | 7 | 1:33:19 | 1:33:23 | 4:25 |
| 8 | 3580 | Langer, Robin | 1989 | GER | Anger Running Team | M30 | 1 | 8 | 1:33:22 | 1:33:28 | 4:25 |
| 9 | 4394 | Krüger, Andreas | 1967 | GER | TSVE1890 Bielefeld | M50 | 3 | 9 | 1:34:06 | 1:34:16 | 4:27 |
| 10 | 3780 | Godde, Martin | 1964 | GER | Recklinghäuser LC | M55 | 1 | 10 | 1:34:50 | 1:34:59 | 4:29 |
| 11 | 4364 | Schilinsky, Simon | 1984 | GER | TSV Weeze | M35 | 2 | 12 | 1:36:26 | 1:36:38 | 4:34 |
| 12 | 4424 | Eilebrecht, Michael | 1978 | GER | Laufftreff Blau-Weiß-Grün 1847 | M40 | 1 | 13 | 1:36:29 | 1:36:40 | 4:34 |
| 13 | 3163 | Pfeiffer, Dirk | 1961 | GER | ASV Duisburg | M55 | 2 | 14 | 1:36:33 | 1:36:42 | 4:34 |
| 14 | 3204 | Fischer, Nino | 1987 | GER | Body Armour Instructors | M30 | 2 | 15 | 1:36:44 | 1:36:49 | 4:35 |
| 15 | 4466 | Janzen, Ulrich | 1970 | GER | *Soest | M45 | 2 | 16 | 1:38:07 | 1:38:18 | 4:39 |
| 16 | 4129 | Ejiri, Kai | 1981 | JPN | *Düsseldorf | M35 | 3 | 17 | 1:38:12 | 1:38:43 | 4:39 |
| 17 | 3621 | Arlinghaus, Thomas | 1980 | GER | Team Erdinger Alkoholfrei | M35 | 4 | 19 | 1:39:18 | 1:39:35 | 4:42 |
| 18 | 3459 | Kukuk, Christian | 1986 | GER | Trail Runners Duisburg | M30 | 3 | 22 | 1:39:37 | 1:39:45 | 4:43 |
| 19 | 3290 | Feldmann, Daniel | 1981 | GER | running4charity e.V. | M35 | 5 | 23 | 1:40:55 | 1:41:03 | 4:46 |
| 20 | 3453 | Spoer, Dr. Christian | 1973 | GER | SG Neukirchen- Hülchrath | M45 | 3 | 24 | 1:40:59 | 1:41:13 | 4:47 |
| 21 | 3193 | Evermann, Mark | 1979 | GER | Ausdauerschule by bunert | M40 | 2 | 25 | 1:41:00 | 1:41:19 | 4:47 |
| 22 | 3394 | Schürmann, Jörg | 1967 | GER | LAZ Iserlohn | M50 | 4 | 26 | 1:41:46 | 1:41:58 | 4:49 |
| 23 | 3250 | Räker- Von Eicken, Kai | 1975 | GER | Bunert After Work Runner | M40 | 3 | 27 | 1:42:05 | 1:42:18 | 4:50 |
| 24 | 3925 | Szymecki, Mariusz | 1979 | GER | *Krefeld | M40 | 4 | 28 | 1:42:14 | 1:42:30 | 4:50 |
| 25 | 3478 | Hanslik, Dr. Romuald | 1961 | GER | *Willich | M55 | 3 | 29 | 1:42:47 | 1:43:06 | 4:52 |
| 26 | 3530 | Gurschke, Dieter | 1959 | GER | EVK Düsseldorf | M60 | 2 | 30 | 1:42:58 | 1:43:05 | 4:52 |
| 27 | 3985 | Lawrenz, Leif | 1980 | GER | ESV Meiderich | M35 | 6 | 31 | 1:44:11 | 1:44:31 | 4:56 |
| 28 | 4493 | Struttman, Dietmar | 1965 | GER | ESV Rheinland - Evangelische Kirc | M50 | 5 | 32 | 1:44:25 | 1:44:53 | 4:56 |
| 29 | 4365 | Wlotzka-Kirchwehm, Kamil | 1986 | GER | *Duisburg | M30 | 4 | 33 | 1:44:31 | 1:44:51 | 4:57 |
| 30 | 4214 | Holdmann, Dr. Peter | 1969 | GER | Zebbras in Osnabrück | M50 | 6 | 34 | 1:44:52 | 1:45:28 | 4:58 |
| 31 | 3617 | Twork, Sven | 1977 | GER | Team Erdinger Alkoholfrei | M40 | 5 | 35 | 1:45:10 | 1:45:56 | 4:59 |
| 32 | 3741 | Runft, Daniel | 1991 | GER | „Kirchenmeisterschaft“ | MH | 2 | 37 | 1:47:13 | 1:47:43 | 5:04 |
| 33 | 4243 | Birgels, Daniel | 1982 | GER | *Krefeld | M35 | 7 | 38 | 1:47:40 | 1:48:35 | 5:06 |
| 34 | 4379 | Schott, Martin | 1964 | GER | LC Duisburg | M55 | 4 | 39 | 1:47:48 | 1:48:20 | 5:06 |
| 35 | 3764 | Hannemann, Tobias | 1973 | GER | *Essen | M45 | 4 | 40 | 1:48:32 | 1:49:10 | 5:08 |
| 36 | 3428 | Grube, Mario | 1983 | GER | ESV Rheinland - Evangelische Kirc | M35 | 8 | 41 | 1:49:03 | 1:50:18 | 5:10 |
| 37 | 3365 | Kethers, Dennis | 1975 | GER | Halden Hogs Moers | M40 | 6 | 43 | 1:49:20 | 1:49:52 | 5:10 |
| 38 | 3759 | Golz, Christof | 1967 | GER | *Duisburg | M50 | 7 | 44 | 1:50:03 | 1:50:39 | 5:12 |
| 39 | 3368 | Richter, Udo | 1975 | GER | SUS Schalke 96 | M40 | 7 | 45 | 1:50:05 | 1:50:23 | 5:13 |
| 40 | 3318 | Nierenz, Colin B. | 1976 | GER | ESV Rheinland - Evangelische Kirc | M40 | 8 | 46 | 1:51:04 | 1:51:39 | 5:15 |
| 41 | 3952 | Wynands, Christoph | 1982 | GER | Herr | M35 | 9 | 47 | 1:51:27 | 1:52:03 | 5:16 |
| 42 | 3264 | Bongen, Gerd | 1975 | GER | SV Germania Dürwiß | M40 | 9 | 48 | 1:51:52 | 1:52:14 | 5:18 |
| 43 | 4308 | Behlert, Jürgen | 1967 | GER | TuS Sythen | M50 | 8 | 49 | 1:52:23 | 1:53:31 | 5:19 |
| 44 | 3166 | Eming, Peter | 1990 | GER | Sportfreunde Ententeich | MH | 3 | 53 | 1:53:35 | 1:54:28 | 5:23 |
| 45 | 3291 | Hampel, Ingo | 1971 | GER | LAZ Iserlohn | M45 | 5 | 54 | 1:53:58 | 1:54:11 | 5:24 |
| 46 | 4263 | Drewes, Bernhard | 1951 | GER | Adler-Langlauf Bottrop | M65 | 1 | 56 | 1:54:16 | 1:54:51 | 5:24 |
| 47 | 4024 | Hackstein, Joachim | 1971 | GER | | M45 | 6 | 57 | 1:54:43 | 1:55:34 | 5:26 |
| 48 | 3187 | Ende, Christian | 1986 | GER | *Raesfeld-Erle | M30 | 5 | 58 | 1:54:48 | 1:55:11 | 5:26 |
| 49 | 4376 | Primke, Joris | 2001 | GER | *Bochum | MU20 | 2 | 60 | 1:57:09 | 1:58:54 | 5:33 |
| 50 | 3800 | Hildebrandt, Johannes | 1982 | GER | Langenberger Sportgemeinschaft 18 | M35 | 10 | 62 | 1:57:17 | 1:58:28 | 5:33 |
| 51 | 3213 | Glaess, Michael | 1981 | GER | *Essen | M35 | 11 | 63 | 1:57:24 | 1:58:14 | 5:33 |
| 52 | 4279 | Baaske, Rolf | 1968 | GER | Kirche läuft für Homs | M50 | 9 | 64 | 1:58:43 | 1:59:16 | 5:37 |
| 53 | 3030 | Markowsky, Günter | 1952 | GER | Rumelner TV | M65 | 2 | 65 | 1:58:44 | 1:59:11 | 5:37 |

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| Platz | St-Nr. | Name | Jg | NAT | Team | AK | AK-Pl. | Pos | Netto | Brutto | M/km |
|-------|--------|---------------------------|------|-----|------------------------------------|------|--------|-----|---------|---------|------|
| 54 | 3729 | Rother, Björn | 1982 | GER | *Oberhausen | M35 | 12 | 67 | 1:58:56 | 2:00:01 | 5:38 |
| 55 | 4321 | Schönrock, Thomas | 1965 | GER | Bunert Duisburg | M50 | 10 | 68 | 1:59:05 | 1:59:44 | 5:38 |
| 56 | 3373 | Jahn, Philipp | 1998 | GER | *Köln | MH | 4 | 71 | 2:00:19 | 2:01:39 | 5:42 |
| 57 | 3153 | Schluse, Frank | 1972 | GER | *Rhede | M45 | 7 | 72 | 2:00:36 | 2:01:40 | 5:42 |
| 58 | 3488 | Hummitzsch, Jörg | 1969 | GER | Lauftreff Wedau | M50 | 11 | 73 | 2:00:57 | 2:01:47 | 5:43 |
| 59 | 3370 | Kalisch, Michael | 1967 | GER | ESV Rheinland - Evangelische Kirc | M50 | 12 | 74 | 2:01:04 | 2:02:18 | 5:44 |
| 60 | 4056 | Oberlein, Gerriet | 1962 | GER | Team Walburga | M55 | 5 | 76 | 2:01:47 | 2:02:28 | 5:46 |
| 61 | 3441 | Kalweit, Siegfried | 1942 | GER | TSV Viktoria Mülheim | M75 | 1 | 78 | 2:02:45 | 2:03:41 | 5:49 |
| 62 | 3632 | Rudat, Dirk | 1959 | GER | *Euskirchen | M60 | 3 | 80 | 2:04:19 | 2:06:07 | 5:53 |
| 63 | 3315 | Buscher, Tobias | 1969 | GER | ESV Rheinland - Evangelische Kirc | M50 | 13 | 81 | 2:04:38 | 2:06:32 | 5:54 |
| 64 | 4128 | Deckenhoff, Christian | 1984 | GER | *Düsseldorf | M35 | 13 | 82 | 2:04:58 | 2:06:35 | 5:55 |
| 65 | 3173 | Vorrath, Ludger | 1972 | GER | Team Polizei Duisburg | M45 | 8 | 83 | 2:05:01 | 2:05:53 | 5:55 |
| 66 | 4240 | Bergmann, Paul | 1963 | GER | *Kamp -Lintfort | M55 | 6 | 84 | 2:05:13 | 2:06:43 | 5:56 |
| 67 | 3547 | Reibel, Peter | 1958 | GER | ETC Laufteam | M60 | 4 | 85 | 2:05:29 | 2:06:40 | 5:56 |
| 68 | 4339 | Graf, Frederic | 1992 | GER | *Arnsberg | MH | 5 | 86 | 2:06:25 | 2:08:00 | 5:59 |
| 69 | 4335 | Kleine-Bußmann, Tim | 1994 | GER | *Gelsenkirchen | MH | 6 | 87 | 2:06:38 | 2:07:52 | 6:00 |
| 70 | 4180 | Scholten, Patrick | 1988 | GER | *Xanten | M30 | 6 | 89 | 2:07:13 | 2:08:26 | 6:01 |
| 71 | 3028 | Stadtmann, Matthias | 1969 | GER | Die dicken Berthas | M50 | 14 | 90 | 2:07:15 | 2:07:47 | 6:01 |
| 72 | 3444 | Weusmann, Dr. Johann | 1964 | GER | ESV Rheinland - Evangelische Kirc | M55 | 7 | 91 | 2:08:19 | 2:09:08 | 6:04 |
| 73 | 3349 | Blasitzke, Ralf | 1969 | GER | Anchor Running Crew Duisburg | M50 | 15 | 92 | 2:08:25 | 2:09:47 | 6:05 |
| 74 | 4380 | Liebehenz, Thomas | 1978 | GER | *Bottrop | M40 | 10 | 93 | 2:08:55 | 2:10:21 | 6:06 |
| 75 | 3383 | Rommeler, Benni | 2001 | GER | Deutscher Alpenverein Sektion Duis | MU20 | 3 | 96 | 2:09:29 | 2:10:37 | 6:08 |
| 76 | 3697 | Ochel, Florian | 1981 | GER | ESV Rheinland - Evangelische Kirc | M35 | 14 | 97 | 2:09:37 | 2:11:06 | 6:08 |
| 77 | 3832 | Rentzsch, Rüdiger | 1962 | GER | ESV Rheinland - Evangelische Kirc | M55 | 8 | 98 | 2:09:41 | 2:10:30 | 6:08 |
| 78 | 4234 | Drechsler, Hans-Jürgen | 1961 | GER | LT Bittermark Dortmund e.V. | M55 | 9 | 99 | 2:09:42 | 2:11:16 | 6:08 |
| 79 | 3371 | Lütticke, Markus | 1971 | GER | ESV Rheinland - Evangelische Kirc | M45 | 9 | 102 | 2:10:39 | 2:11:54 | 6:11 |
| 80 | 3427 | Bolz, Heinz Gerd | 1962 | GER | ESV Rheinland - Evangelische Kirc | M55 | 10 | 105 | 2:11:56 | 2:14:07 | 6:15 |
| 81 | 3874 | Seuthe, Andreas | 1966 | GER | | M50 | 16 | 108 | 2:12:50 | 2:13:59 | 6:17 |
| 82 | 3922 | Kapica, Sebastian | 1984 | POL | *Floh-Seligenthal | M35 | 15 | 109 | 2:13:04 | 2:15:07 | 6:18 |
| 83 | 3479 | Firla, Damian | 1992 | GER | *Dorsten | MH | 7 | 110 | 2:13:37 | 2:15:11 | 6:19 |
| 84 | 4475 | Bodenstein, Jonathan Luca | 2001 | GER | *Duisburg | MU20 | 4 | 111 | 2:13:47 | 2:14:55 | 6:20 |
| 85 | 3836 | Qiao, Xu | 1994 | ASM | Stabil | MH | 8 | 112 | 2:14:25 | 2:14:54 | 6:22 |
| 86 | 3115 | Matteoschat, Uwe | 1976 | GER | *Mülheim An Der Ruhr | M40 | 11 | 113 | 2:15:05 | 2:17:06 | 6:24 |
| 87 | 3327 | Winkelmann, Michael | 1960 | GER | *Dinslaken | M55 | 11 | 114 | 2:15:21 | 2:17:14 | 6:24 |
| 88 | 3070 | Gierden, Adrian | 1983 | GER | *Duisburg | M35 | 16 | 116 | 2:15:37 | 2:17:05 | 6:25 |
| 89 | 3652 | Müller, Jakobus | 1989 | GER | 1989 | M30 | 7 | 117 | 2:15:39 | 2:16:10 | 6:25 |
| 90 | 4318 | Disselhoff, Philipp | 1991 | GER | *Arnsberg | MH | 9 | 118 | 2:15:46 | 2:17:20 | 6:26 |
| 91 | 3205 | Denter, Martin | 1966 | GER | *Castrop-Rauxel | M50 | 17 | 119 | 2:15:52 | 2:17:54 | 6:26 |
| 92 | 3648 | Rode-Hellenbrecht, Jörg | 1964 | GER | *Trendelburg | M55 | 12 | 120 | 2:17:19 | 2:17:47 | 6:30 |
| 93 | 3088 | Füser, Patrick | 1979 | GER | *Duisburg | M40 | 12 | 122 | 2:17:38 | 2:19:40 | 6:31 |
| 94 | 4267 | Yusuke, Hatayama | 1980 | JPN | *Dusseldorf | M35 | 17 | 124 | 2:19:22 | 2:21:08 | 6:36 |
| 95 | 3150 | Baumgarten, Stephan | 1965 | GER | Team Polizei Duisburg | M50 | 18 | 126 | 2:21:12 | 2:22:09 | 6:41 |
| 96 | 3611 | Koßmann, Marcel | 1990 | GER | *Essen | MH | 10 | 128 | 2:21:19 | 2:22:51 | 6:41 |
| 97 | 3432 | Brinker, Hans-Dieter | 1958 | GER | R | M60 | 5 | 129 | 2:21:28 | 2:22:28 | 6:42 |
| 98 | 3924 | Schmitz, Georg | 1980 | GER | *Duisburg | M35 | 18 | 131 | 2:21:38 | 2:23:45 | 6:42 |
| 99 | 3781 | Hilgers', Erich | 1937 | GER | *Krefeld | M80 | 1 | 133 | 2:21:55 | 2:24:00 | 6:43 |
| 100 | 3409 | Schneider, Thomas | 1956 | GER | Alten Resten eine Chance | M60 | 6 | 135 | 2:23:00 | 2:25:05 | 6:46 |
| 101 | 3612 | Lücking, Fabian | 1983 | GER | *Moers | M35 | 19 | 137 | 2:24:16 | 2:26:40 | 6:50 |
| 102 | 3283 | Freihoff, Lothar | 1952 | GER | *Mülheim An Der Ruhr | M65 | 3 | 138 | 2:24:41 | 2:25:52 | 6:51 |
| 103 | 3212 | Steinhaus, Volker | 1969 | GER | Biene ctr | M50 | 19 | 140 | 2:24:51 | 2:26:32 | 6:51 |
| 103 | 4320 | Baldo, Walter | 1949 | ITA | LT Krefeld-Oppum | M70 | 1 | 140 | 2:24:51 | 2:27:10 | 6:51 |
| 105 | 4168 | Ebigt, Jochen | 1965 | GER | *Duisburg | M50 | 20 | 142 | 2:25:05 | 2:27:05 | 6:52 |
| 106 | 3312 | Fleitz, Mario | 1963 | GER | | M55 | 13 | 144 | 2:26:31 | 2:28:03 | 6:56 |

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| Platz | St-Nr. | Name | Jg | NAT | Team | AK | AK-Pl. | Pos | Netto | Brutto | M/km |
|-------|--------|------------------------|------|-----|-----------------------------------|-----|--------|-----|---------|---------|------|
| 107 | 3653 | Sanning, Pascal | 1993 | GER | VFL Weisse Elf Nordhorn | MH | 11 | 147 | 2:28:49 | 2:31:03 | 7:03 |
| 108 | 3317 | Theis, Olaf | 1965 | GER | ESV Rheinland - Evangelische Kirc | M50 | 21 | 148 | 2:28:52 | 2:31:04 | 7:03 |
| 109 | 4256 | Peters, Thomas | 1976 | GER | *Mülheim An Der Ruhr | M40 | 13 | 150 | 2:29:15 | 2:30:47 | 7:04 |
| 110 | 3122 | Lang, Rüdiger | 1956 | GER | Rumelner TV | M60 | 7 | 151 | 2:29:37 | 2:31:53 | 7:05 |
| 111 | 3726 | Lutz, Karl - Heinz | 1946 | GER | ESBB | M70 | 2 | 160 | 2:50:30 | 2:52:45 | 8:04 |
| 112 | 4357 | Matzke, Christian | 1982 | GER | CHM | M35 | 20 | 161 | 2:52:23 | 2:54:15 | 8:10 |
| 113 | 4324 | Georges, Weert-Rüdtger | 1973 | GER | *Essen | M45 | 10 | 165 | 3:03:37 | 3:05:42 | 8:42 |
| 114 | 4076 | Roos, Reiner | 1961 | GER | ohne | M55 | 14 | 166 | 3:16:06 | 3:18:48 | 9:17 |

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Ergebnisse Frauen

| Platz | St-Nr. | Name | Jg | NAT | Team | AK | AK-Pl. | Pos | Netto | Brutto | M/km |
|-------|--------|---------------------------|------|-----|-----------------------------------|------|--------|-----|---------|---------|------|
| 1 | 7734 | Kuzyk, Katarzyna | 1982 | GER | 1982 | W35 | 1 | 11 | 1:35:37 | 1:35:57 | 4:31 |
| 2 | 7273 | Kannegießer, Maggy | 1972 | GER | Fortuna Logabirum | W45 | 1 | 18 | 1:38:33 | 1:38:54 | 4:40 |
| 3 | 7126 | Hettkamp, Saskia | 1997 | GER | LC Adler Bottrop | WH | 1 | 20 | 1:39:20 | 1:39:35 | 4:42 |
| 4 | 7207 | Sikora, Beate | 1976 | GER | ASV Duisburg | W40 | 1 | 21 | 1:39:21 | 1:39:32 | 4:42 |
| 5 | 7011 | Schilling, Nora Charlotte | 1998 | GER | *Wülfrath | WH | 2 | 36 | 1:46:43 | 1:48:30 | 5:03 |
| 6 | 7085 | Schmitt, Dr. Katharina | 1986 | GER | *Bochum | W30 | 1 | 42 | 1:49:10 | 1:49:30 | 5:10 |
| 7 | 7200 | Reus, Annika | 1999 | GER | *Duisburg | WH | 3 | 50 | 1:52:24 | 1:53:03 | 5:19 |
| 8 | 7269 | Cremer, Sara | 1993 | GER | *Essen | WH | 4 | 51 | 1:52:26 | 1:53:57 | 5:19 |
| 9 | 7781 | Kaiser, Anne | 1984 | GER | *Dortmund | W35 | 2 | 52 | 1:53:15 | 1:54:27 | 5:22 |
| 10 | 7391 | Domemann, Maike | 1988 | GER | *Issum | W30 | 2 | 55 | 1:54:14 | 1:55:35 | 5:24 |
| 11 | 7243 | Gabisch, Natalie | 1994 | GER | ESV Rheinland - Evangelische Kirc | WH | 5 | 59 | 1:57:06 | 1:58:48 | 5:32 |
| 12 | 7594 | Sturm, Marion | 1988 | GER | TSG Niederreifenberg | W30 | 3 | 61 | 1:57:10 | 1:58:24 | 5:33 |
| 13 | 7609 | Wagner, Svea | 2002 | GER | Adler-Langlauf Bottrop | WU18 | 1 | 66 | 1:58:45 | 1:59:32 | 5:37 |
| 14 | 7736 | Niehaus, Anja | 1968 | GER | TSVE1890 Bielefeld | W50 | 1 | 69 | 1:59:26 | 2:00:04 | 5:39 |
| 15 | 7055 | Görigk, Silvia | 1967 | GER | Wedau-Runner Duisburg | W50 | 2 | 70 | 1:59:48 | 2:00:39 | 5:40 |
| 16 | 7234 | Dings, Heike | 1983 | GER | LaufMamaLauf | W35 | 3 | 75 | 2:01:38 | 2:02:20 | 5:45 |
| 17 | 7358 | Schieffers, Weronika | 1985 | POL | *Haltern Am See | W30 | 4 | 77 | 2:02:11 | 2:03:24 | 5:47 |
| 18 | 7166 | Degen, Mascha | 1985 | GER | ESV Rheinland - Evangelische Kirc | W30 | 5 | 79 | 2:03:32 | 2:05:12 | 5:51 |
| 19 | 7140 | Jasper, Viola | 1965 | GER | *Dortmund | W50 | 3 | 88 | 2:07:09 | 2:08:21 | 6:01 |
| 20 | 7732 | Bodenhagen, Maren | 1990 | GER | *Werl | WH | 6 | 94 | 2:09:14 | 2:11:02 | 6:07 |
| 21 | 7168 | Lahann, Dörthe | 1968 | GER | ESV Rheinland - Evangelische Kirc | W50 | 4 | 95 | 2:09:22 | 2:10:34 | 6:07 |
| 22 | 7285 | Chroboczek, Magdalena | 1980 | GER | *Krefeld | W35 | 4 | 100 | 2:10:27 | 2:11:54 | 6:10 |
| 23 | 7607 | Hartmaier, Nina | 1988 | GER | Lame Ducks | W30 | 6 | 101 | 2:10:36 | 2:12:21 | 6:11 |
| 24 | 7360 | Vetten, Roxana | 1993 | GER | EVK Düsseldorf | WH | 7 | 103 | 2:11:46 | 2:13:06 | 6:14 |
| 25 | 7348 | König, Barbara | 1975 | GER | EVK Düsseldorf | W40 | 2 | 104 | 2:11:49 | 2:13:39 | 6:14 |
| 26 | 7533 | Vettorel, Chiara | 1995 | GER | *Köln | WH | 8 | 106 | 2:11:57 | 2:12:55 | 6:15 |
| 27 | 7553 | Kemmerling, Tanja | 1972 | GER | Frau | W45 | 2 | 107 | 2:12:11 | 2:13:48 | 6:15 |
| 28 | 7491 | Müller, Silke | 1973 | GER | Lippejogger | W45 | 3 | 115 | 2:15:27 | 2:17:15 | 6:25 |
| 29 | 7423 | Greco-Czauderna, Nicole | 1970 | GER | Team Polizei Duisburg | W45 | 4 | 121 | 2:17:23 | 2:18:17 | 6:30 |
| 30 | 7190 | Lütticke, Katja | 1971 | GER | ESV Rheinland - Evangelische Kirc | W45 | 5 | 123 | 2:17:40 | 2:18:55 | 6:31 |
| 31 | 7233 | Grube, Cindy | 1985 | GER | ESV Rheinland - Evangelische Kirc | W30 | 7 | 125 | 2:19:59 | 2:21:15 | 6:38 |
| 32 | 7442 | Stokvis-Rudolph, Petra | 1975 | GER | | W40 | 3 | 127 | 2:21:14 | 2:22:49 | 6:41 |
| 33 | 7393 | Westen, Britta | 1974 | GER | ESV Rheinland - Evangelische Kirc | W45 | 6 | 130 | 2:21:29 | 2:23:38 | 6:42 |
| 34 | 7231 | Ingenhaag, Andrea | 1968 | GER | NiersRunners Wachtendonk 2002 e. | W50 | 5 | 132 | 2:21:44 | 2:23:49 | 6:43 |
| 35 | 7623 | Ohlrogge, Natascha | 1984 | GER | *Essen | W35 | 5 | 134 | 2:22:52 | 2:25:18 | 6:46 |
| 36 | 7514 | Besnoin, Claire | 1968 | FRA | *Ratingen | W50 | 6 | 136 | 2:23:16 | 2:25:24 | 6:47 |
| 37 | 7114 | Wortmann, Liesel | 1968 | GER | Biene ctr | W50 | 7 | 139 | 2:24:51 | 2:26:32 | 6:51 |
| 38 | 7092 | Klauck, Astrid | 1981 | GER | *Willich | W35 | 6 | 143 | 2:25:30 | 2:26:25 | 6:53 |
| 39 | 7610 | Hauschildt, Kira | 2002 | GER | *Duisburg | WU18 | 2 | 145 | 2:26:41 | 2:29:02 | 6:57 |
| 40 | 7095 | Bachmann, Sandra | 1973 | GER | OTV ENDURANCE TEAM | W45 | 7 | 146 | 2:27:49 | 2:29:35 | 7:00 |
| 41 | 7405 | Wojtas, Weronika Alicja | 1990 | GER | *Hattingen | WH | 9 | 149 | 2:29:05 | 2:31:08 | 7:03 |
| 42 | 7246 | Lizak, Tanja | 1977 | GER | FS Rheinkamp | W40 | 4 | 152 | 2:32:12 | 2:33:41 | 7:12 |
| 43 | 7301 | Mölders, Judith | 1996 | GER | *Rheurdt | WH | 10 | 153 | 2:37:12 | 2:39:39 | 7:27 |
| 44 | 7473 | Koch, Claudia | 1966 | GER | Viermärker Dortmund | W50 | 8 | 154 | 2:37:36 | 2:40:06 | 7:28 |
| 45 | 7063 | Joseph, Nadine | 1975 | GER | *Duisburg | W40 | 5 | 155 | 2:43:56 | 2:46:14 | 7:46 |
| 46 | 7113 | Socher, Petra | 1958 | GER | LC Duisburg | W60 | 1 | 156 | 2:44:58 | 2:47:09 | 7:49 |
| 47 | 7074 | Braun, Nadine | 1981 | GER | ESV Paderborn e.V. | W35 | 7 | 157 | 2:45:49 | 2:47:31 | 7:51 |
| 48 | 7388 | Ochel, Stephanie | 1979 | GER | ESV Rheinland - Evangelische Kirc | W40 | 6 | 158 | 2:47:17 | 2:49:22 | 7:55 |
| 49 | 7427 | Reinders-Neubauer, Conny | 1970 | GER | *Rheinberg | W45 | 8 | 159 | 2:49:22 | 2:51:40 | 8:01 |
| 50 | 7302 | Fadda, Melanie | 1980 | GER | | W35 | 8 | 162 | 2:53:06 | 2:55:40 | 8:12 |
| 51 | 7108 | Vietor, Julia | 1980 | GER | *Duisburg | W35 | 9 | 163 | 2:53:59 | 2:56:33 | 8:14 |
| 52 | 7720 | Steven, Regina | 1965 | GER | | W50 | 9 | 164 | 2:54:08 | 2:56:31 | 8:15 |